

ALZHEIMER'S DISEASE

Mid-Cumberland Region Facts and Figures

140,000

The number of Tennesseans aged 65 and older to be affected by Alzheimer's disease by 2025.

Dementia Alzheimer's Disease

An umbrella term for loss of memory and other thinking abilities severe enough to interfere with daily life.

Is a type of dementia and accounts for 60-80% of all cases.

7th

Leading cause of death for all Tennesseans.

7th

Leading cause of death in the Mid-Cumberland Region.

([Heart disease](#) is the leading cause of death statewide and county level.)

Women

Living with Alzheimer's disease and related dementias (ADRD) in the Mid-Cumberland Region have a higher age-adjusted mortality rate than men.

(Adults 65+; women 428.5 per 100k vs men 298.8 per 100k)

African Americans

Living with ADRD in Mid-Cumberland Region have a higher age-adjusted mortality rate than whites.

(Adults 65+; African American 403.1 per 100k vs whites 358.8 per 100k)

caregiver /'ker.givər/

Provides help to a person to achieve tasks and functions necessary for daily life; those caring for **family members of origin** (mom, dad, brother, sister, grandparent, etc) as well as their **chosen family** (congregation member, neighbor, close friend)

\$7.7 Billion

Cost of care provided by 367k unpaid caregivers provided totaling 4.96 million hours.

29.8%

Caregivers reported having depression.

66.7%

Caregivers reported at least one chronic condition.

(Behavioral Risk Factor Surveillance System (BRFSS) identifies chronic conditions as heart disease, stroke, arthritis, diabetes, asthma, and cardiovascular disease.)

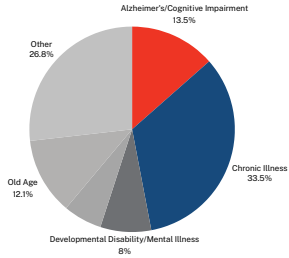
40.0%

Of all AD/RD could be prevented or delayed by addressing potentially modifiable risk factors*.

*Traumatic brain injury, depression, diabetes, hypertension, obesity, smoking, hearing loss, air pollution, education level, alcohol consumption, physical inactivity, and social contact.

13.5%

Of caregivers provided support to individuals living with an Alzheimer's disease diagnosis.



22.0%

Increase in total statewide Medicare costs for patients, per capita, living with AD/RD from 2017 - 2021.



In 2021, among Medicare recipients in the Mid-Cumberland Region:

23.1%

Individuals who visited an emergency department (ED) had a diagnosis of AD/RD.

1,529 Visits

Individuals with AD/RD experience a higher rate of ED visits, with 1,529 visits per 1,000 person years.

39.3%

Of all home health claims were from AD/RD patients.

56.4%

Of hospice stays involved patients with AD/RD.

(Women living with AD/RD stayed 68.3 hospice days on average vs men 46.2)