



Traumatic Brain Injury Resource Information Guide



Department of
Health



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Foreword

A traumatic brain injury (TBI) can happen to anyone at any time, regardless of age, race, gender, or socioeconomic status. The cause, severity, and resulting symptoms and impairments can vary as much as the individuals who experience them. If you are reading these words, chances are your life has been touched by traumatic brain injury, whether you are a TBI survivor, a family member, caregiver, friend, or professional serving the TBI community.

The Tennessee Department of Health's **Traumatic Brain Injury Service Directory and Resource Guide** was developed to help individuals and families locate programs, organizations, agencies, and services available across Tennessee and beyond.

Notice: Inclusion of a program or service in this directory is not intended as an endorsement or promotion. The Tennessee Department of Health's Traumatic Brain Injury (TBI) Program is not responsible for the nature, scope, or quality of the programs listed, nor can it verify the accuracy of the information provided. As such, the TBI Program disclaims any liability arising from the use of or reliance on the information contained in this directory. This resource is intended solely as a reference for the public.

For questions or further information, please contact:

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Traumatic Brain Injury Program

[Phone: 615-741-1230](tel:615-741-1230)

[TBI Hotline \(Toll-Free\): 800-882-0611](tel:800-882-0611)

[Email: Ashley.Chandler@tn.gov](mailto:Ashley.Chandler@tn.gov)



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Welcome! This guide was made to help people who have had a traumatic brain injury (TBI), as well as their families and caregivers. It connects you to resources that may be helpful. Since there is a lot of information in this guide, we added a short set of directions to help you find what you need quickly and easily.



Finding What You Need Quickly:

The easiest way to find something in this guide is by using the search tool on your computer.

Step 1:

- On Windows/PC: Press Ctrl + F
- On Mac: Press Command (⌘) + F

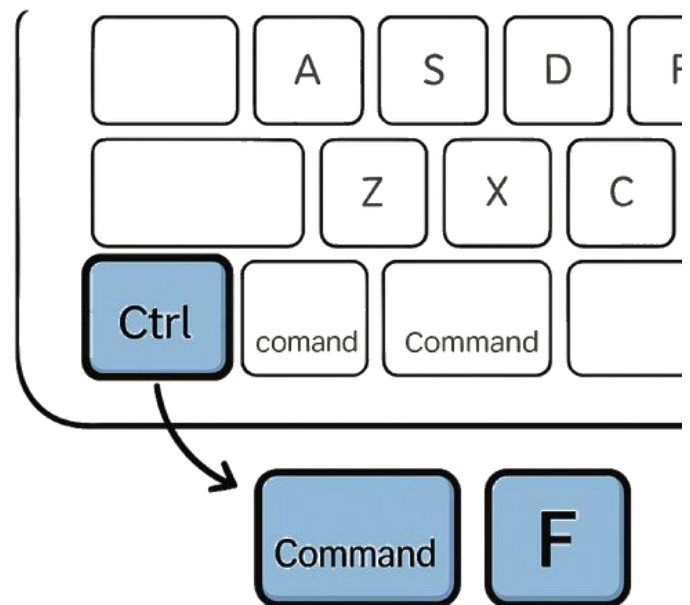
Step 2:

This will open a small search bar on your screen.

Step 3:

You can then type in words such as:

- "Support group"
- "Transportation"
- "Veterans"
- "Speech therapy"
- "Nashville" (or your location)



The document will highlight every place that word appears, helping you jump straight to the resources that matter most to you.

Look for these icons to:



Read more
online



Call from a
smart phone



Email from a
smart device

The goal of TBI Service Coordination is to improve the quality of life for TBI survivors. The Service Coordinator's role is to work with TBI survivors and their families to find out what is needed to better support recovery.

TBI Service Coordinators:

- Develop a comprehensive plan of care
- Provide referrals to available resources and services
- Coordinate services for individual client advocacy

To be eligible for **FREE TBI Service Coordination**, you must:

- (1) be a Tennessee resident
- (2) have a traumatic brain injury (TBI)

Find a local Service Coordinator below. The listing includes their name, organization, contact info, and counties served.

