

Tennessee WIC Monthly Infant Food Package

**Effective October 1, 2024*

Formula

Fully Formula Fed

Birth - 3 mos : 870 oz
4 - 5 mos : 960 oz
6 - 12 mos : 696 oz

Mostly Breastfed

Birth - 3 mos : up to 435 oz
4 - 5 mos : up to 522 oz
6 - 12 mos : up to 384 oz

Fully Breastfed

Birth - 12 mos : None

Infant Cereal

Fully Formula Fed

6 - 12 mos : 8 oz

Mostly Breastfed

6 - 12 mos : 8 oz

Fully Breastfed

6 - 12 mos : 16 oz

Infant Meats

Fully Breastfed

6 - 12 mos : 40 oz

Fruit and Vegetables

All Infants

6 - 12 mos : 128 oz or
64 oz and \$10 CVB or
\$20 CVB

**CVB = Cash Value Benefit for fresh and frozen fruits and vegetables. Dried fruits and vegetables are not allowed with infant CVB.*



Download the WIC Shopper App!

- View your balance
- Find stores
- See approved foods

