#### **Athletes as Leaders**

#### **Before the first session:**

- 1. Before the first session, print the <u>attached attendance sheet</u> for your curriculum.
- 2. Before the first session, access the survey via the link below and print enough copies for each participant.

## **During the first session:**

- 1. At the beginning of the first session, distribute the survey to the participants.
- 2. Provide the participants with support as they complete the survey.
- 3. While participants are completing the survey, fill out the attendance sheet, recording their names and the IDs they create as part of the survey.
  - a. If any participants join the program after the first session, add their names to the attendance sheet and begin tracking their attendance at all program sessions.
  - b. Please note that participants who join after the first session are not required to complete the pre-test but must complete the post-test.
- 4. Collect the surveys from the participants.

#### After the first session:

- 1. Fill out the attached coversheet with the session information.
- 2. Place the surveys, attendance sheet, and completed coversheet in one of the pre-addressed, pre-stamped envelopes and place in the mail OR scan and send them securely with vault (instruction is available on this <u>link</u>).
- 3. Before the last session:
- 4. Before the last session, access the survey via the link below and print enough copies for each participant.

Post-Session Survey	https://tiny.utk.edu/AALv2-TPost
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#### **During the last session:**

- 1. At the end of the last session, distribute the survey to the participants.
- 2. Provide the participants with support as they complete the survey.
- 3. For any participants on the attendance sheet without an ID, record the ID they create at the beginning of the survey.
- 4. Collect the surveys from the participants.

### After the last session:

1. Fill out the coversheet with the session information.

- 2. Use a permanent marker to mark through the names of participants or cut the name column off the attendance sheet, leaving only the IDs and attendance records.
- 3. Place the surveys, attendance sheet, and completed coversheet in one of the pre-addressed, pre-stamped envelopes and place in the mail OR scan and send them securely with vault (instruction is available on this <u>link</u>).

## **Coaching Boys into Men**

#### **Before the first session:**

- 1. Before the first session, print the <u>attached attendance sheet</u> for your curriculum.
- 2. Before the first session, access the survey via the link below and print enough copies for each participant.

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Pre-Session Survey	https://tiny.utk.edu/CBIM.TPre

## **During the first session:**

- 1. At the beginning of the first session, distribute the survey to the participants.
- 2. Provide the participants with support as they complete the survey.
- 3. While participants are completing the survey, fill out the attendance sheet, recording their names and the IDs they create as part of the survey.
  - a. If any participants join the program after the first session, add their names to the attendance sheet and begin tracking their attendance at all program sessions.
  - b. Please note that participants who join after the first session are not required to complete the pre-test but must complete the post-test.
- 4. Collect the surveys from the participants.

#### After the first session:

- 1. Fill out the attached coversheet with the session information.
- 2. Place the surveys, attendance sheet, and completed coversheet in one of the pre-addressed, pre-stamped envelopes and place in the mail OR scan and send them securely with vault (instruction is available on this link).
- 3. Before the last session:
- 4. Before the last session, access the survey via the link below and print enough copies for each participant.

Post-Session Survey	https://tiny.utk.edu/CBIM.TPost

### **During the last session:**

- 1. At the end of the last session, distribute the survey to the participants.
- 2. Provide the participants with support as they complete the survey.
- 3. For any participants on the attendance sheet without an ID, record the ID they create at the beginning of the survey.
- 4. Collect the surveys from the participants.

1. Fill out the coversheet with the session information.	

- 2. Use a permanent marker to mark through the names of participants or cut the name column off the attendance sheet, leaving only the IDs and attendance records.
- 3. Place the surveys, attendance sheet, and completed coversheet in one of the pre-addressed, pre-stamped envelopes and place in the mail OR scan and send them securely with vault (instruction is available on this <a href="link">link</a>).

**Safe Dates: 10 Session** 

#### **Before the first session:**

- 1. Before the first session, print the <u>attached attendance sheet</u> for your curriculum.
- 2. Before the first session, access the survey via the link below and print enough copies for each participant.

Pre-Session Survey <u>https://tiny.utk.edu/SD.TPre</u>

### **During the first session:**

- 1. At the beginning of the first session, distribute the survey to the participants.
- 2. Provide the participants with support as they complete the survey.
- 3. While participants are completing the survey, fill out the attendance sheet, recording their names and the IDs they create as part of the survey.
  - a. If any participants join the program after the first session, add their names to the attendance sheet and begin tracking their attendance at all program sessions.
  - b. Please note that participants who join after the first session are not required to complete the pre-test but must complete the post-test.
- 4. Collect the surveys from the participants.

