



Division of Laboratory Services
 630 Hart Lane
 Nashville, TN 37216
 615-262-6300

<https://www.tn.gov/health/health-program-areas/lab.html>

Disease/Agent Suspected or Test Requested:

Rubella virus, IgM Serology

Provider Requirements	<ul style="list-style-type: none"> • PRIOR CONSULTATION REQUIRED. • Requested through consultation with epidemiology only. • Contact CEDEP prior to submission.
Acceptable Specimen Sources/Type(s) for Submission	<ul style="list-style-type: none"> • 3 mL - Whole, clotted blood • 1 mL - Serum
TDH Requisition Form Number	PH-4182
Media Requirements	<ul style="list-style-type: none"> • Red-stoppered vacuum tube (whole blood) • Sterile, plastic screw capped vial (serum)
Special Instructions	<ul style="list-style-type: none"> • Acute specimen collected within 7 days of symptom onset • Convalescent specimen collected 14-21 days after collection of acute specimen. • Sample must be refrigerated within 8 hours of collection. • Sample must be frozen at -20°C if not received and tested within 48 hours of collection.
Shipping Instructions	Ship on cold packs; or if frozen, ship on dry ice.
Laboratory Section Performing Testing	Serology
Lab Location(s) Performing Test	Nashville

All infectious substance shipments must conform to U.S. Department of Transportation (DOT) Hazardous Materials Regulations (HMR 49 C.F.R Parts 171-180).