

Maternal Suicides in Tennessee

2017-2022 Maternal Mortality Review Program Data



IN TENNESSEE, BETWEEN 2017 AND 2022, **27 PREGNANT AND POSTPARTUM WOMEN DIED BY SUICIDE.**



85% occurred between 42 days and 1 year postpartum



Almost **60%** were determined to be related to the pregnancy



Substance use disorder contributed in **48%** of cases

1 in 20
maternal deaths was a suicide

A **maternal death** refers to the death of a woman during pregnancy or within one year following the end of pregnancy.

Contributing Factors in Maternal Suicide Deaths



- ▶ **Unaddressed mental health and substance use issues**, including the lack of screening, treatment, or referral to treatment for mental and behavioral health conditions
- ▶ **Limited access to care and treatment** for mental health conditions or substance use disorder
- ▶ **Legal or child welfare system** involvement
- ▶ **Intimate partner* violence**



The following hotlines are free, confidential, and available 24/7 to call or text.

National Maternal Mental Health Hotline

1-833-TLC-MAMA | 1-833-852-6262

TN Domestic Violence Helpline

1-800-356-6767

*An **intimate partner** refers to both current and former spouses and dating partners.



Scan the QR code or [click here](#) to learn more about the Prevention of Maternal Deaths due to Violence Program, find resources, and see upcoming trainings.



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