

## New Maternal Health Legislation 2025

### Overview

- Maternal Mortality Overview
- 2025 Public Chapter 0099: Urgent Maternal Warning Signs
  - Requirements
  - Resources to support implementation
- 2025 Public Chapter 0046 Maternal Health Screening
  - TennCare Coverage
  - Resources to support implementation
- Q&A

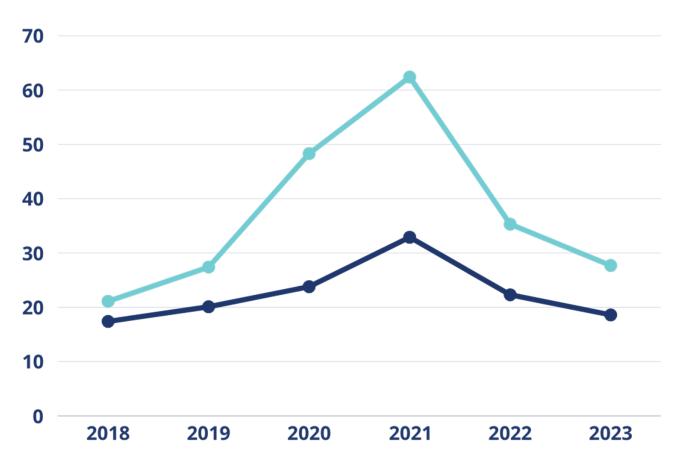


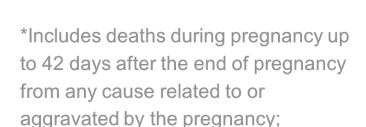


## Maternal Mortality Data – US vs. TN

#### Maternal Mortality Rate: United States and Tennessee, 2018-2023\*

Number of deaths per 100,000 live births



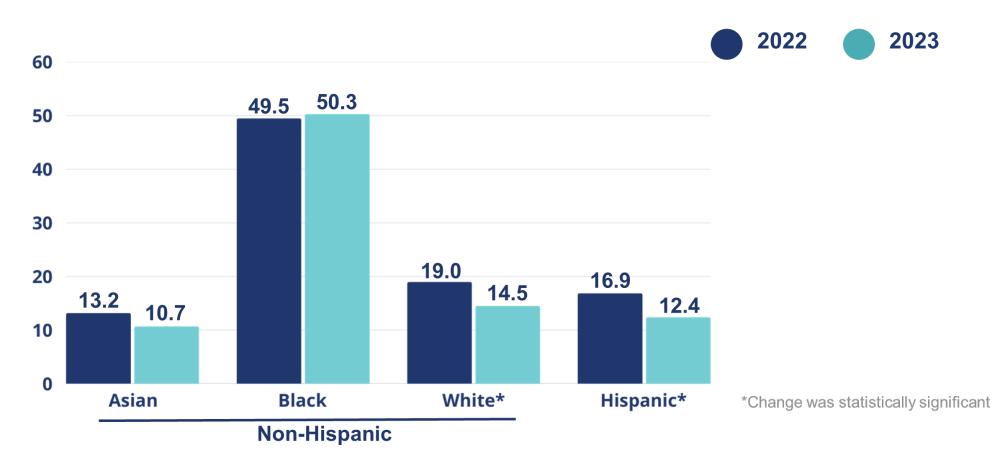




## Maternal Mortality Data, United States, cont.

Maternal Mortality Rate: United States, 2022 and 2023

Number of deaths per 100,000 live births



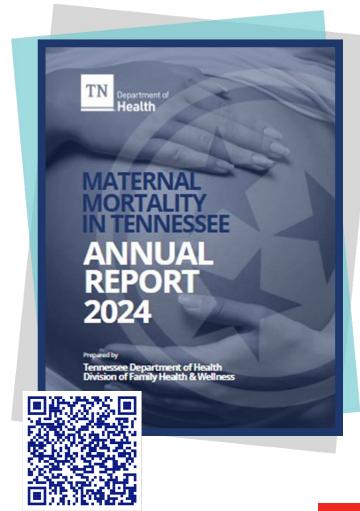


## Maternal Mortality Data - Tennessee

**Pregnancy-related mortality rate decrease:** Rates fell 15% from 65 to 55 per 100,000 live births between 2021 and 2022.

**Leading causes (2020–2022):** The top contributors were:

- Mental health conditions (28%)
- Cardiovascular conditions (22%)
- Infections (20%)



SCAN TO DOWNLOAD
TN MATERNAL MORTALITY REPORT



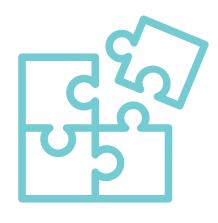
## Maternal Mortality Data - Tennessee, cont.

**Regional trends:** The East Grand Division saw a rise in pregnancy-related deaths, largely due to **substance use**, emphasizing the need for targeted regional interventions.

**Preventable deaths:** In 2022, 76% of pregnancy-related deaths were preventable, highlighting the critical need for prevention strategies to improve outcomes.