Asia Burks | Regional One Health

[901.545.8487](tel:901.545.8487)

asburks@regionalonehealth.org

Fayette, Haywood, Lauderdale, Shelby (Memphis), Tipton

Jimmie Lee Morris | West Tennessee Rehabilitation Center

[731.541.4941](tel:731.541.4941)

jimmie.morris@WTH.org

Benton, Carroll, Chester, Crockett, Decatur, Dyer, Gibson, Hardin, Hardeman, Henderson, Henry, Houston, Humphreys, Lake, Madison (Jackson), McNairy, Obion, Perry, Stewart, Weakley

Carolina Valdez | Brain Injury Association of America

[615.551.8960](tel:615.551.8960)

cvaldezrios@biausa.org

Cheatham, Davidson (Nashville), Dickson, Montgomery, Robertson, Sumner, Trousdale, Williamson, Wilson

Heather Henderson | Brain Injury Association of America

[931.271.8560](tel:931.271.8560)

hhenderson@biausa.org

Bedford, Coffee, Franklin, Giles, Hickman, Lawrence, Lewis, Lincoln, Marshall, Maury, Moore, Rutherford, Wayne

Samantha Bales | Brain Injury Association of America

[931.271.8660](tel:931.271.8660)

sbales@biausa.org

Cannon, Clay, Cumberland, DeKalb, Fentress, Jackson, Macon, Overton, Pickett, Putnam (Cookeville), Roane, Smith, Van Buren, Warren, White

Ginger Storrar | Chattanooga Area Brain Injury Association (CABIA)

[423.602.7246](tel:423.602.7246)

CABIA@cabiainn.org

Bledsoe, Bradley, Grundy, Hamilton (Chattanooga), Marion, McMinn, Meigs, Polk, Rhea, Sequatchie

Patty Cruze | Patricia Neal Rehabilitation at Fort Sanders

[865.331.1499](tel:865.331.1499)

pcruze@CovHlth.com

Anderson, Blount, Campbell, Cocke, Grainger, Hamblen, Jefferson, Knox (Knoxville), Loudon, Monroe, Morgan, Sevier, Scott, Union

Jake Sipos | Crumley House

[423.257.3644](tel:423.257.3644)

jake@crumleyhouse.com

Carter, Claiborne, Greene, Hancock, Hawkins, Johnson, Sullivan, Unicoi, Washington (Johnson City)



[To learn more, click here and then click the Service Coordination tab.](#)

Tennessee's Traumatic Brain Injury (TBI) Program began in 1993 after families spoke up about the need for support. Each year, about 8,000 Tennesseans are hospitalized with a TBI. These injuries can cause long-term problems with movement, thinking, or emotions, making daily life harder and affecting the whole family. The program helps survivors and their families find services and resources to support healing and increase independence.

Program Components

- Led by a TBI Program Director, with guidance from a 9-member Governor-appointed Advisory Council.
- Funded by fines from six traffic violations, placed into a TBI Trust Fund.
- Offers a central place for information and a toll-free phone line for the public.

Traumatic Brain Injury Registry

- All non-federal hospitals in Tennessee must report TBI-related hospital stays longer than 24 hours to the Tennessee Department of Health.
- Helps track who, where, and how TBIs are happening.
- Patients listed in the registry receive follow-up and outreach from the program.

Brain Links - Federal Grant Project

- In 2021, the program received a federal grant from the Administration for Community Living (ACL) to help people with brain injuries live healthier, more independent lives.
- Brain Links builds strong networks and provides resources to improve services across Tennessee.

Grants for Local Impact

- The TBI Program funds nonprofits and community groups to support survivors and families through service coordination, respite care, and personal care services.



[Click here to visit Tennessee Department of Health's TBI Website](#)

TBI Talk: A Friendly Guide to the Basics

After a brain injury, it's normal for the body and mind to respond in many ways. Below are some common changes you or a loved one might notice.



Cognitive

Changes how the brain processes information

- Gets distracted easily
- Seems to daydream
- Trouble understanding
- Trouble knowing what's real
- Seems mixed-up or unsure
- Forgets things often
- Doesn't notice unsafe situations
- Longer time to answer questions
- Trouble with organization



Verbal

Changes in speaking or using words

- Speech that's hard to understand
- Speaks in a monotone voice
- Uses rude or bad words
- Talks too loudly or too softly
- Has trouble thinking of the right words
- Speech is choppy or broken



Physical

Changes in how the body moves or feels

- Seizures
- Trouble with balance
- Trouble moving around
- Changes in taste or smell
- Tiredness and/or weakness
- Muscle stiffness and shaking
- Trouble with body coordination
- Speech problems

After a brain injury, it's normal for the body and mind to respond in many ways. Below are some common changes you or a loved one might notice.



