



In His Name

*The King's Daughters and Sons Home*  
**THE KING'S DAUGHTERS & SONS HOME**  
3568 APPLING ROAD  
BARTLETT, TENNESSEE 38133  
(901) 272-7405 • (901) 272-7422 FAX

**Part VI: Purpose and Summary**

April 23, 2019

Mr. Vincent Davis  
State Survey Agency Director  
665 Mainstream Drive, 2nd Floor  
Nashville, TN 37243

RE: The King's Daughters and Sons Home application to the Civil Monetary Penalty (CMP) Reinvestment Program. CMS Certification Number; 445221; Medicaid Provider Number:7440194  
Tax Identification Number 62-0589737

**Project Title: Engage Our Daughters and Sons Project**

Dear Mr. Davis,

On behalf of The King's Daughters and Sons Home, I am submitting this proposal in the amount of \$55,187.00 for the *Engage Our Daughters and Sons Project*. We believe the iN2L Program will be used to assist us in achieving our goals of reducing the use of antipsychotics in our community and expanding and enhancing our restorative care program to reduce the rate of residents rehospitalization. In turn, this will result in a significant contribution to the quality of life of our residents and a reduction in health care costs. We plan to achieve this goal by increasing our residents' participation in person-centered activities and interactions that will result in improved quality of life through the implementation of the iN2L Program.

I feel confident that the inclusion of the engagement technology that the iN2L Program provides matches our organization's commitment to providing the best quality of care for our residents and will assist us in meeting our goals within our community. The iN2L person-based technology integrates the various hardware, software, media, ergonomic, and adaptive components necessary to allow residents to participate and engage in person-centered recreational and rehabilitation therapy activities.

The King's Daughters and Sons Home is a non-profit long-term care facility in Bartlett, TN. We opened our doors in 1908 with two residents and have grown into a modern 108-bed nursing care facility offering comprehensive nursing care at the subacute, skilled and restorative levels. Thank you for considering The King's Daughters and Sons proposal for the *Engage Our Daughter's and Son's Project*. Please contact me at 901-272-7405, or [nwiles@kdshome.com](mailto:nwiles@kdshome.com).

Sincerely,

Nicole Wiles, Administrator

## **Part VII: Expected Outcomes**

### **PROJECT ABSTRACT**

The King's Daughters and Sons Home is requesting **\$55,187.00** from the Civil Monetary Penalty Reinvestment Program to launch the iN2L Program, an integrative, person-centered digital technology program with activity, restorative care and therapy programs with over 4,000 applications designed to engage residents with a wide range of physical and cognitive abilities. The iN2L Program will be used to assist us in achieving our goals of reducing the use of antipsychotic drugs in our community and expanding and enhancing our restorative care program to reduce the rate of residents rehospitalization. Grant funding will also provide training to The King's Daughters and Sons Home staff who will work with the residents using the iN2L engagement technology, and to cover the subscription fees for equipment and software over a three-year period.

The King's Daughters and Sons Home residents and family members will be an integral part of the program. They will be surveyed on their perceptions of the iN2L Program for activities, restorative care and therapy, and encouraged to make suggestions of new content buttons. iN2L is committed to updating and suggesting new content buttons every eight weeks. The Kings Daughters and Sons Home will review iN2L's new content and periodically add new My Page content buttons to enhance selections for residents.

The King's Daughters and Sons Home is a non-profit long-term care facility in Bartlett, Tennessee. We opened our doors in 1908 with two residents and have grown into a modern 108-bed nursing care facility offering comprehensive nursing care at the subacute, skilled and restorative levels. Over the past 111 years we have expanded our programs and services to meet the changing needs and demands of our residents. Our residents may have limitations, but we won't let that get in the way of living the fullest life possible. As a nonprofit organization, we strive to continue adding programs, allowing us to provide the best short-term rehabilitation and long-term care possible, enabling each of our residents to achieve their personal level of physical and emotional wellness and independence.

We are committed to integrating this program into all areas of care—restorative care, activities, nursing and rehabilitation. The main persons accountable for the project evaluation will be Mia Potts, Director of Rehabilitation Services and Katie Gammon, Director of Activities.

### **STATEMENT OF NEED**

The risk for activities of daily living (ADL) decline in long-term care residents is a serious issue that often leads to falls, pressure ulcers, weight loss, depression, and other negative outcomes such as an increase in rehospitalization. An effective restorative care program that encourages each resident's highest level of function is the primary way to ensure these quality outcomes remain aligned with both the facilities goals and CMS's initiatives and objectives. However, our facility struggles in managing a consistent and successful restorative care program and has seen an increase in our number of resident rehospitalizations. Maintaining independence in activities of daily living and mobility is critically important to most people, physical benefits of maintaining mobility are proven through many studies. Functional decline can ultimately lead to rehospitalization.

According to the Centers of Medicare and Medicaid the percentage of short- stay residents who were re-hospitalized after a nursing home admission in the United States is 22.6%. The rate in Tennessee is 21.9%. The rate at the King's Daughters and Sons is 21.4%. In addition, according to the CMS National Partnership to Improve Dementia Care in Nursing Homes, during the third quarter of 2018, 14.8% of nursing home residents in Tennessee received antipsychotic drugs. The rate at the King's Daughters and Sons is 5.7%. We are actively looking at ways to integrate and improve our therapy, restorative care and activity programming to work in tandem and provide quality care to our residents to reduce this rate in our community.