#### **Key Strategies For Prevention:**

- 1 Ongoing Education and Quality Improvement
- 2 Screening and Management of Maternal Cardiac Disease
- 3 Multidisciplinary Care Coordination
- 4 Community Awareness and Education
- 5 Management of Maternal Mental and Behavioral Health





## MMRC Recommendations

#### strategy

#### **Community Awareness and Education**

4

To enhance awareness of maternal health issues through annual educational campaigns highlighting early warning signs, timely medical care, and family planning options.

State Agencies and Community Organizations are encouraged to conduct annual educational campaigns providing women of childbearing age, their families, and communities with information on maternal health, early warning signs, and guidance on when to seek immediate care, including raising awareness about the most common contributing factors to maternal mortality.

#### New Legislation: Urgent Maternal Warning Signs

- Urgent Maternal Warning Signs: Public Chapter 99
- Requires all hospitals and birthing centers that provide labor and delivery services to provide information about post-birth warning signs prior to discharge following a birth.
- Requires the Department of Health to provide information about post-birth warning signs, including symptoms and available resources, to all hospitals and birthing centers, and have the information available on the department's website.
- Goes into effect July 1, 2025.
- pc0099.pdf



### State of Tennessee PUBLIC CHAPTER NO. 99

HOUSE BILL NO. 572

By Representatives Hemmer, Helton-Haynes

Substituted for: Senate Bill No. 575

By Senator Lamar

AN ACT to amend Tennessee Code Annotated, Title 68, relative to maternal health.

BE IT ENACTED BY THE GENERAL ASSEMBLY OF THE STATE OF TENNESSEE:

- SECTION 1. Tennessee Code Annotated, Title 68, Chapter 5, Part 1, is amended by adding the following as a new section:
  - (a) As used in this section:
    - (1) "Department" means the department of health;
  - (2) "Hospitals" has the same meaning as defined in § 68-11-201(31)(A) and (B); and
    - (3) "Birthing centers" has the same meaning as defined in § 68-11-201.
  - (b) All hospitals and birthing centers that provide labor and delivery services shall provide a mother and, if possible, the mother's caregiver or at least one (1) of the mother's family members information about post-birth warning signs, including symptoms and available resources, prior to discharge following a birth.
  - (c) The department shall provide the information about post-birth warning signs, including symptoms and available resources, to all hospitals and birthing centers and have the information available on the department's website.

SECTION 2. This act takes effect July 1, 2025, the public welfare requiring it.



### New Legislation: Urgent Maternal Warning Signs

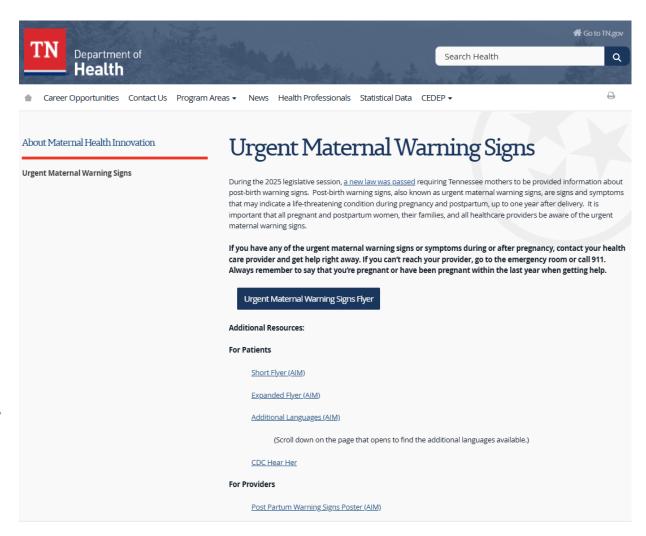
- Post-birth warning signs, also known as urgent maternal warning signs, are signs and symptoms that may indicate a life-threatening condition during pregnancy and postpartum, up to one year after delivery.
- It is important that all pregnant and postpartum women, their families, and all healthcare providers be aware of the urgent maternal warning signs.

- Headache
- Dizziness or fainting
- Changes in your vision
- Fever of 100.4°F or higher (38°C)
- Extreme swelling of your hands or face
- Thoughts about harming yourself or your baby
- Trouble breathing
- Chest pain or fast-beating heart
- Severe swelling, redness, or pain of your leg or arm
- Overwhelming tiredness
- Severe nausea and vomiting
- Severe belly pain
- Baby's movement stopping or slowing during pregnancy
- Vaginal bleeding or fluid leaking during pregnancy
- Vaginal bleeding or discharge after pregnancy



#### New Legislation: Urgent Maternal Warning Signs

- TDH website: <u>Urgent Maternal</u> <u>Warning Signs</u>
- Facilities can choose which warning signs materials that they would like to distribute at their facility
- Examples of materials are provided on the website
- Facilities are not restricted to using materials on our website.





### **Examples: AIM Urgent Maternal Warning Signs**



If you have any of these symptoms during or after pregnancy, contact your health care provider and get help right away.

If you can't reach your provider, go to the emergency room. Remember to say that you're pregnant or have been pregnant within the last year.