Behavioral

Actions that can be seen

- Acts without thinking; doesn't plan ahead.
- Gets annoyed easily, argues, or has angry outbursts.
- Walks away or runs off unexpectedly.
- Tries to control others or gets too close to their personal space.



Personality

Changes in thoughts or feelings

- Refuses to admit anything is wrong.
- Feels hopeless, sad, or loses interest in life.
- Face shows very little feeling.
- Feels bad about themselves.
- Focuses mostly on what they want.



Social

Changes in talking and interacting with others

- Acts way too formal or way too friendly.
- Interrupts, is off-topic, or changes the subject often.
- Doesn't make eye contact.
- Talks about things that aren't okay to bring up.
- Lies or makes up stories.
- Struggles to listen and pay attention.
- Trouble getting along with people over time.

Acronym	What It Stands For	What It Means
TBI	Traumatic Brain Injury	An injury that affects how the brain works after a bump, blow, or jolt.
MRI	Magnetic Resonance Imaging	A scan that shows pictures of the brain.
CT Scan	Computed Tomography	A scan that checks for brain damage.
LOC	Loss of Consciousness	The person is knocked out or passes out during the injury.
PTA	Post-Traumatic Amnesia	A time after the injury when a person is confused or can't remember things.
EEG	Electroencephalogram	A test that checks brain waves by using small wires on the head.
CBT	Cognitive Behavioral Therapy	A kind of talk therapy that helps people think and feel better.
	Conservatorship	When a court picks a person to help make big choices for someone who needs support. This is sometimes due to a brain injury.



[Click here to see more on Brainline's Glossary of Brain Injury Terms.](#)

Common Healthcare Providers for TBI Survivors 10



Neurologist

Specializes in problems with the brain and nerves. They find out what kind of brain injury a person has, help treat it, and watch for problems like seizures or trouble thinking.



Neuropsychologist

Helps check and treat thinking, feeling, and behavior problems after a brain injury. They watch changes in memory, focus, mood, and personality.



Neurosurgeon

If surgery is needed, a neurosurgeon will do the operation, often helping in the first treatment of moderate to severe brain injuries.



Psychiatrist

Addresses mental health conditions such as depression, anxiety, or PTSD that may develop post-injury. They can prescribe medications and provide therapy.



Rehabilitation Medicine Doctor

Helps people with rehabilitation and getting better. They plan therapy and help with problems like weak muscles, pain, or tight muscles.



Speech-Language Pathologist

Helps with talking, thinking-and-talking skills, and problems with swallowing, which often happen after a brain injury.

GLASGOW COMA SCALE (GCS)

A neurological test that determines how serious a brain injury is.

Used for:
Initial injury
severity assessment.

It scores based on:
Eye opening, verbal,
and motor response.



[To learn more
about GCS,
click here.](#)

DISABILITY RATING SCALE (DRS)

Tracks how a person's abilities get better over time.

Used for:
Monitoring recovery
and long-term
outcomes.

It measures:
Physical disability, functional
independence, awareness,
and cognitive ability.



[To learn more
about the TBI
DRS, click here.](#)

FUNCTIONAL INDEPENDENT MEASURE & FUNCTIONAL ASSESSMENT MEASURE (FIM/FAM)

Tracks how well a person can do daily activities on their own.

It tests:

Self-care (eating, bathing, dressing), bowel and
bladder management, mobility, and cognitive skills.



[To learn more
about FIM/FAM,
click here.](#)

RANCHO LOS AMIGOS SCALE (RLAS)

Describes a person's cognitive and behavioral recovery in stages.

Used for:
Tracking cognitive
improvement
over time.

It helps:
Care teams set
expectations and
guide rehab goals.



[To learn more
about RLAS,
click here.](#)

Question

Answer

Who is at risk for a traumatic brain injury (TBI)?

Traumatic brain injuries are most common among children, teenagers and young adults ages 15 to 24, as well as adults 75 and older.

What are the types of brain injuries?

There are two main kinds of brain injuries. A penetrating injury happens when something goes into the brain. A closed head injury happens when the head is hit or bumped.

What is rehabilitation?

