Age-Friendly Public Health System Celebration and Town Hall Northeast Tennessee

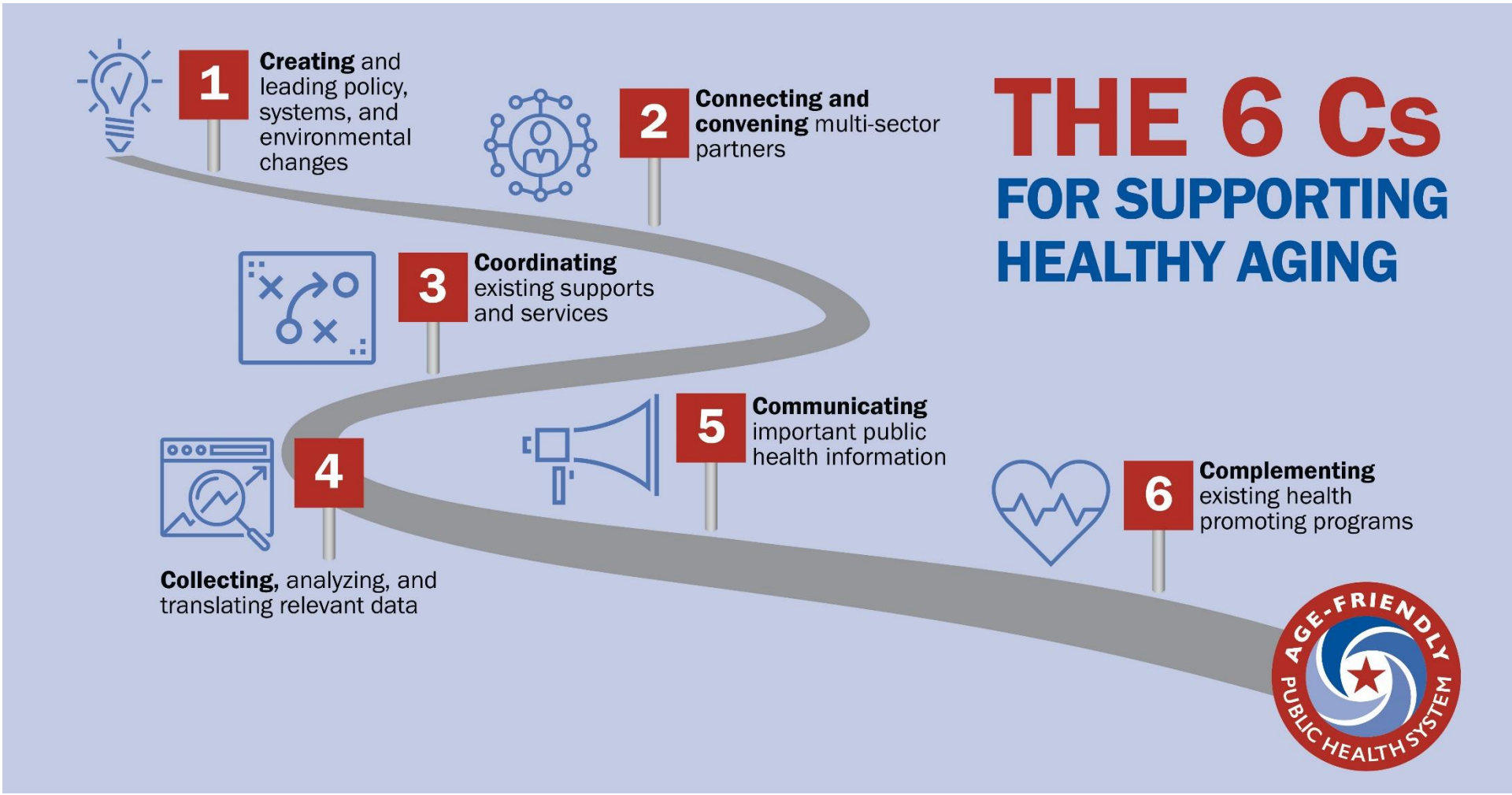
Rebekah English, Northeast TN Regional Director of Public Health, Tennessee Department of Health

Welcome

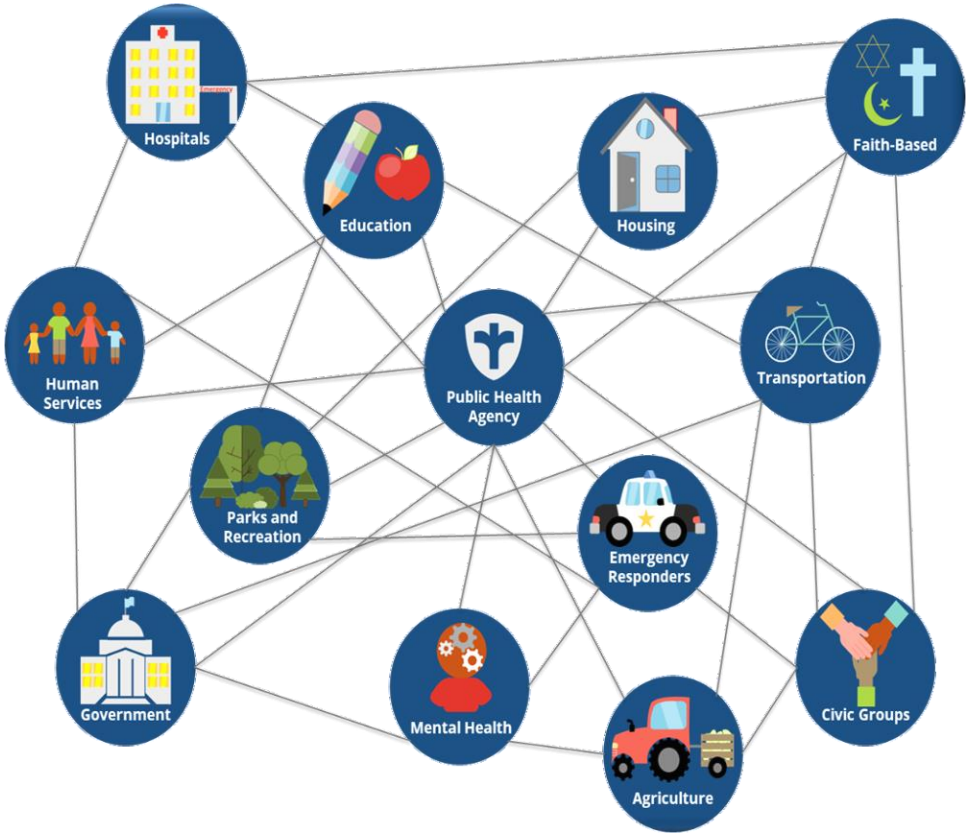
Objectives

- Discover how public health is prioritizing healthy aging as a fundamental aspect of its mission
- Examine Tennessee's Age-Friendly Ecosystem
- Gain insights on available resources and actions to advance your community's age-friendly initiatives

Creating an Age-Friendly Public Health System



Cross-Sector Collaboration is a Public Health Best Practice



Improving the health and well-being of older adults and caregivers

- 7 Northeast Tennessee Local Health Departments recognized as Age-Friendly Public Health System!
- Multi-sector partnerships

Let's Stay in Touch!

Rebekah English | Regional Director of Public Health
Northeast Tennessee
Tennessee Department of Health, Division of Community Health Services
185 Treasure Lane
Johnson City, Tennessee 37604
p. 423-979-4624
email: rebekah.english@tn.gov

Website: Northeast Region

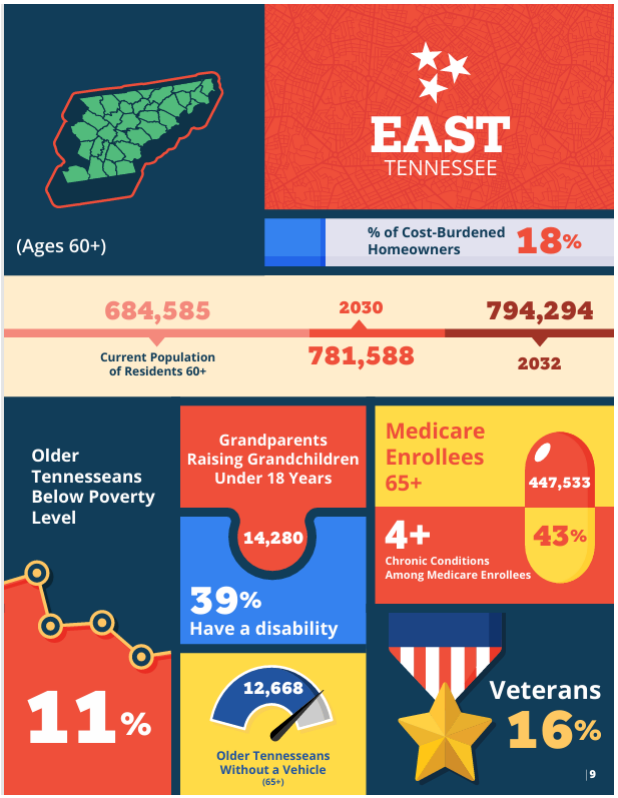
Megan Wolfe, JD

Email: mwolfe@tfah.org

Celebrating Age-Friendly Public Health Advancement in Northeast Tennessee

Megan Wolfe, JD
January 31, 2025

Tennessee's Age-Friendly Public Health Systems



AFPHS Departmental Recognitions

- Carter County
- Greene County
- Hancock County
- Hawkins County
- Johnson County
- Unicoi County
- Washington County

AFPHS Recognitions—Champions
45 Champions in the state!

- Carter County: Shana Johnson, Rachael Cunningham
- Greene County: Madison Huffine
- Hancock County: Sonya Winkle
- Hawkins County: Mikaela Sugga
- Johnson County: Angie Stout
- Unicoi County: McKenna Conway
- Washington County: Emilie Bordeau, Anna Carpenter, Jenny Donaldson

AFPHS Recognitions—Action Plans

Carter County Health Department will introduce Age-Friendly Public Health Systen Senior's Cent community p

Greene County Health Department will lead the CHA/CHIP process every three years and consider older adul

Hancock County Health Department will establish a partne senior

Hawkins County Health Department will partner with TN Alzheimer's Association and local law enforcement agencies to host and car

Johnson County Health Department will review and update its emergency preparedness plans annually to ensure they addr othe

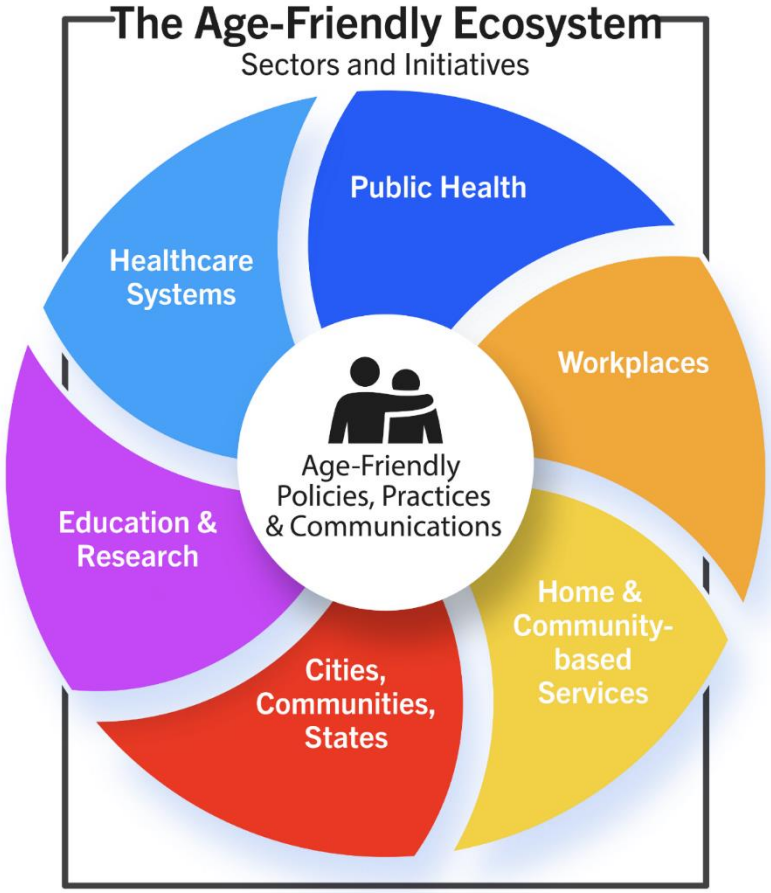
Unicoi County Health Department has brought awareness on scams, online and social media safety to Gove and

Washington County Health Department will implement older adult health education (e.g., diabetes, falls risk, dementia, etc.) at health fairs and collaborate with aging sector partners to ensure older adults participate in events.

Age-Friendly Ecosystem

What is it?

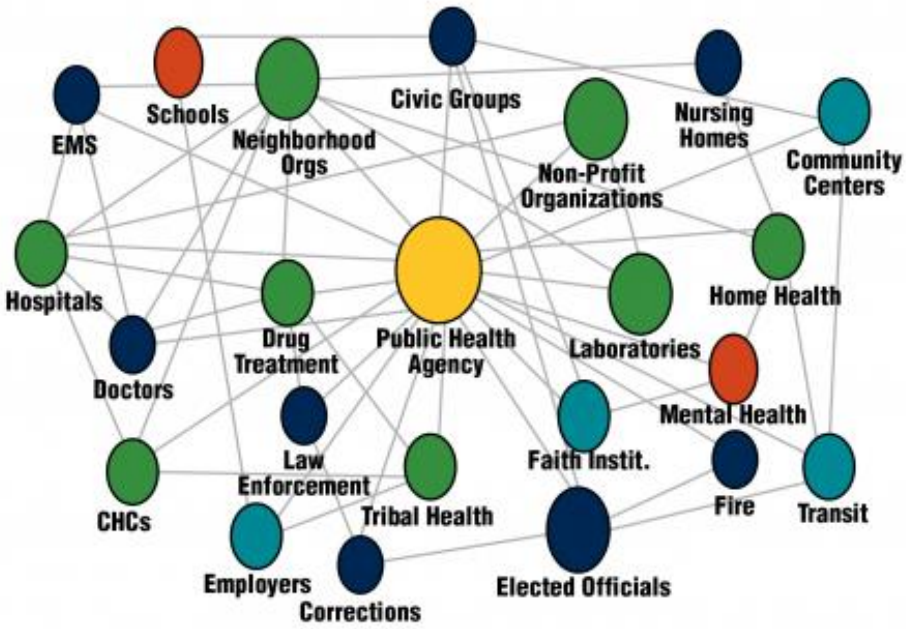
A comprehensive, collectively built, ever-expanding platform whose goal is to improve quality of life for older adults through enhanced, collaborative impact.



Age-Friendly Ecosystem

Why is multi-sectoral collaboration needed?