Learn more: https://saferbirth.org/aim-resources/aim-cornerstones/urgent-maternal-warning- signs/



Take a photo to learn more

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#### **Urgent Maternal Warning Signs**

https://saferbirth.org/wp-content/uploads/urgent-maternal-signs\_shortV\_English.pdf

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#### **Examples: AIM Urgent Maternal Warning Signs**

#### **URGENT MATERNAL WARNING SIGNS**

If you have any of these symptoms during or after pregnancy, contact your health care provider and get help right away. If you can't reach your provider, go to the emergency room.

Always remember to say that you're pregnant or have been pregnant within the last year when getting help.





- You have a sharp, stabbing, or cramp-like belly pain that doesn't go away · Your belly pain starts suddenly
- and is severe, or gets worse
- · You have severe chest, shoulder.



- You faint or pass out You have dizziness and ongoing, or comes and goes over many days
- You experience a gap in time of which you have no memory



- · You see flashes of light or bright spots
- · You have blind spots or you can't see at all for a short time

CHANGES IN YOUR VISION

 Your vision is blurry, you can't focus, or you're seeing double



· You have a temperature of





- · Feels like the worst headache
- · Lasts even after treatment with medication and fluid intake
- · Starts suddenly with severe pain - like a clap of thunder
- · Throbs and is on one side of your head above your ear Comes with blurred vision



#### **TROUBLE BREATHING**

- · You feel short of breath suddenly or over time, as if you can't breathe deeply enough
- to get enough air in your lungs Your throat and/or chest
- feel tight
- · You have trouble breathing when you're laving down flat head up with pillows to sleep.



#### **EXTREME SWELLING**

- wear rings
- hard to open your eyes all the way—they feel and look puffy

or you have a loss of feeling This swelling is not like the usual

- Swelling in your hands makes it hard to bend your fingers or
- · Swelling in your face makes it
- . Your lips and mouth feel swoller

slight swelling that most moms have during pregnancy, especially during the last few months of pregnancy.

#### You have chest pain, such as:

- - - You have a change in your heartbeat, such as:

neck, or arm

in your chest · An irregular heart rate or

skinned heartheats You feel dizzy, faint, or disoriented You have trouble catching your breath (talking and breathing

are difficult) These symptoms can happen at any time and anywhere or may be triggered by a specific event.



#### **BABY'S MOVEMENTS**

· You feel that your baby has

movement is what is important

- STOPPING OR SLOWING
- . A fast heartbeat or a pounding

. A feeling of tightness or pressure

· Pain that travels to your back.

stopped moving or your baby is moving less than before. There is no specific number of movements that is considered normal, a change in your baby's



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THROWING UP (NOT LIKE MORNING SICKNESS)

You may think about hurting · You feel severely sick to your stomach (nauseous) beyond · Feel very sad, hopeless, or not the normal queasy feeling and throwing up that many moms

than 24 hours

· A dry mouth

Headaches

Confusion

Fever

· You throw up and can't keep

water or other fluids in your

· Dizziness or lightheadedness

- good enough have in early pregnancy . Don't feel that you have control over your life You are unable to drink for more than 8 hours or eat for more · Feel extremely worried all
- the time You may think about hurting your baby and/or you may have scary thoughts that come when you get rid of.

yourself because you:

- If you feel out of touch with reality (you see or hear things that other people don't), or if family/friends are worried about your safety or that you might hurt others, get help now.
- Options for getting help now
- · Go to the local emergency room Call 9-1-1
- · Call the National Suicide Prevention Lifeline at for free and confidential emotional support



SWELLING, REDNESS, OR PAIN OF YOUR LEG

#### Anytime during pregnancy or up to 6 weeks after birth

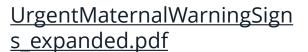
You have swelling, pain, or your calf or in one leg:

- . It may or may not hurt when you touch it
- . It may hurt when you flex your foot to stand or walk
- . The painful area can also be red. swollen, and warm to the touch You have pain, tenderness or swelling in your arm, usually on just one side of your body



OVERWHELMING TIREDNESS

- · You are suddenly very tired and weak, not like chronic fatigue
- You don't have enough energy to go about your day
- No matter how much you sleep, you don't feel refreshed
- You feel so tired that you don't
- get up to take care of your baby You feel sad after having your baby



https://saferbirth.org/wpcontent/uploads/UrgentMate rnalWarningSigns\_expanded. pdf





- You have heavy bleeding soaking through one or more pads in an hour
- You pass clots bigger than an egg or you pass tissue
- You have vaginal discharge that smells bad





- You have any bleeding from your vagina that is more than spotting - like a period
- You have fluid leaking out of your vagina
- You have vaginal discharge that smells bad



https://saferbirth.org/aimresources/aim-cornerstones/ urgent-maternal-warning-signs-2 or scan the QR code below





#### **Examples: CDC Hear Her**

#### Pregnant now or within the last year?

Get medical care right away if you experience any of the following symptoms:



Headache that won't go away or gets worse over time



your hands or face



Severe nausea and throwing up



Dizziness or



Changes in your vision



Fever of 100.4°F or higher



Thoughts of harming yourself or your baby



breathing





Severe belly pain that doesn't go away



stopping or slowing during pregnancy



redness or pain of your leg or arm



or fluid leaking during pregnancy



bleeding or discharge



These could be signs of very serious complications. If you can't reach a healthcare provider, go to the emergency room. Be sure to tell them you are pregnant or were pregnant within the last year.