Rehabilitation helps people get better and go back to their daily lives with help from doctors, therapists, social workers, and nurses.

Is a traumatic brain injury permanent?

Experts think a traumatic brain injury (TBI) is a long-term condition that needs care for a person's whole life. Medicine and rehabilitation can help people improve their skills and feel better.

How can families best support a TBI survivor?

Families can help someone with a TBI by being patient, learning about the injury, talking openly, giving emotional support, and encouraging rehab and independence.



[To find more frequently asked questions about TBI, click here.](#)

Resources and Services

[Brain Injury Association of America | Tennessee Chapter](#)

- **National Information Center:** [Toll-free helpline 1-800-444-6443](#).
- **Education:** Equips healthcare professionals with evidence-based knowledge and best practices.

 smulder@biausa.org

 [615-988-9638](tel:615-988-9638)

[Disability Rights Tennessee](#)

- **Free Legal Advocacy:** Offers assistance focused on protecting the rights of Tennesseans with disabilities.
- **Investigation of Abuse & Neglect:** Actively investigates reports of abuse and neglect in various settings.
- **Community Education:** Maintains a broad resource library covering topics.

 gethelp@disabilityrightsTN.org

 [800-342-1660](tel:800-342-1660)

[Office of Conservatorship and Management](#)

- **Welfare reviews:** Conducts home visits and interviews to assess well-being of individuals.
- **Financial Oversight:** Detects fraud or mismanagement.
- **Education:** Guides to help caregivers navigate responsibilities.

 [Fill out this form to contact the Office of Conservatorship and Management](#)

 [615-880-3355](tel:615-880-3355)

Tennessee Center for Decision-Making Support

- **LifeCourse Decision-Making Tool:** Helps assess which levels of decision support they need.
- **Legal Support:** Guides on Achieving a Better Life Experience account (ABLE) accounts, special needs trusts, conservatorship alternatives, etc.
- **Decision-Making Guidance:** Explains SDM agreements, tools, and strategies.

 [Fill out this form to contact the Tennessee Center for Decision-Making Support](#)

 [615-248-5878, Ext: 322](tel:615-248-5878)

Tennessee Civil Rights Enforcement Division (CRED)

- **Resources:** Education on the Tennessee Human Rights Act and Disability Act.
- **File a Complaint:** If you believe you were discriminated against because of your race, religion, sex, age, disability, national origin, or family status, you may file a complaint with CRED.
- **Public access to records:** Maintains a public records policy

 CRED@ag.tn.gov

 [615-741-5825](tel:615-741-5825)

Tennessee Technology Access Program (TTAP)

- **Funding Assistance:** Funding options to acquire assistive technology devices.
- **Device Loan Program:** Offers short- and long-term device loans to allow hands-on evaluation before purchase.
- **Fixes Used Devices:** Makes repaired assistive devices available for people who need them.

 TN.TTAP@tn.gov

 [833-772-8347](tel:833-772-8347)

Camp/Recreation

Easterseals Tennessee Camp

Offers overnight summer camps for adults with disabilities. Located in Middle Tennessee. The camp provides activities like swimming, arts and crafts, and more. Camp sessions are tailored by age and ability level to ensure every participant can fully engage and thrive.

 [Fill out this form to contact Easterseals Tennessee Camp](#)

 [615-292-6640](tel:615-292-6640)

United Cerebral Palsy of Middle Tennessee

United Cerebral Palsy's Sports and Recreation Program is a year-round activity for people with disabilities and their families that takes place every week and during specially designated weekends.

 Request_Info@ucpnashville.org

 [615-242-4091](tel:615-242-4091)

[Brain 101](#)

A school-wide concussion management program designed to minimize the risks associated with sports concussion.

 info@orcasinc.com

 [541-349-4807](tel:541-349-4807)

[Heads Up CDC Program](#)

Raising awareness and improving management of concussions.
Resources: concussion basics, symptoms, trainings, and more.

 [800-232-4636](tel:800-232-4636)

Disability Services

[Disability and Aging Services](#)

Programs and resources supporting individuals with services from early intervention to crisis stabilization. Also provides a robust infrastructure for providers, policy guidance, community engagement, and workforce participation.

 dda.aging@tn.gov

 [615-741-2056](tel:615-741-2056)

[Tennessee Department of Human Services \(TDHS\)](#)

TDHS's Disability Services division offers vocational and independent living services covering disability determination, assistive technology, community advocacy, and more.