We believe integrating the iN2L Program will help break the cycle that often happens when older adults in our community experience a fall or require a hospitalization. As the use of antipsychotic drugs often leads to falls, our nursing staff is constantly looking to reduce their use and provide other means of meaningful activity and engagement. We believe the iN2L Program will enhance our restorative care program. We believe increased activity through the restorative care program, in conjunction with maintaining or improving physical functioning, will result in a better quality of life for our residents, increase resident satisfaction and decrease rates of resident rehospitalization.

## **PROGRAM DESCRIPTION**

Requiring no past engagement technology experience, the iN2L Program's Mobile FLEX system's easy to use touch screen encourages residents to "touch" their way to explore things such as former interest, new interest, connecting with loved ones, improving mobility, strength and hand eye coordination. Some of the specific content is described below.

Wellness content—exercise videos, cognitive and therapy content—including fall prevention and strengthening program videos, scientifically designed brain training games, and content developed by iN2L's certified therapy staff. Engagement content—designed to allow residents to stay engaged through thousands of experiences and activities—including games, puzzles, and virtual travel applications, as well as spiritual, history, and reminiscence content.

Reminiscence content – includes experiential and relaxation videos, easy to follow trivia games, and movie memories. My Page buttons - staff and families have the ability to customize the resident's experiences, as well as upload pictures and videos to provide snapshot of the person's interests. Digital Biographies—this application helps family and professional caregivers set up a snapshot of the person's life—interests, accomplishments, preferences, as well as pictures and music. Memory Coach – memory care trainings for staff and volunteers—including Best Friends™, Positive Approach to Brain Change™ by Teepa Snow, and Cognitive Pathway by Vertis Therapy. CMS content – direct access to the [www.medicare.gov](http://www.medicare.gov) and [www.cms.hhs.gov](http://www.cms.hhs.gov) to enable residents, family members and others to access nursing home data and information. Links to the Tennessee Department of Health websites. Access to identity theft and Web tips information, and an introduction to the Hand in Hand Toolkit.

## **Equipment**

**The Mobile FLEX** - provides complete mobility with touch screen computer on an articulating arm attached to a height adjustable electric stand. Included peripherals: Engagement Package, TV adaptor, adaptive keyboard and software. Used for group engagement, therapy use and one-on-one activities.

**Implementation**

Activity and rehabilitation staff will develop fun activities for each topic button, tailored for individuals and group settings. Further, the Mobile FLEX can be taken to residents who are confined to their rooms due to illness or disabilities, allowing them to explore topics in their room, at their own pace. Family and staff can also create personal profiles for each resident, filled with meaningful content about that resident's life, family, career, hobbies, and interests. While spending time exploring these different topics, residents will be socializing with other residents and staff; reminiscing and connecting with family and visitors; improving hand-eye coordination, mobility and strength; exercising and working toward restorative and/or rehabilitation goals; and getting cognitive stimulation.

Believing therapy should be fun, the Mobile FLEX content can also be used for speech, occupational, and physical therapy. Applications such as painting, music and a piano keyboard; games and puzzles; physical fitness, cognition and aphasia; memory games and mind teasers; balance and mobility; geography, and trivia, etc., will encourage residents to move and stretch, use their brains, and have fun, without realizing that they're working on their therapy. With the vast array of content buttons to explore, residents can click on a different topic each day and not get bored with their therapy. Also, research focusing on iN2L indicates that using the content buttons has proven to be an effective way for providing rehabilitation to residents dealing with dementia and other cognitive disorders. Therapy content can be tailored to the elder's current ability and function, "meeting them where they are," when starting rehabilitation. As ability and function improve, therapists can seamlessly customize therapy sessions through a series of more "difficult" content; to maximize cognitive and physical functioning and to help them reach personal rehab goals. Further, recognizing that many residents will need therapy at some point in their lives, the iN2L Program updates content every two months, to provide fun and interesting experiences that encourage residents to spend more time exercising as they work toward their personal therapy goals, and socializing.

**Timeline**

<b>Project Tasks / Process Objectives</b>	<b>Task Month/Year</b>	<b>Responsible Party</b>
CMP Grant is Awarded by CMS Region IV	Month 1	Program Administrator
Purchase iN2L equipment; Program Launch; review Program Evaluation Protocol	Month 1	Program Administrator
Collect and record iN2L program usage and <i>data (Restorative Care Log, Rehabilitation Log, community rehospitalization data, Medication Tracking Tool antipsychotic use baseline data; and Activity Log)</i>	Month 1	Program Administrator, Project Leader(s)
Inform stakeholders of the project through the newsletter, flyers, and meetings	Month 1	Program Administrator, Project Leader(s), Marketing Director
Participate in Program Launch— System Installation, Project Rollout and Multidisciplinary and Therapy Onsite Trainings	Month 2	Program Administrator, Project Leader(s)