This list of urgent maternal warning signs was developed by the Council on Patient Safety in Women's Health Care.

Warning-Signs-Poster-LTR-English.pdf

https://www.cdc.gov/hearher/resources/downloadshare/docs/pdf/Warning-Signs-Poster-LTR-English.pdf

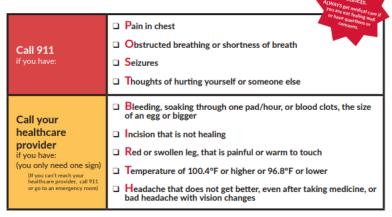


#### **Examples: AWHONN POST-BIRTH Warning Signs**



#### **Get Care for These POST-BIRTH Warning Signs**

Most women and postpartum people who give birth recover without problems. But anyone can have a complication for up to one year after birth. Learning to recognize these POST-BIRTH warning signs and knowing what to do can save your life.



Tell 911 or your healthcare provider:





These post-birth warning signs can become life-threatening if you don't receive medical care right away because:

- catching your breath) may mean you have a blood clot in your lung or a heart problem
- · Seizures may mean you have a condition called eclampsia
- may mean you have postpartum depression
- Bleeding (heavy), soaking more than one pad in an hour or passing an egg-sized clot or bigger may mean you have an obstetric
- Pain in chest, obstructed breathing or shortness of breath (trouble
   Incision that is not healing, increased redness or any pus from episiotomy, vaginal tear, or C-section site may mean an infection
  - . Redness, swelling, warmth, or pain in the calf area of your leg may
- Thoughts or feelings of wanting to hurt yourself or someone else
   Temperature of 100.4°F or higher or 96.8°F or lower, bad smelling. vaginal blood or discharge may mean you have an infection.
  - . Headache (very painful), vision changes, or pain in the upper right area of your belly may mean you have high blood pressure or post birth preeclampsia

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https://saveyourlife.awhonn.org/

AWHONN – Download

https://saveyourlife.awhonn.org/Download.aspx?lang=PB WSSaveYourLifeHandout\_English



### Partner Spotlight



TIPQC has distributed 277,980 POST BIRTH Warning Signs patient education magnets & flyers to 37 hospitals and 50 doulas since 2020

TIPQC has conducted ongoing training from 2020-2023, with 46 hospitals using a toolkit, online training, and statewide webinars.

If delivery hospitals would like to get their logo added to the AWHONN flyer and magnet for distribution, contact Steve Compton at Steven.C.Compton@vumc.org



#### Get Care for These POST-BIRTH Warning Signs

Most postpartum patients who give birth recover without problems. But anyone can have complications for up to one year after birth.

Trust your instincts.
ALWAYS get medica care if your or have questions or have quest

#### ☐ Pain in chest Obstructed breathing or shortness of breath **Call 911** if you have: Seizures ☐ Thoughts of hurting yourself or someone else ☐ Bleeding, soaking through one pad/hour, or blood clots, the size of an egg or bigger Call your Incision that is not healing healthcare provider Red or swollen leg, that is painful or warm if you have: to touch (you only need one Temperature of 100.4°F or higher or (If you can't reach your healthcare 96.8°F or lower provider, call 911 or go to an Headache that does not get better, even after emergency room) taking medicine, or bad headache with vision

#### Tell 911 or your healthcare provider:







1001 208





### Additional Languages

TDH requested information from all Regional Perinatal Centers regarding languages needing translation services

Northeast: English, Spanish, K'iche (Guatemalan), Vietnamese, Thai, Mandarin, Hindi

East: Spanish, Swahili, Arabic, Russian, Vietnamese, Akateca

Southeast: English, Gujarati, Spanish, Vietnamese, Hindi

Middle TN: English, Spanish, Arabic, Burmese, Haitian Creole, Swahili, Somali, Nepali, Dari, Zo

(Zomi), Uzbek, Karen

West: English, Spanish, Arabic, Yemeni, Mam, Swahili, French



### Additional Languages – AIM Urgent Maternal Warning Signs

Afrikaans	Dzonghka	Kashmiri	Pidgin	Telugu
Albanian	English	K'iche'	Portuguese	Tigrinya
Amharic	Faroese	Kinyarwanda	Punjabi	Tongan
Arabic	Farsi	Konkani	Rohingya	Tsonga
Armenian	French	Korean	Romanian	Tswana
Assamese	Fijian	Kurdish	Rundi	Ukrainian
Bahasa	Fulani	Lingala	Russian	Urdu
Bengali	German	Mam	Samoan	Uzbek
Bodo	Greek	Maithili	Sanskrit	Venda
Burmese	Gujarati	Malayalam	Santhali	Vietnamese
Chamorro	Haitian	Marathi	Somali	Wolof
Chinese (Hong	Hebrew	Marshallese	Sotho	Xhosa
Kong)	Hindi	Nepali	Southern Ndebele	Zulu
Chinese (Traditional)	Hmong	Northern Sotho		Zapote
Chinese (Simplified)	Icelandic	Norwegian	Spanish Swahili	
	Ilocano	Oriya		
Chuukese	Italian	Oromo	Swati	
Danish	Japanese	Pashto	Tagalog	
Dari	Kannada	Pennsylvanian	Tajik	
Dogri	Karen	Dutch	Tamil	