 [Click here to find contact information for all the DHS services.](#)

 [615-242-4091](tel:615-242-4091)

 Tennessee Council on Developmental Disabilities

- **Scholarship Fund:** To attend disability-related conferences and trainings.
- **Leadership Training:** Free, 8-month training for adults.
- **Policy and Systems Change:** The Council collaborates with policymakers, state agencies, and communities to bridge gaps in services.

✉ tnddc@tn.gov

☎ [615-532-6615](tel:615-532-6615)

 TNStep

Special education support, empowering families and caregivers with essential information, education, and support for children and youth with disabilities, focusing on healthcare, special education, and family engagement.

✉ gethelp@tnstep.info

☎ [800-280-7837](tel:800-280-7837)

Employment Services

 JOBS 4 TN

The state's unified workforce portal offers comprehensive employment, training, and unemployment services.

Resources: Job matching, resume creation, labor data, training/referral services, and comprehensive employer support.

☎ [1-844-224-5818 \(Help Desk\)](tel:1-844-224-5818)

 American Job Center - Tennessee

A directory for Tennessee's American Job Centers in all 95 counties. Centers provide in-person employment and workforce services.

Resources: Job searching, skills development, employer connection, and veteran support.

 **Find a job center in Tennessee.**

☎ Find the local number under each listing.

■ Click the chat icon to schedule an appointment.

[Social Security Disability Information](#)

Social Security Disability Insurance (SSDI) provides monthly payments to people who have a disability that stops or limits their ability to work.

Eligibility: Individuals with a disability or blindness and enough work history.

 [Fill out this form to email the support team.](#)

 [Before you call, click here to view FAQs.](#)  [800-772-1213](#)

 [Click here to apply for Social Security benefits.](#)

[Vista Points](#)

A nonprofit organization that offers resources on establishing special needs trusts, educational programs, and referrals to attorneys to assist families.

 info@vistapoints.org

 [888-422-4076](tel:888-422-4076)

Housing and Living Care Arrangements

[Accessible Space - Tennessee](#)

A nonprofit organization dedicated to developing and managing affordable, accessible housing combined with supportive living services.

 info@accessiblespace.org

 [651-645-7271](tel:651-645-7271)

 [Click here and follow the instructions to apply for housing.](#)

Tennessee Locations:

 [Hagy Commons](#) | 2737 McCampbell Ave., Nashville, TN 37214

[McCullough Place](#) | 1456 Gillham Dr., Memphis, TN 38134

[Welsh Manor](#) | 2900 Coleman Rd., Memphis, TN 38128

[Crumley House](#)

The Crumley House provides 24/7 residential care for individuals with brain injuries, including rehabilitation, daily living support, on-site meals, medication management, and local healthcare transportation. Staff are specially trained in brain injury care.

 [Fill out this form to contact the Crumley House.](#)

 [423-257-3644](#)

 [Click here to apply to Crumley House.](#)

[Hosanna Community](#)

- **Residential Independent Living Communities:** For adults with physical or developmental disabilities.
- **Recreational Programming:** Daily meals and on-site recreational activities.
- **Emotional & Spiritual Support:** Emphasizes holistic well-being by offering emotional encouragement.

 [Fill out this form to contact Hosanna Community.](#)

 [423-870-6880](#)

[NeuroRestorative Castilian Springs](#)

Serves adults, 21 and older, with rehabilitative needs including brain and spinal cord injury and other challenges. Care includes health care and therapies, home and community supports, and Behavioral Health.

 [Fill out this form to contact NeuroRestorative.](#)

 [800-743-6802](#)

[FindHelp | Tennessee](#)

Findhelp is a free website that connects you to local resources like food, housing, healthcare, and financial assistance. Just enter your ZIP code to see a list of nearby programs and services.

HOW TO USE FINDHELP:

1. [Click here to visit FindHelp's website.](#)
2. Enter your ZIP code in the search bar
3. Choose a category (like food, housing, healthcare, or help paying bills).
4. Browse the list of local programs and services that match your needs.
5. Click on a program to see more details and how to apply.
6. Reach out to the organization through the contact information provided.
7. Apply online if available.