- Eliminate silos
- Prioritize common goals
- Elevate older adult voice
- Target limited resources
- Share expertise
- Expand and deepen partnerships
- ***Policy, systems, environmental change***



Age-Friendly Ecosystem Workshop Learnings

- Leadership is crucial: continuity is key
- Cross-sector understanding: ROI for each sector will vary
- Partnerships: think outside the box
- Funding: it's not just how much, but how can it be used?
- Time: it takes time to build buy-in and trust
- Creativity: be nimble and recognize opportunities
- Job descriptions: AFE efforts not the norm

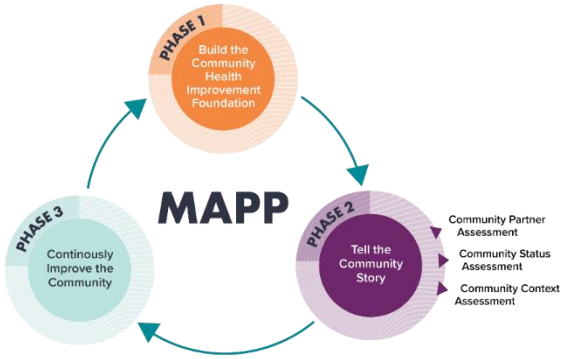
Age-Friendly Ecosystem Opportunities

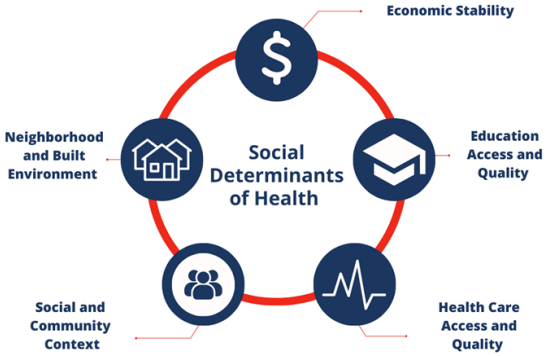
TN Division of TennCare

CENTER for RURAL HEALTH RESEARCH
EAST TENNESSEE STATE UNIVERSITY

Collection

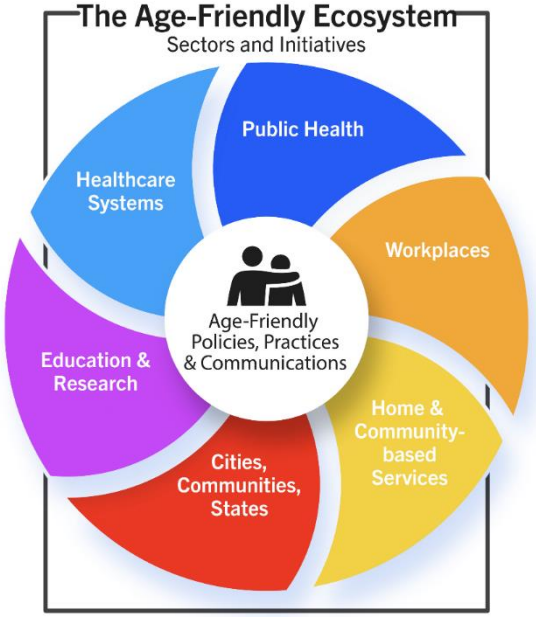
Tennessee Multi-Sector Plan for Aging Data Dashboard





The Promise of an Age-Friendly Ecosystem

- AFPHS Recognitions: Tennessee Department of Health and **29** local health departments
- Age-Friendly Universities: East Tennessee State University; others seeking designation
- Age-Friendly States and Communities (AARP): **40**
- Age-Friendly Health Systems (IHI): **37** hospitals, medical centers, clinics
- Other geriatric accreditations (surgery, Eds): **7** hospitals and medical centers
- Multi-sector Plan for Aging & Data Dashboard



Call to Action: What Can You Do?

- **Creating and Leading**: Become a champion for systems change
- **Connecting and Convening**: Bring partners together across sectors around common goals
- **Coordinating Existing Programs**: Use your agency's website as hub for healthy aging resources, programs, and services
- **Collecting and Translating Data**: Share data from MPA data dashboard to build partnerships and advocate for policy change
- **Communicating**: Share opportunities with partners for collaborating to improve older adult health and well-being
- **Complementing Existing Services**: Work with AFE partners to identify gaps in services and which organizations can best fill them

Age-Friendly Public Health Systems

www.afphs.org

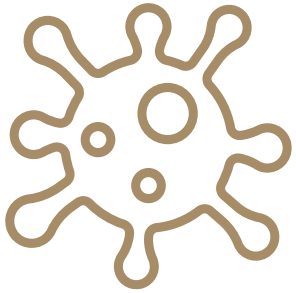
www.tfah.org

afphs@tfah.org

Town Hall Session

Dr. Ralph Alvarado, Dr. Kristi Wick, and Rebekah English

Call to Action: Northeast Tennessee Opportunities

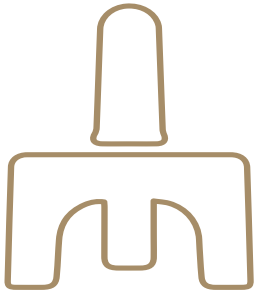


Fight Flu

Ready's Program

Health Council Community Connections

Mental Health First Aid (MHFA)



Naloxone Training Demonstration

Call to Action: Statewide Opportunities

Food & Nutrition Security Coalition

ENGAGING Communities

TN Dementia ECHO

TDAC TN Dementia Action Collaborative

Community Compass
CommunityCompass.TN.gov

FIND

TBI FIND App

100

Blue Zones

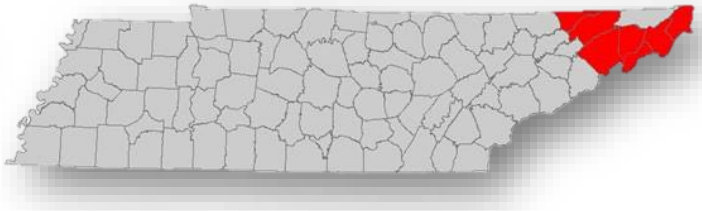
Rochelle Roberts

Email: Rochelle.Roberts@tn.gov

Alzheimer's Disease & Related Dementias

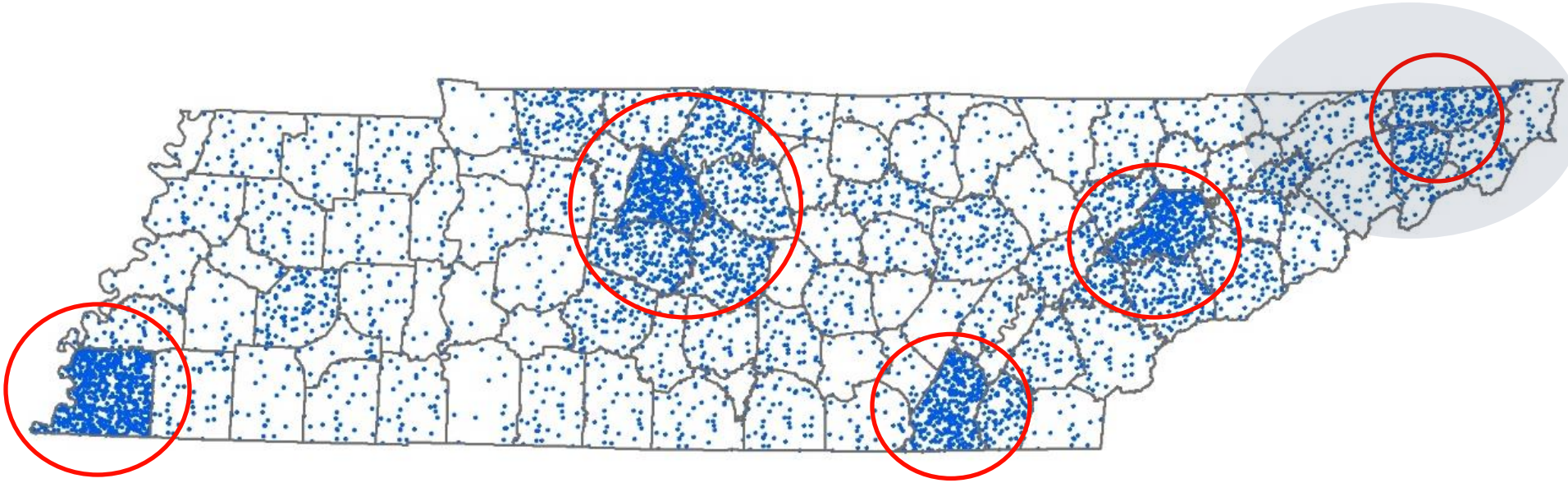
Rochelle Roberts – State Dementia Director

Tri-Cities

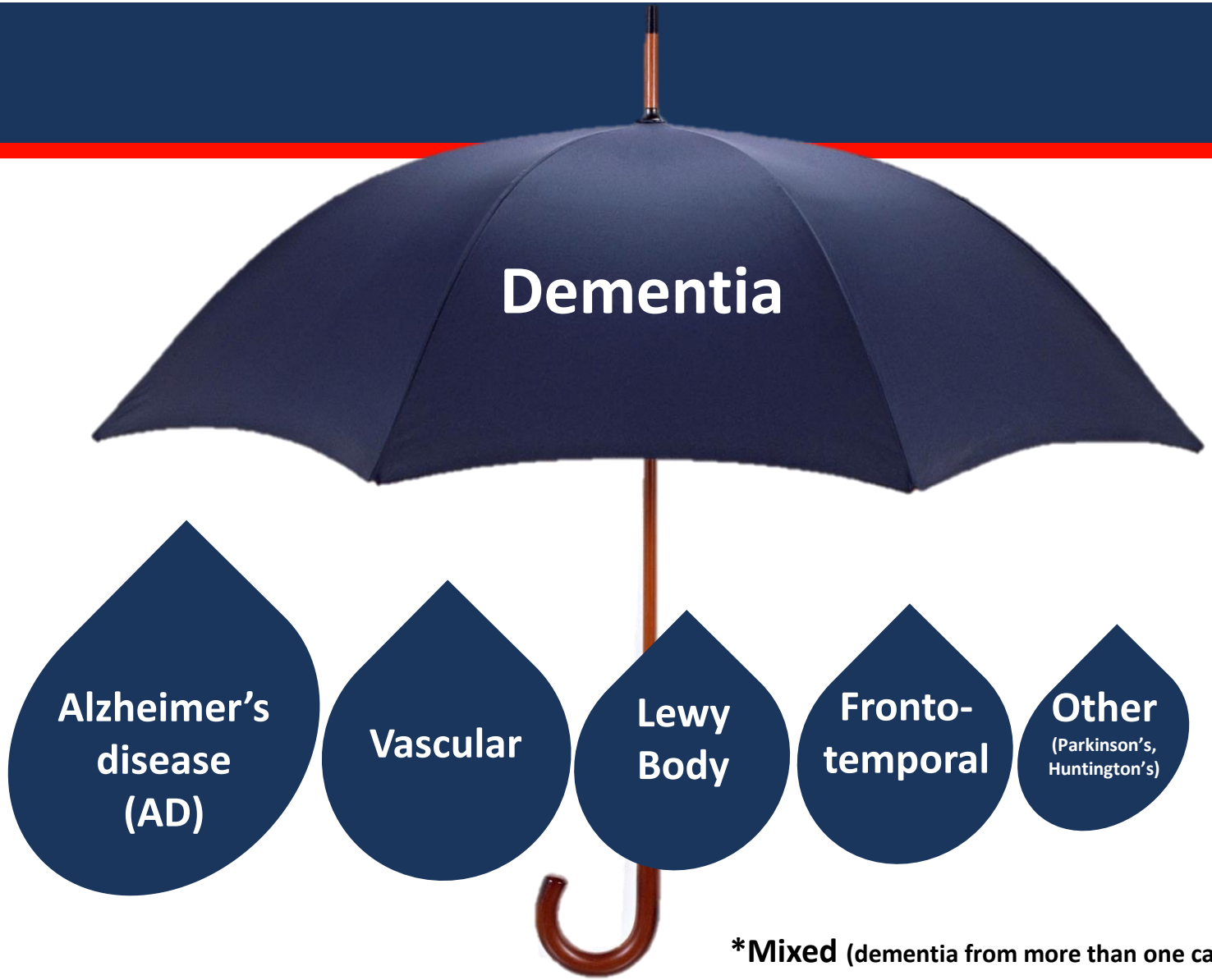


Statewide	Northeast
7,117,168	531,841
1,254,587	116,411
17.6%	21.9%

Aging Population Density



43rd



***Mixed** (dementia from more than one cause)

8

11,500

AD Cases Age 65+

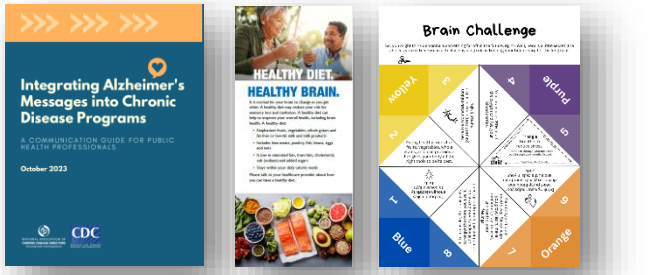
Dementia Caregivers

Sandwich Generation Caregivers

47% of adults in their 40s & 50s.

Call to Action

1. **Integrate dementia messaging** into current health promotion strategies and plans.
2. **Promote statewide training** to strengthen understanding of dementia and brain health.
3. **Become a member of TDAC** to engage key state and community partners.
4. **Dementia: CARE RFA** will be released early Spring 2025 providing up to $10k to local/metro HDs or governments to implement initiatives focused on caregiver supports and emergency preparedness for individuals with dementia.



