

Quarterly Report:

Q1 July 1 2018 – September 30, 2018

Legal Name of Organization:

Tennessee Health Management, Inc.

Mailing Address, City, State, and Zip:

1971 Tennessee Avenue North
P.O. Box 10
Parsons, TN 38363

Phone:

731-847-6343

EIN:

621541543

Edison Vendor ID:

212086

CEO/Executive Director:

Mike Bailey, CEO

Phone:

731-847-6343

Email:

mbailey@thmgt.com

Project Leader:

Chris Childress, Corporate Consultant

Phone:

615-293-5214

Email:

cchildress@thmgt.com

Program name:

Activities, Restorative, and Therapy in Sync (ARTS)

Grant ID Number:

Z19179059

Dates Covered by this Grant:

July 1, 2018 - June 30, 2021

Grant Amount:

\$471,251.29

Summary of Grant Purpose:

The objective of the Activities, Restorative, and Therapy in Sync (ARTS) program is to provide the residents in our care an improved quality of life through the implementation of It's Never 2 Late (iN2L) – fusing activities, restorative care, and therapy into a truly individualized approach. By aligning the patients' personal interests and functional limitations with activities, restorative programs, and therapy treatment in a computer-based format, we will improve or maintain the patients' activities of daily living, increase the number of residents in activities, and increase the number of residents in the restorative program. This movement to synchronize the different programs will have a direct impact on the culture in our communities and improve the quality of life for those we serve.

The ARTS program was approved in the Tennessee Health Management's Jackson Region. The Jackson Region includes nine nursing home facilities- Crestview, Decatur, Forest Cove, Lexington, Lewis County, McNairy County, Northbrooke, Savannah, and Westwood.

The goals of the program are to 1) improve or maintain ADL function, and 2) increase patient participation in person-centered recreational and rehabilitation activities.

The iN2L equipment was delivered and initial onsite training for the staff was completed. The onsite trainings were completed by October 11th in all the communities. Residents and staff were also trained on the iN2L system during the month of October. Due to the equipment and the trainings being completed in October- this reporting period was used to install equipment, have the initial onsite training, train staff and residents, and gather baseline information. The baseline data obtained in this first quarterly report will allow us to monitor the progress of the program in upcoming quarterly reports. The baseline data was gathered from 20 residents from each community and each community will continue to monitor and track a minimum of 20 residents throughout the course of our program. These 20 study group residents were chosen randomly. These residents are all long-term care residents with the purpose to maintain or improve quality of life. The iN2L program will not be limited to only the study group of residents, all residents will be encouraged to use the program. Some communities will track more than the 20 study group residents. The residents that are included in the study group will be tracked weekly during the communities iN2L weekly meetings. This information will be recorded and placed in a computer program in the Administrator's public folder. Invitations to trainings and in-services were posted throughout the facilities for staff, residents and family members. The goal will be to increase or maintain our resident's quality of life through the iN2L program. The baseline data obtained focused on the total number of residents in the restorative program, ADL function on MDS of the study group and number of activities attended by study group. In each community we conducted Quality of Life questionnaires with our residents. This questionnaire was used to get feedback on our resident's opinions on their quality of life in the communities at this time. Each community received the results of the questionnaire and can use this information to strengthen the ARTS program in their individual community. The goal is for the percentages to increase and our residents to feel their quality of life is improving by using iN2L systems. Attached you will find an example of the Quality of Life questionnaire (Attachment #3).

The number of usage documentation hours for this quarter will be "0" as we just implemented the program in all the communities in October. A press release was finalized and released October 2018 to promote the program to the public and stakeholders (Attachment #2). The ARTS program brochure for Tennessee Health Management can be found at (Attachment #4).

Project Tasks / Process Objectives	Timeline Month/Year	Responsible Party	Date Completed	Notes
Grant Awarded—sign contract, workout logistics	Jul-18	Corporate Consultant	Jul-18	Contract beginning date states July 1 st however it took much longer to work out the logistics.
Purchase iN2L equipment, schedule initial Onsite Activity-Specific and Therapy-Specific Trainings, System Installations and Program Rollouts for all 9 Jackson Region facilities	Sept/Oct-18	Corporate Consultant; THM-Jackson Region Administrators	Sept/Oct-18	Equipment was shipped to communities at the end September. All Program rollout trainings were completed by October 11 th . Installation was much smoother with the Jackson Region as the THM IT department learned from the previous implementation in the Memphis Region.
Collect and record MDS, Restorative Care Log, and Activity Log baseline data	Oct-18	THM-Jackson Region Administrators	Oct-18	Facilities collected baseline data on study group and conducted resident questionnaires. The Jackson Region learned from the Memphis Region how to track the ADL information more effectively by using a more detailed ADL charting system.
Inform stakeholders of the project and explain the benefits through the newsletter, flyers, and meetings	Oct-18	THM-Jackson Region Administrators	Oct-18	Facilities completed staff meetings; spoke at Resident Council meetings to ensure staff was aware of the program and its benefits.
Participate in Activities and Therapy-specific On-Site Trainings, System Installations and Program Rollouts	Oct-18	Corporate Consultant; THM ARTS Leader, THM-Jackson Region Administrators	Oct-18	Rollout trainings completed by October 2018 for all facilities. THM ARTS Leader conducted conference call with all communities on October 18 th .
Meeting with the Patients to educate on the New Program	Oct-18	Activities Directors	Oct-18	Completed in Resident Council along with individual meetings for some patients.

Baseline Data Obtained:

- Total number of Residents participating in the restorative program
- ADL Function on the Minimum Data Set of study group.

Other data:

- Resident Questionnaires

Data Collection

Baseline Study Group

This is baseline data only that was obtained from the MDS. The baseline data was obtained from the most recent assessment prior to the end of September 30th. Each community will have a study group of at least 20 residents and will maintain 20 residents throughout the course of the program. This information was gathered as baseline information for this project and will be monitored for the remainder of the program. The goal is for this resident in the study group to maintain or increase their ADL function. As stated each community will track at least 20 residents in their study group. A total of 199 residents will be tracked in this first quarter from the nine communities with an average of about 25 per community being monitored. Crestview will track 20 residents, Decatur County 20, Forest Cove 21, Lewis County 27, Lexington 21, McNairy 27, Northbrooke 20, Savannah 21, and Westwood 22.

0-8 are the scoring numbers that coincide with the functional status as described below. Therefore, we adjusted the information to include the following that is obtained from the Minimum Data Set for each patient in the baseline study:

MDS Section G Functional Status being monitored for Self Performance					
A., B., G., H., I.					Bathing
0. Independent - no or staff oversight at any time					
1. Supervision - oversight, encouragement or cueing					0. Independent - no help provided
2. Limited assistance - resident highly involved in activity, staff provide					1. Supervision - oversight help only
3. Extensive Assistance - resident involved in activity, staff provide weight					2. Physical help limited to transfer only
4. Total dependence -					3. Physical help in part of bather activity
8. Activity itself did not occur					4. Total dependence
					8. Activity itself did not occur
A. Bed Mobility	B. Transfer	G. Dressing	H. Eating	I. Toilet Use	G0120 A. Bathing

The facility also identified that the mental health of each patient in the baseline study was not easily measured. The Minimum Data Set (MDS) Section D Mood is now included to adequately measure the patient mood. If the resident is interviewable, the left portion is used. If the resident is not interviewable, the direct care staff is interviewed. A score of 00 is interpreted as the patient does not have any issues with mood, therefore, a higher score indicates mood concerns. This information will not be used to measure for those using the system against the rest of the community residents. The following was added to each baseline participants evaluation and includes a description of the questions asked:

MDS Section D Mood (Frequency) - Either Resident Interview OR Staff Assessment	
Resident Interview - Measures over the last two weeks:	Staff Assessment - Measures over the last two weeks:
0=Never or 1 day; 1=2-6 days; 2=7-11 days, 3=12-14 days Little interest or pleasure in doing things; Feeling down, depressed or hopeless; Trouble falling or staying asleep; Feeling tired or having little energy; Poor appetite or overeating; Feeling bad about yourself - or that you are a failure or have let yourself or your family down; Troubl concentrating on things, such as reading the newspaper or watching television; moving or speaking so slowly that other people could have noticed. Or, the opposite- being so fidgety or restless that you have been moving around a lot more than usual; Thoughts that you would be better off dead, or of huring yourself in some way. Total Severity Score is between 00 - 27.	0=Never or 1 day; 1=2-6 days; 2=7-11 days, 3=12-14 days Little interest or pleasure in doing things; Feeling down, depressed or hopeless; Trouble falling or staying asleepor sleeping too much; Feeling tired or having little energy; Poor appetite or overeating; Indicating that they feel bad about self, is a failure, or has let self or family down; Trouble concentrating on things, such as reading the newspaper or watching television; moving or speaking so slowly that other people could have noticed. Or, the opposite- being so fidgety or restless that you have been moving around a lot more than usual; States that life isn't worth living, wishes for death, or attempts to harm self; Being short-tempered, easily annoyed. Total Severity Score is between 00 - 30.

Data Collection

All Residents

All residents in the communities were monitored for system use, iN2L participation, restorative program, and questionnaires for alert/oriented patients using the system. The following data was collected on all residents. These data points will be collected on a monthly basis and tracked by each community. This information has not been record yet as we got our computer systems after the quarterly reporting period.

Month Ending	Total Number of In-House Residents Last day of Month	Total Number of Long Term Residents last day of the month (Including Private)	Total Number of Residents using iN2L (could be restorative, act, or therapy)	Number of Residents with My-Story Complete	Number of Residents in the Restorative Program	Number of Residents in the Restorative Program Using iN2L	Number of Residents added to the Resorative Program this Month
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This is a baseline number of residents that participated in the restorative program during July, August, and September. These numbers are just baseline numbers as we didn't have the iN2L computer systems during this time. The goal is for each community to get a baseline for the previous quarter of the number of residents that participate in the restorative nursing program prior to the ARTS Program was implemented. The goal will be to maintain or increase the number of residents on the restorative program in each community.

Total number of patients participating in Restorative Nursing Program	7/31	8/31	9/30
Crestview	34	37	39
Decatur County	24	25	27
Forest Cove	15	19	13
Lewis County	21	20	14
Lexington	16	16	13
McNairy	32	33	38
Northbrooke	8	5	6
Savannah	32	34	32
Westwood	14	14	14
Totals	196	203	196

A weekly meeting will be initiated with greater detail to include:

Patient Name	Date Initiated	Goals											Participating Department					Types of Engagement on iN2L		
		Memory Care	Improve Behaviors	Improve Sequencing	Improve PsychoSocial	Improve Problem Solving/Awareness	Improve Motor Skills	Improve hand/eye coordination	Improve mobility	Improve Gait	Improve safety awareness with surface transfers	Improve Range of Motion	Improve Balance	Improve Strength	Other - please explain	Activities	Restorative		Occupational Therapy	Physical Therapy

This will identify each patient, goals, treating department, and types of engagement. This is a form that will change weekly as patients are added, discharged, or have changes. Therapy, Activities, and Restorative are included in this meeting.

iN2L System Use

iN2L Usage Report (in Minutes)			
	<u>July2018</u>	<u>Aug2018</u>	<u>Sept2018</u>
Crestview	0	0	0
Decatur County	0	0	0
Forest Cove	0	0	0
Lewis County	0	0	0
Lexington	0	0	0
McNairy	0	0	0
Northbrooke	0	0	0
Savannah	0	0	0
Westwood	0	0	0
Totals	0	0	0

The number of usage documentation hours for this quarter was “0”. We just implemented the program in the all the communities in October. We had our onsite trainings with all the communities between the dates of October 2nd and October 11th. This first quarter we didn’t have our equipment or receive any training.

All nine communities had their equipment installed and received training during the month of October. With this being the second implementation with our company we didn’t experience any delays or system issues during this process. The only situation that arose was a monitor had a small crack on it which came during shipping. This was quickly identified by the iN2L team and a new monitor has been ordered and shipped to Forest Cove. We were excited how smooth each installment went in our communities.