### After the first session:

- 1. Fill out the attached coversheet with the session information.
- 2. Place the surveys, attendance sheet, and completed coversheet in one of the pre-addressed, pre-stamped envelopes and place in the mail OR scan and send them securely with vault (instruction is available on this link).
- 3. Before the last session:
- 4. Before the last session, access the survey via the link below and print enough copies for each participant.

Post-Session Survey https://tiny.utk.edu/SD.TPost

## **During the last session:**

- 1. At the end of the last session, distribute the survey to the participants.
- 2. Provide the participants with support as they complete the survey.
- 3. For any participants on the attendance sheet without an ID, record the ID they create at the beginning of the survey.
- 4. Collect the surveys from the participants.

#### After the last session:

1. Fill out the coversheet with the session information.

- 2. Use a permanent marker to mark through the names of participants or cut the name column off the attendance sheet, leaving only the IDs and attendance records.
- 3. Place the surveys, attendance sheet, and completed coversheet in one of the pre-addressed, pre-stamped envelopes and place in the mail OR scan and send them securely with vault (instruction is available on this <a href="link">link</a>).

Safe Dates: 6 Session

#### **Before the first session:**

- 1. Before the first session, print the <u>attached attendance sheet</u> for your curriculum.
- 2. Before the first session, access the survey via the link below and print enough copies for each participant.

Pre-Session Survey	https://tiny.utk.edu/SD.TPre
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### **During the first session:**

- 1. At the beginning of the first session, distribute the survey to the participants.
- 2. Provide the participants with support as they complete the survey.
- 3. While participants are completing the survey, fill out the attendance sheet, recording their names and the IDs they create as part of the survey.
  - a. If any participants join the program after the first session, add their names to the attendance sheet and begin tracking their attendance at all program sessions.
  - b. Please note that participants who join after the first session are not required to complete the pre-test but must complete the post-test.
- 4. Collect the surveys from the participants.

#### After the first session:

- 1. Fill out the attached coversheet with the session information.
- 2. Place the surveys, attendance sheet, and completed coversheet in one of the pre-addressed, pre-stamped envelopes and place in the mail OR scan and send them securely with vault (instruction is available on this link).
- 3. Before the last session:
- 4. Before the last session, access the survey via the link below and print enough copies for each participant.

Post-Session Survey	https://tiny.utk.edu/SD.TPost

## **During the last session:**

- 1. At the end of the last session, distribute the survey to the participants.
- 2. Provide the participants with support as they complete the survey.
- 3. For any participants on the attendance sheet without an ID, record the ID they create at the beginning of the survey.
- 4. Collect the surveys from the participants.

### After the last session:

1. Fill out the coversheet with the session information.

- 2. Use a permanent marker to mark through the names of participants or cut the name column off the attendance sheet, leaving only the IDs and attendance records.
- 3. Place the surveys, attendance sheet, and completed coversheet in one of the pre-addressed, pre-stamped envelopes and place in the mail OR scan and send them securely with vault (instruction is available on this <u>link</u>).

**Safe Dates: 4 Session** 

#### **Before the first session:**

- 1. Before the first session, print the <u>attached attendance sheet</u> for your curriculum.
- 2. Before the first session, access the survey via the link below and print enough copies for each participant.

## **During the first session:**

- 1. At the beginning of the first session, distribute the survey to the participants.
- 2. Provide the participants with support as they complete the survey.
- 3. While participants are completing the survey, fill out the attendance sheet, recording their names and the IDs they create as part of the survey.
  - a. If any participants join the program after the first session, add their names to the attendance sheet and begin tracking their attendance at all program sessions.
  - b. Please note that participants who join after the first session are not required to complete the pre-test but must complete the post-test.
- 4. Collect the surveys from the participants.

#### After the first session:

- 1. Fill out the attached coversheet with the session information.
- 2. Place the surveys, attendance sheet, and completed coversheet in one of the pre-addressed, pre-stamped envelopes and place in the mail OR scan and send them securely with vault (instruction is available on this <u>link</u>).
- 3. Before the last session:
- 4. Before the last session, access the survey via the link below and print enough copies for each participant.

## **During the last session:**

- 1. At the end of the last session, distribute the survey to the participants.
- 2. Provide the participants with support as they complete the survey.
- 3. For any participants on the attendance sheet without an ID, record the ID they create at the beginning of the survey.
- 4. Collect the surveys from the participants.

1. Fill out the coversheet with the session information.	

- 2. Use a permanent marker to mark through the names of participants or cut the name column off the attendance sheet, leaving only the IDs and attendance records.
- 3. Place the surveys, attendance sheet, and completed coversheet in one of the pre-addressed, pre-stamped envelopes and place in the mail OR scan and send them securely with vault (instruction is available on this <a href="link">link</a>).