TN Dementia ECHO

Tennessee TRAIN

Project ECHO

TDAC
TN Dementia Action Collaborative

Office of Healthy Aging

Sally Pitt | Director
Rochelle Roberts | State Dementia Director
Mark Lollis | BOLD Program Coordinator
Kimothy Warren | Program Consultant
Chelsea Ridely | Aging Strategic Initiatives Director

Mia McNeil, JD

Email: mmcneil@aarp.org

On Aging 2024

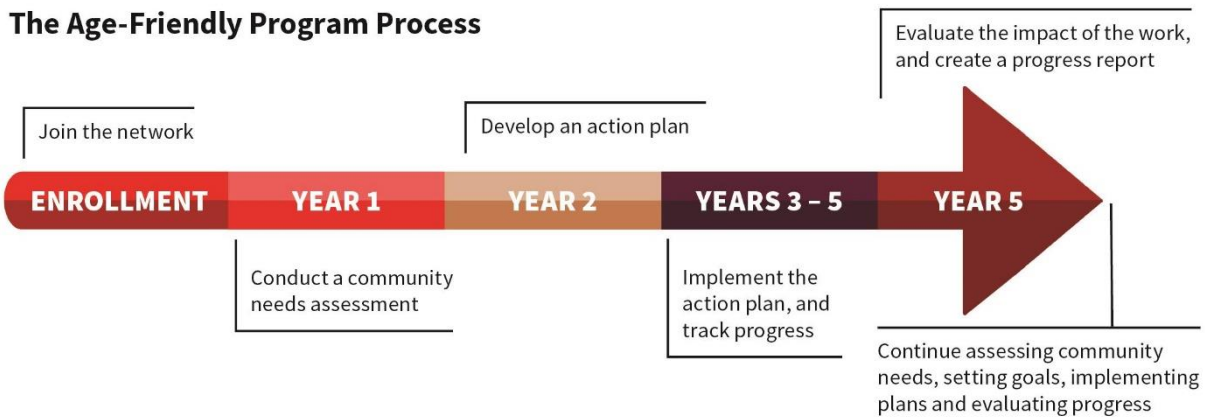
A Dozen Years of Discovery from AARP's Age-Friendly Network: Lessons, Insights, and the Path Forward

January 31, 2024
Northeast Tennessee Town Hall
East Tennessee State University

Age Friendly Communities Presenter

Mia McNeil, Esq.
State Director
AARP Tennessee

The Age-Friendly Program Process



Step 1: Establish a way to include older residents in all stages of the age-friendly process

Step 2: Conduct a community needs assessment

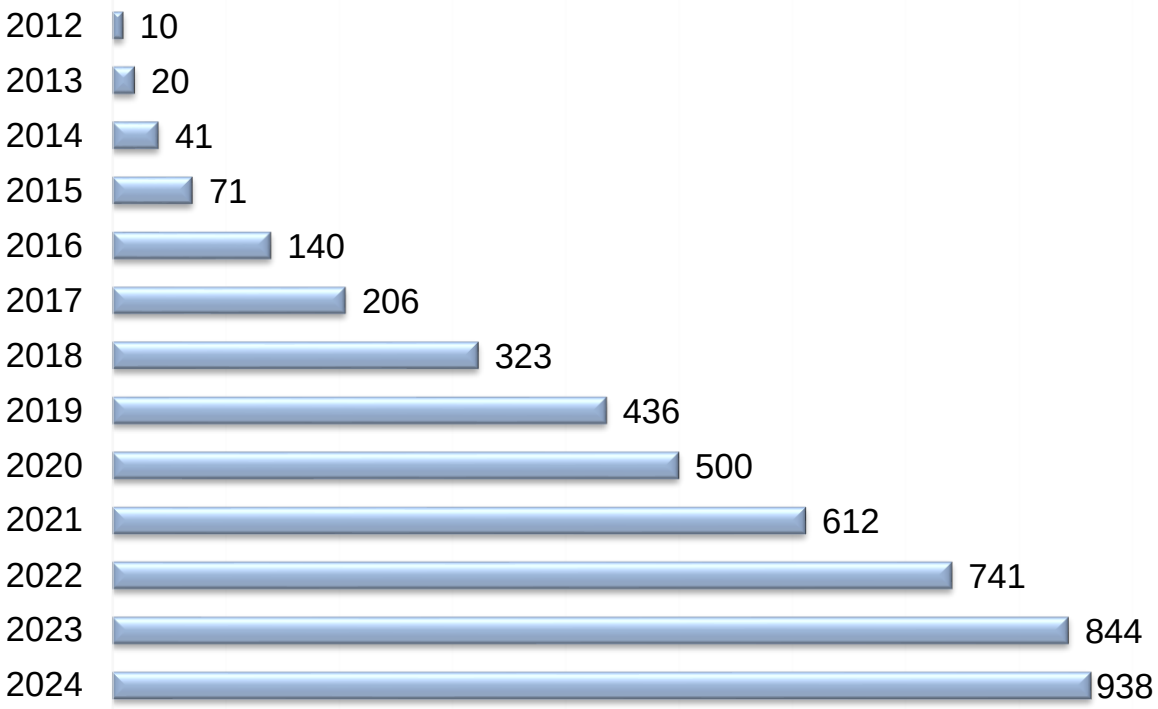
Step 3: Develop an action and evaluation plan based on the assessment results

Step 4: Implement and work toward the goals of the plan

Step 5: Assess the impact of implementing the plan and submit progress reports

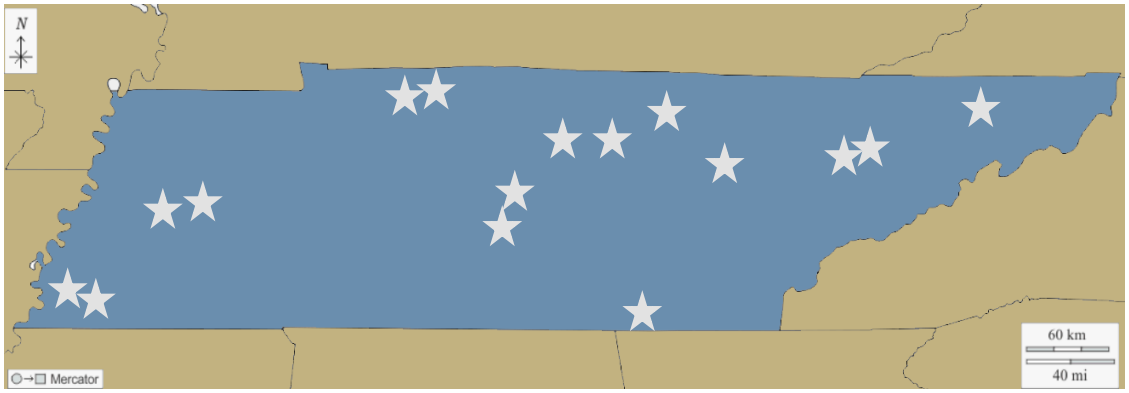
Step 6: Share solutions, successes and best practices across the Network

Growth of the Network

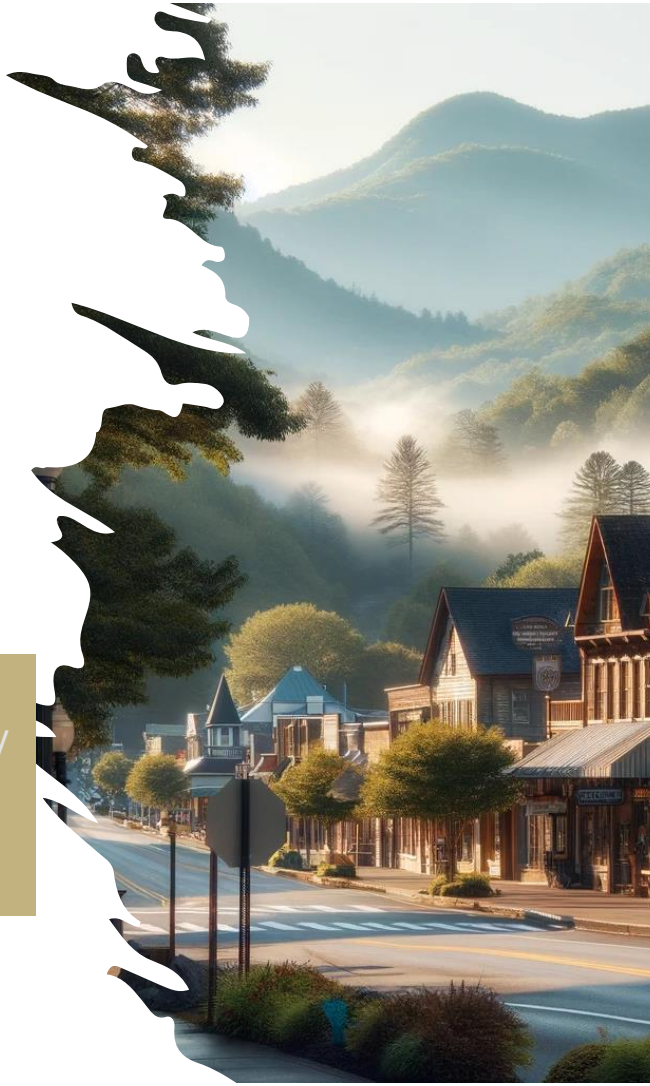


Updated 12/6/24

15 Tennessee Age-Friendly Communities



Brownsville	Hawkins County	Memphis
Chattanooga	Jackson	Montgomery County
Clarksville Crossville	Knox County	Nashville
Franklin	Knoxville	Shelby County
Gallatin	Livingston	Wilson County



Age-Friendly in Public Health

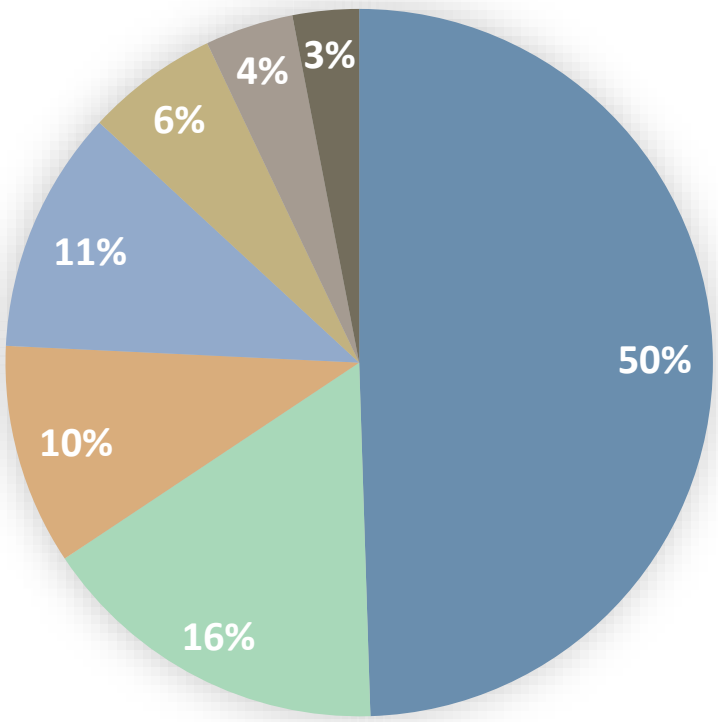
- **Enhanced Health Services**: Age-friendly communities improve access to health services, outdoor spaces, and social participation, boosting older adults' self-rated health.
- **Improved Public Space Use**: These communities enhance mobility and independence for older adults by improving access to public transit and reducing various accessibility barriers.
- **Integrated Public Health Initiatives**: Initiatives like those by Trust for America's Health integrate health promotion across sectors, highlighting public health's role in active aging.
- **Social and Physical Infrastructure**: Age-friendly communities provide green spaces and infrastructure that promote physical activity and social interactions, essential for mental well-being.
- **Multi-Sectoral Collaboration**: Collaborative efforts across sectors in AFCs enhance both the physical and social well-being of older adults, supporting engaged community living.
- **Positive Outcomes in Rural Areas**: In rural settings, age-friendly networks increase social connectedness and improve life satisfaction and health among older residents.

Examples of community focus

- Health and public health outcomes (62%)
- Access to health care (50%)
- Social isolation (52%)
- Family caregivers (45%)
- Dementia-related activities (36%)
- Telehealth/telemed (9%)
- Food insecurity/food deserts (32%)
- Transportation infrastructure (71%)
- Access to public transportation (50%)
- Volunteer driving programs (31%)
- Public safety (27%)

Network Communities

Population Range



Population Ranges

- 0 to <25,000
- 25,000 to <50,000
- 50,000 to <100,000
- 100,000 to <250,000

Updated 2/26/24 – representing 834 active communities

Municipalities Enrolled by Type

- Cities (40%)
- Towns (25%)
- Counties (27%)
- Other* (5%)

- Multi-community efforts: 47 regions (35%)
- States and Territory (11)

* village, township, municipio, unincorporated, borough

Data updated: February 2024

Community Characteristics & Stage

Urban (31%) Rural (40%) Suburban (52%)

- Recently Enrolled (8%)
- Conducting Assessment (8%)
- Developing Action Plan (16%)
- Implementing Action Plan (28%)
- Writing Progress Report (4%)
- 2nd or 3rd Cycle (26%)

2023 Age-Friendly Community Leadership Survey

Who’s Leading Age-Friendly?

- Municipality (47%)
- Regional Planning Organization: MPO, COG, RPC (18%)
- Taskforce/Advisory Council (12%)
- Nonprofit (8%)
- Senior Center (5%)
- Coalition (4%)
- Volunteers (2%)
- Higher Education (2%)
- Funders (1%), Chamber of Commerce (1%), Healthcare (<1%)

Data updated: February 2024

Municipal Dept. Leading Age-Friendly

- Aging Services (40%)
- Elected Leadership (17%)
- Planning (12%)
- Parks and Recreation (11%)
- Health and Human Services (9%)
- Community Outreach (8%)
- Economic Development (2%)
- Housing (<1%)

Data updated: February 2024

Funding

Communities reporting funding from:

- Municipal/Public Sector (63%)
- AARP/Challenge (44%)
- Private Sector (41%)
- Foundations (27%)

Public and private sector support, 2021 - 2023

	2021		2023
• Public Sector	57%	→	63%
• Private Sector	34%	→	41%

2023 Age-Friendly Community Leadership Survey

Municipal Plans Integrating Age-Friendly Lens

Respect and Social Inclusion
- Comprehensive plan (76%)

Public Spaces
- Parks and trails (12%)

Transportation
- Transit/public transportation (45%)
- Bike/pedestrian/walk (51%)

Housing
- Land development, planning, zoning (44%)

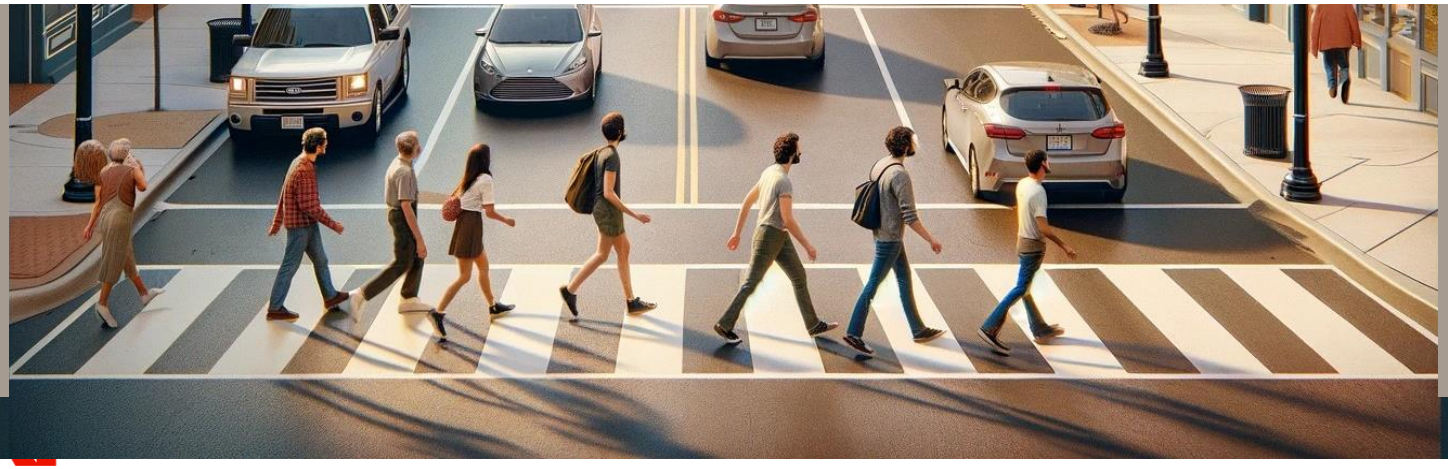
Communication and Information
- Digital/broadband (10%)