Each community will form an iN2L committee that will meet once a week to input data and discuss residents that are in their sample. They will also discuss residents that are in the restorative program and other residents that would benefit from being in the program. All the Administrators, Activities Directors, and Therapy team leaders were on a conference call in October lead by the ARTS Team leader in our company. The point of the call was to go over the data that we will be collection on our residents moving forward on a weekly and quarterly basis. We also discussed keeping track of the number of iN2L activities our residents participate in and who to reach out to if you have any issues or problems with collecting data.

Patient Questionnaires

Each community conducted a resident Quality of Life Questionnaire for their residents. The questionnaire was completed via www.surveygizmo.com for accuracy and data collection purposes. The questionnaire is fifteen questions including:

1. How much of the time during the past two weeks have you felt full of pep?
2. How often have you been able to find joy in life over the past two weeks?
3. How much of the time during the past two weeks have you felt calm?
4. How much of the time during the past two weeks have you had lots of energy?
5. How much of the time during the past two weeks have you been happy?
6. How often have you felt peaceful over the past two weeks?
7. How much time have you felt rested and relaxed over the past two weeks?
8. During the past two weeks, how much of the time has your physical health or emotional problems interfered with your social activities (like visiting friends, relatives, etc.)?
9. How often have you had little interest or pleasure in doing things over the past two weeks?
10. How often have you had trouble falling asleep or staying asleep over the past two weeks?
11. How often have you had trouble concentrating over the past two weeks?
12. How much of the time during the past two weeks have you felt so down in the dumps that nothing could cheer you up?
13. How often have you felt fidgety or restless over the past two weeks?
14. How much of the time during the past two weeks have you felt tired?
15. How often have you felt sad over the past two weeks?

Answers to the questions include:

1. All the time.
2. Most of the time.
3. Sometimes
4. Rarely
5. Never

Answers are completed by alert and oriented residents, tabulated by iN2L and reported to facilities quarterly. Each facility completed at least 20 questionnaires with the total average among the communities being 25. This questionnaire will serve as a baseline for the communities. Each community received the results from the questionnaire and will use the iN2L systems to improve these numbers. The goal is to improve the quality of life in each community by using the ARTS program. The results for each community can be seen (Attachment #3) at the end of this report. We will conduct these resident questionnaires at least once a quarter to see any improvement or areas of where we need to improve. The results of the questionnaires will continue to be shared with the communities and included in these quarterly reports.

Resident Questionnaire - Average Score for Each Question Per Facility

Facility Name	Number of Surveys Completed	Scoring of the questions: 1 - All the time 2 - Most of the time 3 - Sometimes 4 - Rarely 5 - Never														
		1. How much of the time during the past two weeks have you felt full of pep?	2. How often have you been able to find joy in life over the past two weeks?	3. How much of the time during the past two weeks have you felt calm?	4. How much of the time during the past two weeks have you had lots of energy?	5. How much of the time during the past two weeks have you been happy?	6. How often have you felt peaceful over the past two weeks?	7. How much time have you felt rested and relaxed over the past two weeks?	8. During the past two weeks, how much of the time has your physical health or emotional problems interfered with your social activities?	9. How often have you had little interest or pleasure in doing things over the past two weeks?	10. How often have you had trouble falling asleep or staying asleep over the past two weeks?	11. How often have you had trouble concentrating over the past two weeks?	12. How much of the time during the past two weeks have you felt so down in the dumps that nothing could cheer you up?	13. How often have you fidgety or restless over the past two weeks?	14. How much of the time during the past two weeks have you felt tired?	15. How often have you felt sad over the past two weeks?
Crestview	20	2.8	3.3	3.8	2.6	3.5	3.5	2.9	3.2	3.5	2.9	2.8	3.9	3.7	2.4	3.8
Decatur County	25	3.1	3.6	3.8	2.8	3.6	3.9	3.5	3.8	3.3	3.7	3.5	4	3.9	3.2	3.5
Forest Cove	22	2.8	3.3	3.7	2.7	3.3	3.5	3.3	3.3	3.5	3.5	3.3	3.5	3.3	3.1	3.5
Lewis County	26	2.5	3	3.3	2.3	3	3	3.1	2.8	3.1	3.3	3.4	3.5	3.2	2.4	3
Lexington	28	3.4	3.9	3.6	3.3	3.9	3.8	3.5	4	3.4	3.6	3.8	3.9	3.4	3.2	3.6
McNairy	30	2.9	3.4	3.6	2.6	3.3	3.6	3.2	3.4	3.6	3.4	3.7	3.9	3.6	2.9	3.5
Northbrooke	25	2.8	3.3	3.8	2.8	3.9	3.8	3.6	3.2	3.2	3.6	3.8	3.9	3.6	3.1	3.6
Savannah	23	2.9	3.3	3.1	3	3.3	3.2	3.4	3.3	3.2	3.4	3	3.3	3.1	3	3.2
Westwood	22	3.3	3.4	3.2	3.5	3.6	3.6	3.1	3.8	3.7	3.3	3.3	3.6	3.5	3.3	3.7
Average		2.9	3.3	3.5	2.8	3.4	3.5	3.3	3.4	3.4	3.4	3.4	3.7	3.5	3	3.5
Total Surveys Completed	221															

We just finished up all the onsite/rollout trainings for this region on October 11th. Although we cannot quantify comments from stakeholders, the comments below give valuable insight on how the program is affecting their daily lives. The following comments are from residents that have tested the equipment in the past two weeks.

Comments from the Staff include:

Lexington Health Care- “We love it! The residents enjoyed watching the different types of fish and they have noticed the different colors in the aquarium. This has increased conversations between the staff & residents.”

Lexington Health Care- “The In2L program has provided an opportunity for our residents to travel back in time to the music they enjoyed.”

Decatur County- “The iN2L system has been great. We have a patient who is from Japan. She is frequently withdrawn and not very vocal. She married an American Sailor that was stationed there when they were

young. She and her husband have no children and its unknown if she has returned to visit any relatives in Japan for some time. However, when she interacts with the iN2L travel pictures and videos of Japan she smiles and speaks to the staff with ease. She describes the cherry blossoms, bamboo forests and Mt Fuji. It has been exciting to see this patient interact and enjoy a view of her history and home land.”

Westwood- “A resident with constant neck flexion has improved after sessions with iN2L. The monitor was placed so that resident was looking in an extension position and receiving cues to keep head up. Resident now requires minimum cues vs max cues for proper head posture.”

Westwood- “Resident did not participate in a lot of activities but now is the first one in activities when we use the iN2L.”

Crestview- “The in2l provides multiple opportunities in improving standing tolerance thus increasing overall strength. The most enjoyable thing seems to be the patient’s ability to reminiscence with activities such as “What did it cost” or feeling young again while playing games from yesteryears. I personally love using it for all patients whether it’s an involved CVA or high functioning patient about to return home.”

Patient comments:

Lexington Health Care- “The bingo is awesome! We can hear the numbers better with the sound bar and can also view the numbers at any time during the game.”

Westwood- “Very entertaining! Passes the time and very good for learning the computer. Keeps my mind moving.”

Westwood- “I like touch screen and the variety of things to do on it. We like the big screen and we can see it.”

Westwood- “I love the Family Feud.”

Results Communication:

A press release for the Jackson Region was sent the THCA. THM will report the results to the Tennessee Health Care Association. Heather Lansaw- Regional Director of Operations of the Memphis Region with THM spoke about the iN2L system at the American Health Care Association Convention in San Diego in October of 2018.

A press release was finalized and released October 2018 to promote the program to the public and stakeholders.

Tennessee Department of Health
Funding Information Summary

AGENCY NAME Tennessee Health Resources Center
 ADDRESS 1701 Tennessee Avenue North, Nashville, TN 37203
 CITY, STATE, ZIP Nashville, TN 37203
 REPORTING PERIOD (MM/DD/YY) FROM 7/1/2008 THRU 9/30/2008
 AGENCY FISCAL YEAR END (MM/DD) _____
 COST ALLOCATION: DOES YOUR ORGANIZATION HAVE AN APPROVED COST ALLOCATION PLAN?
 YES _____ NO X
 If yes, Name of organization that approved the Plan: _____
 IF COST ALLOCATION IS APPLIED, INDICATE THE METHOD OF ALLOCATION:
 Ratio of direct program salaries to total direct salaries applied to administrative cost _____
 Ratio of direct program expenditure to total direct expenditures applied to administrative cost _____
 Cost step down _____
 Other (describe) _____

 Is your organization _____ A private not-for-profit organization?
 _____ A state college or university, or part of a city government?
 DIRECTOR W. Williams PHONE # 615-253-5615
 PREPARER OF REPORT W. Williams PHONE # 615-253-5615
 DATE COMPLETED 10/20/08

CONTRACTOR/GRANTEE Tennessee Health Management, Inc.

FEDERAL ID # 62154154

CONTRACTING STATE AGENCY Tennessee Department of Health

REPORT PERIOD 7/1/2018-9/30/2018

Program # Agency Tracking Number: 34305-23119
 Contract Number Z1979059
 Grant Period 7/1/2018-6/30/2021
 Program Name Activities Resorative & Therapy in Sync (ARTS)
 Service Name Quality of Life/IN2L

Schedule A EXPENSE BY OBJECT:

Item #	EXPENSE BY OBJECT:	QUARTER TO DATE	YEAR TO DATE	QUARTER TO DATE	YEAR TO DATE
1	Salaries and Wages				
2	Employee Benefits & Payroll Taxes				
3	Total Personnel Expenses (add lines 1 and 2)	367728	367728		
4	Professional Fees				
5	Supplies				
6	Telephone				
7	Postage and Shipping	10,800.00	10,800.00		
8	Occupancy				
9	Equipment Rental and Maintenance				
10	Printing and Publications				
11	Travel				
12	Conferences and Meetings				
13	Interest				
14	Insurance				
15	Grants and Awards				
16	Specific Assistance to Individuals				
17	Depreciation				
18	Other Non-personnel Expenses (detail)	31,909.82	31,909.82		
a					
b					
c					
d					
19	Total Non-personnel Expenses (add lines 4 - 18)				
20	Reimbursable Capital Purchases				
21	TOTAL DIRECT PROGRAM EXPENSES				
22	Administrative Expenses				
23	TOTAL DIRECT AND ADMINISTRATIVE EXPENSES				
24	In-Kind Expenses				
25	TOTAL EXPENSES	410,437.82	410,437.82		

Schedule B, Part 1 STATE OF TENNESSEE

PROGRAM EXPENSE REPORT

CONTRACTOR/GRANTEE Tennessee Health Management Inc. FEDERAL ID # 621541543

CONTRACTING STATE AGENCY Tennessee Department of Health REPORT PERIOD 7/1/18 - 9/30/18

Contract Number Agency Tracking # 34305 - 3319

Grant Period 7/1/2018 - 6/30/2021

Program Name Activities Restrictive Therapy in Sync (ARTS)

Service Name Quality of Life / IN2L

Schedule B SOURCES OF REVENUE

Item #	DESCRIPTION	QUARTER TO DATE	YEAR TO DATE	QUARTER TO DATE	YEAR TO DATE
31	Reimbursable Program Funds				
32	Reimbursable Federal Program Funds				
33	Reimbursable State Program Funds				
33	Total Reimbursable Program Funds (equals line 55)				
	Matching Revenue Funds				
34	Other Federal Funds				
35	Other State Funds				
36	Other Government Funds				
37	Cash Contributions (non-government)				
38	In-Kind Contributions (equals line 24)				
39	Program Income				
40	Other Matching Revenue				
41	Total Matching Revenue Funds (lines 34 - 40)				
42	Other Program Funds				
43	Total Revenue (lines 33, 41, & 42)				
Reconciliation Between Total and Reimbursable Expenses					
51	Total Expenses (line 25)				
52	Subtract Other Unallowable Expenses (contractual)				
53	Subtract Excess Administration Expenses (contractual)				
54	Subtract Matching Expenses (equals line 41)				
55	Reimbursable Expenses (line 51 less lines 52,53,54)				
56	Total Reimbursement To Date				
57	Difference (line 55 less line 56)				
58	Advances				
59	This reimbursement (line 57 less line 58)				

CONTRACTOR/GRANTEE Tennessee Health Management, Inc.

