

Food Assistance:

One Acre Café - free hot meals for all children and for adults who are unable to afford meals - Beginning 3/18 Take-out only available from 11-2. Call ahead 423-483-0517 or order in person. Menu is available online <http://oneacrecafe.org/> Curbside pick-up

Daily Lunch Washington County Schools

Children must be present to receive the free lunch. Each school site will feature drive-up, "curbside service" where cars will drive to the pick-up area and have the meals handed to the child instead of the children coming into the school. Breakfast/lunch combined will be served. This is every weekday from 10 am to 12 pm. until 3/20.

Beginning 3/23 three days of meals (breakfast and lunch) will be given to each child at a time. Any child 0-17 is eligible for meals. They do not have to be a student in Washington County. The days and sites to pick up the free lunches are subject to change.

The four sites serving breakfast and lunch on **Mondays and Wednesdays** are as follows:

David Crockett High School, 684 Old State Rte 34, Jonesborough, TN 37659

Daniel Boone High School, 1440 Suncrest Dr, Gray, TN 37615

Jonesborough Middle School, 308 Forest Dr, Jonesborough, TN 37659

Boones Creek Elementary School, 132 Highland Church Rd, Johnson City, TN 37615

The four sites serving breakfast and lunch on **Tuesdays and Thursdays** are as follows:

West View Elementary School, 2847 Old State Route 34, Limestone, TN 37681

South Central Elementary School, 2955 TN-107, Chuckey, TN 37641

Fall Branch Elementary School, 1061 TN-93, Fall Branch, TN 37656

Sulphur Springs Elementary School, 1518 Gray Station Sulphur Springs Rd, Jonesborough, TN 37659

If you have any questions, please feel free to call Washington County Schools' Nutrition Department at 423-753-1100. If you do not have transportation, call this number and ask to speak to Kim Rivers.

Salvation Army – continuing to distribute meals at 11:30 and 4:30 – providing to go boxes only

University Parkway Baptist Church – Food boxes on the 11th of April 2020

Second Harvest Food Bank - 423-279-0430 call for nearest location

The Melting Pot – To go breakfast and lunch pick up at Munsey Memorial United Methodist Church 201 S. Roan St. JC 423-461-07080

Central Church of Christ - Call ahead of time 2722 E. Oakland Av, JC. 423-282-1571

HOT MEALS DELIVERED

Seniors Meals on Wheels

Call ahead

(423)-928-3258 or (423)-722-5203

FOOD PANTRY

Beria Freewill Baptist

(423) 928-5376

St Mary Catholic Charities

Open

(423) 676-9796

Church of God

(423) 948-9211

Good Samaritan Ministries –

Open

100N. Roan St. Johnson City (call for appt.)

(423) 928-0288

South Side Baptist

(423) 926-5742

Thankful Baptist Church

Open

(423) 434-5144

1508 E. Watauga Ave. (T 10:30-1:30) *call to see if food is available*

Kingsport

- Friendship Diner (423)246-4471
 - Serving Grab and Go breakfast
 - Sat & Sun 7 am – 8am
 - Location: Breezeway behind 1st Presbyterian Church of Kingsport (100 Church Circle)
- Salvation Army (423)246-6671
 - 505 Dale Street, Kingsport
 - Kitchen open 12pm -1pm
 - Shelter open 4pm-8am
- Supplemental Nutrition Assistance Program (Food Stamps)
 - Everything moved online
 - Apply and further information online at www.tn.gov
- Meals on Wheels (423)247-4511
 - Still delivering meals
 - Meals delivered in coolers outside participants houses
- Central Baptist Church (423)245-6978
 - Still serving Wed 12:15pm-1:30pm
 - Asking individuals to stay in their vehicles
 - 301 Carver Street, Kingsport
- Waverly Road Presbyterian Church (423)247-5121
 - Still serving individuals, but outside only
 - Fri 10am-12pm
 - 1415 Waverly Road, Kingsport

- Colonial Heights Christian Church (423)239-2500
 - Still serving the community by appointment only
 - Will not have be serving March 30th due to being fifth Monday of the month
 - Accepting calls Wed before noon starting back on April 1st

Blountville

- First Baptist Church (423)323-8033
 - Still serving Mon 1pm-4pm
 - 3358 Highway 126, Blountville
 - Blountville Residents Only!