Community and Health Services
- Disaster resilience/mitigation (43%)
- Climate/energy (30%)

Civic Engagement and Work
- Economic development (45%)
- Community business plan (13%)

None (4%)

2023 Age-Friendly Community Leadership Survey



For more information about Age Friendly

AARP.ORG/Livable

- Information about Age Friendly Network
- AARP Community Challenge Grant
- AARP Livable Map
- Livable Community Resources
- AARP Livable Newsletter
- AARP Livabilty Index

Contact Me:

Mia McNeil, Esq.
State Director
AARP Tennessee
mmcneil@aarp.org

Liz Hall

Email: lizahall@alz.org

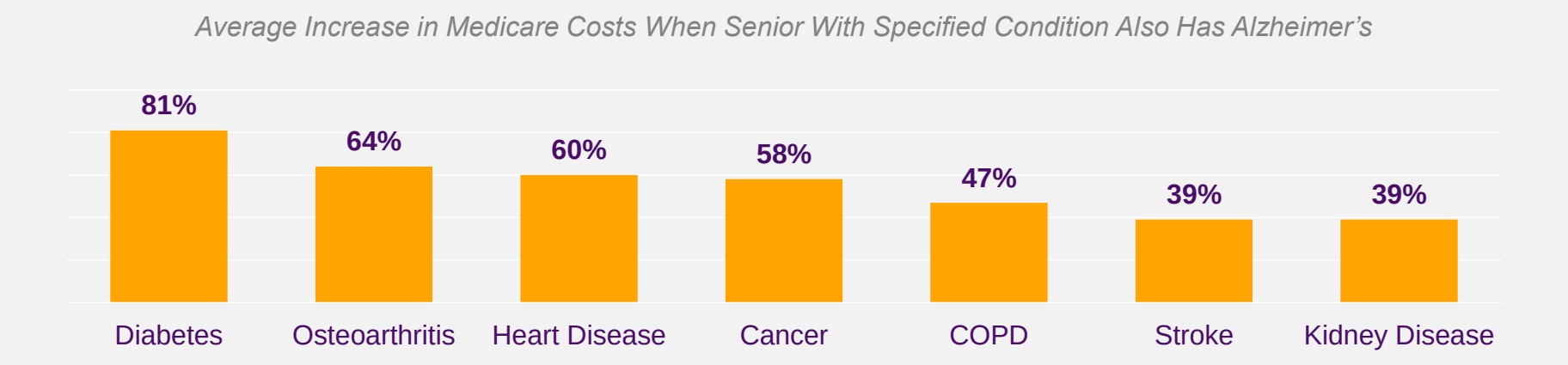
Age-Friendly Health Systems

The Association works with health systems and clinicians to:

- Improve health outcomes
- Enhance the patient experience
- Reduce the burden on clinicians
- More effectively manage the cost of care

The Importance of Detecting and Managing Comorbidities

- More than 95% of people living with Alzheimer's have at least one other chronic condition
- Mismanagement or additional management increases health care costs



*Chronic Conditions Warehouse, Centers for Medicare and Medicaid Services

Graph: Calculated from 2021 Alzheimer's Disease Facts and Figures, pg. 59, except Osteoarthiritis figure: Unpublished data from the National 5% Sample Medicare Fee-for-Service Beneficiaries for 2014

Age-Friendly Health Systems is an initiative of The John A. Hartford Foundation and the Institute for Healthcare Improvement (IHI), in partnership with the American Hospital Association (AHA) and the Catholic Health Association of the United States (CHA), designed to meet this challenge head on.

Age-Friendly Health Systems aim to:

- Follow an essential set of evidence-based practices;
- Cause no harm; and
- Align with What Matters to the older adult and their family caregivers.

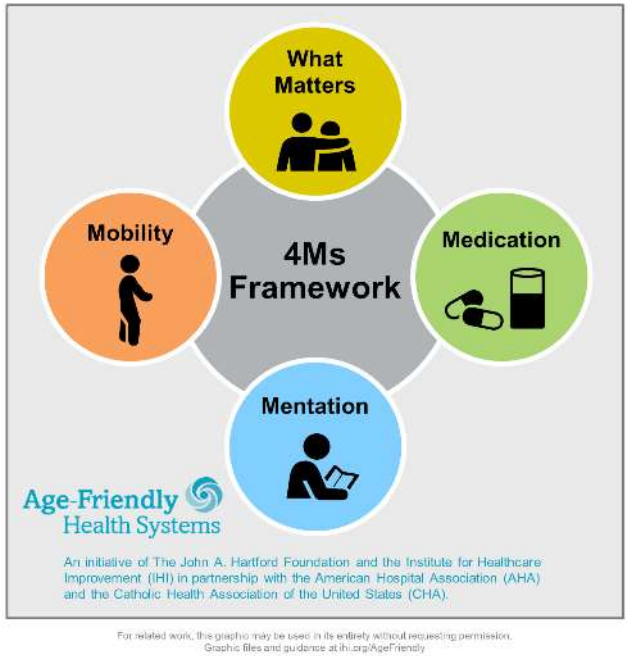
NEW Age-Friendly Hospital Measure

1. Eliciting Patient Healthcare Goals
2. Responsible Medication Management
3. Frailty Screening and Intervention (i.e. Mobility, Mentation, and Malnutrition)
4. Social Vulnerability (social isolation, economic insecurity, ageism, limited access to healthcare, caregiver stress, elder abuse)
5. Age Friendly Care Leadership

TABLE IX.C-1. THE AGE FRIENDLY HOSPITAL MEASURE'S FIVE DOMAIN ATTESTATIONS

Attestation Domains	Attestation Statements: Attest "yes" or "no" to each element. (Note: Affirmative attestation of all elements within a domain would be required for the hospital or health system to receive a point for that domain)
Domain 1: Eliciting Patient Healthcare Goals This domain focuses on obtaining patient's health related goals and treatment preferences which will inform shared decision making and goal concordant care.	**(A)** Established protocols are in place to ensure patient goals related to healthcare (health goals, treatment goals, living wills, identification of healthcare proxies, advance care planning) are obtained/reviewed and documented in the medical record. These goals are updated before major procedures and upon significant changes in clinical status.
Domain 2: Responsible Medication Management This domain aims to optimize medication management through monitoring of the pharmacological record for drugs that may be considered inappropriate in older adults due to increased risk of harm.	**(A)** Medications are reviewed for the purpose of identifying potentially inappropriate medications (PIMs) for older adults as defined by standard evidence-based guidelines, criteria, or protocols. Review should be undertaken upon admission, before major procedures, and/or upon significant changes in clinical status. Once identified, PIMS should be considered for discontinuation, and/or dose adjustment as indicated.
Domain 3: Frailty Screening and Intervention This domain aims to screen patients for geriatric issues related to frailty including cognitive impairment/delirium, physical function/mobility, and malnutrition for the purpose of early detection and intervention where appropriate.	**(A)** Patients are screened for risks regarding mentation, mobility, and malnutrition using validated instruments ideally upon admission, before major procedures, and/or upon significant changes in clinical status. **(B)** Positive screens result in management plans including but not limited to minimizing delirium risks, encouraging early mobility, and implementing nutrition plans where appropriate. These plans should be included in discharge instructions and communicated to post-discharge facilities. **(C)** Data are collected on the rate of falls, decubitus ulcers, and 30-day readmission for patients > 65. These data are stratified by demographic and/or social factors. **(D)** Protocols exist to reduce the risk of emergency department delirium by reducing length of emergency department stay with a goal of transferring a targeted percentage of older patients out of the emergency department within 8 hours of arrival and/or within 2 hours of the decision to admit.
Domain 4: Social Vulnerability This domain seeks to ensure that hospitals recognize the importance of social vulnerability screening of older adults and have systems in place to ensure that social issues are identified and addressed as part of the care plan.	**(A)** Older adults are screened for geriatric specific social vulnerability including social isolation, economic insecurity, limited access to healthcare, caregiver stress, and elder abuse to identify those who may benefit from care plan modification. The assessments are performed on admission and again prior to discharge. **(B)** Positive screens for social vulnerability (including those that identify patients at risk of mistreatment) are addressed through intervention strategies. These strategies should include appropriate referrals and resources for patients upon discharge.
Domain 5: Age-Friendly Care Leadership This domain seeks to ensure consistent quality of care for older adults through the identification of an age friendly champion and/or interprofessional committee tasked with ensuring compliance with all components of this measure.	**(A)** Our hospital designates a point person and/or interprofessional committee to specifically ensure age friendly care issues are prioritized, including those within this measure. This individual or committee oversees such things as quality related to older patients, identifies opportunities to provide education to staff, and updates hospital leadership on needs related to providing age friendly care. **(B)** Our hospital compiles quality data related to the Age Friendly Hospital measure. These data are stratified by demographic and/or social factors and should be used to drive improvement cycles.

Age-Friendly Ecosystem



What Matters

Know and align care with each older adult's specific health outcome goals and care preferences including, but not limited to, end-of-life care, and across settings of care.

Medication

If medication is necessary, use Age-Friendly medication that does not interfere with What Matters to the older adult, Mobility, or Mentation across settings of care.

Mentation

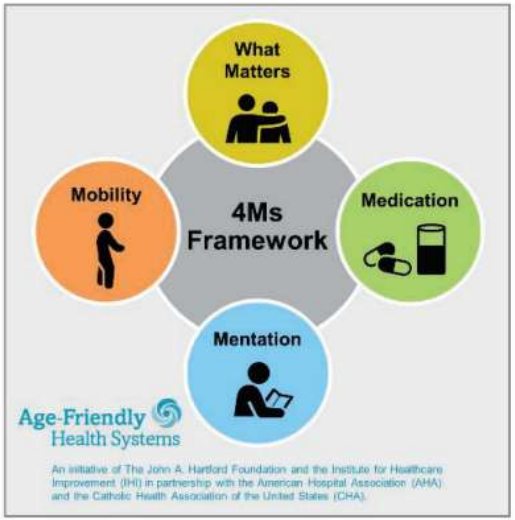
Prevent, identify, treat, and manage dementia, depression, and delirium across settings of care.

Mobility

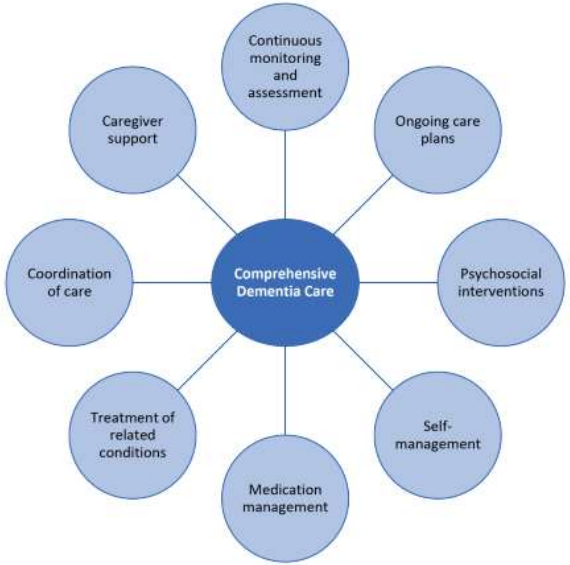
Ensure that older adults move safely every day in order to maintain function and do What Matters.

Overlap of Age- and Dementia-Friendly Care

The John A. Hartford Foundation



4Ms of Age-Friendly Care



8 Core Elements of Comprehensive Dementia Care

https://pblob1storage.blob.core.windows.net/public/nadrc/docs/6-20-23%20NADRC%20Webinar-Age%20Friendly%20Dementia%20Capable%20Health%20Systems.pdf

Age-Friendly Tennessee

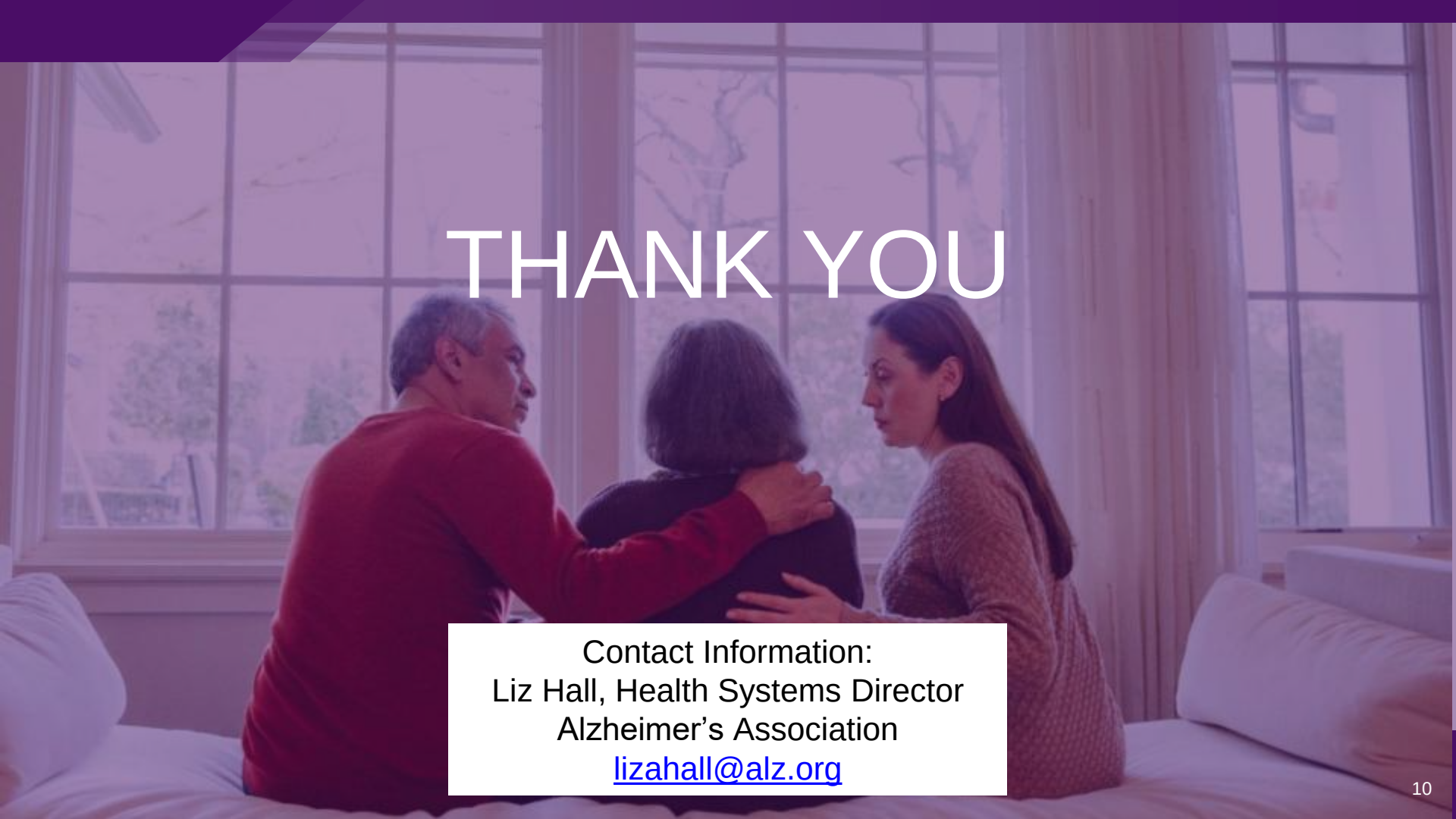
Level One
Boliver Hospital
CenterWell Senior Primary Care
Encompass Rehab
Indian Path Hospital
Livingston Regional Hospital
Oak Street Health
VA Medical Centers in Johnson City, Chattanooga, Nashville, and Memphis