FEDERAL ID # 62154154

CONTRACTING STATE AGENCY Tennessee Department of Health

REPORT PERIOD 7/1/2018-9/30/2018

Schedule A Year-To-Date Information
EXPENSE BY OBJECT:

Item #	EXPENSE BY OBJECT:	YEAR TO DATE	TOTAL NONGRANT/ UNALLOWABLE EXPENSES	YEAR TO DATE	TOTAL ADMINISTRATIVE EXPENSES	YEAR TO DATE	GRAND TOTAL
1	Salaries and Wages						
2	Employee Benefits & Payroll Taxes						
3	Total Personnel Expenses	367728					367728
4	Professional Fees						
5	Supplies						
6	Telephone						
7	Postage and Shipping	10,800.00					10,800.00
8	Occupancy						
9	Equipment Rental and Maintenance						
10	Printing and Publications						
11	Travel						
12	Conferences and Meetings						
13	Interest						
14	Insurance						
15	Grants and Awards						
16	Specific Assistance to Individuals						
17	Depreciation						
18	Other Non-personnel Expenses (detail)	31,909.82					31,909.82
a	Taxes						
b							
c							
d							
19	Total Non-personnel Expenses						
20	Reimbursable Capital Purchases						
21	TOTAL DIRECT PROGRAM EXPENSES						
22	Administrative Expenses						
23	TOTAL DIRECT AND ADMINISTRATIVE EXPENSES						
24	In-Kind Expenses						
25	TOTAL EXPENSES	410,437.82					410,437.82

It's Never 2 Late

dignity through technology



September 20, 2018

Heather Giles
Tennessee Health Management, Inc.
P.O. Box 730
Parsons, TN 38363

Quote #6222 included the total estimated sales tax of \$37,577.29. Taxes have since decreased since the quote was submitted and we are unable to change the sales tax to match the awarded amount of \$416,105.29.

The total amount we are able to bill for this period is \$410,437.82 leaving a difference of \$5,667.47. Please retain this letter for your records should any questions arise. Let us know if further action is needed on our part.

Sincerely,

Barbara Kandemir
Chief Operating Officer



5889 S. Greenwood Plaza Blvd, Ste 320
Englewood, CO 80111

Invoice

DATE	INVOICE #
9/1/2018	Z9226-1

BILL TO
THM CAPS Dept P.O. Box 730 Parsons, TN 38363 United States

SHIP TO
THM - Westwood Health & Rehab 524 W. Main St. Decaturville, TN 38329

P.O. NO.	DUE DATE	REP
2018 -04 -TN -0424	9/27/2018	JK

DESCRIPTION	QUANTITY	RATE	AMOUNT
iN2L Engage: Mobile FLEX - 23" Dell All-in-One PC with Engagement Package; AFC electric cart with articulating arm	1	6,299.00	6,299.00
Shipping & Handling - Mobile FLEX	1	450.00	450.00
iN2L Engage: Mobile FLEX Lite - 23" Dell All-in-One PC; No peripherals; AFC electric cart with articulating arm	1	4,499.00	4,499.00
Shipping & Handling - Mobile FLEX Lite	1	300.00	300.00
iN2L Rehab: Premium Clinical - 23" Dell All-in-One PC with Engagement Package; AFC electric cart with articulating arm	1	6,299.00	6,299.00
Shipping & Handling - Rehab Premium Clinical	1	450.00	450.00
36 Month - Subscription	3	6,900.00	20,700.00
Custom Layout - CMS	1	0.00	0.00
Tax		3,517.17	3,517.17

Thank you for your business! Please note the below changes to our mailing address and banking information effective 1/1/2018. All Payments should be made in US Dollars.

Please remit check payments to:	For remitting payment via ACH:	Total	\$42,514.17
It's Never 2 Late LLC PO Box 49007 San Jose, CA 95161-9007	Comerica Bank ABA: 121137522 Account: 1895194742	Payments/Credits	\$0.00
		Balance Due	\$42,514.17

Phone #	E-mail
303-806-0797	Accounting@iN2L.com



5889 S. Greenwood Plaza Blvd, Ste 320
Englewood, CO 80111

Invoice

DATE	INVOICE #
9/1/2018	Z9233-1

BILL TO
THM CAPS Dept P.O. Box 730 Parsons, TN 38363 United States

SHIP TO
THM - Savannah Health & Rehab 1645 Florence Rd. Savannah, TN 38372

P.O. NO.	DUE DATE	REP
2018 -04 -TN -0424	9/27/2018	JK

DESCRIPTION	QUANTITY	RATE	AMOUNT
iN2L Engage: Mobile FLEX - 23" Dell All-in-One PC with Engagement Package; AFC electric cart with articulating arm	1	6,299.00	6,299.00
Shipping & Handling - Mobile FLEX	1	450.00	450.00
iN2L Engage: Mobile FLEX Lite - 23" Dell All-in-One PC; No peripherals; AFC electric cart with articulating arm	1	4,499.00	4,499.00
Shipping & Handling - Mobile FLEX Lite	1	300.00	300.00
iN2L Rehab: Premium Clinical - 23" Dell All-in-One PC with Engagement Package; AFC electric cart with articulating arm	1	6,299.00	6,299.00
Shipping & Handling - Rehab Premium Clinical	1	450.00	450.00
36 Month - Subscription	3	6,900.00	20,700.00
Custom Layout - CMS	1	0.00	0.00
Tax		3,583.60	3,583.60

Thank you for your business! Please note the below changes to our mailing address and banking information effective 1/1/2018. All Payments should be made in US Dollars.

Please remit check payments to:

It's Never 2 Late LLC
PO Box 49007
San Jose, CA 95161-9007

For remitting payment via ACH:

Comerica Bank
ABA: 121137522
Account: 1895194742

Total	\$42,580.60
Payments/Credits	\$0.00
Balance Due	\$42,580.60

Phone #
303-806-0797

E-mail
Accounting@iN2L.com



5889 S. Greenwood Plaza Blvd, Ste 320
Englewood, CO 80111

Invoice

DATE	INVOICE #
9/1/2018	Z9236-1

BILL TO
THM CAPS Dept P.O. Box 730 Parsons, TN 38363 United States

SHIP TO
THM - Northbrooke Health & Rehab 121 Physicians Drive Jackson, TN 38305

P.O. NO.	DUE DATE	REP
2018 -04 -TN -0424	9/27/2018	JK

DESCRIPTION	QUANTITY	RATE	AMOUNT
iN2L Engage: Mobile FLEX - 23" Dell All-in-One PC with Engagement Package; AFC electric cart with articulating arm	1	6,299.00	6,299.00
Shipping & Handling - Mobile FLEX	1	450.00	450.00
iN2L Engage: Mobile FLEX Lite - 23" Dell All-in-One PC; No peripherals; AFC electric cart with articulating arm	1	4,499.00	4,499.00
Shipping & Handling - Mobile FLEX Lite	1	300.00	300.00
iN2L Rehab: Premium Clinical - 23" Dell All-in-One PC with Engagement Package; AFC electric cart with articulating arm	1	6,299.00	6,299.00
Shipping & Handling - Rehab Premium Clinical	1	450.00	450.00
36 Month - Subscription	3	6,900.00	20,700.00
Custom Layout - CMS	1	0.00	0.00
Tax		3,583.60	3,583.60

Thank you for your business! Please note the below changes to our mailing address and banking information effective 1/1/2018. All Payments should be made in US Dollars.

Please remit check payments to:

It's Never 2 Late LLC
PO Box 49007
San Jose, CA 95161-9007

For remitting payment via ACH:

Comerica Bank
ABA: 121137522
Account: 1895194742

Total	\$42,580.60
Payments/Credits	\$0.00
Balance Due	\$42,580.60

Phone #
303-806-0797

E-mail
Accounting@iN2L.com



5889 S. Greenwood Plaza Blvd, Ste 320
Englewood, CO 80111

Invoice

DATE	INVOICE #
9/1/2018	Z9242-1

BILL TO
THM CAPS Dept P.O. Box 730 Parsons, TN 38363 United States

SHIP TO
THM - Lexington Health & Rehab 727 E. Church St. Lexington, TN 38351

P.O. NO.	DUE DATE	REP
2018 -04 -TN -0424	9/27/2018	JK

DESCRIPTION	QUANTITY	RATE	AMOUNT
iN2L Engage: Mobile FLEX - 23" Dell All-in-One PC with Engagement Package: AFC electric cart with articulating arm	1	6,299.00	6,299.00
Shipping & Handling - Mobile FLEX	1	450.00	450.00
iN2L Engage: Mobile FLEX Lite - 23" Dell All-in-One PC; No peripherals; AFC electric cart with articulating arm	1	4,499.00	4,499.00
Shipping & Handling - Mobile FLEX Lite	1	300.00	300.00
iN2L Rehab: Premium Clinical - 23" Dell All-in-One PC with Engagement Package: AFC electric cart with articulating arm	1	6,299.00	6,299.00
Shipping & Handling - Rehab Premium Clinical	1	450.00	450.00
36 Month - Subscription	3	6,900.00	20,700.00
Custom Layout - CMS	1	0.00	0.00
Tax		3,583.60	3,583.60

Thank you for your business! Please note the below changes to our mailing address and banking information effective 1/1/2018. All Payments should be made in US Dollars.

Please remit check payments to: It's Never 2 Late LLC PO Box 49007 San Jose, CA 95161-9007	For remitting payment via ACH: Comerica Bank ABA: 121137522 Account: 1895194742	Total	\$42,580.60
		Payments/Credits	\$0.00
		Balance Due	\$42,580.60

Phone #	E-mail
303-806-0797	Accounting@iN2L.com



5889 S. Greenwood Plaza Blvd, Ste 320
Englewood, CO 80111

Invoice

DATE	INVOICE #
9/1/2018	Z9239-1

BILL TO
THM CAPS Dept P.O. Box 730 Parsons, TN 38363 United States

SHIP TO
THM - McNairy County Healthcare Center 835 E. Poplar Ave. Selmer, TN 38375-0349

P.O. NO.	DUE DATE	REP
2018 -04 -TN -0424	9/27/2018	JK

DESCRIPTION	QUANTITY	RATE	AMOUNT
iN2L Engage: Mobile FLEX - 23" Dell All-in-One PC with Engagement Package; AFC electric cart with articulating arm	1	6,299.00	6,299.00
Shipping & Handling - Mobile FLEX	1	450.00	450.00
iN2L Engage: Mobile FLEX Lite - 23" Dell All-in-One PC; No peripherals; AFC electric cart with articulating arm	1	4,499.00	4,499.00
Shipping & Handling - Mobile FLEX Lite	1	300.00	300.00
iN2L Rehab: Premium Clinical - 23" Dell All-in-One PC with Engagement Package; AFC electric cart with articulating arm	1	6,299.00	6,299.00
Shipping & Handling - Rehab Premium Clinical	1	450.00	450.00
36 Month - Subscription	3	6,900.00	20,700.00
Custom Layout - CMS	1	0.00	0.00
Tax		3,450.74	3,450.74

Thank you for your business! Please note the below changes to our mailing address and banking information effective 1/1/2018. All Payments should be made in US Dollars.