**Shifting Boundaries: Grade 6** 

#### **Before the first session:**

- 1. Before the first session, print the <u>attached attendance sheet</u> for your curriculum.
- 2. Before the first session, access the survey via the link below and print enough copies for each participant.

Pre-Session Survey	https://tiny.utk.edu/SBG6.TPre

## **During the first session:**

- 1. At the beginning of the first session, distribute the survey to the participants.
- 2. Provide the participants with support as they complete the survey.
- 3. While participants are completing the survey, fill out the attendance sheet, recording their names and the IDs they create as part of the survey.
  - a. If any participants join the program after the first session, add their names to the attendance sheet and begin tracking their attendance at all program sessions.
  - b. Please note that participants who join after the first session are not required to complete the pre-test but must complete the post-test.
- 4. Collect the surveys from the participants.

#### After the first session:

- 1. Fill out the attached coversheet with the session information.
- 2. Place the surveys, attendance sheet, and completed coversheet in one of the pre-addressed, pre-stamped envelopes and place in the mail OR scan and send them securely with vault (instruction is available on this link).
- 3. Before the last session:
- 4. Before the last session, access the survey via the link below and print enough copies for each participant.

Post-Session Survey	https://tiny.utk.edu/SBG6.TPost

## **During the last session:**

- 1. At the end of the last session, distribute the survey to the participants.
- 2. Provide the participants with support as they complete the survey.
- 3. For any participants on the attendance sheet without an ID, record the ID they create at the beginning of the survey.
- 4. Collect the surveys from the participants.

- 1. Fill out the coversheet with the session information.
- 2. Use a permanent marker to mark through the names of participants or cut the name column off the attendance sheet, leaving only the IDs and attendance records.

3. Place the surveys, attendance sheet, and completed coversheet in one of the pre-addressed, pre-stamped envelopes and place in the mail OR scan and send them securely with vault (instruction is available on this <a href="link">link</a>).

**Shifting Boundaries: Grade 7** 

#### **Before the first session:**

- 1. Before the first session, print the <u>attached attendance sheet</u> for your curriculum.
- 2. Before the first session, access the survey via the link below and print enough copies for each participant.

Pre-Session Survey	https://tiny.utk.edu/SBG7.TPre
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## **During the first session:**

- 1. At the beginning of the first session, distribute the survey to the participants.
- 2. Provide the participants with support as they complete the survey.
- 3. While participants are completing the survey, fill out the attendance sheet, recording their names and the IDs they create as part of the survey.
  - a. If any participants join the program after the first session, add their names to the attendance sheet and begin tracking their attendance at all program sessions.
  - b. Please note that participants who join after the first session are not required to complete the pre-test but must complete the post-test.
- 4. Collect the surveys from the participants.

#### After the first session:

- 1. Fill out the attached coversheet with the session information.
- 2. Place the surveys, attendance sheet, and completed coversheet in one of the pre-addressed, pre-stamped envelopes and place in the mail OR scan and send them securely with vault (instruction is available on this link).
- 3. Before the last session:
- 4. Before the last session, access the survey via the link below and print enough copies for each participant.

Post-Session Survey	https://tiny.utk.edu/SBG7.TPost

### **During the last session:**

- 1. At the end of the last session, distribute the survey to the participants.
- 2. Provide the participants with support as they complete the survey.
- 3. For any participants on the attendance sheet without an ID, record the ID they create at the beginning of the survey.
- 4. Collect the surveys from the participants.

1. Fill out the coversheet with the session information.		

- 2. Use a permanent marker to mark through the names of participants or cut the name column off the attendance sheet, leaving only the IDs and attendance records.
- 3. Place the surveys, attendance sheet, and completed coversheet in one of the pre-addressed, pre-stamped envelopes and place in the mail OR scan and send them securely with vault (instruction is available on this <a href="link">link</a>).

#### Safe Bar

#### **Before the session:**

1. Before the session, access the surveys via the links below and print enough copies for each participant.

Pre-Session Survey	https://tiny.utk.edu/SBAR.TPre
Post-Session Survey	https://tiny.utk.edu/SBAR.TPost

## At the beginning of the session:

- 1. At the beginning of the session, distribute the pre-session survey to the participants.
- 2. Provide the participants with support as they complete the survey.
- 3. Collect the surveys from the participants.

#### At the end of the session:

- 1. At the end of the session, distribute the post-session survey to the participants.
- 2. Provide the participants with support as they complete the survey.
- 3. Collect the surveys from the participants.

## After the session:

- 1. Fill out the attached coversheet with the session information.
- 2. Place the surveys and completed coversheet in one of the pre-addressed, pre-stamped envelopes and place in the mail OR scan and send them securely with vault (instruction is available on this <u>link</u>).