

Health Disparities Task Force Meeting |MINUTES

June 9, 2022, / 1:00 P.M. – 2:00 P.M. | Location: Microsoft Teams

Meeting called by:	Division of Health Disparities Elimination	Approximately: 90 ppl
Type of meeting:	Weekly Health Disparities Task Force – Mental Health...	
Facilitator:	Elizabeth Hart, Director Office of Faith-Based and Community Engagement	

Motivational Quote: (Elizabeth Hart)

National Day of Donald Duck Quote - Happiness is the richest thing we will ever own.

Announcements: (Elizabeth Hart)

- Health Equity Book Series: “The Health Gap” Author Sir Michael Marmot, Thursday, June 23 at 2PM CST – Order the book thru Amazon, Target, Barnes and Nobles or download his book to your kindle
Registration link: <https://tn.webex.com/tn/j.php?RGID=r4f5af70ec244bfcfa513b337cfc93677>
- If you do not receive an email from Elizabeth Hart every week, that means you are not on the distribution list. Please drop your email address in the chat, and Schacona Johnson will gather all the information and add your email to the distribution list. The Task Force Directory is being created, produced to be approve, and a PDF copy will be emailed by the 2nd week of July, only to those who completed the Red Cap Survey. Please note, the directory will be updated and emailed to you every quarter.
- This announcement is only specific for any faith-based organizations, that may be on the call or with in your community. If you know of someone within the house of worship and/or faith-based organization, whose trained to administer naloxone, please notify Elizabeth Hart at Elizabeth.Hart@tn.gov.
- **Workforce Development Training for Community Partners: Cultural Competency, Diversity and Equity** led by Kia Jarmon and focus lesson was on identity. Four (4) part series, last 90 mins and the next scheduled training is, Tuesday, June 14 at 1 PM CST. Log into Kia’s Zoom meeting each day using: <https://us06web.zoom.us/j/2910620378>

- TDH is working on the agenda for the second half of the year for the Task Force Meetings. This group is not only helping TDH Program Staff in receiving feedback from the community but it's also helping everyone make sure, we address the health disparities in communities of Tennessee. The Task Force is seeking new ideas, topics and speakers for the four categories: Chronic Diseases, Infectious Disease Mental Health and Environmental Health Injustice. If you have anything you would like to hear more about and add to these meeting, please email Elizabeth Hart, at Elizabeth.Hart@tn.gov.
 - COVID-19 Test - every household can order additional set of (4) test at www.covid19.gov, all tests are free provided by the US Government.
 - All Outreach Workers are available during the summertime, for community health fair, state fair, church fair and school fair, we would like to make our presence known as well as pass out gifts and inform the community about our website www.healthdisparities@tn.gov. Please contact Elizabeth Hart by via email at Elizabeth.Hart@tn.gov, and she will connect you with an outreach worker in your area.
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TOPICS OF DISCUSSION

Focus: (What is this topic about?) Men's Mental Health / Suicide

Presenter: (Name and title of person presenting) Elizabeth Hart, Director of Office Faith-Based and Community Engagement / Division of Minority Health Disparity

Summary: (4-6 sentences summarizing context of presentation)

This presentation provided is information regarding Men's Mental Health and Suicide. Note, June is Men's Health Month and the information below is the following data provided by Family Health Awareness Program, based on the state of Tennessee men.

- The state of Tennessee statistics shows the rate of suicides are mainly white men, the highest rate are particularly in rural areas
- Significant risk factors of suicide are less education attainment and divorce
- 1,220 individuals died by suicide in 2020 same number in 2019, due to population increase in the state between 2020-2019, technically a decrease was seen in the year 2019 from 17.9 to 17.7 in 2020.
- The second leading suicides ages are 10-14 and 25-34
- Deaths by suicide among individuals is highest in ages 25-44
- In 2020, 17% suicide deaths were individuals affiliated with the US Armed Forces active-duty and Veterans
- Males died of suicide were (4) times higher than females in 2020
- Firearms were the mechanism used in 63% of suicide deaths in 2020
- 90% of suicide deaths were white individuals
- Male individuals in rural areas died by suicide 1 ½ times greater than those in metro areas
- Mental Health and substance abuse use disorder needs increase while access to care decrease in 2020
- Stress related to the pandemic negatively influenced mental health according to the available data
- Drug overdose deaths have surged

- More people consume more alcohol than ever before in the last 2 yrs.

Elizabeth asked several questions which were the following:

- (1) What are the most common mental health concerns in your community?
- (2) If money was not an issue what would your mental health campaign look like? Who would be in it?

Member Comments: Announcements and Upcoming Events **(Impactful/Significant remarks made in chat box by meeting participants)**

- Janet Shouse Remark: It is important to have average people, white and black males, transgender and even younger male in the Ad campaign. Janet also stated her, MoM struggled w/mental health issues and her mom got into treatment and stayed in treatment until she was 90+ years old. Ms. Janet L. Shouse agreed to be a part of a Mental Health platform and represent her mom, due to her experience.
- Lisa Love Remark: When people are addressing addiction issues, the approach and treatment doesn't change because of social status. A commercial with people from all walks of life would show that suicide happens in all walks of life especially, if they speak on their personal issues.
- Wayne King Remark: Mental Health issues secondary to drug use abuse needs to be addressed as well; Families are fearful of Mental Health due to the lack of education about it
- Beulah Oldham Remark: Men do not address mental health due to toxic masculinity, financial and health issues, sexual identity and men are groomed to be the leader.

Resources mentioned during call: (List information / Resources/ Programs mentioned during call or listed in the chat box)

- www.PreventSuicideTN.com
- <https://zerosuicide.edc.org/resources/trainings-courses/CALM-course>
- <https://www.tn.gov/health/health-program-areas/fhw/vipp/suicide-prevention/surveillance.html>

Chat Box – links / website / events: [List ALL links/ webpages/ upcoming events (dates/time/locations) etc. listed in the chat box] REMEMBER: NO EMAILS OR CONTACT INFORMATION

- <https://www.renewalhouse.org/>
- Upcoming Men's Health Webinar Event on June 10th at 1pm EST/12pm CST. The registration link is <https://www.zoomgov.com/meeting/register/vJItce6grDoiH0UyEZTWzbuPrPliPjlOh8E>

Next Meeting: Thursday, June 16, 2022, from 1pm-2pm via Microsoft Teams.

Microsoft Teams Meeting details are as follows:

Join on your computer or mobile app

[Click here to join the meeting](#)

Or call in (audio only)

[+1 629-209-4396](tel:+16292094396).,221274636# United States, Nashville

Phone Conference ID: 221 274 636#