Please remit check payments to: It's Never 2 Late LLC PO Box 49007 San Jose, CA 95161-9007	For remitting payment via ACH: Comerica Bank ABA: 121137522 Account: 1895194742	Total	\$42,447.74
		Payments/Credits	\$0.00
		Balance Due	\$42,447.74

Phone #	E-mail
303-806-0797	Accounting@iN2L.com



5889 S. Greenwood Plaza Blvd, Ste 320
Englewood, CO 80111

Invoice

DATE	INVOICE #
9/1/2018	Z9245-1

BILL TO
THM CAPS Dept P.O. Box 730 Parsons, TN 38363 United States

SHIP TO
THM - Lewis County Nursing and Rehab 119 Kittrell St. Hohenwald, TN 38462-0147

P.O. NO.	DUE DATE	REP
2018 -04 -TN -0424	9/27/2018	JK

DESCRIPTION	QUANTITY	RATE	AMOUNT
iN2L Engage: Mobile FLEX - 23" Dell All-in-One PC with Engagement Package: AFC electric cart with articulating arm	1	6,299.00	6,299.00
Shipping & Handling - Mobile FLEX	1	450.00	450.00
iN2L Engage: Mobile FLEX Lite - 23" Dell All-in-One PC; No peripherals; AFC electric cart with articulating arm	1	4,499.00	4,499.00
Shipping & Handling - Mobile FLEX Lite	1	300.00	300.00
iN2L Rehab: Premium Clinical - 23" Dell All-in-One PC with Engagement Package: AFC electric cart with articulating arm	1	6,299.00	6,299.00
Shipping & Handling - Rehab Premium Clinical	1	450.00	450.00
36 Month - Subscription	3	6,900.00	20,700.00
Custom Layout - CMS	1	0.00	0.00
Tax		3,517.17	3,517.17

Thank you for your business! Please note the below changes to our mailing address and banking information effective 1/1/2018. All Payments should be made in US Dollars.

Please remit check payments to: It's Never 2 Late LLC PO Box 49007 San Jose, CA 95161-9007	For remitting payment via ACH: Comerica Bank ABA: 121137522 Account: 1895194742	Total	\$42,514.17
		Payments/Credits	\$0.00
		Balance Due	\$42,514.17

Phone #	E-mail
303-806-0797	Accounting@iN2L.com



5889 S. Greenwood Plaza Blvd, Ste 320
Englewood, CO 80111

Invoice

DATE	INVOICE #
9/1/2018	Z9248-1

BILL TO
THM CAPS Dept P.O. Box 730 Parsons, TN 38363 United States

SHIP TO
THM - Forest Cove Nursing and Rehab 45 Forest Cove Jackson, TN 38301-4396

P.O. NO.	DUE DATE	REP
2018 -04 -TN -0424	9/27/2018	JK

DESCRIPTION	QUANTITY	RATE	AMOUNT
iN2L Engage: Mobile FLEX - 23" Dell All-in-One PC with Engagement Package; AFC electric cart with articulating arm	1	6,299.00	6,299.00
Shipping & Handling - Mobile FLEX	1	450.00	450.00
iN2L Engage: Mobile FLEX Lite - 23" Dell All-in-One PC; No peripherals; AFC electric cart with articulating arm	1	4,499.00	4,499.00
Shipping & Handling - Mobile FLEX Lite	1	300.00	300.00
iN2L Rehab: Premium Clinical - 23" Dell All-in-One PC with Engagement Package; AFC electric cart with articulating arm	1	6,299.00	6,299.00
Shipping & Handling - Rehab Premium Clinical	1	450.00	450.00
iN2L Training: On-site 1-Day - Flexible training dates coordinated by iN2L with 4 hours of customized on-site training for staff members and volunteers. Includes setup of 1 to 3 systems at the location selected for training and only for the system(s) purchased for that location.	1	1,995.00	1,995.00
iN2L Training: On-site 1-Day (Rehab) - Flexible rehab specific training dates coordinated by iN2L with 4 hours of customized on-site training for staff members and volunteers. Includes setup of 1 to 3 systems at the location selected for training and only for the system(s) purchased for that location.	1	2,500.00	2,500.00

Please remit check payments to: It's Never 2 Late LLC PO Box 49007 San Jose, CA 95161-9007	For remitting payment via ACH: Comerica Bank ABA: 121137522 Account: 1895194742	Total
		Payments/Credits
		Balance Due

Phone #	E-mail
303-806-0797	Accounting@iN2L.com



5889 S. Greenwood Plaza Blvd, Ste 320
Englewood, CO 80111

Invoice

DATE	INVOICE #
9/1/2018	Z9248-1

BILL TO
THM CAPS Dept P.O. Box 730 Parsons, TN 38363 United States

SHIP TO
THM - Forest Cove Nursing and Rehab 45 Forest Cove Jackson, TN 38301-4396

P.O. NO.	DUE DATE	REP
2018-04 -TN -0424	9/27/2018	JK

DESCRIPTION	QUANTITY	RATE	AMOUNT
iN2L Training: On-site Refresher (CMP) - Flexible training dates coordinated by iN2L with 4 hours of customized on-site training for staff members and volunteers. To be completed in Year 2 and Year 3	2	1,395.00	2,790.00
iN2L Training: On-site Refresher (Rehab) - Flexible rehab specific training dates coordinated by iN2L with 4 hours of customized on-site training for staff members and volunteers. To be completed Year 2	1	1,900.00	1,900.00
36 Month - Subscription	3	6,900.00	20,700.00
Custom Layout - CMS	1	0.00	0.00
Tax		3,583.60	3,583.60

Thank you for your business! Please note the below changes to our mailing address and banking information effective 1/1/2018. All Payments should be made in US Dollars.

Please remit check payments to:

It's Never 2 Late LLC
PO Box 49007
San Jose, CA 95161-9007

For remitting payment via ACH:

Comerica Bank
ABA: 121137522
Account: 1895194742

Total	\$51,765.60
Payments/Credits	\$0.00
Balance Due	\$51,765.60

Phone #
303-806-0797

E-mail
Accounting@iN2L.com



5889 S. Greenwood Plaza Blvd, Ste 320
Englewood, CO 80111

Invoice

DATE	INVOICE #
9/1/2018	Z9251-1

BILL TO
THM CAPS Dept P.O. Box 730 Parsons, TN 38363 United States

SHIP TO
THM - Decatur County Health & Rehab 726 Kentucky Ave. Parsons, TN 38363-9798

P.O. NO.	DUE DATE	REP
2018 -04 -TN -0424	9/27/2018	JK

DESCRIPTION	QUANTITY	RATE	AMOUNT
iN2L Engage: Mobile FLEX - 23" Dell All-in-One PC with Engagement Package; AFC electric cart with articulating arm Shipping & Handling - Mobile FLEX	1	6,299.00	6,299.00
	1	450.00	450.00
iN2L Engage: Mobile FLEX Lite - 23" Dell All-in-One PC; No peripherals; AFC electric cart with articulating arm Shipping & Handling - Mobile FLEX Lite	1	4,499.00	4,499.00
	1	300.00	300.00
iN2L Rehab: Premium Clinical - 23" Dell All-in-One PC with Engagement Package; AFC electric cart with articulating arm Shipping & Handling - Rehab Premium Clinical	1	6,299.00	6,299.00
	1	450.00	450.00
iN2L Training: On-site 1-Day - Flexible training dates coordinated by iN2L with 4 hours of customized on-site training for staff members and volunteers. Includes setup of 1 to 3 systems at the location selected for training and only for the system(s) purchased for that location.	1	1,995.00	1,995.00
	1	2,500.00	2,500.00

Please remit check payments to: It's Never 2 Late LLC PO Box 49007 San Jose, CA 95161-9007	For remitting payment via ACH: Comerica Bank ABA: 121137522 Account: 1895194742	Total
		Payments/Credits
		Balance Due

Phone #
303-806-0797

E-mail
Accounting@iN2L.com



5889 S. Greenwood Plaza Blvd, Ste 320
Englewood, CO 80111

Invoice

DATE	INVOICE #
9/1/2018	Z9251-1

BILL TO
THM CAPS Dept P.O. Box 730 Parsons, TN 38363 United States

SHIP TO
THM - Decatur County Health & Rehab 726 Kentucky Ave. Parsons, TN 38363-9798

P.O. NO.	DUE DATE	REP
2018-04-TN-0424	9/27/2018	JK

DESCRIPTION	QUANTITY	RATE	AMOUNT
iN2L Training: On-site Refresher (CMP) - Flexible training dates coordinated by iN2L with 4 hours of customized on-site training for staff members and volunteers. To be completed in Year 2 and Year 3	2	1,395.00	2,790.00
iN2L Training: On-site Refresher (Rehab) - Flexible rehab specific training dates coordinated by iN2L with 4 hours of customized on-site training for staff members and volunteers. To be completed in Year 2	1	1,900.00	1,900.00
36 Month - Subscription	3	6,900.00	20,700.00
Custom Layout - CMS	1	0.00	0.00
Tax		3,517.17	3,517.17

Thank you for your business! Please note the below changes to our mailing address and banking information effective 1/1/2018. All Payments should be made in US Dollars.

Please remit check payments to: It's Never 2 Late LLC PO Box 49007 San Jose, CA 95161-9007	For remitting payment via ACH: Comerica Bank ABA: 121137522 Account: 1895194742	Total	\$51,699.17
		Payments/Credits	\$0.00
		Balance Due	\$51,699.17

Phone #	E-mail
303-806-0797	Accounting@iN2L.com



5889 S. Greenwood Plaza Blvd, Ste 320
Englewood, CO 80111

Invoice

DATE	INVOICE #
9/1/2018	Z9254-1

BILL TO
THM CAPS Dept P.O. Box 730 Parsons, TN 38363 United States

SHIP TO
THM - Crestview Health & Rehab 704 DuPree Avenue North Brownsville, TN 38012-1798

P.O. NO.	DUE DATE	REP
2018-04-TN-0424	9/27/2018	JK

DESCRIPTION	QUANTITY	RATE	AMOUNT
iN2L Training: On-site Refresher (CMP) - Flexible training dates coordinated by iN2L with 4 hours of customized on-site training for staff members and volunteers. To be completed in Year 2 and Year 3	2	1,395.00	2,790.00
iN2L Training: On-site Refresher (Rehab) - Flexible rehab specific training dates coordinated by iN2L with 4 hours of customized on-site training for staff members and volunteers. To be completed in Year 2	1	1,900.00	1,900.00
36 Month - Subscription	3	6,900.00	20,700.00
Custom Layout - CMS	1	0.00	0.00
Tax		3,573.17	3,573.17

Thank you for your business! Please note the below changes to our mailing address and banking information effective 1/1/2018. All Payments should be made in US Dollars.

Please remit check payments to:

It's Never 2 Late LLC
PO Box 49007
San Jose, CA 95161-9007

For remitting payment via ACH:

Comerica Bank
ABA: 121137522
Account: 1895194742

Total	\$51,755.17
Payments/Credits	\$0.00
Balance Due	\$51,755.17

Phone #
303-806-0797

E-mail
Accounting@iN2L.com



5889 S. Greenwood Plaza Blvd, Ste 320
Englewood, CO 80111

Invoice

DATE	INVOICE #
9/1/2018	Z9254-1

BILL TO
THM CAPS Dept P.O. Box 730 Parsons, TN 38363 United States

SHIP TO
THM - Crestview Health & Rehab 704 DuPree Avenue North Brownsville, TN 38012-1798

P.O. NO.	DUE DATE	REP
2018 -04 -TN -0424	9/27/2018	JK

DESCRIPTION	QUANTITY	RATE	AMOUNT
iN2L Engage: Mobile FLEX - 23" Dell All-in-One PC with Engagement Package; AFC electric cart with articulating arm	1	6,299.00	6,299.00
Shipping & Handling - Mobile FLEX	1	450.00	450.00
iN2L Engage: Mobile FLEX Lite - 23" Dell All-in-One PC; No peripherals; AFC electric cart with articulating arm	1	4,499.00	4,499.00
Shipping & Handling - Mobile FLEX Lite	1	300.00	300.00
iN2L Rehab: Premium Clinical - 23" Dell All-in-One PC with Engagement Package; AFC electric cart with articulating arm	1	6,299.00	6,299.00
Shipping & Handling - Rehab Premium Clinical	1	450.00	450.00
iN2L Training: On-site 1-Day - Flexible training dates coordinated by iN2L with 4 hours of customized on-site training for staff members and volunteers. Includes setup of 1 to 3 systems at the location selected for training and only for the system(s) purchased for that location.	1	1,995.00	1,995.00
iN2L Training: On-site 1-Day (Rehab) - Flexible rehab specific training dates coordinated by iN2L with 4 hours of customized on-site training for staff members and volunteers. Includes setup of 1 to 3 systems at the location selected for training and only for the system(s) purchased for that location.	1	2,500.00	2,500.00

Please remit check payments to: It's Never 2 Late LLC PO Box 49007 San Jose, CA 95161-9007	For remitting payment via ACH: Comerica Bank ABA: 121137522 Account: 1895194742	Total
		Payments/Credits
		Balance Due

Phone #	E-mail
303-806-0797	Accounting@iN2L.com

**Media Contact:**

Cherryl Carlson
P: 615.905.5421
ccarlson@thmgt.com

Address:

512 Autumn Springs Rd, Suite A
Franklin, TN 37067

19 SKILLED NURSING COMMUNITIES IN TENNESSEE LAUNCH PROGRAM FOR RESIDENTS THAT IS MEASURABLY IMPROVING QUALITY OF LIFE

JACKSON, Tenn. – October 23, 2018 – Tennessee Health Management (THM) that operates 29 skilled nursing communities, announced an expansion of an interactive program for patients and residents that combines online activities with restorative therapies to improve their quality of life. With the addition of nine facilities in the Jackson region, approximately 1,646 skilled nursing patients in 19 THM facilities throughout West and Northwest Tennessee can now participate in the Activities, Restorative and Therapy in Sync (ARTS) program.