Level Two
Cherokee Health Systems – all clinics in East TN
CHI Memorial
Vanderbilt Medical Center
VA Medical Centers in Mountain Home and Murfreesboro

IHI Age-Friendly Resources

www.ihi.org/AgeFriendly

- Guide to Using 4Ms
- EHR Implementation Guides – Epic & Cerner
- ROI Calculator
- Case Studies
- Action Communities
- Getting Started Open School Course
- Hospital Form
- Friends of Age Friendly Recordings



THANK YOU

Contact Information:
Liz Hall, Health Systems Director
Alzheimer's Association
lizahall@alz.org

Dr. Jodi Southerland

Email: southerlanjl@mail.etsu.edu

EAST TENNESSEE STATE UNIVERSITY

From Campus to Community:

Advancing Healthy Aging Through Age-Friendly Universities

Jodi Southerland, DrPH

East Tennessee State University, College of Public Health

January 31, 2025

UNIVERSITY

UNIVERSITY

UNIVERSITY

UNIVERSITY

UNIVERSITY

UNIVERSITY

UNIVERSITY

UNIVERSITY

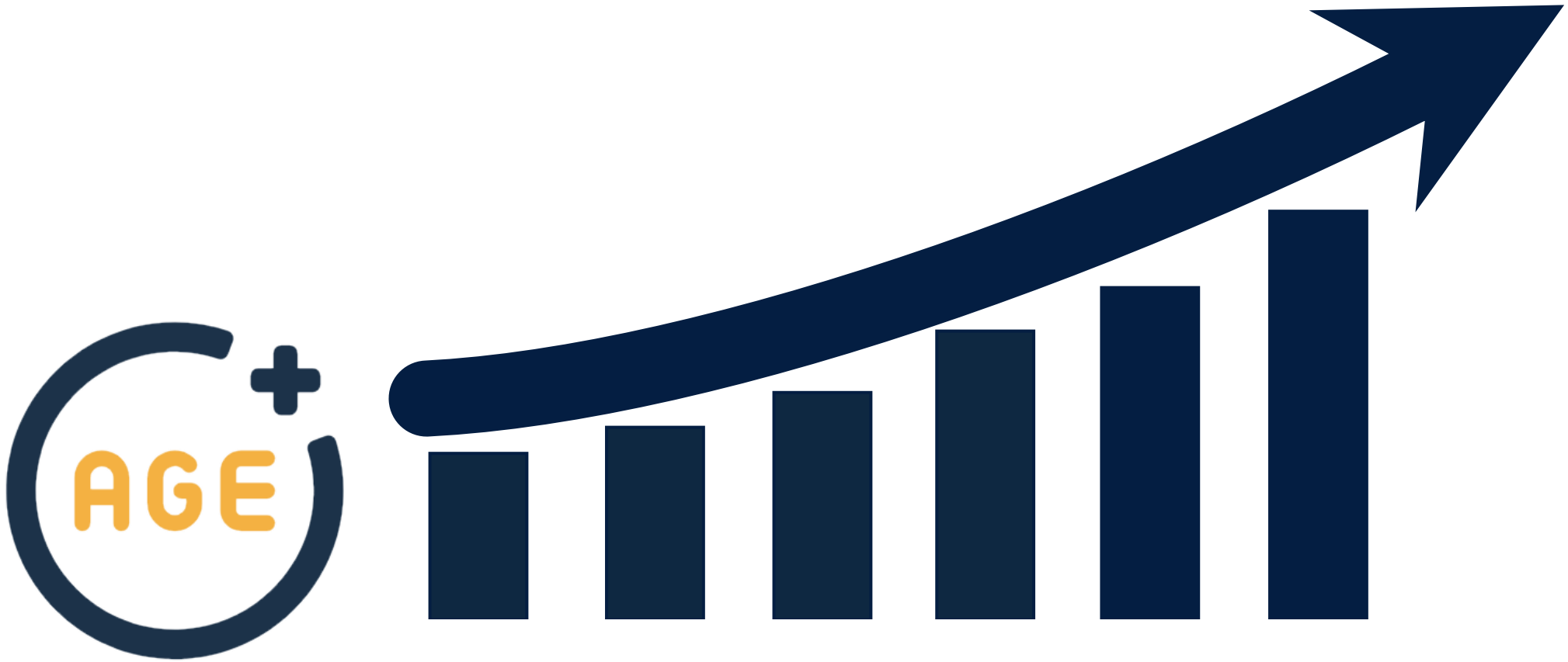
UNIVERSITY

UNIVERSITY

UNIVERSITY

UNIVERSITY

UNIVERSITY


AGE

AGE

AGE

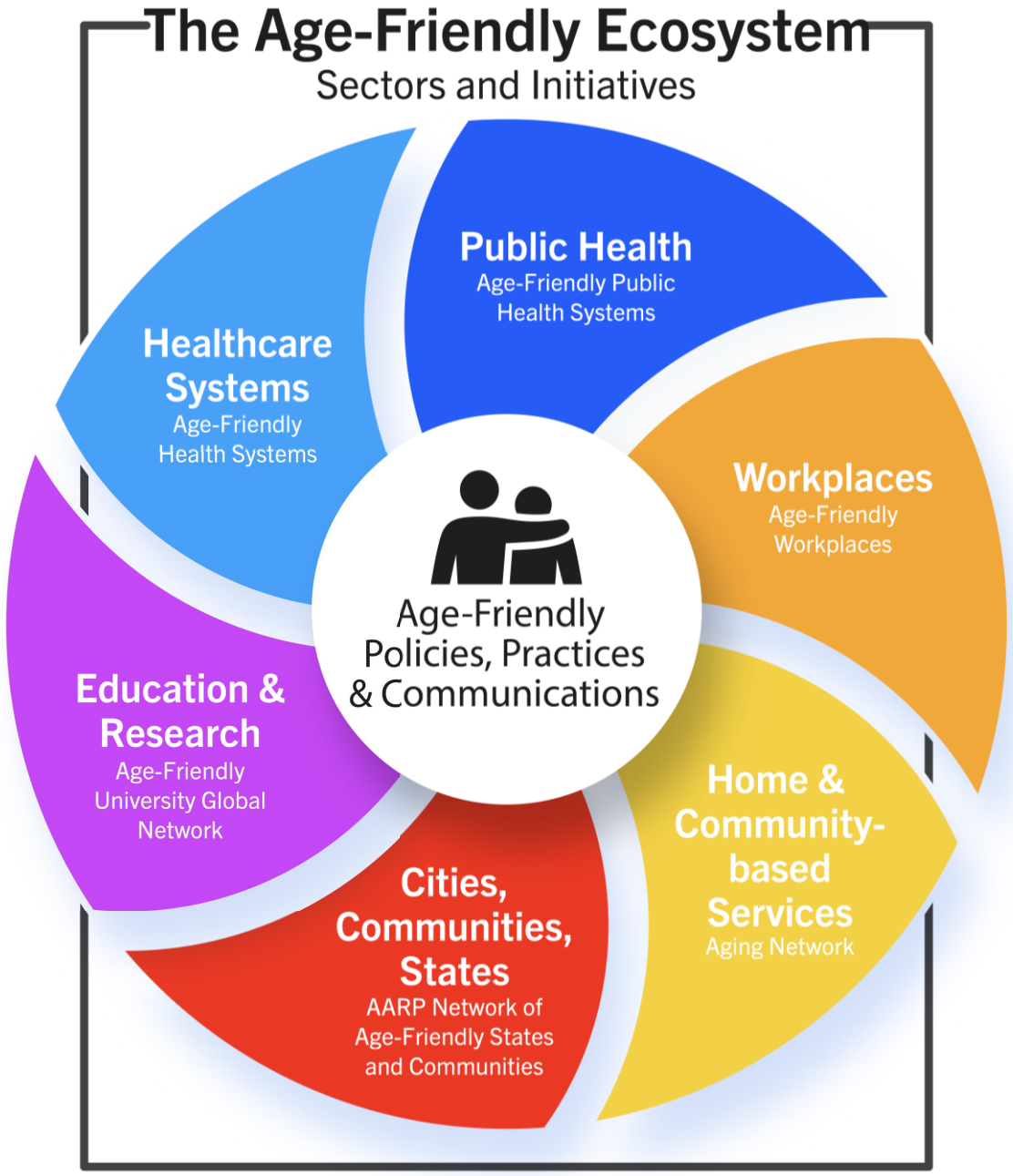
UNIVERSITY

UNIVERSITY

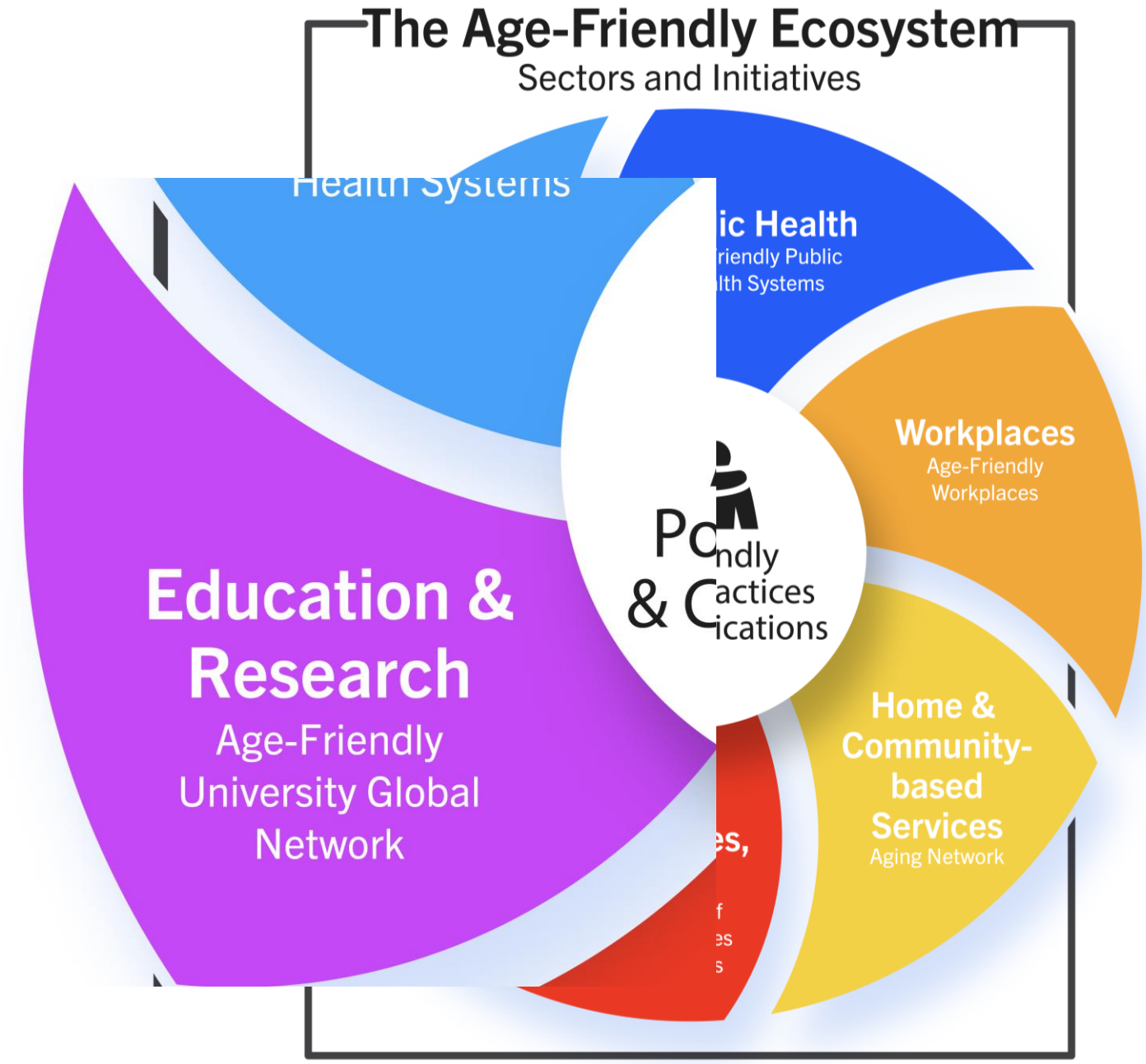
UNIVERSITY

UNIVERSITY

UNIVERSITY



Source; John A Harford Foundation https://www.johnahartford.org/grants-strategy/current-strategies/age-friendly/age-friendly-ecosystem/

