



EVIDENCE-BASED  
HOME VISITING  
**SUMMIT**

June 23-26, 2025

Embassy Suites by Hilton Nashville South Cool Springs  
820 Crescent Centre Drive, Franklin, Tennessee, 37067

# Agenda at a Glance

## Monday, June 23

3-5:00pm **Summit Check-in & Welcome Reception** – Lobby

## Tuesday, June 24

7:00am BREAKFAST in General Session Ballroom

8:30am **Welcome, Agenda, & Announcements**  
*Keynote Speaker, Ralph Alvarado, MD, FACP, Commissioner*

9:15am **Leadership & Mentorship for Growth** – Oak-Maple-Hickory Rooms  
Shalini Parekh, MPH | Assistant Commissioner, Health, TDH

**What About the Baby? Returning to the Heart of Home Visiting** – Azalea-Iris-Magnolia Rooms  
Laura Shoaf, Senior Principal Trainer, Healthy Families America & Christa Austin, Principal Trainer, Healthy Families America

**Vaccines 101** – General Session Ballroom  
Caitlin N. Newhouse, MD, MPH, Medical Director, Immunizations, TDH

10:30am **Recognizing Burnout & When Self-Care Is Needed** – Oak-Maple-Hickory Rooms  
Kelvin Elston, Founder & President, Epic Global Group

**Supervising with the Baby in Mind** – Azalea-Iris-Magnolia Rooms  
Laura Shoaf, Senior Principal Trainer, Healthy Families America & Christa Austin, Principal Trainer, Healthy Families America

**Office of Oral Health** – General Session Ballroom  
Lauren T. Weiland, MPH, RDH, Assistant Dental Director, TDH

11:30am LUNCH in General Session Ballroom

1:00pm **Fatherhood Engagement** – Oak-Maple-Hickory Rooms  
Timothy Moore, Urban Thoughts Poetry

**What About the Baby? Returning to the Heart of Home Visiting** – Azalea-Iris-Magnolia Rooms  
Laura Shoaf, Senior Principal Trainer, Healthy Families America & Christa Austin, Principal Trainer, Healthy Families America

**Vaccines 101** – General Session Ballroom  
Caitlin N. Newhouse, MD MPH, Medical Director, Immunizations, TDH

2:15pm SNACK BREAK

2:45pm **Supervising with the Baby in Mind** – Azalea-Iris-Magnolia Rooms  
Laura Shoaf, Senior Principal Trainer, Healthy Families America & Christa Austin, Principal Trainer, Healthy Families America

**Office of Oral Health** – General Session Ballroom  
Laura Hopper, Director, Oral Health Programs, TDH & Lauren T. Weiland, MPH, RDH, Assistant Dental Director, TDH

**Leadership & Mentorship for Growth** – Oak-Maple-Hickory Rooms

Shalini Parekh, MPH, Assistant Commissioner, Health, TDH

**Recognizing Burnout & When Self-Care Is Needed** – Franklin Rooms

Kelvin Elston, Founder & President, Epic Global Group

5:30-7pm DINNER in General Session Ballroom

## Wednesday, June 25

7:00am BREAKFAST in Main Ballroom

8:30am **Agenda & Announcements**

8:40am **Blossom Where You're Planted: Unleashing Your Potential** – Azalea-Iris-Magnolia Rooms

Kelvin Elston, Founder & President, Epic Global Group

**Perinatal Mood & Anxiety Disorders** – General Session Ballroom

Birdie Meyer, RN, Director, Education and Training, Postpartum Support International

**Mental Health First Aid** – Williamson Room, 2<sup>nd</sup> Floor

Jenny Brewer, Clinical Coordinator, Family Health & Wellness, TDH

*NOTE: You must have pre-registered to attend this session.*

10:15am **Fatherhood Engagement** – Azalea-Iris-Magnolia Rooms

Timothy Moore, Urban Thoughts Poetry

11:30am LUNCH in Main Ballroom

1:00pm **Blossom Where You're Planted: Unleashing Your Potential** – Azalea-Iris-Magnolia Rooms

Kelvin Elston, Founder & President, Epic Global Group

**Perinatal Mood & Anxiety Disorders** – General Session Ballroom

Birdie Meyer, RN, Director, Education and Training, Postpartum Support International

2:15pm SNACK BREAK

2-4:00pm **CONNECTION HOURS** – *We encourage you to use this time to connect with others in a small group setting and share your experiences and achievements.*

5:30-7pm AWARDS DINNER in Main Ballroom

*Business dress encouraged.*

## Thursday, June 26

7:00am BREAKFAST in Main Ballroom

8:30am **Updates & Announcements**

8:45am **Group Photo** – Lobby

*Please wear your gray summit t-shirt for the photo.*

9:15am **Summit Celebration!**

10:15am **Debrief, Survey, & Closing Remarks**

11:00am Dismissal



Dept. of Health Authorization #MX7ZR8-1,  
Electronic only, June 23, 2025.  
This public document was promulgated at zero cost.