The ARTS program was funded by the Tennessee Department of Health and the Centers for Medicare & Medicaid (CMS) Services Region IV with \$964,766.16 from the Civil Monetary Penalty funds. The grant supports the use of the It's Never 2 Late (iN2L) computer-based system to engage residents in fun and meaningful activities. The iN2L touch-based technologies encourage users, even those unfamiliar with computers, to "touch their way" through programs to connect with loved ones via Skype, create "My Story" digital biographies, do simulated physical activities, and play brain games.

"We are encouraged and inspired by the physical and cognitive results being reported from the program after just a few months," said Heather Lansaw, Regional Director for the 10 THM facilities in the Memphis and Northwest Tennessee area where the program originally launched in April. "We know this new initiative will benefit our patients and residents for years to come."

According to Lansaw, activities therapy, restorative care and rehabilitative therapies have historically been separate departments in a residential nursing facility.

"The ARTS program helps break down those divisions by creating individualized experiences for each patient that better aligns across departments," Lansaw said. "Using the iN2L platform has helped our therapy teams offer more personalized support for patients across all daily activities."

As a requirement of the grant program, the team will measure and report on the program's results over the next 36 months.

So far, THM therapists are enthusiastic about the results they are seeing, Lansaw explained. At Applingwood Healthcare Center in Cordova, Tenn., the staff has incorporated the program into most patients' therapy sessions and reports that patients are enjoying the new online activities. At Covington Care Nursing and Rehabilitation Center in Covington, Tenn., the therapists have found that patients who use the system are more active and tolerate longer treatment times prior to rest.

"We are so thankful for this grant," Lansaw said. "One resident who had been in the hospital for two months before coming to our center uses iN2L to watch travel videos and the live webcam. Now she is



feeling hope about going home again. She also loves the casino games. This was a woman who could not walk or feed herself just two months ago. You cannot put a premium on that.”

The 19 THM skilled nursing facilities that have implemented the ARTS program include: Applingwood Healthcare Center of Cordova; Bright Glade Health and Rehabilitation Center and Harbor View Nursing and Rehabilitation Center in Memphis; Covington Care Nursing and Rehabilitation Center; Crestview Health Care and Rehabilitation Center of Brownsville; Decatur County Health Care and Rehabilitation of Parsons; Dyersburg Nursing and Rehabilitation; Forest Cove Nursing and Rehab Center of Jackson; Humboldt Healthcare and Rehab Center; Lewis County Nursing and Rehabilitation Center of Hohenwald; Lexington Health Care and Rehabilitation; McKenzie Healthcare and Rehabilitation Center; McNairy County Health Care Center; Northbrooke Healthcare and Rehab Center of Jackson; Paris Health Care Nursing and Rehabilitation Center; Savannah Health Care and Rehabilitation Center; Union City Nursing and Rehabilitation Center; VanAyer Healthcare and Rehab Center located in Martin; and Westwood Health and Rehabilitation Center of Decaturville, Tenn.

About Tennessee Health Management, Inc.

Tennessee Health Management, Inc. (THM) operates 29 skilled nursing and rehabilitation centers throughout the state of Tennessee and north Alabama. In addition, the company provides home health services in 24 counties, hospice services in 31 counties, and operates five acute care psychiatric facilities for older adults needing mental health care. For more information visit thmgt.com.

About iN2L

Founded in 1999, iN2L is dedicated to making technology and the Internet accessible and enjoyable for older adults — regardless of physical or cognitive limitations. A proprietary combination of adaptive hardware, software and content delivers a person-centered experience that engages, empowers and inspires. The engagement tools developed for older adults are currently used in 2,000 communities across all 50 states, Canada, Australia and Northern Ireland. The company is located in Centennial, CO. For more information, visit www.iN2L.com.

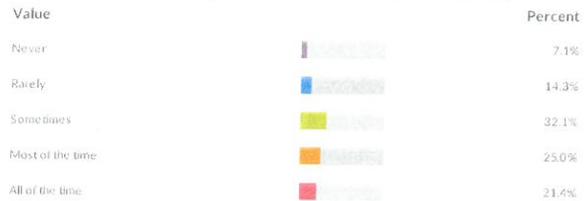
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Report for THM Lexington QOL Survey

Response Counts



1. How much of the time during the past two weeks have you felt full of pep?



Statistics

Sum	95.0
Average	3.4
StdDev	1.2
Total Responses	28

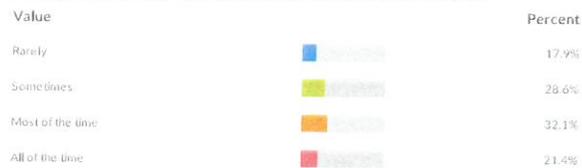
2. How often have you been able to find joy in life over the past two weeks?



Statistics

Sum	110.0
Average	3.9
StdDev	0.9
Total Responses	28

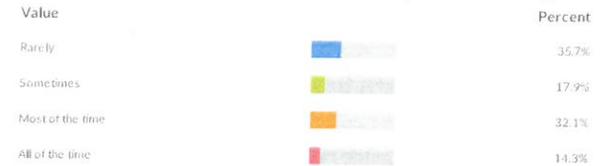
3. How much of the time during the past two weeks have you felt calm?



Statistics

Sum	100.0
Average	3.6
StdDev	1.0
Total Responses	28

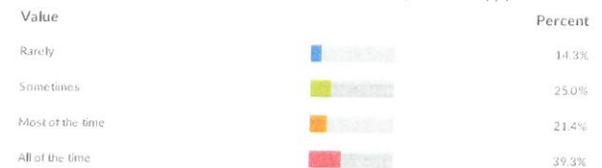
4. How much of the time during the past two weeks have you had lots of energy?



Statistics

Sum	91.0
Average	3.3
StdDev	1.1
Total Responses	28

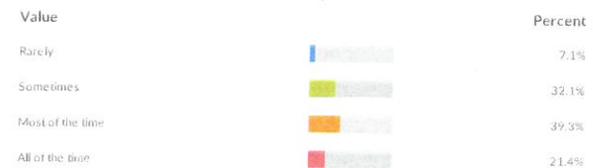
5. How much of the time during the past two weeks have you been happy?



Statistics

Sum	108.0
Average	3.9
StdDev	1.1
Total Responses	28

6. How often have you felt peaceful over the past two weeks?



Statistics

Sum	105.0
Average	3.8
StdDev	0.9
Total Responses	28

7. How much time have you felt rested and relaxed over the past two weeks?



Statistics

Sum	98.0
Average	3.5
StdDev	1.0
Total Responses	28



Statistics

Sum	102.0
Average	3.6
StdDev	1.1
Total Responses	28

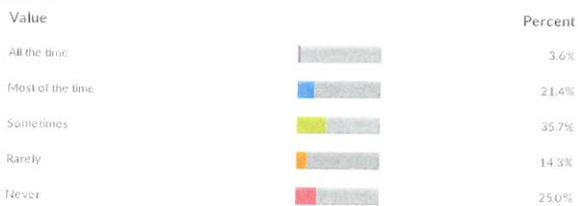
8. During the past two weeks, how much of the time has your physical health or emotional problems interfered with your social activities (like visiting friends, relatives, etc.)?



Statistics

Sum	112.0
Average	4.0
StdDev	1.1
Total Responses	28

9. How often have you had little interest or pleasure in doing things over the past two weeks?



Statistics

Sum	94.0
Average	3.4
StdDev	1.2
Total Responses	28

10. How often have you had trouble falling asleep or staying asleep over the past two weeks?

11. How often have you had trouble concentrating over the past two weeks?



Statistics

Sum	105.0
Average	3.8
StdDev	0.9
Total Responses	28

12. How much of the time during the past two weeks have you felt so down in the dumps that nothing could cheer you up?



Statistics

Sum	110.0
Average	3.9
StdDev	1.1
Total Responses	28

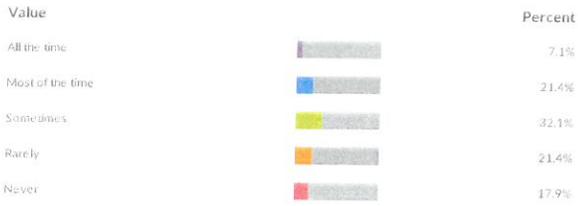
13. How often have you felt fidgety or restless over the past two weeks?



Statistics

Sum	95.0
Average	3.4
StdDev	1.1
Total Responses	28

14. How much of the time during the past two weeks have you felt tired?



Statistics

Sum	90.0
Average	3.2
StdDev	1.2
Total Responses	28

15. How often have you felt sad over the past two weeks?



Statistics

Sum	98.0
Average	3.6
StdDev	1.2
Total Responses	27

Report for THM Crestview QOL Survey

Response Counts



1. How much of the time during the past two weeks have you felt full of pep?



Statistics

Max	4
Sum	56.0
Average	2.8
StdDev	0.7
Total Responses	20

4. How much of the time during the past two weeks have you had lots of energy?



Statistics

Max	4
Sum	49.0
Average	2.6
StdDev	0.7
Total Responses	19

5. How much of the time during the past two weeks have you been happy?



2. How often have you been able to find joy in life over the past two weeks?



Statistics

Max	4
Sum	66.0
Average	3.3
StdDev	0.6
Total Responses	20

Statistics

Max	4
Sum	69.0
Average	3.5
StdDev	0.5
Total Responses	20

3. How much of the time during the past two weeks have you felt calm?



Statistics

Max	5
Sum	75.0
Average	3.8
StdDev	0.5
Total Responses	20

6. How often have you felt peaceful over the past two weeks?



Statistics

Max	4
Sum	69.0
Average	3.5
StdDev	0.5
Total Responses	20

7. How much time have you felt rested and relaxed over the past two weeks?



Statistics

Max	4
Sum	58.0
Average	2.9
StdDev	0.8
Total Responses	20



Statistics

Max	4
Sum	58.0
Average	2.9
StdDev	1.0
Total Responses	20

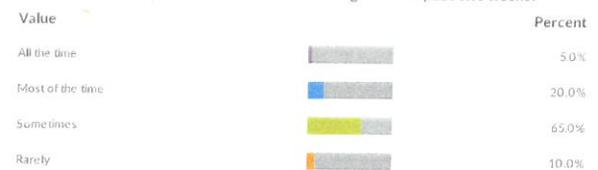
8. During the past two weeks, how much of the time has your physical health or emotional problems interfered with your social activities (like visiting friends, relatives, etc.)?