Host meeting to unveil the systems to families, volunteers, program supporters. <b><i>These stakeholders will also be trained at this meeting.</i></b>	Month 3	Program Administrator,* Project Leader(s), Marketing Director
Begin creating <i>My Page</i> buttons for residents	Month 3	Project Leader(s)
Begin creating digital biographies for residents	Month 3	Project Leader(s)
Begin highlighting iN2L activities on the Activities Calendars—this will be done monthly going forward	Month 3	Project Leader(s)
Begin announcing Monthly Training Webinars—new and interested staff, volunteers, families participate	Month 4	Project Leader(s)
Submit Baseline Quarterly Evaluation Report—gather <i>data</i> ; monitor program impact; prepare and submit report prior to deadline	Month 5	Program Administrator Project Leader(s)
Staff begins to participate in bi-monthly Content Update webinar; add updated applications to the Activities Calendar throughout the duration of the program	Month 6	Project Leader(s)
Staff begins to participate in quarterly Best Practices Group Calls	Month 6	Project Leader(s)
Submit Quarterly Evaluation Reports— collect <i>data</i> and create corresponding reports; gather Usage Reports; monitor program impact.	Month 8 through Month 35	Program Administrator
Schedule first 4-hour Multidisciplinary Onsite Refresher Training	Month 11	Program Administrator, Project Leader(s)
Conduct first 4-hour Multidisciplinary Onsite Refresher Training	Month 12	Project Leader(s), iN2L Implementation Specialist
Schedule 4-hour Therapy-Specific Onsite Refresher Training	Month 16	Program Administrator, Project Leader(s)
Conduct 4-hour Therapy-Specific Onsite Refresher Training	Month 20	Project Leader(s), iN2L Rehab Trainer
Schedule second 4-hour Multidisciplinary Onsite Refresher Training	Month 32	Program Administrator, Project Leader(s)
Conduct second 4-hour Multidisciplinary Onsite Refresher Training	Month 35	Project Leader(s)
Submit Quarterly Evaluation Reports— collect <i>data</i> and create corresponding reports; gather Usage Reports; prepare data comparison spreadsheets; monitor program impact.	Month 36	Program Administrator

### **Program Launch**

The installation and rollout of the iN2L Program will be followed by an Onsite Training conducted by an iN2L Implementation Specialist and attended by Team Members directly involved. The trainings will be attended by all relevant staff, including, but not limited to: the Director and Assistant Director of Nursing, MDS Coordinator, Clinical Liaison, Director of Rehabilitation Services, Director and Assistant Activity Director, Social Worker, and several key employees from the Rehabilitation and Nursing Departments including Licensed Practical Nurses and Certified Nursing Assistants. The Onsite Training will allow us to establish a “train the trainer” program, which will recognize staff who take a leadership role in implementing and creating best practice uses for the iN2L engagement technology systems. All iN2L Onsite Trainings provide eligible staff with Continuing Education Units (CEUs).

The Multidisciplinary and Therapy Training Agendas include: Grant-specific information – including community-specific Activity, Therapy and Restorative Care-Specific goals; What’s included in the iN2L system; Technical information; Content (including an overview of the programs on system and specific programs/applications to meet community/grant goals); Personalization (including the Family iN2L program); Content updates; Best practices for introducing iN2L to the resident; and Q&A.

To address staff turnover, continue our commitment to technology training, and ensure program sustainability Onsite Refresher Trainings will be scheduled and conducted— two (2) Refresher Trainings—between the 12<sup>th</sup> and 15<sup>th</sup> months and the 32<sup>nd</sup> and 36<sup>th</sup> months of the project; and one (1) Therapy-Specific Onsite-Refresher Training between the 20<sup>th</sup> and 24<sup>th</sup> months of the project. *New residents will be trained upon admission to the facility.*

### **System maintenance and security**

Since the iN2L systems will be handled by several people, we will take infection control measures to ensure that the systems remain free of contagious agents. Activities staff personnel will be assigned to clean and disinfect with germicidal disinfecting wipes, the systems on a after each use.

There is also the possibility that electronic equipment could be stolen. iN2L has in the past taken measures to track and recover equipment that has been misappropriated at other communities. Should any of the iN2L equipment be taken from our community, we will contact iN2L to facilitate its tracking and return. we will contact iN2L to facilitate its tracking and return. The iN2L System ID Number, which appears on the system, will aid in the tracking of a misappropriated system.

### **Project Sustainability**

To make the program sustainable, The King’s Daughters and Sons Home leadership will support fundraising activities/strategies that will pay for the iN2L subscription once the grant term comes to an end. We will also consider including the iN2L subscription as a line item in the Activity, Rehab and Marketing budgets beginning the fourth year of the program.

Our sustainability plan also includes ongoing training opportunities which will be made available to new staff, volunteers, and family members, as well as staff wishing to learn more about how to maximize use of the iN2L technology. These training opportunities include:

1. Two (2) Multidisciplinary Refresher Trainings and one (1) Therapy Refresher Training will be conducted by iN2L Trainers
2. iN2L refresher webinars
3. Overview Training Videos that reside on the iN2L systems demonstrating how the system can enhance music, reminiscence, physical fitness, and sensory activities.
4. Staff will participate in bi-monthly iN2L Content Update webinars.
5. Best-Practices Group Calls facilitated by iN2L Customer Success Managers. These forums will allow us to find solutions to challenges that we may encounter, share our successes, and continuously identify and motivate project champions.

Should we encounter any issues with the systems or interface, iN2L technical support is available 7 days a week. 7am – 5pm Mountain Time (except during major public holidays). These days/times will be posted by all machines in use, so operators will know who they can call.