 [Click here to schedule a call, submit a contact form, or visit the support portal.](#)

 [Create an account by clicking here to sign up.](#)
An account is not necessary to use this website.

[Tennessee Association of Human Resource Agencies](#)

- **Housing & Community Assistance:** Helps maintain safe and affordable homes.
- **Nutrition & Health Support:** They provide Meals on Wheels and nutrition education.
- **Transportation:** Rural public transit systems that provide essential services.

 [Click here to find a local representative, their email, and phone number.](#)

 Tennessee Disability Pathfinder

A directory of services, community calendar, and trainings for the disability community. **How to use the Resource Directory:**

- Go to “Resource Directory” on the homepage.
- Filter by service type, age group, disability, location, language, etc.
- Click “Search” to view and explore listings.

 tnpathfinder@vumc.org

 [800-640-4636](tel:800-640-4636)

 United Way | 2-1-1

2-1-1 is the most comprehensive source of information about local resources and services in the country. It is a three-digit number for information and referrals to social services and other assistance.

 211@uww.unitedway.org

 [2-1-1](tel:2-1-1)

Medical

 Medicare

- **Hospital & Medical Coverage:** Helps pay for hospital care and some home health services.
- **Prescription Drug Coverage:** Available through stand-alone plans or included in Medicare Advantage
- **Resources:** Provides guidance on claims, appeals, and how to choose between Original Medicare, Advantage, or supplemental (Medigap) plans.

 [Click here, create an account, and get started.](#)

 [800-633-4227](tel:800-633-4227)

Tennessee Charitable Care Network

- **Charitable Healthcare Access:** Free or reduced-cost medical services.
- **Public Education & Advocacy:** Raising awareness about rights under the Tennessee Human Rights Act.
- **Free trainings:** Programs on understanding rights and effectively filing complaints.

 info@tccnetwork.org

 [615-970-6499](tel:615-970-6499)

TennCare

- **Comprehensive Health Coverage:** For medical, behavioral health, prescription drug, dental, etc.
- **Long-term Services & Supports:** Community-based care and services that support independence
- **Tools for Members:** Offers tools like TennCare Connect, Episodes of Care and Health Link.

 [Click here to read instructions on how to apply for TennCare.](#)

 [Click here to apply for TennCare.](#)

 [855-259-0701](tel:855-259-0701)

Tennessee CHOICES Program

Offers eligible seniors (65+) and adults with physical disabilities (21+) comprehensive long-term support services.

HOW TO APPLY:

- Already on TennCare? Call the number on your TennCare card.
- Not on TennCare? Call [866-836-6678](tel:866-836-6678) to reach your local Area Agency on Aging & Disability.

 [1-855-259-0701](tel:1-855-259-0701) – Member and Applicant Support



Behavioral Health Safety Net

- **Mental Health Care:** Connects Tennesseans (18+) with essential outpatient services.
- **Medication Support:** Helps adults access reduced-cost medications.
- **Psychosocial Rehabilitation:** Offers peer support services and rehab to build life skills.

 CA.TDMHSAS@tn.gov

 [800-560-5767](tel:800-560-5767)

 [Tennessee Provider Contact List](#)



Centerstone

- **Counseling:** Provides outpatient counseling, psychiatric evaluations, and management.
- **Addiction Recovery & Crisis Services:** Recovery programs and medication-assisted treatment.
- **Supportive Community Programs:** Psychosocial rehabilitation, housing assistance, school-based therapy, and more.

 [Click here to submit a contact form to Centerstone](#)

 [877-467-3123](tel:877-467-3123)

 [Centerstone Programs in Tennessee](#)
[Centerstone Facilities in Tennessee](#)



Cumberland Heights

- **Addiction Treatment Services:** Extended care bridging inpatient and outpatient treatment.
- **Telehealth Programs:** Individual therapy and group sessions.
- **Specialized Support Services:** Family programs and spiritual care.

 [866-416-2219](tel:866-416-2219)

 [Find clinics here: https://cumberlandheights.org/locations/](https://cumberlandheights.org/locations/)

Tennessee Mental Health Consumers Association

- **PeerLINK:** Offers peer-to-peer recovery services.
- **Peer Intensive Care Services (PICS):** Delivers peer-led support and recovery education.
- **BRIDGES & WRAP Trainings:** 10-week recovery education course, support groups, Emotional CPR and Resilience workshops.

 info@tmhca-tn.org

 [1-888-539-0393](tel:1-888-539-0393)

 [Click here to find a local TMHCA office and contact information](#)

[Click here to find TNMHCA upcoming events.](#)

Tennessee Mental Health and Substance Abuse Services

Oversees statewide mental health and substance use services, including crisis intervention, outpatient care, peer support, supported housing, and recovery programs for both adults and youth.