Statistics

Max	5
Sum	64.0
Average	3.2
StdDev	0.7
Total Responses	20

11. How often have you had trouble concentrating over the past two weeks?



Statistics

Max	4
Sum	56.0
Average	2.8
StdDev	0.7
Total Responses	20

9. How often have you had little interest or pleasure in doing things over the past two weeks?



Statistics

Max	5
Sum	70.0
Average	3.5
StdDev	0.9
Total Responses	20

12. How much of the time during the past two weeks have you felt so down in the dumps that nothing could cheer you up?



Statistics

Max	5
Sum	78.0
Average	3.9
StdDev	0.8
Total Responses	20

10. How often have you had trouble falling asleep or staying asleep over the past two weeks?

13. How often have you felt fidgety or restless over the past two weeks?



Statistics

Max	5
Sum	74.0
Average	3.7
StdDev	0.6
Total Responses	20

14. How much of the time during the past two weeks have you felt tired?



Statistics

Max	4
Sum	45.0
Average	2.4
StdDev	0.9
Total Responses	19

15. How often have you felt sad over the past two weeks?



Statistics

Max	5
Sum	76.0
Average	3.8
StdDev	0.7
Total Responses	20

Report for THM McNairy County QOL Survey

Response Counts



1. How much of the time during the past two weeks have you felt full of pep?



Statistics

Sum	80.0
Average	2.9
StdDev	1.0
Total Responses	28

Statistics

Sum	101.0
Average	3.6
StdDev	0.9
Total Responses	28

4. How much of the time during the past two weeks have you had lots of energy?

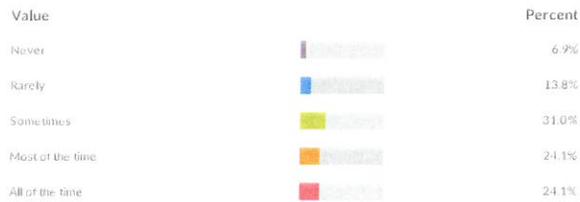


Statistics

Sum	74.0
Average	2.6
StdDev	0.9
Total Responses	28

5. How much of the time during the past two weeks have you been happy?

2. How often have you been able to find joy in life over the past two weeks?



Statistics

Sum	100.0
Average	3.4
StdDev	1.2
Total Responses	29



Statistics

Sum	96.0
Average	3.3
StdDev	0.9
Total Responses	29

3. How much of the time during the past two weeks have you felt calm?



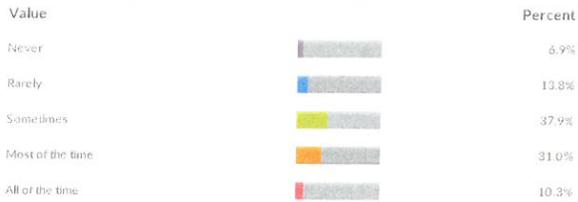
6. How often have you felt peaceful over the past two weeks?



Statistics

Sum	105.0
Average	3.6
StdDev	0.8
Total Responses	29

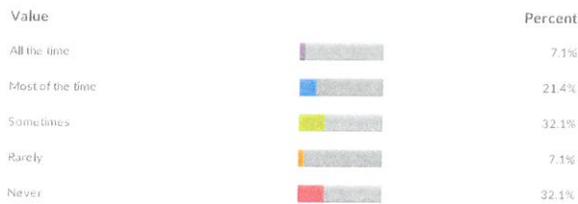
7. How much time have you felt rested and relaxed over the past two weeks?



Statistics

Sum	94.0
Average	3.2
StdDev	1.0
Total Responses	29

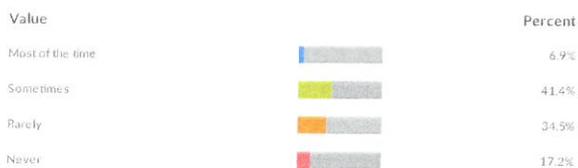
8. During the past two weeks, how much of the time has your physical health or emotional problems interfered with your social activities (like visiting friends, relatives, etc.)?



Statistics

Sum	94.0
Average	3.4
StdDev	1.3
Total Responses	28

9. How often have you had little interest or pleasure in doing things over the past two weeks?



Statistics

Sum	105.0
Average	3.6
StdDev	0.8
Total Responses	29

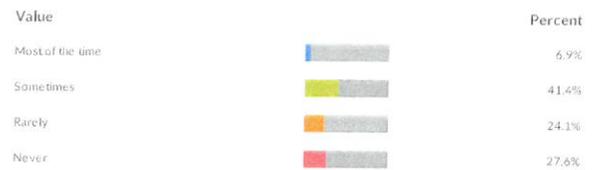
10. How often have you had trouble falling asleep or staying asleep over the past two weeks?



Statistics

Sum	100.0
Average	3.4
StdDev	1.1
Total Responses	29

11. How often have you had trouble concentrating over the past two weeks?



Statistics

Sum	100.0
Average	3.7
StdDev	0.9
Total Responses	29

12. How much of the time during the past two weeks have you felt so down in the dumps that nothing could cheer you up?



Statistics

Sum	112.0
Average	3.9
StdDev	1.0
Total Responses	29

Statistics

Sum	101.0
Average	3.5
StdDev	1.0
Total Responses	29

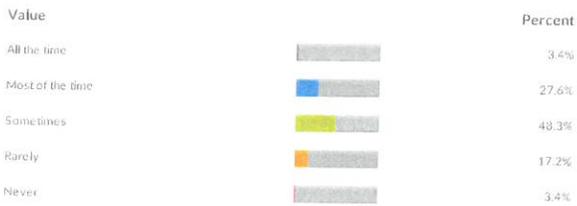
13. How often have you felt fidgety or restless over the past two weeks?



Statistics

Sum	100.0
Average	3.6
StdDev	1.0
Total Responses	28

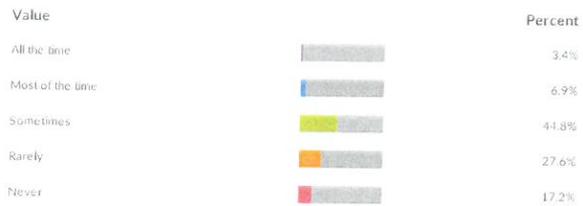
14. How much of the time during the past two weeks have you felt tired?



Statistics

Sum	84.0
Average	2.9
StdDev	0.8
Total Responses	29

15. How often have you felt sad over the past two weeks?



Report for THM Forest Cove QOL Survey

Response Counts



1. How much of the time during the past two weeks have you felt full of pep?



Statistics

Sum	58.0
Average	2.8
StdDev	1.0
Total Responses	21

2. How of ten have you been able to find joy in life over the past two weeks?



Statistics

Sum	73.0
Average	3.3
StdDev	0.9
Total Responses	22

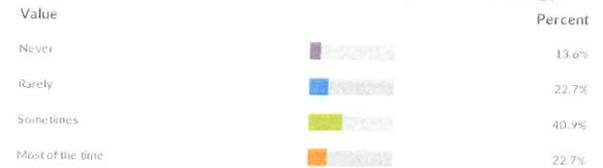
3. How much of the time during the past two weeks have you felt calm?



Statistics

Sum	81.0
Average	3.7
StdDev	0.9
Total Responses	22

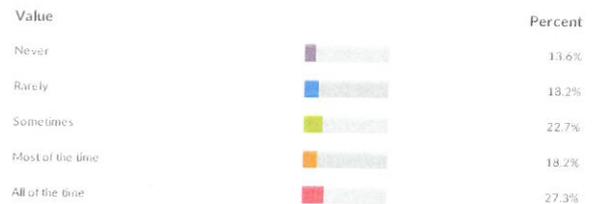
4. How much of the time during the past two weeks have you had lots of energy?



Statistics

Sum	60.0
Average	2.7
StdDev	1.0
Total Responses	22

5. How much of the time during the past two weeks have you been happy?



Statistics

Sum	72.0
Average	3.3
StdDev	1.4
Total Responses	22

6. How often have you felt peaceful over the past two weeks?



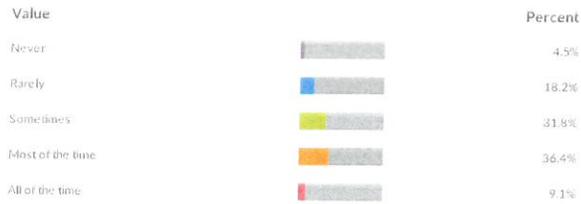
Statistics

Sum	78.0
Average	3.5
StdDev	1.2
Total Responses	22

Statistics

Sum	77.0
Average	3.5
StdDev	0.9
Total Responses	22

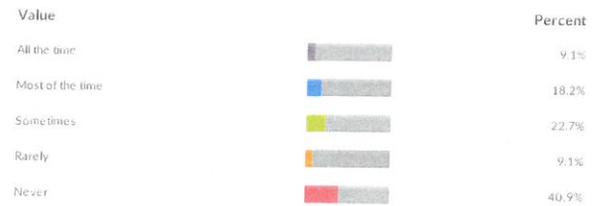
7. How much time have you felt rested and relaxed over the past two weeks?



Statistics

Sum	72.0
Average	3.3
StdDev	1.0
Total Responses	22

10. How often have you had trouble falling asleep or staying asleep over the past two weeks?



Statistics

Sum	78.0
Average	3.5
StdDev	1.4
Total Responses	22

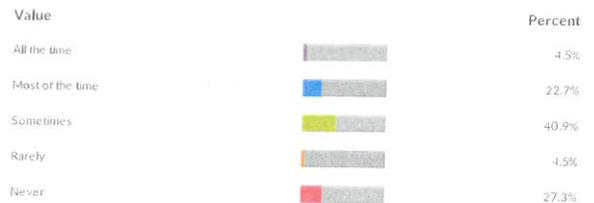
8. During the past two weeks, how much of the time has your physical health or emotional problems interfered with your social activities (like visiting friends, relatives, etc.)?



Statistics

Sum	73.0
Average	3.3
StdDev	1.4
Total Responses	22

11. How often have you had trouble concentrating over the past two weeks?



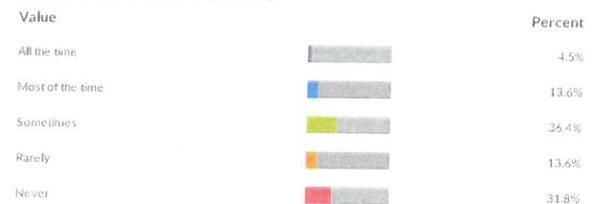
Statistics

Sum	72.0
Average	3.3
StdDev	1.2
Total Responses	22

9. How often have you had little interest or pleasure in doing things over the past two weeks?



12. How much of the time during the past two weeks have you felt so down in the dumps that nothing could cheer you up?



Statistics

Sum	78.0
Average	3.5
StdDev	1.2
Total Responses	22

Statistics

Sum	78.0
Average	3.5
StdDev	1.4
Total Responses	22

13. How often have you felt fidgety or restless over the past two weeks?



Statistics

Sum	70.0
Average	3.3
StdDev	1.3
Total Responses	21

14. How much of the time during the past two weeks have you felt tired?



Statistics

Sum	69.0
Average	3.1
StdDev	1.1
Total Responses	22

15. How often have you felt sad over the past two weeks?

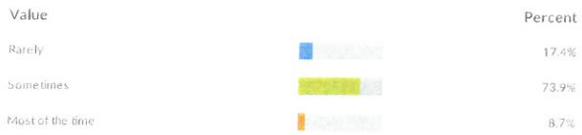


Report for THM Savannah QOL Survey

Response Counts



1. How much of the time during the past two weeks have you felt full of pep?



Statistics

Sum	67.0
Average	2.9
StdDev	0.5
Total Responses	23

2. How often have you been able to find joy in life over the past two weeks?



Statistics

Sum	75.0
Average	3.3
StdDev	0.7
Total Responses	23

3. How much of the time during the past two weeks have you felt calm?



Statistics

Sum	71.0
Average	3.1
StdDev	0.8
Total Responses	23

4. How much of the time during the past two weeks have you had lots of energy?



Statistics

Sum	65.0
Average	3.0
StdDev	0.6
Total Responses	22

5. How much of the time during the past two weeks have you been happy?



Statistics

Sum	76.0
Average	3.3
StdDev	0.5
Total Responses	23

6. How often have you felt peaceful over the past two weeks?



Statistics

Sum	71.0
Average	3.2
StdDev	0.8
Total Responses	22

7. How much time have you felt rested and relaxed over the past two weeks?

Value	Percent
Rarely	4.5%
Sometimes	59.1%
Most of the time	31.8%
All of the time	4.5%

Statistics

Sum	74.0
Average	3.4
StdDev	0.6
Total Responses	22

Value

Value	Percent
Most of the time	8.7%
Sometimes	60.9%
Rarely	13.0%
Never	17.4%

Statistics

Sum	78.0
Average	3.4
StdDev	0.9
Total Responses	23

8. During the past two weeks, how much of the time has your physical health or emotional problems interfered with your social activities (like visiting friends, relatives, etc.)?