### **Part VIII: Results Measurement**

The King's Daughters and Sons Home knows that offering stimulating, enriching activities for residents with a wide range of physical and cognitive abilities is the key to maintaining independence in activities of daily living and combating negative outcomes such as increasing in rehospitalization rates. During the three-year grant period, this project will be evaluated by iN2L staff, by The King's Daughters and Sons Home staff, and informally by nursing home residents and their family members. Overall evaluation will include tracking our residents' usage of the iN2L Program for activities, restorative care and rehabilitation; tracking individual and group activities, My Page buttons, the number of rehabilitation and restorative days for each resident and our progress in rehospitalization rates.

To reach our goals and track our success, we will track monthly usage—hours of use on each system, the top 10 applications utilized by residents, and the top 10 websites accessed by residents during the month. Monthly usage reports will be compiled by The King's Daughters and Sons Home's iN2L Customer Service Manager and sent to Nicole Wiles, the Program Administrator for this project. Ms. Wiles will share these reports with The King's Daughters and Sons Home Activity Director, Katie Gammon, Mia Potts, Rehabilitation Services Director; and Beth Carson, MDS Coordinator.

Evaluation of the project will be analyzed and discussed quarterly in The King's Daughters and Sons Home Continuous Quality Improvement Committee; this will include:

1. Tracking the number of residents using the Engage system for activities and rehabilitation
2. Tracking the number of residents who “graduate” from rehabilitation services after using this system
3. Tracking the number of rehabilitation and restorative care days for residents using this system
4. ***Our rehabilitation therapy department recertifies all on rehab residents every 28 days. During the “lookback” period for the recertification we will set up an excel file to track the performance of ADL tasks specifically from evaluation to discharge in 28-day intervals. Based on the trend we will adjust the usage and/or program within the iN2L system utilized to ensure the ADLs are improving for those utilizing the iN2L system for therapy purposes.***

5. Tracking the number and types of individuals and group activities
6. Tracking “favorite” topics of interest to our residents
7. Surveying residents about using the Mobile FLEX and how it affects their quality of life

We will work closely with our iN2L Customer Success Manager to create concise reports and to track our progress. As part of our Quarterly Evaluation Reports, we will submit copies of the:

1. iN2L Monthly Usage Reports (3 months)
2. Spreadsheets tabulating the data over time
  - a. Residents who participate and graduate from rehabilitation services
  - b. The number of rehabilitation and restorative care days for residents using this system
  - c. Quarterly Rehospitalization rates
  - d. Medication Tracking Tool data
  - e. Participation in individual and group activities

### **PROJECT ORGANIZATIONAL CHART**

The chart below lists The King’s Daughters and Sons Home team who will offer assistance, as needed, with this project to ensure its success.

**Program Administrator:** Nicole Wiles, Administrator

**Project Leaders:** Katie Gammon, Activity Director; Mia Potts, Director of Rehabilitation Therapy; Beth Carson, MDS Coordinator

**Assisting Project:** The following staff will be working directly with the program: Dennis Groves, Assistant Activity Director; Catherine Logan, Social Worker; Members of the Rehabilitation Therapy Department and Nursing Departments including Registered Nurses, Licensed Practical Nurses and Certified Nursing Assistants.

**Supporting Project:** The following key personnel of The King’s Daughters and Sons Home’s will support the project to ensure its success: Pam Barton, RN, Director of Nursing; Denese Rosser, RN, Assistant Director of Nursing; Ginny Hoelscher, RN, Clinical Liaison, Jonathan Wales.

**Key personnel job descriptions and biographical sketches for key personnel are included as Attachments 3 and 4.**

### **Part XI: Benefits to the Nursing Home (NH) Residents**

An effective restorative care program that encourages each resident’s highest level of function is the primary way to ensure that residents maintain independence in activities of daily living and prevent rehospitalization. Many studies have proven that maintain mobility and increasing independence in even a few areas of personal care can have a significant benefit on mood as well as tremendous physical benefits.

Increased independence in even a few areas of personal care can have significant mood benefits. We know that regular participation in stimulation, recreational and motivating activities is an effective way to elevate one’s mood; help combat boredom, depression and loneliness and allows residents to stay connected to the world around them.

The iN2L Program will offer fun, stimulating activities to help increase independence and maintain mobility by engaging The King's Daughters and Sons Home's residents, regardless of their physical and cognitive abilities. Training is simple, as residents touch-their-way through topics of-interest to-them. Residents can move, at their own pace, exploring new topics or revisiting former hobbies and interests. Likewise, this program will offer an effective and fun way for providing person-centered care during their restorative care and rehabilitation to residents dealing with dementia and other cognitive disorders. Specific benefits of this project to our residents are:

**Provide, fun, engaging Speech, Occupational, and Physical Therapy.** Residents can use a series of Speech, Occupational and Physical Therapy topic buttons on the Mobile FLEX. At the start of therapy, topic buttons will be tailored to the resident's current ability and function, "meeting them where they are." As ability and function improve, elders will move through a series of progressively more difficult applications to maximize cognitive and physical functions, until reaching their customized therapy goals.

**Fun activities and therapy can be brought to the rooms of residents.** The mobility of the Mobile FLEX will allow The King's Daughters and Sons Home staff to take activities and therapy to residents who are confined to their room due to illness and disabilities.

**Promote lifelong learning.** Residents can fuel their passion for lifelong learning about topics of interest to them such as history, religion and spirituality; travel and geography; the arts and music; sports; Yoga, Tai Chi, and physical fitness; veterans, etc. Residents can create personal profiles filled with information about their lives, careers, family, and friends; download hometown newspapers; re-ignite interest in former hobbies; and stay connected to the world.