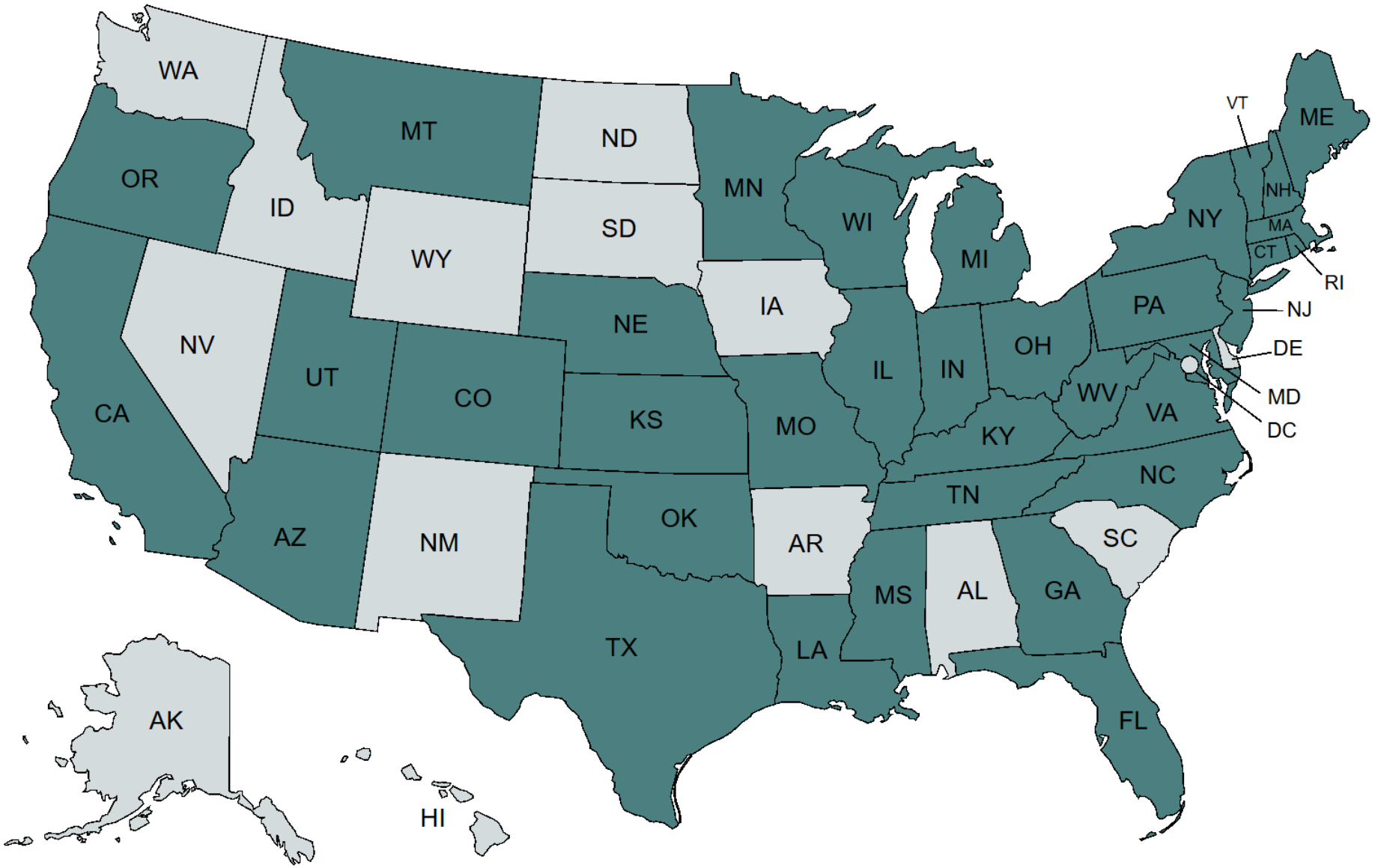


Source; John A Harford Foundation https://www.johnahartford.org/grants-strategy/current-strategies/age-friendly/age-friendly-ecosystem/

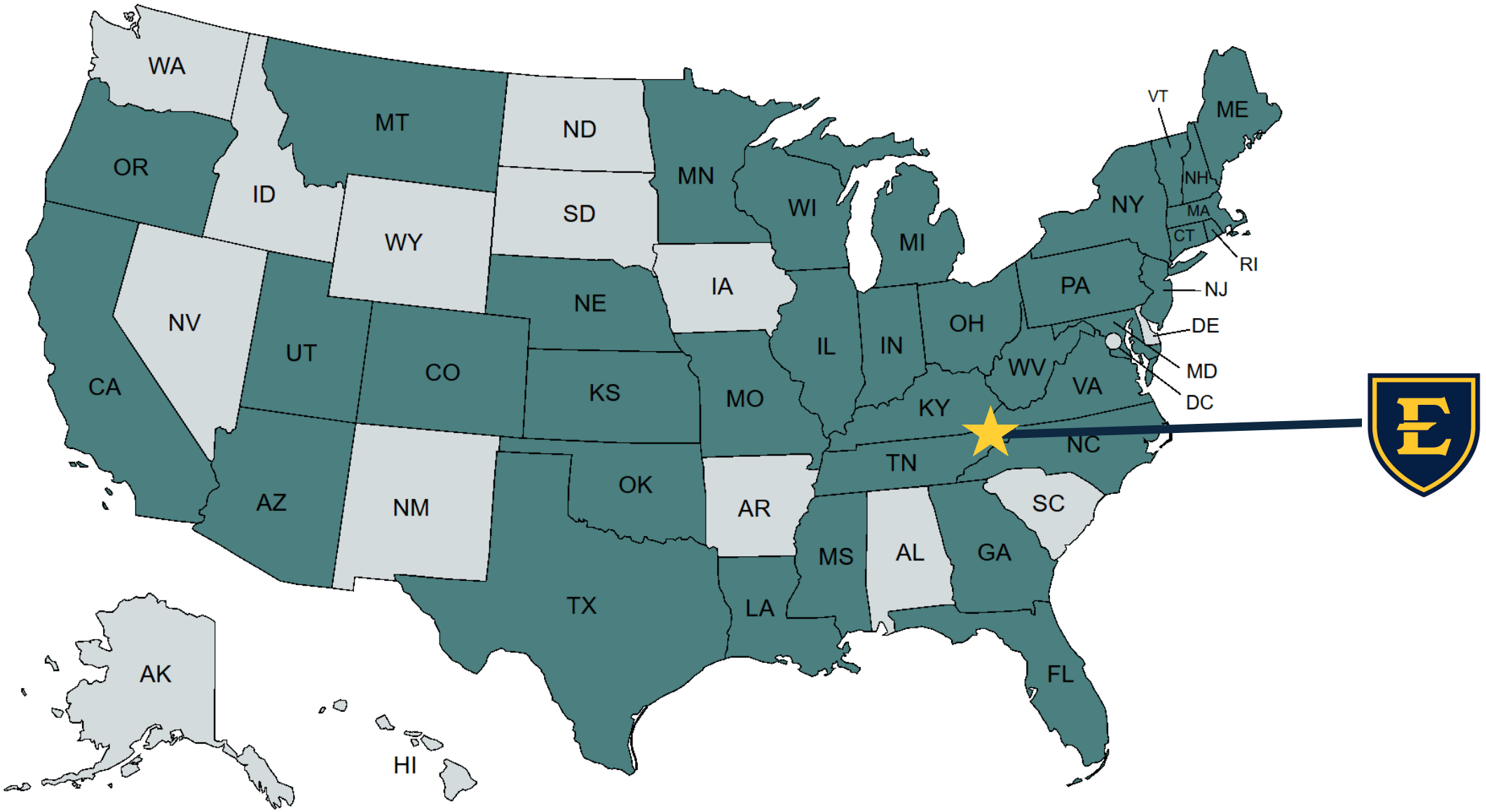
Age-friendly University Global Network

- Formed in 2012 at Dublin City University
- Consists of **120+ institutions** of higher education and growing
  - North American Lead: Dr. Aaron Guest, Arizona State Univ
- Newest member: MTSU