Value	Percent
Most of the time	21.7%
Sometimes	43.5%
Rarely	21.7%
Never	13.0%

Statistics

Sum	75.0
Average	3.3
StdDev	0.9
Total Responses	23

11. How often have you had trouble concentrating over the past two weeks?

Value	Percent
Most of the time	21.7%
Sometimes	69.6%
Never	8.7%

Statistics

Sum	68.0
Average	3.0
StdDev	0.8
Total Responses	23

12. How much of the time during the past two weeks have you felt so down in the dumps that nothing could cheer you up?

Value	Percent
Most of the time	4.3%
Sometimes	69.6%
Rarely	13.0%
Never	13.0%

Statistics

Sum	77.0
Average	3.3
StdDev	0.8
Total Responses	23

9. How often have you had little interest or pleasure in doing things over the past two weeks?

Value	Percent
Most of the time	8.7%
Sometimes	69.6%
Rarely	17.4%
Never	4.3%

Statistics

Sum	73.0
Average	3.2
StdDev	0.6
Total Responses	23

13. How often have you felt fidgety or restless over the past two weeks?

Value	Percent
All the time	4.3%
Sometimes	82.6%
Rarely	8.7%
Never	4.3%

10. How often have you had trouble falling asleep or staying asleep over the past two weeks?

Statistics

Sum	71.0
Average	3.1
StdDev	0.7
Total Responses	23

14. How much of the time during the past two weeks have you felt tired?



Statistics

Sum	68.0
Average	3.0
StdDev	0.6
Total Responses	23

15. How often have you felt sad over the past two weeks?



Statistics

Sum	73.0
Average	3.2
StdDev	0.6
Total Responses	23

Report for THM Lewis County QOL Survey

Response Counts



1. How much of the time during the past two weeks have you felt full of pep?



Statistics

Sum	66.0
Average	2.5
StdDev	0.9
Total Responses	26

Statistics

Sum	85.0
Average	3.3
StdDev	0.9
Total Responses	26

4. How much of the time during the past two weeks have you had lots of energy?



Statistics

Sum	59.0
Average	2.3
StdDev	0.9
Total Responses	26

2. How often have you been able to find joy in life over the past two weeks?



Statistics

Sum	78.0
Average	3.0
StdDev	0.9
Total Responses	26

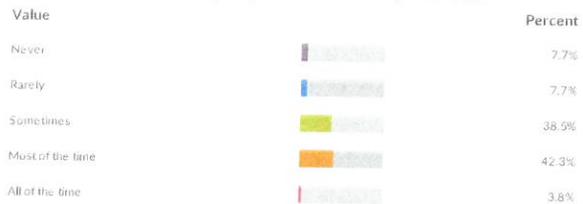
5. How much of the time during the past two weeks have you been happy?



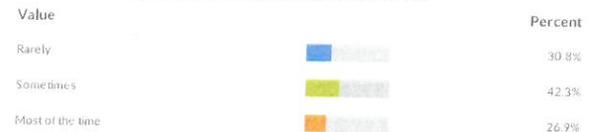
Statistics

Sum	78.0
Average	3.0
StdDev	0.8
Total Responses	26

3. How much of the time during the past two weeks have you felt calm?



6. How often have you felt peaceful over the past two weeks?



Statistics

Sum	77.0
Average	3.0
StdDev	0.8
Total Responses	26

7. How much time have you felt rested and relaxed over the past two weeks?



Statistics

Sum	81.0
Average	3.1
StdDev	0.8
Total Responses	26

Value



Statistics

Sum	85.0
Average	3.3
StdDev	1.1
Total Responses	26

8. During the past two weeks, how much of the time has your physical health or emotional problems interfered with your social activities (like visiting friends, relatives, etc.)?



Statistics

Sum	74.0
Average	2.8
StdDev	1.3
Total Responses	26

11. How often have you had trouble concentrating over the past two weeks?



Statistics

Sum	85.0
Average	3.4
StdDev	1.1
Total Responses	25

9. How often have you had little interest or pleasure in doing things over the past two weeks?



Statistics

Sum	80.0
Average	3.1
StdDev	1.4
Total Responses	26

12. How much of the time during the past two weeks have you felt so down in the dumps that nothing could cheer you up?



Statistics

Sum	92.0
Average	3.5
StdDev	1.2
Total Responses	26

10. How often have you had trouble falling asleep or staying asleep over the past two weeks?

13. How often have you felt fidgety or restless over the past two weeks?

Value	Percent
All the time	3.8%
Most of the time	15.4%
Sometimes	50.0%
Rarely	19.2%
Never	11.5%

Statistics

Sum	83.0
Average	3.2
StdDev	1.0
Total Responses	26

14. How much of the time during the past two weeks have you felt tired?

Value	Percent
All the time	23.1%
Most of the time	23.1%
Sometimes	46.2%
Rarely	7.7%

Statistics

Sum	62.0
Average	2.4
StdDev	0.9
Total Responses	26

15. How often have you felt sad over the past two weeks?

Value	Percent
All the time	15.4%
Most of the time	15.4%
Sometimes	34.6%
Rarely	19.2%
Never	15.4%

Statistics

Sum	79.0
Average	3.0
StdDev	1.3
Total Responses	26

Report for THM Decatur QOL Survey

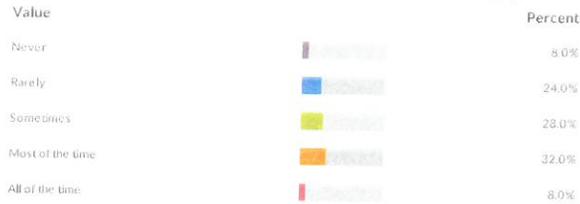
Response Counts



Statistics

Sum	94.0
Average	3.8
StdDev	0.9
Total Responses	25

1. How much of the time during the past two weeks have you felt full of pep?



Statistics

Sum	77.0
Average	3.1
StdDev	1.1
Total Responses	25

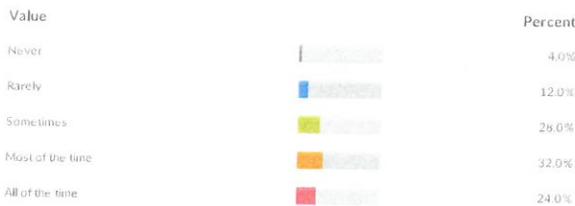
4. How much of the time during the past two weeks have you had lots of energy?



Statistics

Sum	69.0
Average	2.8
StdDev	0.9
Total Responses	25

2. How often have you been able to find joy in life over the past two weeks?



Statistics

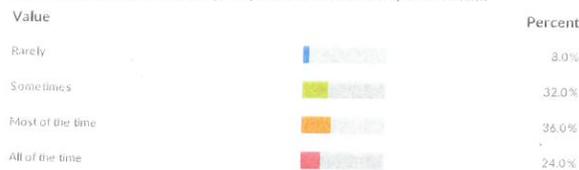
Sum	90.0
Average	3.6
StdDev	1.1
Total Responses	25



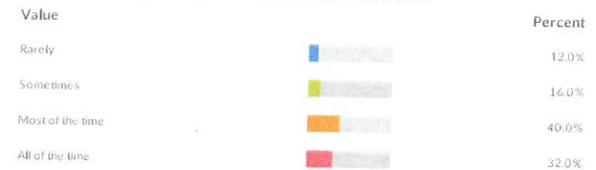
Statistics

Sum	91.0
Average	3.6
StdDev	0.9
Total Responses	25

3. How much of the time during the past two weeks have you felt calm?



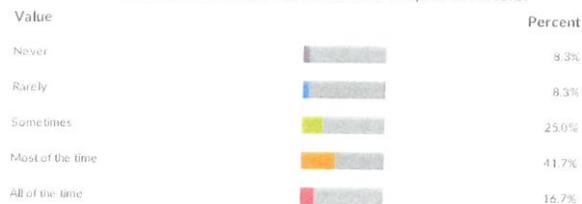
6. How often have you felt peaceful over the past two weeks?



Statistics

Sum	98.0
Average	3.9
StdDev	1.0
Total Responses	25

7. How much time have you felt rested and relaxed over the past two weeks?



Statistics

Sum	84.0
Average	3.5
StdDev	1.1
Total Responses	24

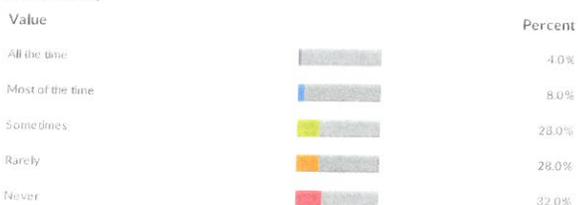
Value



Statistics

Sum	92.0
Average	3.7
StdDev	1.2
Total Responses	25

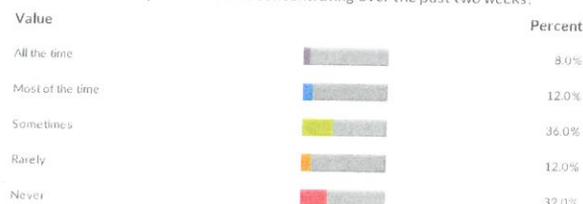
8. During the past two weeks, how much of the time has your physical health or emotional problems interfered with your social activities (like visiting friends, relatives, etc.)?



Statistics

Sum	94.0
Average	3.8
StdDev	1.1
Total Responses	25

11. How often have you had trouble concentrating over the past two weeks?



Statistics

Sum	87.0
Average	3.5
StdDev	1.3
Total Responses	25

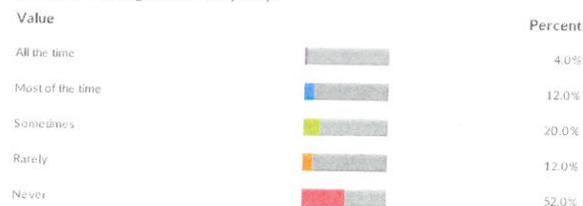
9. How often have you had little interest or pleasure in doing things over the past two weeks?



Statistics

Sum	83.0
Average	3.3
StdDev	1.3
Total Responses	25

12. How much of the time during the past two weeks have you felt so down in the dumps that nothing could cheer you up?



Statistics

Sum	99.0
Average	4.0
StdDev	1.2
Total Responses	25

10. How often have you had trouble falling asleep or staying asleep over the past two weeks?

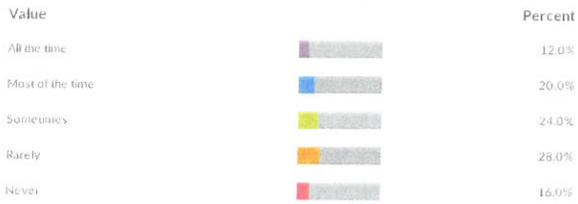
13. How often have you felt fidgety or restless over the past two weeks?



Statistics

Sum	98.0
Average	3.9
StdDev	1.2
Total Responses	25

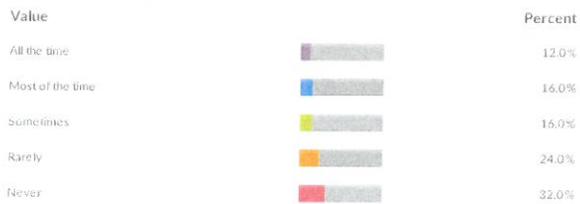
14. How much of the time during the past two weeks have you felt tired?