**Increase socialization with other residents, family members, and staff.** *My Page* buttons on the Mobile FLEX can be tailored for individuals and for groups. As residents explore different topic buttons, normally quiet residents or those dealing with cognitive issues, are likely to communicate with nearby staff, family members, and other residents, sharing their excitement of learning something new, and seeing progress in personal therapy goals.

**Combat loneliness, boredom, depression, and feelings of isolation.** Regular participation in stimulating, recreational activities can help elevate one's mood and combat boredom and depression. Residents, experiencing feelings of isolation, can stay connected to family and friends and the world around them using Skype and email.

## **Part X: Consumer/Stakeholder Involvement**

The King's Daughters and Sons Home's Activity Director, Katie Gammon and Mia Potts, Director of Rehabilitation Therapy, will train staff who are caring for the residents on using the ENGAGE Mobil Flex systems. Residents and family members will be surveyed about the system regarding ease of use, content and variety of topics and favorite topics, and can suggest new iN2L software topics.

The King's Daughters and Sons Home's Board of Directors and Administrator are committed to raising funds to provide residents with state-of-the art programs and services that are enriching and enhance their quality of life. Ongoing fundraising, annual and capital gifts, corporate and foundation grants, special events, and planned gifts will provide funds to maintain the iN2L Program, so we can offer quality activity and therapy programs for residents. Ginny Hoelscher, Clinical Liaison will promote this project through tours, social media, advertising; and meeting with medical groups, professional and senior organizations.

**Part XI: Funding**  
**BUDGET TABLE**

The King's Daughters and Sons Home is requesting \$55,187.00 for three ENGAGE Mobile Flex systems for our residents; for staff training; and to fund maintenance subscription fees during the 3-year project. The project budget and brief details are outlined on the attached Excel Budget form. More details about the project budget components and project implementation is below:

**BUDGET NARRATIVE**

The King's Daughters and Sons Home is requesting **\$55,187.00** for the *Engaging Our Daughters and Sons Project*. This funding will provide the following:

**Equipment** **\$20,997.00**

ENGAGE Mobile FLEX - Complete mobility with touch screen computer on an articulating arm attached to a height adjustable electric stand. It includes an Engagement Package—driving, bike and flying simulators. It will be used for large and small group activities, rehab interventions, individual interactions and will be transported to the rooms of residents who tend to self-isolate or must be isolated.

(3) Mobile FLEX System @ \$6,999 = \$20,997.00

**Subscription** **\$22,140.00**

36-Month ENGAGE Personalized Subscription The iN2L content is designed to allow residents to stay engaged and connected through over four thousand engagement and therapeutic applications and activities. This content is primarily updated on a bi-monthly basis, with some applications updated daily and others weekly. The subscription also includes, 1) the ability to create an unlimited number of user buttons by which we will be able to provide residents a person-centered experience via the use of communication applications, website favorites, photos and calendar; 2) unlimited technical support; and 3) evaluation data—36 Monthly Usage Reports & 4 Quarterly Outcome Surveys Reports per year.

(3) ENGAGE 36-Month Personalized Subscription @ \$7,380 = \$22,140.00  
(\$205/system/month = \$2,460/system/year)

**Program Implementation and Onsite Refresher Trainings** **\$10,700.00**

MULTIDISCIPLINARY/THERAPY Program Launch and Refresher Trainings - The iN2L Program Launch takes place at the onset of the project. The iN2L Implementation Team will install the systems and will provide a customized program rollout. Staff, volunteers, and family members will have a hands-on opportunity to explore all hardware and software components of the iN2L engagement technology; they will also learn about iN2L applications throughout all disciplines including nursing, activities and social services; as well as learn how to develop and implement person-centered experiences for the community's residents. The iN2L Program will also provide two (2) customized refresher trainings between the 9<sup>th</sup> and 15<sup>th</sup> and 30<sup>th</sup> and 36<sup>th</sup> months of the project to ensure program sustainability. Staff will also have access to monthly training webinars and Quarterly Best Practices Group Calls for the duration of the project. An iN2L certified rehab specialist will provide customized on-site THERAPY trainings—during the program launch and a refresher training during the 20<sup>th</sup> and 24<sup>th</sup> months of the project. Therapists, rehab professional and residents will have a hands-on opportunity to explore the iN2L technology. They will learn to utilize iN2L applications throughout all three therapy

disciplines—occupational, physical and speech—and develop and implement person-centered rehab experiences.

- (1) MULTIDISCIPLINARY Program Launch @ \$2,500 = \$2,500
- (2) MULTIDISCIPLINARY Refresher Training @ \$1900 = \$3,800
- (1) THERAPY Training @ \$2,500 = \$2,500
- (1) THERAPY Refresher Training @ \$1,900 = \$1,900

**Shipping & Handling** **\$1,350.00**

- (3) ENGAGE Mobile Flex @ \$450 = \$1,350

**Part XII: Involved Organizations**

The King's Daughters and Sons Home is submitting this application on behalf of our nursing home residents. No sub-contractors or other organizations are involved with this project. The contact for this proposal is: Nicole Barbier Wiles, Administrator, The King's Daughters and Sons Home, 3568 Appling Road, Bartlett, TN 38133; 901-272-7405; nwiles@kdshome.com

It's Never 2 Late – system installation, training, as well as technical, program and evaluation support.