Source: https://www.afugn.org/



Source: https://www.afugn.org/



Source: https://www.afugn.org/

Office of Equity & Inclusion

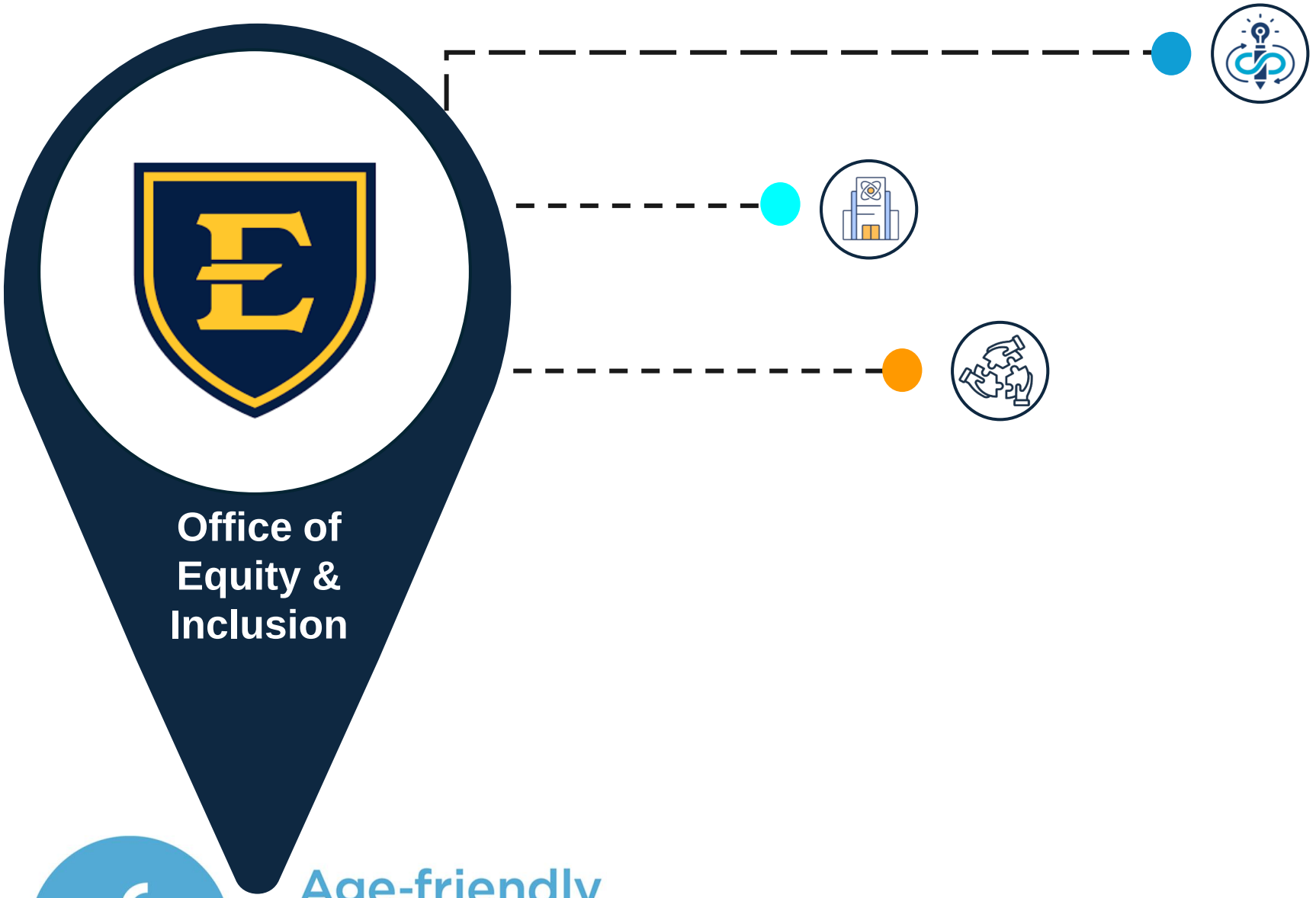
Age-friendly University Global Network

Office of Equity & Inclusion

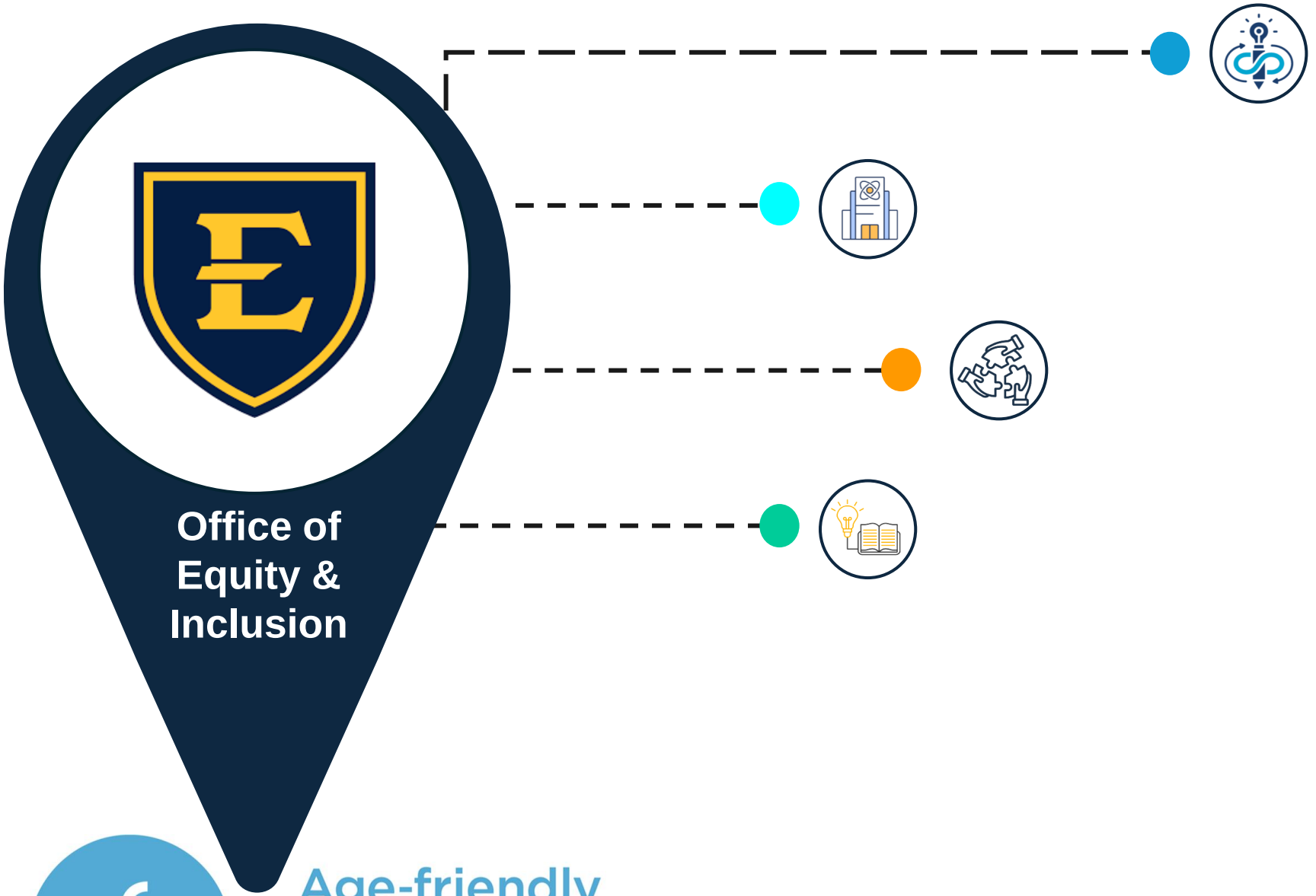
Age-friendly University Global Network

Office of Equity & Inclusion

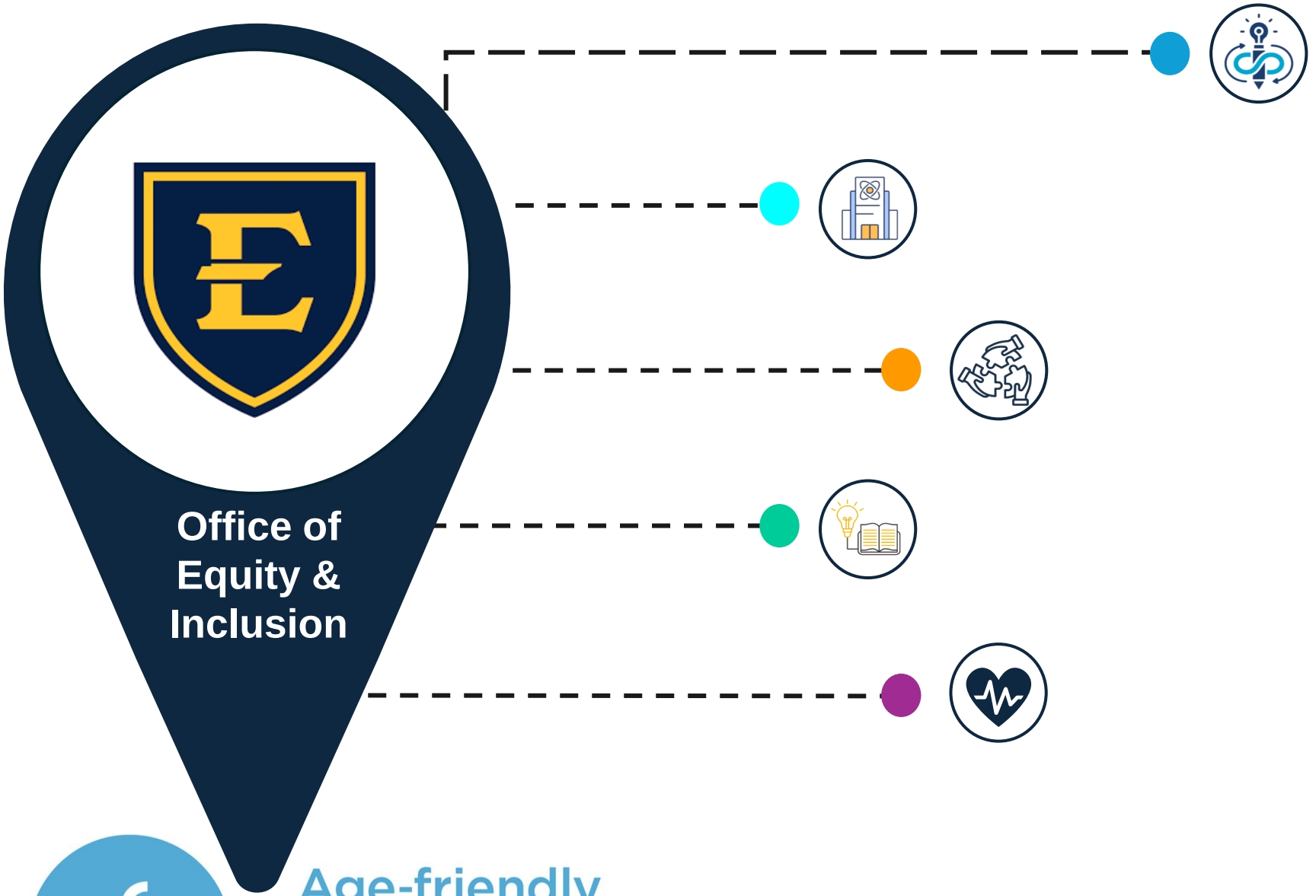
Age-friendly University Global Network



Age-friendly University Global Network



Age-friendly University Global Network



Age-friendly
University
Global Network

Office of Equity & Inclusion

Age-friendly University Global Network

AfU
Age-friendly
University
Global Network

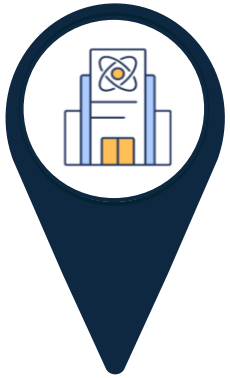
Aging Studies & Public Health Graduate Certificate

Age-friendly University Global Network

CHURCH HILL
medical mission
a mission of Of One Accord Ministry

Age-friendly University Global Network

CHURCH HILL
medical mission
a mission of Of One Accord Ministry



Age-friendly University Global Network

CHURCH HILL
medical mission
a mission of Of One Accord Ministry

Age-friendly University Global Network

CHURCH HILL
medical mission
a mission of Of One Accord Ministry

Age-friendly University Global Network

CHURCH HILL
medical mission
a mission of Of One Accord Ministry

DEPARTMENT of PHYSICAL THERAPY
College of Clinical and Rehabilitative Health Sciences
EAST TENNESSEE STATE UNIVERSITY

Age-friendly University Global Network

CHURCH HILL
medical mission
a mission of Of One Accord Ministry

DEPARTMENT of PHYSICAL THERAPY
College of Clinical and Rehabilitative Health Sciences
EAST TENNESSEE STATE UNIVERSITY

CHURCH HILL
medical mission
a mission of Of One Accord Ministry

DEPARTMENT of PHYSICAL THERAPY
College of Clinical and Rehabilitative Health Sciences
EAST TENNESSEE STATE UNIVERSITY

Age-friendly University Global Network

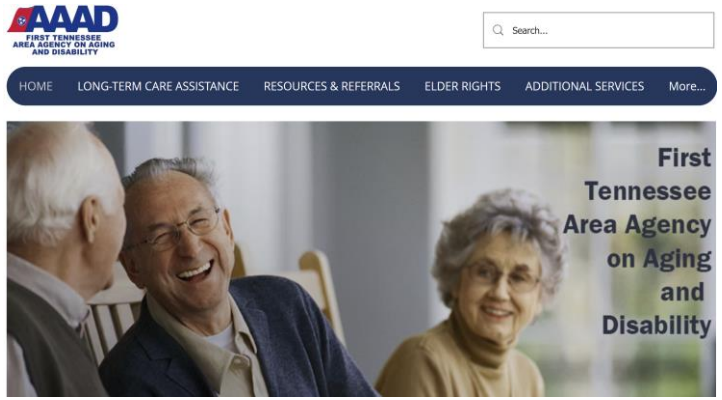
CHURCH HILL
medical mission
a mission of Of One Accord Ministry

DEPARTMENT of PHYSICAL THERAPY
College of Clinical and Rehabilitative Health Sciences
EAST TENNESSEE STATE UNIVERSITY

Age-friendly University Global Network

CHURCH HILL
medical mission
a mission of Of One Accord Ministry

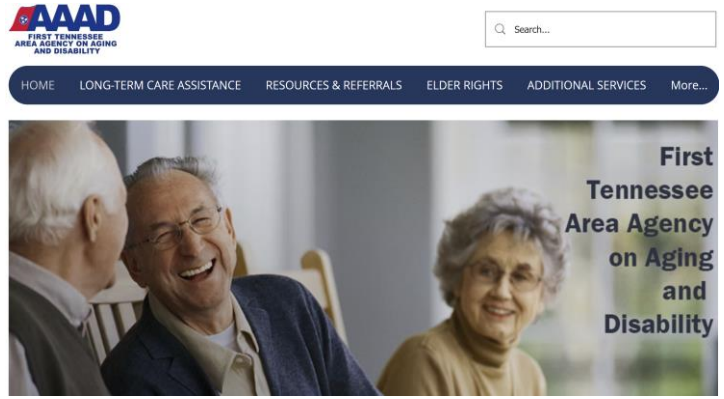
DEPARTMENT of PHYSICAL THERAPY
College of Clinical and Rehabilitative Health Sciences
EAST TENNESSEE STATE UNIVERSITY



AFU Age-friendly University Global Network

CHURCH HILL
medical mission
a mission of Of One Accord Ministry

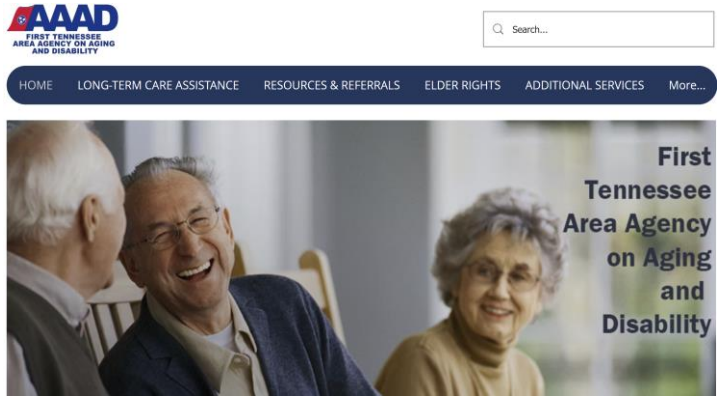
DEPARTMENT of PHYSICAL THERAPY
College of Clinical and Rehabilitative Health Sciences
EAST TENNESSEE STATE UNIVERSITY



AFU Age-friendly University Global Network

CHURCH HILL
medical mission
a mission of Of One Accord Ministry

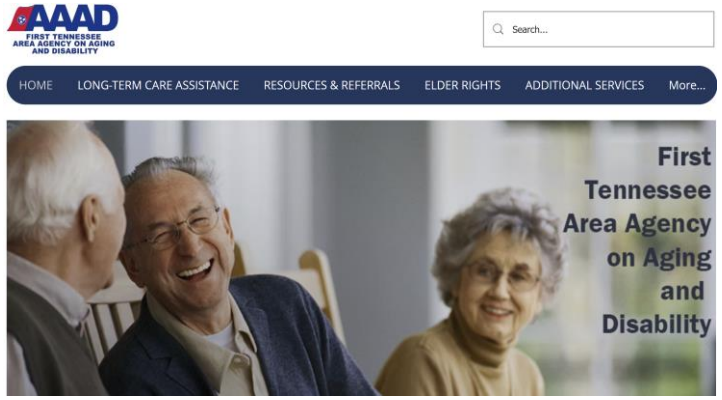
DEPARTMENT of PHYSICAL THERAPY
College of Clinical and Rehabilitative Health Sciences
EAST TENNESSEE STATE UNIVERSITY



Age-friendly University Global Network

CHURCH HILL
medical mission
a mission of Of One Accord Ministry

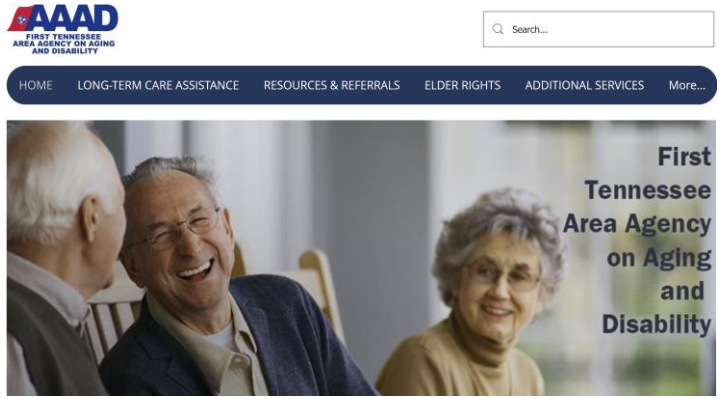
DEPARTMENT of PHYSICAL THERAPY
College of Clinical and Rehabilitative Health Sciences
EAST TENNESSEE STATE UNIVERSITY



Age-friendly University Global Network

CHURCH HILL
medical mission
a mission of Of One Accord Ministry

DEPARTMENT of PHYSICAL THERAPY
College of Clinical and Rehabilitative Health Sciences
EAST TENNESSEE STATE UNIVERSITY

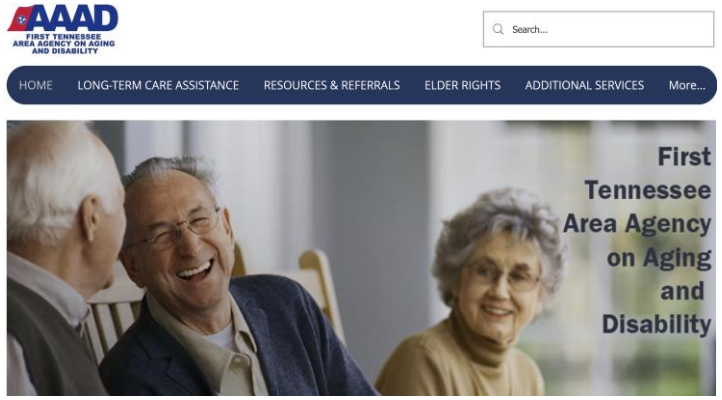


ETSUHealth

Age-friendly University Global Network

CHURCH HILL
medical mission
a mission of Of One Accord Ministry

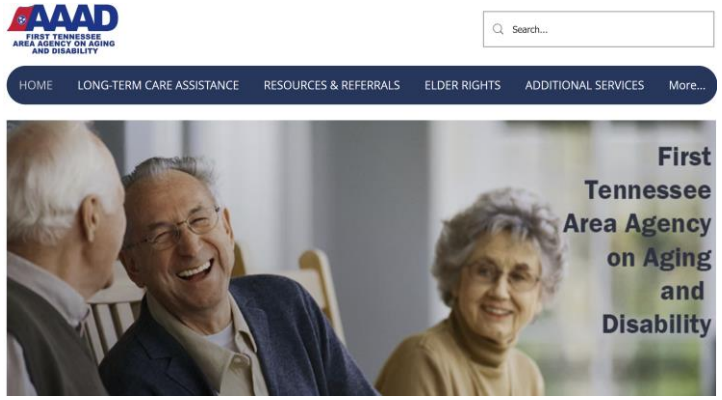
DEPARTMENT of PHYSICAL THERAPY
College of Clinical and Rehabilitative Health Sciences
EAST TENNESSEE STATE UNIVERSITY



