

Racial Inequity in Pregnancy-Related Deaths



During 2017- 2019, 66 Black women in Tennessee died while pregnant or within one year of pregnancy

1 in 2

Of these deaths were determined by a maternal mortality review committee to be pregnancy-related

55%

Of these pregnancy-related deaths occurred one week or later after delivery

Black women in Tennessee are **4x** as likely to die from pregnancy complications than White women

Top causes of pregnancy-related deaths among Black women:

1. Preeclampsia and eclampsia
2. Cardiovascular Conditions*
3. Embolism and homicide

91% of pregnancy-related deaths to Black women were determined to be preventable

Maternal Warning Signs

- Trouble Breathing
- Headache that won't go away
- Thoughts of harming yourself or your baby
- Vaginal bleeding or fluid leaking after pregnancy
- Severe Pain
- Overwhelming tiredness
- Extreme Swelling in hands or face
- Changes in Vision
- Chest Pain or fast heart beat
- Dizziness/fainting
- Severe nausea or vomiting
- Fever

You Know When Something Is Wrong, Listen and Act

Discuss Maternal Warning Signs With Your Doctor!

*includes cardiovascular, coronary conditions and cardiomyopathy



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