Hawkins County

- Shepherd's Center (423)272-4626
 - Serving Mon, Wed, & Fri 10am-1pm and Tues 6pm-8pm
 - 306 East Main Street, Rogersville

Kids Lunch Assistance

- Kingsport City Schools
 - Providing free breakfast and lunch for children under 18 years at most school locations
 - Offering at locations and school bus routes from 10am-2pm
- Sullivan County Schools
 - Providing breakfast and lunch to any child under age of 18 years at specific school locations from 9:30am-11:30am

Expectant Mothers, Infants & Toddler Needs:

- Hope House (423)247-7994
 - Still open Tues & Fri 1pm-5pm, or by appointment
 - Not offering classes through April, offering Homework packets
 - 1567 North Eastman Road, Kingsport
- Sullivan County Regional Health Department (423)279-2777
 - 154 Blountville Bypass, Blountville
 - 1041 East Sullivan Street, Kingsport

Clothing Assistance:

Kingsport

- Salvation Army (423)246-6671
 - 505 Dale Street, Kingsport

Hawkins County

- Shepherd's Center (423)272-4626
 - 306 East Main Street, Rogersville

Medical Resources:

- Sullivan County Regional Health Department (423)279-2777
 - 154 Blountville Bypass, Blountville
 - 1041 East Sullivan Street, Kingsport
- Providence Free Medical Clinic (423)247-4536
 - Limited services, call first
 - 441 Clay Street, Kingsport
- COVID-19 Public Information Lines 877-857-2945/833-556-2476

- Northeast Region (423)979-4689

Dental Resources:

- Keystone Dental Clinic (423)232-7919
 - Only serving emergency cases at this time
 - 603 Bert Street, Johnson City
- Healing Hands Health Center (423)652-0260 (option 2)
 - Serving for emergencies and severe pain only
 - 245 Midway Medical Park, Bristol
- Friends in Need (423)246-0010
 - Serving on emergency cases at this time
 - 1105 West Stone Drive Suite 2, Kingsport

Elderly Assistance:

- Area Agency on Aging & Disability (423)928-3258
 - North Roan Street, Johnson City
 - Main office closed, call and leave message

Internet Assistance:

- Spectrum Internet
 - (Internet Assist Program) <https://www.spectrum.com/browse/content/spectrum-internet-assist>
 - Specific qualification due apply
 - 1-844-488-8395 for free Spectrum for 60 days to eligible college students and K-12 students who do not already have Spectrum Broadband subscription
 - More information at <https://corporate.charter.com/newsroom/charter-to-offer-free-access-to-spectrum-broadband-and-wifi-for-60-days-for-new-K12-and-college-student-households-and-more>

Temporary Housing Assistance:

- Hope Haven (Single Men) (423)246-6012
 - 670 Dale Street, Kingsport
 - Office closed, but can call for assistance
- Hope Haven (Women's Shelter) (423)246-7843
 - Call for assistance
- Safe House (Domestic Violence Victims) (423)946-2273/844-578-7233
 - Emergency services still available
 - Call for assistance
- Interfaith Hospitality Network (423) 246-6500
 - 601 Holston Street, Kingsport
 - Still providing temporary housing; Not accepting new families at this time

Utility Resources:

- Kingsport Neighborhood Service Center (423)247-5149
 - 301 Louis Street, Kingsport
 - Only open Tues and Thurs from 8am-4:30pm; will return voicemails during those days as well
- Hawkins Co. Neighborhood Service Center (423)272-2830
 - 904 East Main Street, Rogersville
 - Only open on Tues and Thurs
- Salvation Army (423) 246-6671
 - 505 Dale Street, Kingsport
- St. Vincent DePaul Society (423) 288-8222
 - 2517 John B. Dennis HWY, Kingsport
 - Mon-Thurs 9am-11am
- Kingsport Community Ministry Center (423)378-3722
 - 618 Watauga Street, Kingsport
 - Monday – Friday
- Tennessee Low Income Home Energy Assistance Program (LIHEAP) Agencies Upper East Tennessee Human Development Agency, Inc. (423) 246-6180
 - 301 Louis Street Kingsport, TN 37662

Transportation:

- Kingsport Area Transit System (KATS) bus (423) 224-2613
 - Busses will operate on-demand fixed routes as requested. For essential trips ONLY.
 - Call at least one hour before picking up is needed, Riders would need to give their name, bus stop location, pick up time, and destination.
 - Cost for the KATS bus: \$1 each way and \$0.50 for disabled passengers, seniors, and veterans.
 - More information on kingsporttransit.org
- MyRide Kingsport (Sullivan) (423)530-6340
 - Still serving community members with rides
 - Must live in Kingsport or live in the county with a Kingsport address
 - Will not serve if suspected to have COVID-19 for safety precautions
 - Call at least 48 hours in advance for a ride
 - More information on <https://www.tn.gov/aging/our-programs/transportation-assistance/myride-tn.html>

TennCare Transportation

- **Amerigroup** 1(800) 600-4441
- **Bluecare** 1(866) 473-7563
- **TennCare Select** 1(800) 263-5479
- **United Health Care Community Plan 1** (800) 690-1606