Statistics

Sum	79.0
Average	3.2
StdDev	1.3
Total Responses	25

15. How often have you felt sad over the past two weeks?



Statistics

Sum	87.0
Average	3.5
StdDev	1.4
Total Responses	25

Report for THM Westwood QOL Survey

Response Counts



Statistics

Sum	67.0
Average	3.2
StdDev	0.9
Total Responses	21

1. How much of the time during the past two weeks have you felt full of pep?



Statistics

Sum	69.0
Average	3.3
StdDev	0.6
Total Responses	21

4. How much of the time during the past two weeks have you had lots of energy?



Statistics

Sum	74.0
Average	3.5
StdDev	1.0
Total Responses	21

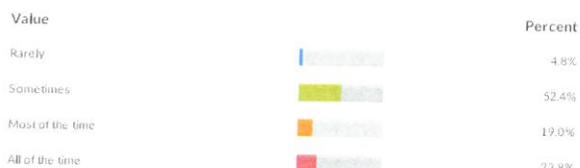
2. How often have you been able to find joy in life over the past two weeks?



Statistics

Sum	71.0
Average	3.4
StdDev	0.9
Total Responses	21

5. How much of the time during the past two weeks have you been happy?



Statistics

Sum	76.0
Average	3.6
StdDev	0.9
Total Responses	21

3. How much of the time during the past two weeks have you felt calm?



6. How often have you felt peaceful over the past two weeks?



Statistics

Sum	76.0
Average	3.6
StdDev	0.8
Total Responses	21

7. How much time have you felt rested and relaxed over the past two weeks?



Statistics

Sum	56.0
Average	3.1
StdDev	0.5
Total Responses	21

Value



Statistics

Sum	69.0
Average	3.3
StdDev	0.8
Total Responses	21

8. During the past two weeks, how much of the time has your physical health or emotional problems interfered with your social activities (like visiting friends, relatives, etc.)?



Statistics

Sum	79.0
Average	3.8
StdDev	1.1
Total Responses	21

11. How often have you had trouble concentrating over the past two weeks?



Statistics

Sum	70.0
Average	3.3
StdDev	0.7
Total Responses	21

9. How often have you had little interest or pleasure in doing things over the past two weeks?



Statistics

Sum	77.0
Average	3.7
StdDev	1.0
Total Responses	21

12. How much of the time during the past two weeks have you felt so down in the dumps that nothing could cheer you up?



Statistics

Sum	76.0
Average	3.6
StdDev	0.8
Total Responses	21

10. How often have you had trouble falling asleep or staying asleep over the past two weeks?

13. How often have you felt fidgety or restless over the past two weeks?



Statistics

Sum	73.0
Average	3.5
StdDev	1.0
Total Responses	21

14. How much of the time during the past two weeks have you felt tired?



Statistics

Sum	66.0
Average	3.3
StdDev	0.5
Total Responses	20

15. How often have you felt sad over the past two weeks?



Statistics

Sum	77.0
Average	3.7
StdDev	0.8
Total Responses	21

Report for THM Northbrooke QOL Survey

Response Counts



1. How much of the time during the past two weeks have you felt full of pep?



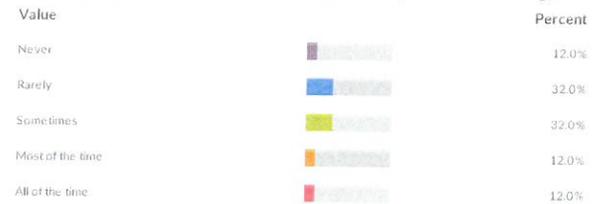
Statistics

Sum	69.0
Average	2.8
StdDev	1.2
Total Responses	25

Statistics

Sum	96.0
Average	3.8
StdDev	0.8
Total Responses	25

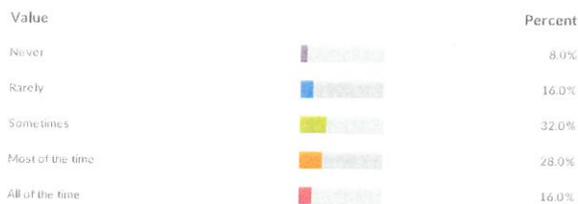
4. How much of the time during the past two weeks have you had lots of energy?



Statistics

Sum	70.0
Average	2.8
StdDev	1.2
Total Responses	25

2. How often have you been able to find joy in life over the past two weeks?



Statistics

Sum	82.0
Average	3.3
StdDev	1.1
Total Responses	25

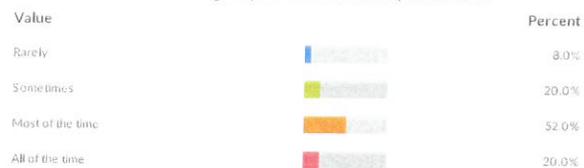
5. How much of the time during the past two weeks have you been happy?



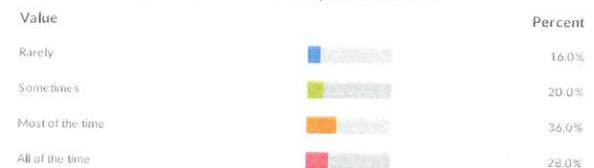
Statistics

Sum	97.0
Average	3.9
StdDev	0.8
Total Responses	25

3. How much of the time during the past two weeks have you felt calm?



6. How often have you felt peaceful over the past two weeks?



Statistics

Sum	94.0
Average	3.8
StdDev	1.0
Total Responses	25

7. How much time have you felt rested and relaxed over the past two weeks?



Statistics

Sum	90.0
Average	3.6
StdDev	1.0
Total Responses	25

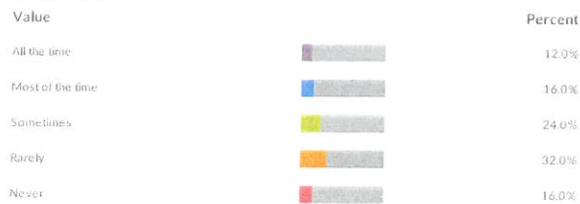
Value



Statistics

Sum	91.0
Average	3.6
StdDev	1.0
Total Responses	25

8. During the past two weeks, how much of the time has your physical health or emotional problems interfered with your social activities (like visiting friends, relatives, etc.)?



Statistics

Sum	81.0
Average	3.2
StdDev	1.2
Total Responses	25

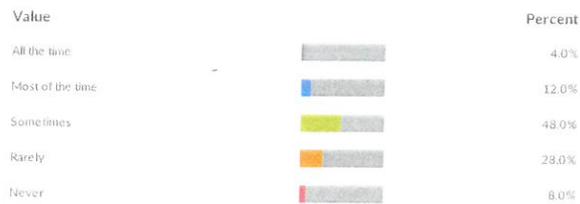
11. How often have you had trouble concentrating over the past two weeks?



Statistics

Sum	96.0
Average	3.8
StdDev	0.7
Total Responses	25

9. How often have you had little interest or pleasure in doing things over the past two weeks?



Statistics

Sum	81.0
Average	3.2
StdDev	0.9
Total Responses	25

12. How much of the time during the past two weeks have you felt so down in the dumps that nothing could cheer you up?



Statistics

Sum	97.0
Average	3.9
StdDev	0.8
Total Responses	25

13. How often have you felt fidgety or restless over the past two weeks?



10. How often have you had trouble falling asleep or staying asleep over the past two weeks?

Statistics

Sum	89.0
Average	3.6
StdDev	0.9
Total Responses	25

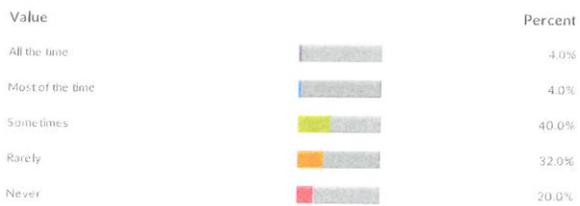
14. How much of the time during the past two weeks have you felt tired?



Statistics

Sum	78.0
Average	3.1
StdDev	1.0
Total Responses	25

15. How often have you felt sad over the past two weeks?



Statistics

Sum	90.0
Average	3.6
StdDev	1.0
Total Responses	25

What our Caregivers Say About ARTS

"We love it! Every discipline uses it."

-Dyersburg Nursing and Rehabilitation Center, Dyersburg, TN

"We have gotten excellent feedback from both residents and therapists."

-Bright Glade Health and Rehabilitation Center, Memphis, TN

"We use the program with most of our patients. They enjoy doing activities during therapy, which definitely improves our sessions."

-Appalingwood Healthcare Center, Cordova, TN

"ARTS is producing real results. After using the program, some patients can stand longer and tolerate more treatment prior to rest."

-Covington Care Nursing and Rehabilitation Center, Covington, TN

Now Available in These Communities

Appalingwood Healthcare Center

-Cordova, TN

Bright Glade Health and Rehabilitation Center

-Memphis, TN

Covington Care Nursing and Rehabilitation Center

-Covington, TN

Dyersburg Nursing and Rehabilitation

-Dyersburg, TN

Harbor View Nursing and Rehabilitation Center

-Memphis, TN

Humboldt Healthcare and Rehab Center

-Humboldt, TN

McKenzie Healthcare and Rehabilitation Center

-McKenzie, TN

Paris Health Care Nursing and Rehabilitation Center

-Paris, TN

Union City Nursing and Rehabilitation Center

-Union City, TN

VanAyer Healthcare and Rehab Center

-Madison, TN

Coming Soon to These Communities

Crestview Health Care and Rehabilitation Center

-Brownsville, TN

Decatur County Health Care and Rehabilitation

-Paris, TN

Forest Cove Nursing and Rehab Center

-Jackson, TN

Lexington Health Care and Rehabilitation

-Lexington, TN

Lewis County Nursing and Rehabilitation Center

-Johnsvalley, TN

McNairy County Health Care Center

-Spartanburg, TN

Northbrooke Healthcare and Rehab Center

-Jackson, TN

Savannah Health Care and Rehabilitation Center

-Spartanburg, TN

Westwood Health Care and Rehabilitation Center

-Deaturville, TN

Changing Lives with ARTS*

Activities, Restorative and Therapy in Sync

Fun, Computer-based Activities Offer Proven Therapeutic Benefits



ARTS

Helps Individuals Connect, Engage and Enjoy Life

How can we make life better for those who entrust us with their care? We think it comes down to how you treat the whole person—body, mind and spirit. This belief is the foundation for our ARTS program, which integrates activities, restorative care and rehabilitative therapies to improve recovery and quality of life.

Powered by IT's Never 2 Late (IN2L) technology, the ARTS project was funded with Civil Monetary Penalty funds from the Tennessee Department of Health and the Centers for Medicare & Medicaid (CMS) Services. This innovative approach uses simplified touch-screen computer applications to create personalized experiences for patients and residents.

*"The programs are very easy to use even for patients who have never used a computer before."
— Harbor View Nursing and Rehabilitation Center, Memphis, TN*



Enjoyable Content Makes the Difference

ARTS gets results because its interactive content targets the interests and needs of older adults, including those with cognitive impairments.



Making Connections

Super easy e-mail and Skype® enable regular interaction with loved ones, while apps like "My Story" encourage users to share their history in words and pictures.



Having Fun

The IN2L library offers users enjoyable games, movies, classic television and entertaining content on topics ranging from history to music to art.



Staying Active

Computer content is available to enhance therapeutic activities. Imagine being able to view scenic routes while riding a stationary bike or improve motor skills with flight simulators.



Keeping Sharp

Trivia, quizzes, games and puzzles can help stimulate the mind. IN2L also includes noted brain fitness programs like Happy Neuron.™



Caring for the Spirit

Sermons, hymns and inspirational videos are available for those seeking spiritual nourishment.