 OCA.TDMHSAS@tn.gov

 [800-560-5767](tel:800-560-5767)

TN REDLINE

24/7 hotline that connects Tennessee residents with state-funded, addiction treatment and recovery services.

 mail@taadas.org

 [1-800-887-9789](tel:1-800-887-9789) – Text or Call

988 Lifeline

Crisis and suicide lifeline. Free, 24/7, confidential support. Call and press 0, text, or chat.

 [Click here to fill out the 988 contact form.](#)

 [988](tel:988)



Transition Tennessee

Provides downloadable PDFs and toolkits designed to help families navigate resources.

Resources:

Finances and benefits, self-advocacy, community and post-secondary supports, independent living, and employment planning.



[Click here to fill out a contact form for Transition Tennessee.](#)



[Click here to register for free content from Transition Tennessee.](#)



Tennessee Caregiver Coalition

A nonprofit organization that supports family caregivers across the state. It offers financial assistance for respite care through programs like the Respite Voucher and Emergency Respite Voucher.



info@tncaregiver.org



[615-269-8687](tel:615-269-8687)

Public Services



Adult Protective Services

- **Intake & Reporting Services:** 24/7 hotline and online portal for reporting suspected abuse.
- **Protective Investigations:** Assesses risk and offers voluntary protective services.
- **Coordinated Response Teams:** Collaborates with law enforcement and district attorneys to address adult protection cases.



[888-277-8366](tel:888-277-8366)



[Click here to file a report or follow up on an open report.](#)

Disabled Driver Resources

Tennessee offers disabled plates and placards for people with permanent or temporary disabilities. These allow for accessible parking.

 [800-342-1003](tel:800-342-1003)

 [Fees and Application](#)

Yellow DOT Program

A free program that helps first responders in a crash. Drivers get a yellow sticker for their car, a folder with medical information, and a photo for the glove box.

 TDOT.Comments@tn.gov

 [615-741-2848](tel:615-741-2848)

Service Animals

Retrieving Independence

- **Training:** Trains service dogs for people with disabilities.
- **Application Process:** Makes sure the dog and handler are a good match.
- **Volunteer & Prison Program:** Uses local volunteers and people in prison to help train the dogs and support their own growth.

 info@retrievingindependence.org

 [615-934-0444](tel:615-934-0444)

Americans with Disabilities Act (ADA)

Provides information, materials, and technical assistance to individuals and entities that are covered by the ADA.

✉ ada@tndisability.org

Brain Links

A statewide team of brain injury specialists that connects and equips professionals with research-based training, tools, and resources to better recognize and serve people affected by brain injury.

✉ tbi@tndisability.org

Family Voices of Tennessee

Family Voices works with Tennessee Disability Coalition to support families of children with special healthcare needs, chronic illnesses, or disabilities.

✉ familyvoices@tndisability.org

Public Policy Program

Advocates for public policies that promote equal opportunity and independent living for children and adults with disabilities.

✉ coalition@tndisability.org

Small Grants Program

Provides funding to nonprofits and government entities who do not currently serve the disability community but are building their internal capacity to do just that.

✉ smallgrants@tndisability.org

WorkAbleTN

Cutting through the confusion of work, income, and benefits so people can earn without losing what they rely on.

✉ alice_o@tndisability.org

Thank You for Using the Directory and Resource Guide

Thank you for taking the time to look at this directory. Our goal is to help people with traumatic brain injury and their caregivers find services and support more easily across Tennessee. We hope this guide has helped you find the care and programs you need.

Contact

Tennessee Department of Health
Family Health and Wellness Division
Traumatic Brain Injury Program

 [1-800-882-0611](tel:1-800-882-0611) (TBI Hotline)

 TBI.Health@tn.gov

 [Visit the TBI Website](#)

 710 James Robertson Pkwy
Nashville, TN 37243

Recovery and support are possible. Whether you are a survivor, caregiver, or provider, thank you for helping improve brain injury care in Tennessee.



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