

Maternal Mortality in Tennessee

Key Findings from the 2024 Annual Report*

A **pregnancy-related death** is the death of a woman during or within one year of the end of pregnancy from any cause directly related to or an unrelated condition worsened by the pregnancy.



The rate of pregnancy-related deaths **dropped 15%** from 2021 to 2022.



76% of pregnancy-related deaths were **preventable** in 2022.



Women aged **35+ years** experienced the highest burden of deaths.

Leading Causes of Deaths



Mental health conditions accounted for more than 1 in 4 (28%) of deaths.

- Substance use disorder accounted for 70% of these deaths
- Leading cause of death among:
 - Non-Hispanic White women
 - Deaths occurring 43-365 days postpartum

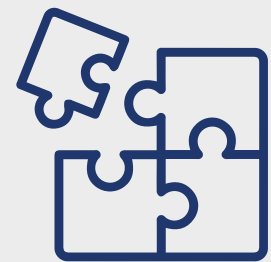


Cardiovascular conditions accounted for 22% of deaths.

- Leading cause of death among:
 - Non-Hispanic Black women
 - Women aged 35 years and older

Key Strategies For Prevention

- 1 Ongoing education and quality improvement
- 2 Screening and management of maternal cardiac disease
- 3 Multidisciplinary care coordination
- 4 Community awareness and education
- 5 Management of maternal mental and behavioral health



For more information and to see recommendations put forth by the Maternal Mortality Review Committee, [check out the full report.](#)

*Unless otherwise noted, findings are for 2020-2022 deaths



Dept. of Health Authorization #MX4GW0-1,
Electronic only, June 10, 2025.
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