Suicide Prevention in Tennessee

2026 Annual Report

SUICIDE STATISTICS, 2024

1,229 Deaths by Suicide

17.0 Rate of Suicide*

122.0 Rate of Non-Fatal Intentional Self Injury*

538.5 Rate of Suicidal Ideation*

*Per 100,000 population

METHOD OF SUICIDE, 2024

Percent of Suicide in Tennessee by Method

66% Firearm

18% Hanging

9% Poisoning

6% Other**

16% decrease in suicide among men from 2020 to 2024

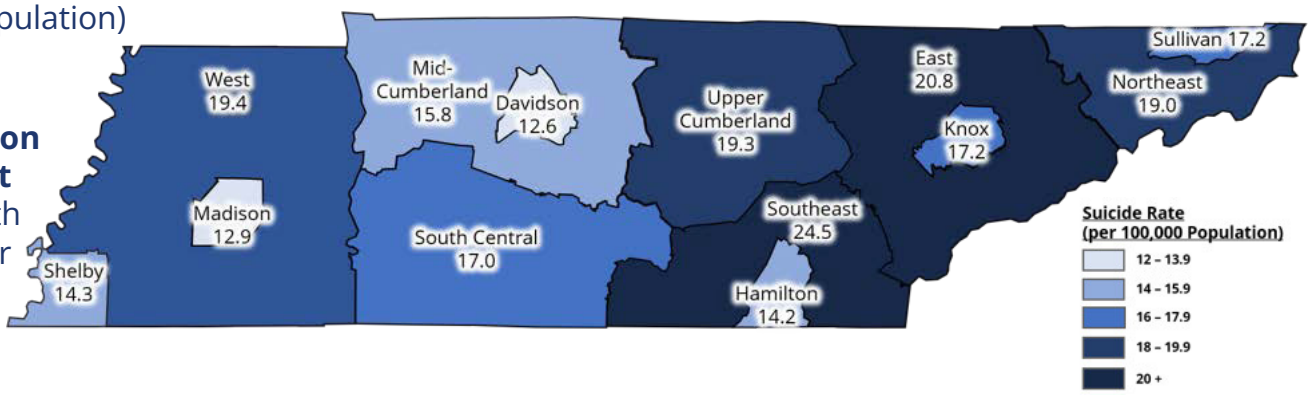
11% decrease in suicide among rural Tennesseans from 2020 to 2024

**Other methods include jumping from a height, drowning and unspecified means.

SUICIDE RATE BY GEOGRAPHY, 2024

(per 100,000 population)

In 2024, the **Southeast Region had the highest suicide rate** with 24.5 suicides per 100,000 population.



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