<b>It's Never 2 Late</b>	Scott Smith	Amy Kavalec
5889 Greenwood Plaza Blvd	Director of Implementation	Director, Customer Success
Greenwood Village, CO 80112	ssmith@iN2L.com	akavalec@iN2L.com
303.806.0797	303.806.0797 x134	303.806.0797 x152

**CONFLICT OF INTEREST PROHIBITION STATEMENT**

No known conflict of interest exists with staff members at The King's Daughters and Sons Home or its contractors.

**ATTESTATION STATEMENT**

The King's Daughters and Sons Home attests that the funds provided through this grant will be used to enhance the quality of care and life for residents in our facility. No known conflicts exist with our facility, including family members.

**NON-SUPPLANTING/NON-DUPLICATIVE STATEMENT-**

The King's Daughters and Sons Home certifies that any funds awarded through the CMP Grant will be not be used to supplement or supplant existing funds for program activities. The King's Daughters and Sons Home understands that supplanting violations can result in a range of penalties, including suspension of future funds under this program.

**ATTACHMENT**

- Attachment 1- CMS CMP Fillable Application**
- Attachment 2- Grant Excel Budget Page**
- Attachment 3- Key Personnel Job Descriptions**
- Attachment 4- Biographical Sketches/CVs for Key Employees**
- Attachment 5- General Assurances**

# REQUEST

Date of Application: 5 / 2 / 2019  
MM DD YYYY

## PART I: Background Information

Name of the Organization: The King's Daughters and Sons Home

Address Line 1: 3568 Appling Road

Address Line 2: \_\_\_\_\_

City, County, State, Zip Code: Bartlett, TN 38133

Tax Identification Number: 62-0589737

CMS Certification Number, if applicable: 44 - 5221

Medicaid Provider Number, if applicable: 44 - 5221

Name of the Project Leader: Nicole Wiles, Administrator

Address: 3568 Appling Road

City, County, State, Zip Code: Bartlett, TN 38133

Internet E-mail Address: nwiles@kdshome.com

Telephone Number: 901 - 272 - 7405

Mobile Number: 901 - 497 - 9071

Have other funding sources been applied for and/or granted for this proposal?  Yes  No

If yes, please explain/identify sources and amount.

\_\_\_\_\_  
\_\_\_\_\_

**REQUEST, cont.**

**PART II: Applicable to Certified Nursing Home Applicants**

Name of the Facility: The King's Daughters and Sons Home

Address Line 1: 3568 Appling Road

Address Line 2: \_\_\_\_\_

City, County, State, Zip Code: Bartlett, TN 38133

Telephone Number: 901 - 272 - 7404

CMS Certification Number: 44 - 5221

Medicaid Provider Number: 44 - 5221

Date of Last Recertification Survey: 01 / 15 / 2019  
MM DD YYYY

Highest Scope and Severity Determination: (A - L) None

Date of Last Complaint Survey: 12 / 07 / 2016  
MM DD YYYY

Highest Scope and Severity Determination: (A - L) D



Currently Enrolled in the Special Focus Facility (SFF) Initiative?  Yes  No

Previously Designated as a Special Focus Facility?  Yes  No

Participating in a Systems Improvement Agreement?  Yes  No

Administrator's Name: Nicole Wiles

Owner of the Nursing Home: Non-Profit Corporation, Board of Directors

CEO Telephone Number: 901 - 272 - 7405

CEO Email Address: nwiles@kdshome.com

**REQUEST, cont.**

Name of the Management Company: Not Applicable

Chain Affiliation (please specify) Name and Address of Parent Organization: Not Applicable

Outstanding Civil Money Penalty?  Yes  No

Nursing Home Compare Star Rating: 5 (can be 1, 2, 3, 4 or 5 stars)

Date of Nursing Home Compare Rating: 04 / 26 / 2019  
MM DD YYYY

Is the Nursing Home in Bankruptcy or Receivership?  Yes  No

If an organization is represented by various partners and stakeholders, please attach a list of the stakeholders in the appendix.

**NOTE:** The entity or nursing home which requests CMP funding is accountable and responsible for all CMP funds entrusted to it. If a change in ownership occurs after CMP funds are granted or during the course of the project completion, the project leader shall notify CMS and the State Agency within five calendar days. The new ownership shall be disclosed as well as information regarding how the project shall be completed. A written letter regarding the change in ownership and its impact on the CMP Grant application award shall be sent to CMS and the State Agency.

**Part III:  
Project Category**

Please place an "X" by the project category for which you are seeking CMP funding.

- Direct Improvement to Quality of Care
- Resident or Family Councils
- Culture Change/Quality of Life
- Consumer Information
- Transition Preparation

**REQUEST, cont.**

- Training
- Resident Transition due to Facility Closure or Downsizing
- Other: Please specify \_\_\_\_\_

**Part IV:  
Funding Category**

Please specify the amount and place an "X" by the funding category.