### Additional Languages - AIM Urgent Maternal Warning Signs

#### To access the language translations, go to <u>AIM Resources</u>

https://saferbirth.org/aim-resources/aim-cornerstones/urgent-maternal-warning-signs-2/











### Additional Languages - AWHONN Post-Birth Warning Signs

Amharic

Hakka

Lingala

Spanish

Arabic

Hmong

Mandarin

Chinese

Swahili

Bengali

Ilocano

Marshallese

Tagalo

Burmese

Indonesian

Tamil

Chuukese

Italian

Mindat

Tigrinya

Dari Japanese Navajo

Tongan

Dzonghka Karen Nepali

Ukrainian

English Karenni Oromo

Urdu

Ewe Kibembe Pashto

Uzbek

Farsi Kinyarwanda Portuguese

Russian

Vietnamese

French Kirundi

Samoan

Zomi

German Korean

Haitian Creole

Kunama

Sangho

Somali

### Additional Language Requests

Of the identified language needs from the TN regions, the following additional translations have been requested:

Thai Akateca

If you have other language needs for your patients, requests can be made through AIM for additional translations. <u>AIM Resources</u>







### New Legislation: Maternal Health Screening

Tennessee Requirements for Standard Serologic Tests During Pregnancy		
Initial Prenatal Visit <sup>1</sup>	Hepatitis C antibody (anti-HCV) with reflex to HCV RNA if reactive ( <i>new!</i> ) Hepatitis B surface antigen (HBsAg) Syphilis antibody test <sup>2</sup> Rubella immunity <sup>3</sup>	
Third Trimester (28-32 weeks)	Repeat syphilis testing (new!)	
Delivery	Repeat syphilis testing (new!)	

Or at delivery if no prenatal care is received. All positive results for syphilis, hepatitis B, and hepatitis C must be reported.

 On July 1, 2025, mandatory prenatal testing for syphilis and hepatitis will expand as directed by an amendment to Tennessee Code Annotated § 68-5-602



<sup>&</sup>lt;sup>2</sup> Either a nontreponemal (e.g., RPR) or treponemal (e.g., TP-PA) test reflexed to the other if positive.

<sup>3</sup> Not required if previously documented.

### Perinatal Hepatitis C

- In Tennessee, nearly 1,000 infants are perinatally exposed to hepatitis C each year.
- Hepatitis C transmission to the infant occurs in about 6% of pregnancies with hepatitis C and 11% of pregnancies with both hepatitis C and HIV.
- Detecting hepatitis C during pregnancy enables proper testing and treatment for mothers and their infants.
- Screening for hepatitis C in all pregnant women in each pregnancy is recommended by the CDC, along with AAFP, ACNM, ACOG, AWHONN, NPWH, and SMFM (Call to Action Statement)
- Now required by <u>new Tennessee</u> legislation.

#### Call to Action: Routine Hepatitis C Screening in Pregnancy

From the American Academy of Family Physicians; American College of Nurse-Midwives; American College of Obstetricians and Gynecologists; Association of Women's Health, Obstetric and Neonatal Nurses; National Association of Nurse Practitioners in Women's Health; and Society for Maternal-Fetal Medicine.

Routine screening for various infectious agents is an essential part of prenatal care, offering critical protection to pregnant patients and their infants against potentially deadly pathogens. The Centers for Disease Control and Prevention (CDC) recommends hepatitis C screening for all pregnant women during each pregnancy (1). The American Academy of Family Physicians; American College of Nurse-Midwives; American College of Obstetricians and Gynecologists; Association of Women's Health, Obstetric and Neonatal Nurses; National Association of Nurse Practitioners in Women's Health; and Society for Maternal-Fetal Medicine strongly support this recommendation. As professional organizations whose members care for pregnant individuals, we affirm the importance of including hepatitis C screening as an integral part of routine prenatal care and recommend hepatitis C screening during each pregnancy.

#### **HEPATITIS C VIRUS**

Hepatitis C is the most reported bloodborne infection in the United States, with an estimated 66,700 new acute infections and 107,300 newly identified chronic cases of hepatitis C virus infections in the United States in 2020. From 2019 to 2020, the incidence rate of acute hepatitis C increased by 15%. Individuals aged 20-39 years have the highest incidence of acute hepatitis C infection (2).

Because of the increasing number of hepatitis C infections among women of childbearing age, perinatal transmission (intrauterine and intrapartum) is increasing. Between 1998 and 2018, the prevalence of hepatitis C virus-positive pregnancies in the United States increased 16-fold. Maternal hepatitis C infection is associated with an increased odds of preterm labor, fetal distress, and poor fetal growth (3). Approximately 0.4% of live births are delivered by pregnant individuals with hepatitis C infection (4, 5), and 6% of infants born to women with hepatitis C will become infected (6).

