

Health Disparities Task Force Meeting |MINUTES

September 1, 2022, / 1:00 P.M. – 2:00 P.M. | Location: Microsoft Teams

Meeting called by:	Division of Health Disparities Elimination	Approximately: 67 ppl
Type of meeting:	Weekly Health Disparities Task Force – Chronic Disease	
Facilitator:	Elizabeth Hart, Director Office of Faith-Based and Community Engagement	

Motivational Quote: (Elizabeth Hart) National Self Care Month – “Almost everything will work again, if you unplug it for a few minutes, including you.” — Ann Lamott

Announcements: (Elizabeth Hart)

- The White House is encouraging all Americans to submit nominations for the United We Stand Summit, deadline is Thursday, September 1, 2022. Please nominate a Tennessean as a Uniter in your community to prevent acts of hate-fueled violence, promote healing where such violence has had devastating consequences and foster unity.
- Every household can order COVID-19 Test. The test is available to receive by mail, with free shipping, you may go to [COVID.gov/tests](https://www.covid.gov/tests) - Free at-home COVID-19 tests or call 1.800.232.0233.

TOPICS OF DISCUSSION

Focus: All Things Clinical Health

Presenter: Dr. Stephan Sharp, Medical Director of Clinical Research Associates, Inc.

Summary: Mr. Sharp, presented this presentation and it was about clinical trials. Mr. Sharp. spoke about Clinical Research Associates, Inc. known as CRA and it's a clinical trial site which seeks to recruit patients, coordinate clinical trials, monitor patients' health, and report data. CRA, clinical trials have three phases for the patient's safety. Phase 1, study takes up to 12 – 18 months, to see if the patient's body can handle the administered trial product. Phase 2 is to identify the maximum amount of dosage the body can tolerate and see if the patient's immune system is producing the type of responses, their desiring, in a 2-year span. Phase 3 is to see if the trial product is preventing infections or at least helping

to reduce the severity of the disease in 2+ years or more. Clinical Trials are event based which means an event must occur for researchers to get to work. The only way researchers will know a vaccine is able to prevent and cure a virus or disease if someone contracts a virus or disease. Then the researchers can do a study and if they receive 90% efficacy rate meaning 9 out of 10 people is a success, then the trial product can be used.

Anyone of all races and ethnicities that's healthy and manage their medications well may participate. Note, not all individuals with pre-existing conditions are allowed to participate in clinical research because the research itself have its own inclusion and exclusion criteria. If someone would like to join a clinical trial study/research below is list of what to expect:

- Discuss health history of self, family and medicines taking
- Physical Exam: check heart, lungs, blood pressure, weight and temperature
- Basic Lab Work: blood, urine screenings, nasal swab and other health screens, if needed
- Patient will have 24/7 access and may call and discuss concerns or health issues
- Study Related Care: Provide additional health care to patients
- Compensation: for time-off, travel, childcare expenses, all determined by an Independent Review Board

If you would like to learn more about current studies, contact CRA at: clinicalresearchassociates.com/studies.

Member Comments: Announcements and Upcoming Events

- Nominate a Tennessean Uniter in your community for the United We Stand Summit: <https://us1.list-manage.com/survey?u=b999ee4d97253671de1a2d1fa&id=5d7d78ff56&attribution=false>
- Please join Tennessee Health Care Campaign for our Annual Health Advocacy Conference, September 17, 2022 - <https://tnhealthcarecampaign.org/2022-annual-advocacy-conference/>
- Office of Patient Care Advocacy Office will be in Memphis, TN on September 27, 2022

Resources mentioned during call:

- To learn more about clinical trials and hear directly from patients and investigators watch this short video: [https://urldefense.com/v3/https://www.youtube.com/watch?v=oNN0bOo6eeA&t=1s_!!PrfDf9A!oK2J0Wf_slea1222vm_FvHw8XXuuSLoxsgOFb2nL9rksaNjdhm79PYKLKBKkyeRGx_vo9FJTvGNTzZuQNjKcdRMIHroch1gM\\$](https://urldefense.com/v3/https://www.youtube.com/watch?v=oNN0bOo6eeA&t=1s_!!PrfDf9A!oK2J0Wf_slea1222vm_FvHw8XXuuSLoxsgOFb2nL9rksaNjdhm79PYKLKBKkyeRGx_vo9FJTvGNTzZuQNjKcdRMIHroch1gM$)

Chat Box – links / website / events:

Next Meeting: Thursday, September 8, 2022, from 1pm-2pm via Microsoft Teams.

Microsoft Teams Meeting details are as follows:

Join on your computer or mobile app

[Click here to join the meeting](#)

Or call in (audio only)

[+1 629-209-4396,221274636#](tel:+16292094396221274636) United States, Nashville

Phone Conference ID: 221 274 636#