Amount Requested: \$ 55,187.00

- |   |   |
|---|---|
| <input type="checkbox"/> \$2,500 or less    | <input type="checkbox"/> \$10,001 – \$25,000      |
| <input type="checkbox"/> \$2,501 – \$5,000  | <input type="checkbox"/> \$25,001 – \$50,000      |
| <input type="checkbox"/> \$5,001 – \$10,000 | <input checked="" type="checkbox"/> Over \$50,000 |

**Part V:  
Proposed Period of Support**

**From:** 10 / 01 / 2019 (e.g. 06/01/2010) **To:** 10 / 01 / 2022 (e.g. 12/01/2010)  
MM DD YYYY MM DD YYYY

**Part VI:  
Purpose and Summary**

*Recal Wilke, Administrator*

**PROJECT TITLE**

Include a cover letter to the State Agency Director with the application. The cover letter should introduce your organization, explain the purpose of the project and contain a summary of your proposal. The letter should include the amount of funding that you are requesting, the population it will serve, and the need it will help solve. Make a concerted effort to bring your project to life in the cover letter and actively engage the reader.



<b>The King's Daughters and Sons Home</b>				
<b>APPLICABLE PERIOD: The grant budget line-item amounts below shall be applicable only to expense incurred during the period beginning 10/1/2019, and ending 10/1/2022.</b>				
<b>POLICY 03 Object Line-Item Reference</b>	<b>EXPENSE OBJECT LINE-ITEM CATEGORY <sup>1</sup> (detail schedule(s) attached as applicable)</b>	<b>GRANT CONTRACT</b>	<b>GRANTEE PARTICIPATION</b>	<b>TOTAL PROJECT</b>
1	Salaries <sup>2</sup>	\$0.00	\$0.00	\$0.00
2	Benefits & Taxes	\$0.00	\$0.00	\$0.00
4-15	Professional Fee/ Grant & Award <sup>2</sup>	\$0.00	\$0.00	\$0.00
5	Supplies	\$0.00	\$0.00	\$0.00
6	Telephone	\$0.00	\$0.00	\$0.00
7	Postage & Shipping	\$1,350.00	\$0.00	\$1,350.00
8	Occupancy	\$0.00	\$0.00	\$0.00
9	Equipment Rental & Maintenance	\$22,140.00	\$0.00	\$22,140.00
10	Printing & Publications	\$0.00	\$0.00	\$0.00
11-12	Conferences & Meetings <sup>2</sup>	\$10,700.00	\$0.00	\$10,700.00
13	Interest <sup>2</sup>	\$0.00	\$0.00	\$0.00
14	Insurance	\$0.00	\$0.00	\$0.00
16	Specific Assistance To Individuals <sup>2</sup>	\$0.00	\$0.00	\$0.00
17	Depreciation <sup>2</sup>	\$0.00	\$0.00	\$0.00
18	Other Non-Personnel <sup>2</sup>	\$0.00	\$0.00	\$0.00
20	Capital Purchase <sup>2</sup>	\$20,997.00	\$0.00	\$20,997.00
22	Indirect Cost (% and method)	\$0.00	\$0.00	\$0.00
24	In-Kind Expense	\$0.00	\$0.00	\$0.00
25	<b>GRAND TOTAL</b>	<b>\$55,187.00</b>	<b>\$0.00</b>	<b>\$55,187.00</b>

<sup>1</sup> Each expense object line-item shall be defined by the Department of Finance and Administration Policy 03, Uniform Reporting Requirements and Cost Allocation Plans for Subrecipients of Federal and State Grant Monies, Appendix A. (posted on the Internet at: <http://www.tn.gov/finance/topic/fa-policyinfo>).

<sup>2</sup> Applicable detail follows this page if line-item is funded.

**Attachment 3: Key Personnel Job Descriptions**

**Director of Nursing:** Supervises the nursing staff and informs them of new policies and procedures. Responsible for the recruitment, retention, and training of the nurses.

**Assistant Director of Nursing:** Manages administrative and functional areas or programs within the Nursing Department. Assists the Director of Nursing (DON) in overall operation of the department in accordance with Company policies, and standards of nursing practices and government regulations, to maintain quality care

**MDS Coordinator:** Conducts and coordinates the development and completion of the resident assessment process in accordance with the requirements of the Federal and State regulations as well as Company policy and procedure.

**Clinical Liaison:** Serves as an advocate for residents beginning during the pre-admissions process and continuing until the patient is discharged until the patient is discharged from the facility.

**Director of Rehabilitation Therapy:** Sets and implements guidelines for rehabilitation programs such a physical therapy, occupational therapy, and speech therapy. Responsible for the direction, planning, and operation of the rehabilitation function.

**Controller:** Assures compliance with federal, state and local government laws and regulations, and nursing home policies and procedures rules and regulations Maintains and utilizes specialized knowledge of accounting principles and practices, prepares Board of Directors financial reports

**Activity Director:** In charge of the planning and implementation of activities engaged in by residents. Arranges interesting and diverse programs, outings, and experiences for the residents.

**Assistant Activity Director:** Assists the activity director in planning events and social activities within the nursing home.

**Social Worker:** Assists in planning, developing, organizing, implementing, evaluating, and directing our facility's social service programs in accordance with current existing federal, state, and local standards, as well as our established policies and procedures, to assure that the medically related emotional and social needs of the resident are met/maintained on an individual basis.

**Administrator:** Responsible for the daily running of the nursing home. Responsible for ensuring the wellbeing and good health of each resident. Other responsibilities include managing other employees and ensuring that the facility meets the state's requirements in health care.