#### **ROUTINE HEPATITIS C SCREENING IN PREGNANCY**

Hepatitis C screening in every pregnancy is recommended at the same time as other first trimester routine antenatal testing is performed to identify pregnant individuals with hepatitis C infection and infants who should receive testing at a pediatric visit. Hepatitis C screening during pregnancy should be an opportunity to promote a dialogue between pregnant individuals and their clinicians about hepatitis C transmission and risk factors (7).

Ideally, hepatitis C infection would be diagnosed before pregnancy, and when possible, pre-pregnancy screening for hepatitis C infection is recommended in individuals who have not yet been screened, in accordance with the recommendation for screening at least once in all adults (1, 8). When possible, eligible patients with hepatitis C virus infection should complete therapy before pregnancy (9).

Collectively, the American Academy of Family Physicians; American College of Nurse-Midwives; American College of Obstetricians and Gynecologists; Association of Women's Health, Obstetric and Neonatal Nurses; National Association of Nurse Practitioners in Women's Health; and Society for Maternal-Fetal Medicine are deeply committed to improving hepatitis C screening rates in pregnancy and ask that our members commit to the following:



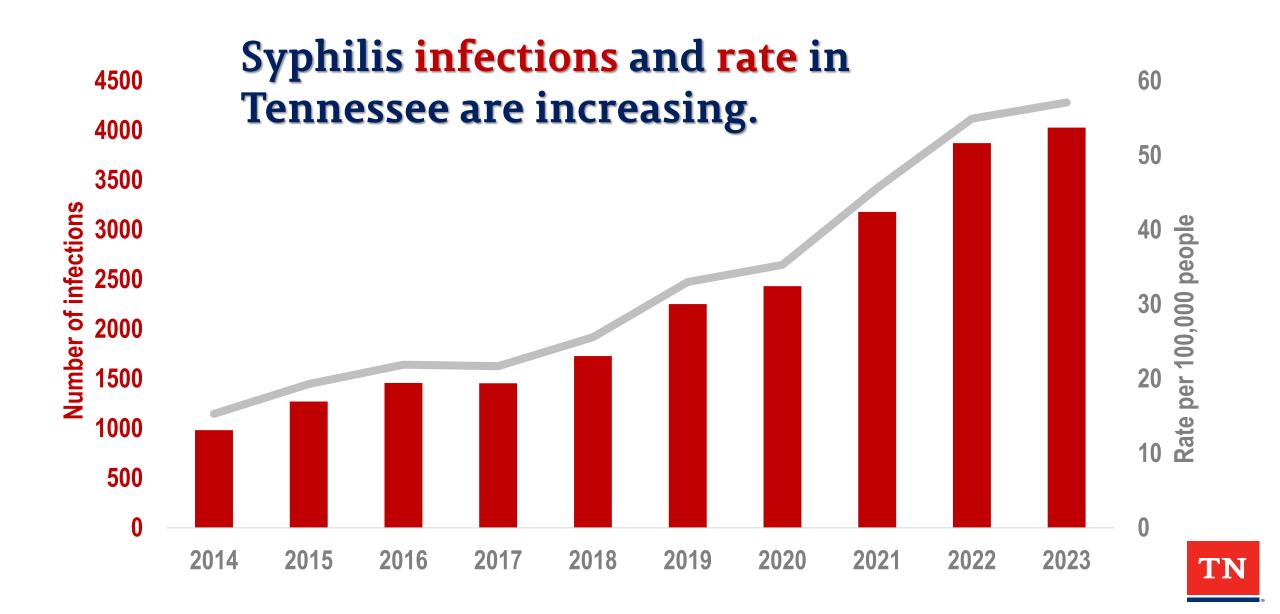


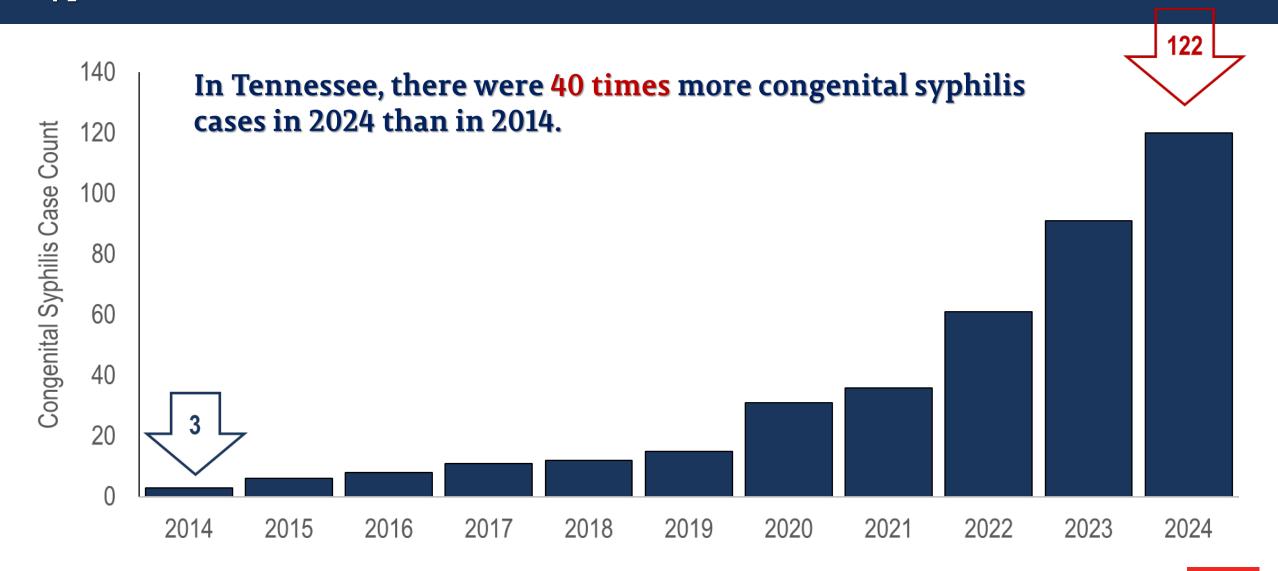






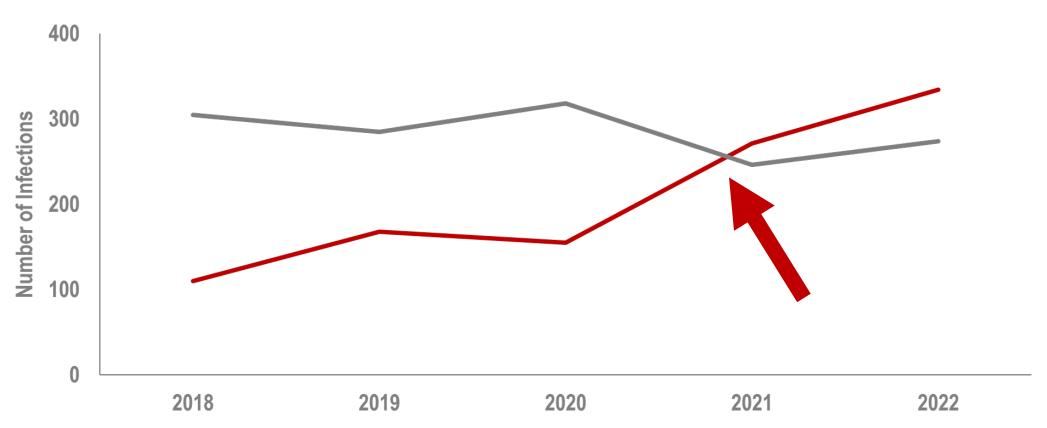






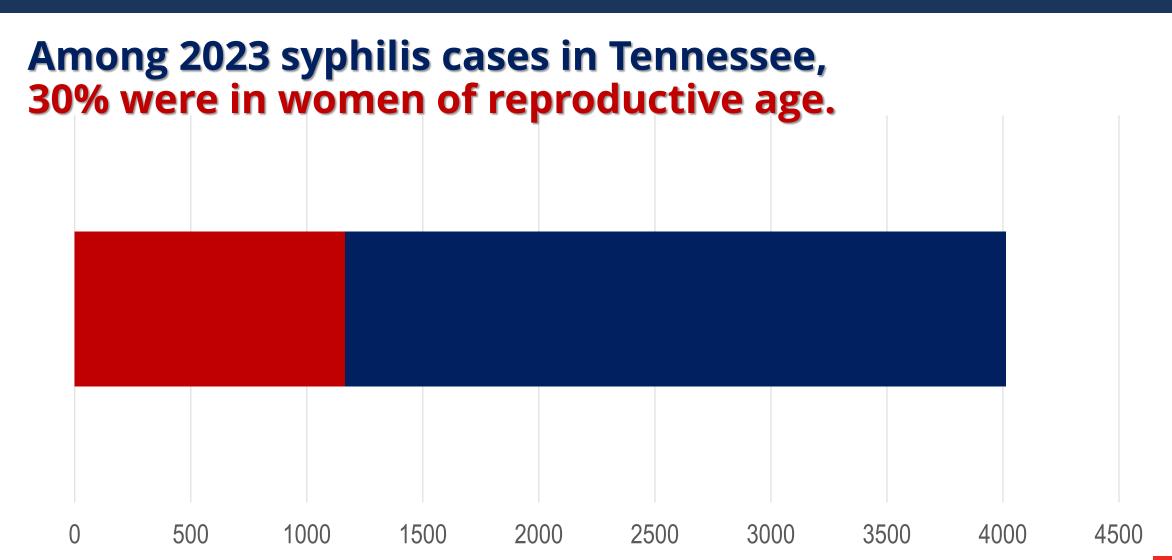


# Among Tennessee men, more infections now happen among those who have sex with women than have sex with men.



\*Excludes Men who have sex with Men and Women from analysis Source: Patient Reporting Investigation Surveillance Manager (PRISM), 2019-September 2022.

