

# Health Disparities Task Force Meeting |MINUTES

# June 16th, 2022, / 1:00 P.M. - 2:00 P.M. | Location: Microsoft Teams

Meeting called by:	Division of Health Disparities Elimination	Approximately: 96 ppl
Type of meeting:	Weekly Health Disparities Task Force – Infectious Disease	
Facilitator:	Elizabeth Hart, Director Office of Faith-Based and Community Engagement	

# Motivational Quote: Recognition of Father's Day!

Actor Ryan Reynolds Poem - Being a dad isn't just about eating a huge bag of gummies bears as your wife gives birth, it means being comfortable with the word Hero.

# **Announcements:**

- Elizabeth attended the Inaugural Health Equity Forum hosted by the Milken Institute and the National Civil Rights Museum in Memphis, TN. She learned a lot about health equity and community engagement levels in getting folks involved. She encouraged everyone who have not been to the Civil Rights Museum in Memphis, TN to take their families. She also stated your visitation will provide enlightenment to why we do what we do.
- Health Equity Book Series: "The Health Gap" Author Sir Michael Marmot, Thursday, June 23 at 2 PM CST Order the book thru Amazon, Target, Barnes and Nobles or download his book to your kindle Registration link: <u>https://tn.webex.com/tn/j.php?RGID=r4f5af70ec244bfcfa513b337cfc93677</u>
- The Task Force Directory is being prepared by Schacona Johnson and we're encouraging everyone to complete the Red Cap Survey. If you are not receiving the Health Disparities Task Force Announcements and Updates, please email Elizabeth Hart at <u>Elizabeth.Hart@tn.gov</u> and we will forward you the Red Cap Survey Link. Please note those who completed the Red Cap Survey will receive the task force directory and those who have not completed the survey will not receive a directory.
- Workforce Development Training for Community Partners: Cultural Competency, Diversity and <u>Equity</u> led by Kia Jarmon and focus lesson was on Microaggression. Four (4) part series, last 90 mins and the next scheduled training is, Tuesday, June 21st at 1 PM CST. Log into Kia's Zoom meeting each day

#### using: https://us06web.zoom.us/j/2910620378

- TDH is asking The Task Force Members to provide agenda ideas, topics and speaker names they would like to hear and discuss topics generated from the four categories, which are Chronic Diseases, Infectious Disease, Mental Health and Environmental Health Injustice. If you have anything you like to add, please email Elizabeth Hart at <u>Elizabeth.Hart@tn.gov</u>.
- COVID-19 Test every household can order additional set of (4) test at <u>www.covid19.gov</u>. We may have up to (12) tests and if you have trouble placing your order online, you may call 1.800.232.0233. All tests are free and provided by the US Government.
- Juneteenth became a federal holiday on June 17, 2021, President Biden signed the Juneteenth National Independence Day Act. Juneteenth Freedom Day is the longest running African American holiday, which marks the day on June 19, 1865, when the federal troops arrived in Galveston, Texas to take control of the state in the aftermath of the Civil War, to provide news to all enslaved people that they were declared free under the terms of the 1862 Emancipation Proclamation. The slaves received this news, 2 years after the Emancipation Proclamation was signed. Please email all Juneteenth events to Elizabeth Hart at <u>Elizabeth.Hart@tn.gov</u> before 9AM tomorrow morning. Juneteenth is observed on Monday, June 20<sup>th</sup>, 2022.

What can you do to observe Juneteenth Day?

- Educate yourself by watching a documentary
- Support a black own business w/in your community
- Attend a local Juneteenth Event

The temperature next Wednesday will be 103 degrees with the index of 115 -120 degrees, which is considered scorching hot and extremely dangerous for everyone outside. Please share this information with your community, family and friends and below is some information about Extreme Heat:

- 1) "Extreme Heat" is a period of high heat, temperature that remains above 90 degrees for 1 or 2 days
- 2) In "Extreme Heat" your body works extra hard to maintain a normal temperature, which can lead to death.
- 3) "Extreme Heat" is responsible for the highest number of annual deaths among all weather-related hazards
- 4) Elderly, children, overweight, and sickly individuals are at a greater risk from "extreme heat"
- 5) Know the signs of heat related illnesses and ways to respond
- 6) If you are sick and need medical attention, contact medical advice and seek shelter immediately
- 7) If you are experiencing a medical emergency call 911
- 8) Signs of Heat Stroke rapid strong pulse, dizziness, confusion, unconsciousness, extreme body temperature, over 100 degrees taken orally and/or red-hot dry skin with no sweat
- 9) If you suspect you or the person you are having a heat stroke, call 911 IMMEDIATELY, cool down with whatever methods are around and do not give the person something to drink!

#### TIPS TO STAY COOL!!!

Never leave people or pets in a close car on a warm day – look before you lock

If air conditioning is not in your home you can go to the closet cooling center, or let Elizabeth know and she can contact someone to assist you

Take cool showers and bathes

Wear loose light weight and light color clothing

Use the oven less to reduce the temperature in your home

When outdoors wear a hat wide enough to protect your face and find shade to stay cool

Drink plenty of WATER to stay hydrated

Avoid high energy activities outside Check on family members, seniors and neighbors If you wear a breathable mask

• Davidson County is experiencing a high level of COVID cases and, in door masking is highly recommended that individuals wear a mask. The Tennessee Department of Health COVID Hotline is available for anyone who may have questions or concerns, you may call 615.770.6940 or send an email at Covid19.info@tn.gov

# **TOPICS OF DISCUSSION**

Focus: (Celebrating the Life of Fathers)

Presenter: (Task Force Members)

**Summary:** By June being Men's Health Month and Father's Day is in the same month, the Task Force Members was asked to share stories and fun moments they remember about their father or someone they considered to be a father figure in their lives while growing up.

*Member Comments:* Announcements and Upcoming Events (Impactful/Significant remarks made in chat box by meeting participants)

• Nashville Public Library is receiving people as a cooling station, the library has activities and folks do not need a library to come in and cool off.

**Resources mentioned during call:** (List information / Resources/ Programs mentioned during call or listed in the chat box)

• Extreme Heat | Ready.gov

**Chat Box – links / website / events:** [List ALL links/ webpages/ upcoming events (dates/time/locations) etc. listed in the chat box] REMEMBER: NO EMAILS OR CONTACT INFROMATION

- Archpro Coding 2-day in person training event on 6/23-24th clinical documentation, coding, & billing for Rural Health Clinics (RHC) and Federally Qualified Health Centers/Community Health Centers (aka FQHCs). <u>alison@tnruralhealth.org</u>
- Vanderbilt Ingram Cancer Center Community Outreach Engagement on June 21, 2022 @ 12PM CST
- Back to School Event Bash on July 30th, 2022, in Chattanooga, TN

# Next Meeting: Thursday, June 24, 2022, from 1pm-2pm via Microsoft Teams.

#### Microsoft Teams Meeting details are as follows:

Join on your computer or mobile app

Click here to join the meeting

Or call in (audio only)

<u>+1 629-209-4396,,221274636#</u> United States, Nashville

Phone Conference ID: 221 274 636#