**Nurses: Registered Nurses and Licensed Practical Nurses:** Registered Nurses (RNs) are required by law to assess the needs of nursing home residents. Once assessed, the RNs work with the Licensed Practical Nurses (LPNs) to plan and implement the residents' care and treatment. They also evaluate outcomes of the facility's residents.

**Certified Nursing Assistants:** Certified Nursing Assistants (CNAs) work under licensed nurses. CNAs typically assist with maintaining health and wellbeing in terms of daily activities. They help residents with tasks such as eating, hygiene, grooming, dressing, and using the bathroom. CNAs are required to be certified with the State of Tennessee and must also undergo continuing education every year.

**Attachment 4: Biographical Sketches/CVs for currently employed key personnel**

**Pam Barton, RN, Director of Nursing:** Oversees nursing personnel and resident care services. Ms. Barton is a Registered Nurse licensed in the State of TN who has worked at KDSH for 10 years.

**Denese Rosser, RN, Assistant Director of Nursing:** Assists in developing methods for coordinating nursing services with other resident services, to verify the continuity of the resident's total regimen of care. Mrs. Rosser began working at KDSH in 1995 as a Respiratory Therapist. She holds a license in the State of Tennessee as a Registered Nurse and Respiratory Therapist.

**Beth Carson, MDS Coordinator:** Oversees and facilitates the completion of federally mandated resident assessments. Ms. Carson is a Registered Nurse in the State of Tennessee who has worked at KDSH for 11 years.

**Ginny Hoelscher, RN, Clinical Liaison:** Promotes the nursing home and special projects of the Home through tours, social media and advertising. Ensures the facility has good relationships with the community by meeting with medical groups, professional organizations and senior organizations. Ms. Hoelscher has been employed for one (1) year but has over twenty (20) years' experience as a Registered Nurse.

**Mia Potts, Director of Rehabilitation Therapy:** Mrs. Potts is an Occupational Therapist who has been with KDSH for 11 years. She ensures our rehabilitation therapy department is enhancing the lives of residents by providing optimal therapy services to the residents while focusing on quality.

**Jonathan Wales, Controller:** Mr. Wales has complete oversight of all aspects of accounting and business transactions for the nursing home. He has been employed with the facility for 6 years and has a business degree in Accounting.

**Katie Gammon, Activity Director:** Oversees, plans and directs the resident's recreation program. Ms. Gammon has been employed with the facility for 7 years, and has multiple years' experience developing, organizing and evaluating enriching activities for nursing home residents.

**Dennis Groves, Assistant Activity Director:** Mr. Groves has been employed with the facility for nine (9) years. He is certified in the State of Tennessee as a Certified Nursing Assistant. He has served roles in the Home as a Certified Nursing Assistant, Restorative Aide and is currently the Assistant Activity Director.

**Catherine Logan, Social Worker:** Takes care of the psychosocial needs of the residents to maximize their independence and quality of life. Ms. Logan has a Bachelor of Science in Social Work and has been employed with the facility since 1988.

**Nicole Wiles, Administrator:** Directs the day-to-day operation and functions of the nursing home in accordance with current federal, state and local regulations. Ms. Wiles has a Bachelor of Science in Health Care Administration and has been employed with The King's Daughters and Sons Home (KDSH) for 20 years.

The King's Daughters and Sons Home employees approximately eight (8) Registered Nurses, fifty-one (51) Licensed Practical Nurses and eighty-six (86) Certified Nursing Assistants who work directly with the residents daily.

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**GENERAL ASSURANCES**

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*Assurance is hereby provided that:*

1. This program will be administered in accordance with all applicable statutes, regulations, program plans and applications:
  - a. The laws of the State of Tennessee;
  - b. Title VI of the federal Civil Rights Act of 1964;
  - c. The Equal Employment Opportunity Act and the regulations issued there under by the federal government;
  - d. The Americans with Disabilities Act of 1990 and the regulations issued there under by the federal government;
  - e. The condition that the submitted application was independently arrived at, without collusion, under penalty of perjury; and,
  - f. The condition that no amount shall be paid directly or indirectly to an employee or official of the State of Tennessee as wages, compensation, or gifts in exchange for acting as an officer, agent, employee, subcontractor, or consultant to the Agency in connection with any grant resulting from this application.
2. Each agency receiving funds under any grant resulting from this application shall use these funds only to supplement, and not to supplant federal, state and local funds that, in the absence of such funds would otherwise be spent for activities under this section.
3. The grantee will file financial reports and claims for reimbursement in accordance with procedures prescribed by the State of Tennessee Department of Health.
4. Grantees awarded grants resulting from this application process will evaluate its program periodically to assess its progress toward achieving its goals and objectives and use its evaluation results to refine, improve and strengthen its program and to refine its goals and objectives as appropriate.
5. If applicable, the program will take place in a safe and easily accessible facility.

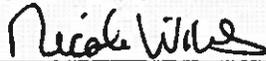
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**CERTIFICATION/SIGNATURE**

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I, THE UNDERSIGNED, CERTIFY that the information contained in the application is complete and accurate to the best of my knowledge; that the necessary assurances of compliance with applicable state/federal statutes, rules and regulations will be met; and, that the indicated agency designated in this application is authorized to administer this grant.

I FURTHER CERTIFY that the assurances listed above have been satisfied and that all facts, figures and representation in this application are correct to the best of my knowledge.



Signature of Applicant Agency Administrator

5/1/2019

Date Signed (Month/Day/Year)