

SECTION SEVEN

Living with Dementia

In 2017, 120,000 Tennesseans were living with Alzheimer's disease and/or dementia. Section 7 includes information and resources to share with individuals diagnosed with dementia and their caregivers. Alzheimer's disease and other dementias affects everyone differently. Resources can help individuals learn what to expect as the disease progresses, reduce the fear of the unknown and assist in developing strategies to help them manage the challenges ahead. Tips for living with Alzheimer's as well as information on dignified diagnoses and living alone are included in this section.