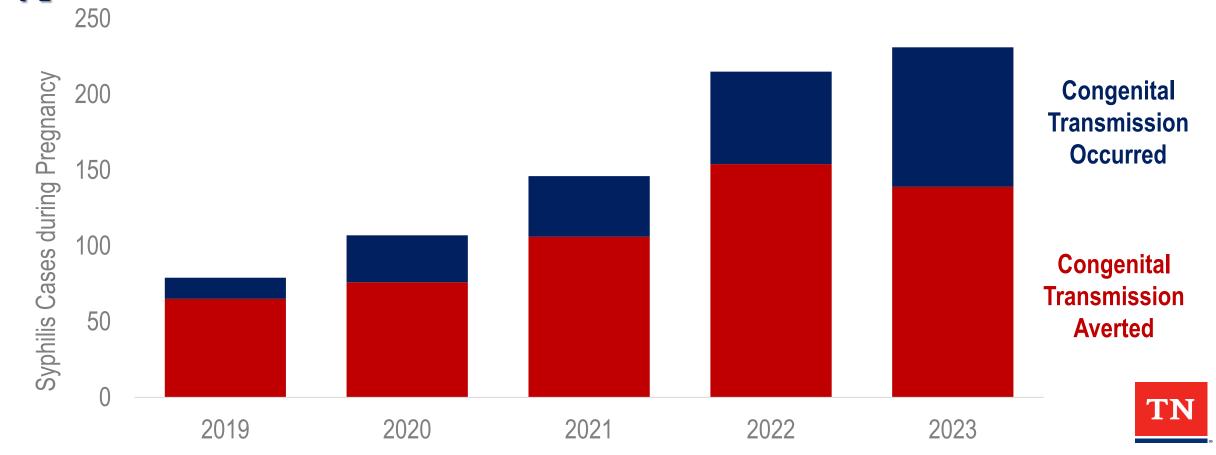






### **Congenital Syphilis**

Prevention of congenital transmission is not keeping pace with increase in pregnant Tennesseans with syphilis.



### New Legislation: Maternal Health Screening

- Maternal Health Screening: Public Chapter 46
- Amends the current law about blood testing during pregnancy
- New law adds hepatitis C testing at first prenatal visit or within 10 days after
- Requires syphilis testing at three time points in pregnancy:
  - At the first examination and visit or within 10 days after
  - 28 to 32 weeks gestation
  - At the time of delivery
- Goes into effect on July 1, 2025.
- pc0046.pdf



SENATE BILL NO. 1283

By Johnson, Massey, Jackson, Reeves, Rose

Substituted for: House Bill No. 111

By Lamberth, Cochran, Greg Martin, White, Hemmer, Sherrell, Helton-Haynes, Cepicky, Hawk

AN ACT to amend Tennessee Code Annotated, Section 68-5-602, relative to maternal health screening.

BE IT ENACTED BY THE GENERAL ASSEMBLY OF THE STATE OF TENNESSEE

SECTION 1. Tennessee Code Annotated, Section 68-5-602(a), is amended by deleting the subsection and substituting:

(a) Every physician, surgeon, or other person permitted by law to attend a pregnant woman during gestation shall, in the case of each woman so attended, take or cause to be taken a sample of the blood of the woman at the time of first examination and visit or within ten (10) days after the first examination. If the first visit is at the time of delivery, or after delivery, then the standard serological test required by this subsection (a) must be performed at that time. The blood sample must be sent to a laboratory approved by the department for testing for syphilis infection, rubella immunity, hepatitis B surface antigen (HBsAg), and hepatitis C antibody (anti-HCV) with automatic reflex to HCV RNA if anti-HCV is reactive. In the same manner, a sample of blood must be taken and tested between the twenty-eighth and thirty-second week of gestation for syphilis for all pregnant women. In the same manner, a sample of blood must be taken and tested for syphilis for all pregnant women at the time of delivery. Additional testing for rubella immunity is not required in subsequent pregnancies once a positive result is verified or a documented history of vaccination against rubella is available. All positive tests for syphilis, hepatitis B, and hepatitis C must be reported to the local health department in accordance with this chapter, and regulations governing the control of communicable diseases in this state.

SECTION 2. Tennessee Code Annotated, Section 68-5-602(b), is amended by deleting the subsection and substituting:

(b) Every person attending a pregnant woman who is not permitted by law to take blood samples shall cause a sample of blood to be taken and tested by a health provider permitted by law to take the samples as required in subsection (a).

SECTION 3. This act takes effect on July 1, 2025, the public welfare requiring it.



### Public Health Recommendations and Action Steps

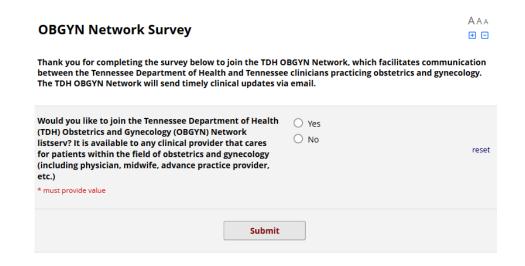
- Update protocols and standing orders to meet new requirements.
- Immediately treat syphilis in pregnancy with penicillin G benzathine.
- Refer women for hepatitis C treatment postpartum and notify pediatricians of perinatal exposure.
- Implement maternal warning signs education prior to discharge at delivery hospitalization as required; consider providing with all discharges from any hospitalization or ED visit during pregnancy.



#### TN OBGYN Network

Join the TDH OBGYN Network for timely communication between the TDH and Tennessee clinicians practicing obstetrics and gynecology.

#### Click to join the TDH OBGYN Network









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