

## 20 Hours of FREE Lactation Education for Staff

TDH is happy to announce that 20 hours of **FREE** on-line lactation education for you and your staff is now available. TDH is providing the *Breastfeeding Training Course* from the Breastfeeding Consortium through cooperation with the Tennessee Center for Patient Safety to improve breastfeeding rates at both the state and individual facility levels. The regular cost of the course is \$99.00/person but is available to you at no charge.

### **What does the Lactation Education include?**

The *Breastfeeding Training Course* covers six topics ranging from “Current Trends in Infant Feeding” and “Prenatal Nutrition and Breastfeeding Education” to the “Baby Friendly Hospital Initiative.” This course is a stand-alone resource offering comprehensive information on breastfeeding. Learners may earn up to **20 credits**, and credit designation varies depending on the length of the module. Credit is earned at the completion of each module. Learners may choose from *AMA PRA Category 1 Credit™*, L-CERPS, AAFP Prescribed Credit, Virginia Nurses Association contact hours, CPE dietitian credits, or a Certification of Participation. The training hours can be applied toward meeting various lactation certifications as well.

The coursework is self-paced, and learners may exit and re-enter lessons without losing their place. Completed exercises can be reviewed as often as desired. Each exercise is followed by a brief evaluation. **Please note:** Currently the evaluation form must be completed at the completion of each exercise, which is necessary for accrediting purposes. Course content is appropriate for all healthcare providers. Exercises specifically recommended for physicians have been marked with \*\*. This training has been endorsed by the American Academy of Pediatrics. ***Users have access to the course for a period of 12 months following registration.***

### **How do I enroll?**

Please compile and submit to [Nisa.Stiles@TN.Gov](mailto:Nisa.Stiles@TN.Gov) a list of your staff members to enroll in this training, prioritizing those staff interested in improving their knowledge regarding lactation. Staff members will have twelve months from the time that they register to complete the 20 hours of lactation education. We will provide you with quarterly reports to keep you informed about which staff members are registered for training and how far along they are in the training. You may add additional staff to be trained as needed.

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To facilitate registration, TDH will authorize free access for your staff members using the list you provide. Please include the following information on your listing:

- Name
- Email address – **Important:** submit the email address that your staff member will use to register, as that will be the **only** email address that they can utilize during the training (i.e. staff may choose to use their personal email address to enable training from home while others use their work email address requiring them to complete the training in their work setting)

### **What to expect after access authorization is completed.**

Once your completed staff list is received, those individuals will be entered by TDH. Each staff member enrolled will receive an email from [help@bfconsortium.org](mailto:help@bfconsortium.org) verifying enrollment and providing the link for them to access the site and register for the courses. Once this is done, [help@bfconsortium.org](mailto:help@bfconsortium.org) will send a second email verifying registration.

To learn more, please visit the *Breastfeeding Friendly Consortium* site at <http://bfconsortium.org/>. You may also contact me with questions or for more information at [Nisa.Stiles@TN.Gov](mailto:Nisa.Stiles@TN.Gov) or 615-291-5879.