Age-friendly University Global Network

CHURCH HILL
medical mission
a mission of Of One Accord Ministry

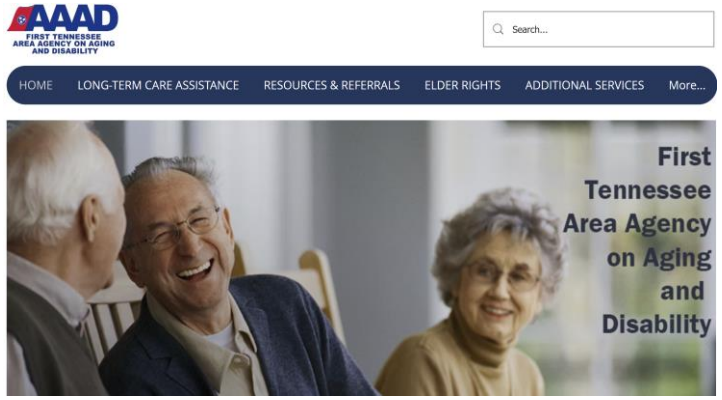
DEPARTMENT of PHYSICAL THERAPY
College of Clinical and Rehabilitative Health Sciences
EAST TENNESSEE STATE UNIVERSITY

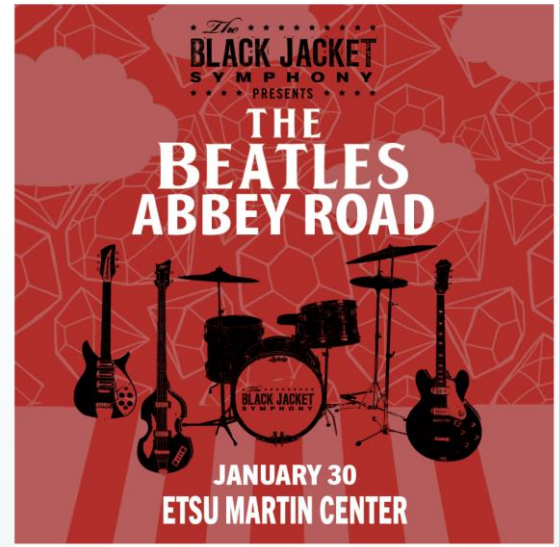


Age-friendly University Global Network

CHURCH HILL
medical mission
a mission of Of One Accord Ministry

DEPARTMENT of PHYSICAL THERAPY
College of Clinical and Rehabilitative Health Sciences
EAST TENNESSEE STATE UNIVERSITY





Age-friendly University Global Network

From Campus to Community

Partnering to Advance Healthy Aging

Call to Action

From Campus to Community

Partnering to Advance Healthy Aging

Call to Action

From Campus to Community

Partnering to Advance Healthy Aging

Call to Action

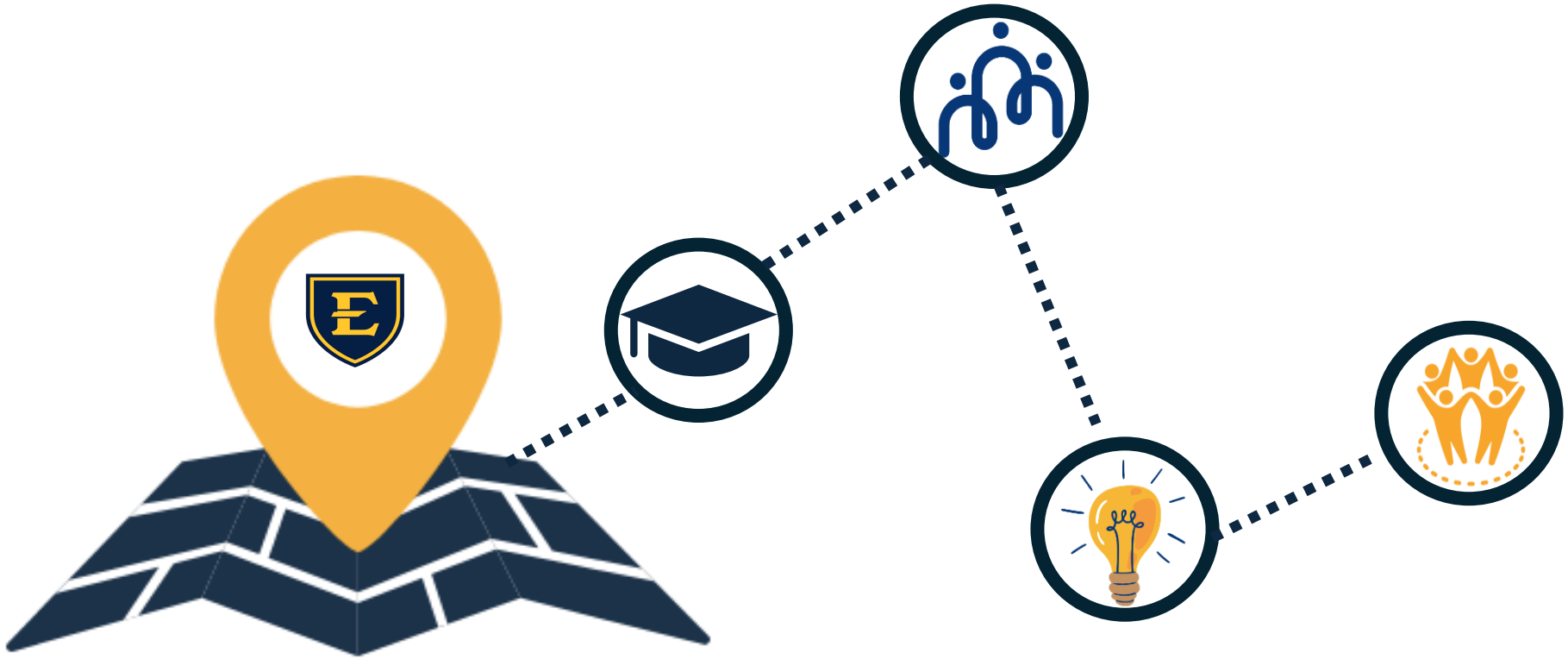
From Campus to Community

Partnering to Advance Healthy Aging

Call to Action

From Campus to Community

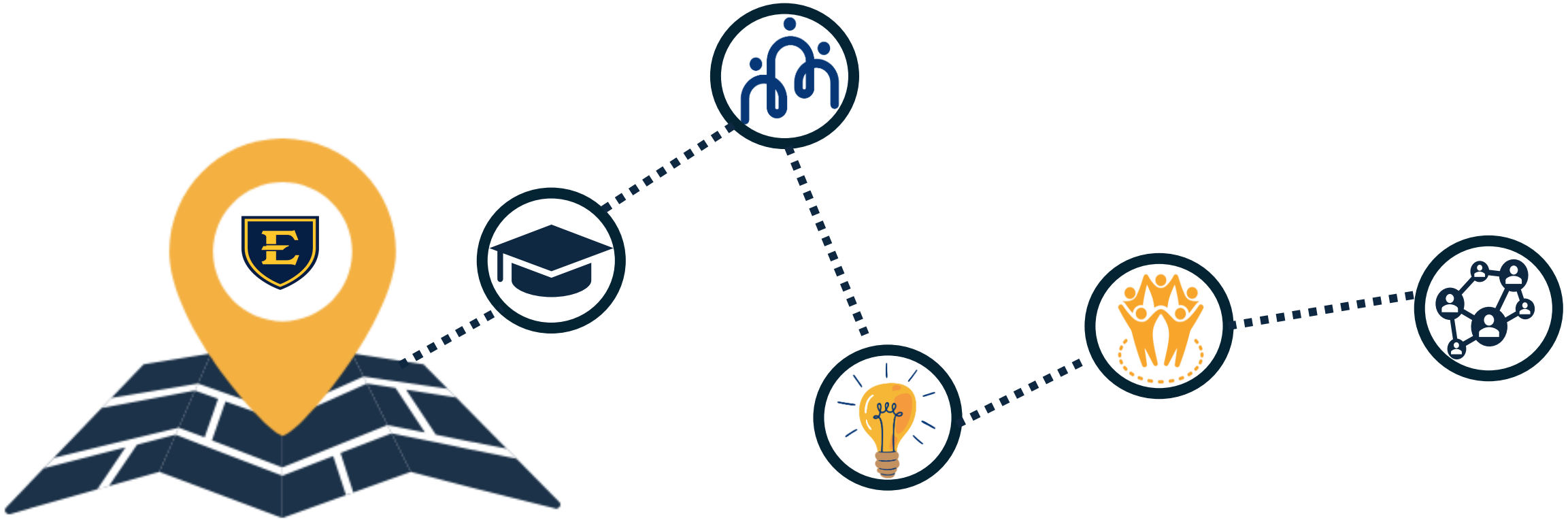
Partnering to Advance Healthy Aging



Call to Action

From Campus to Community

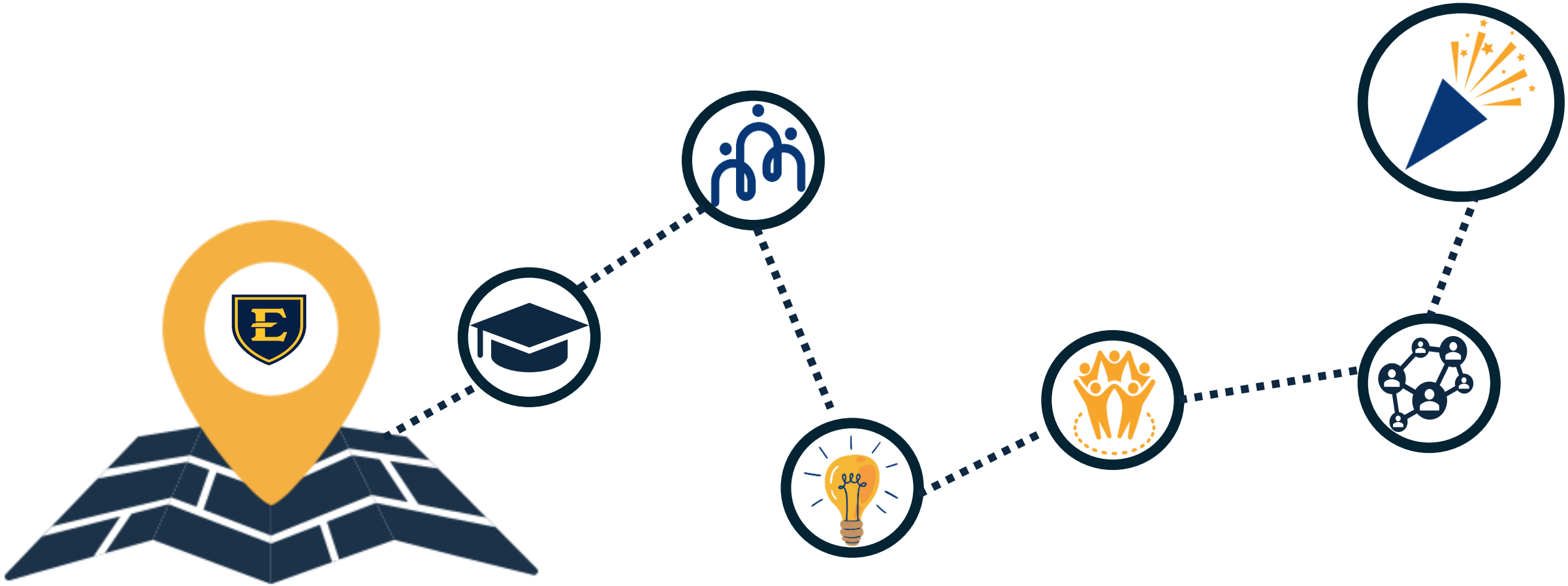
Partnering to Advance Healthy Aging



Call to Action

From Campus to Community

Partnering to Advance Healthy Aging



Call to Action

MOSAIC

CENTER FOR AGING &
INTERGENERATIONAL CAREGIVING

LET'S CONNECT!

Jodi Southerland, DrPH

E: southerlanjl@etsu.edu

Assistant Professor

Dept Community & Behavioral Health

College of Public Health, ETSU

Shaun Street

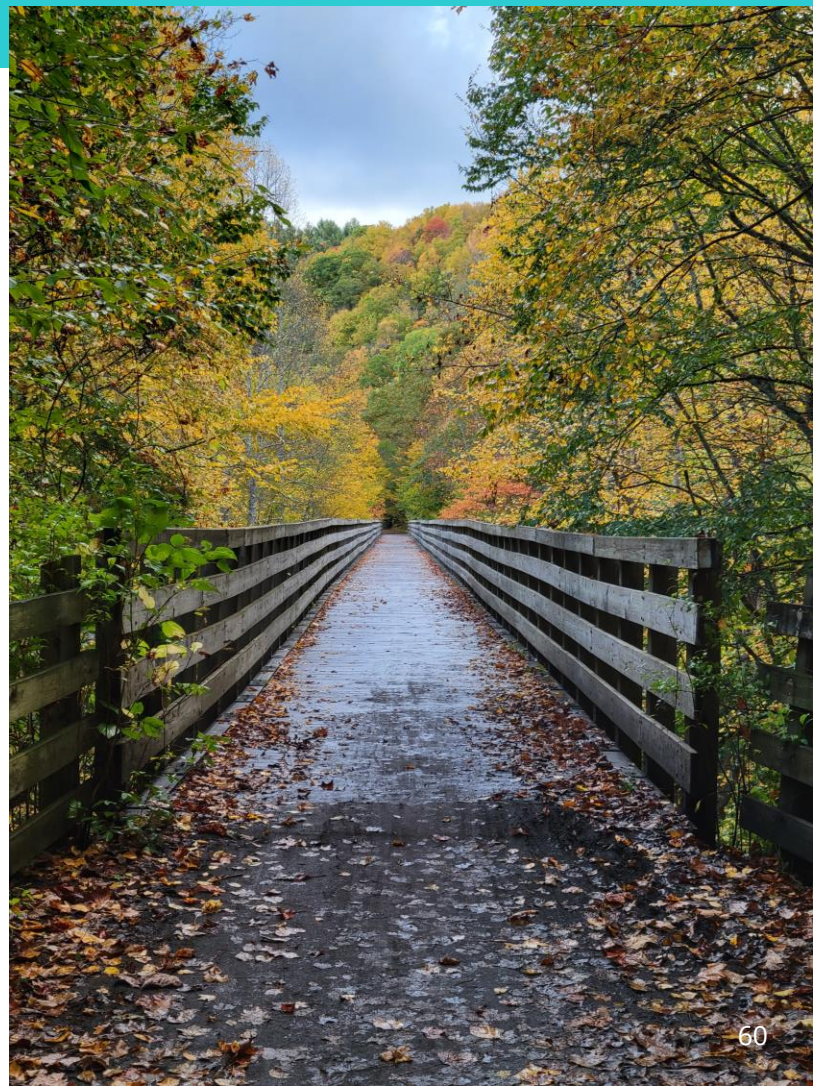
Email: Shaun.Street@tn.gov

Age-Friendly Public Health and the Hawkins County & Hancock Counties

Shaun C. Street
Public Health County Director

The Why

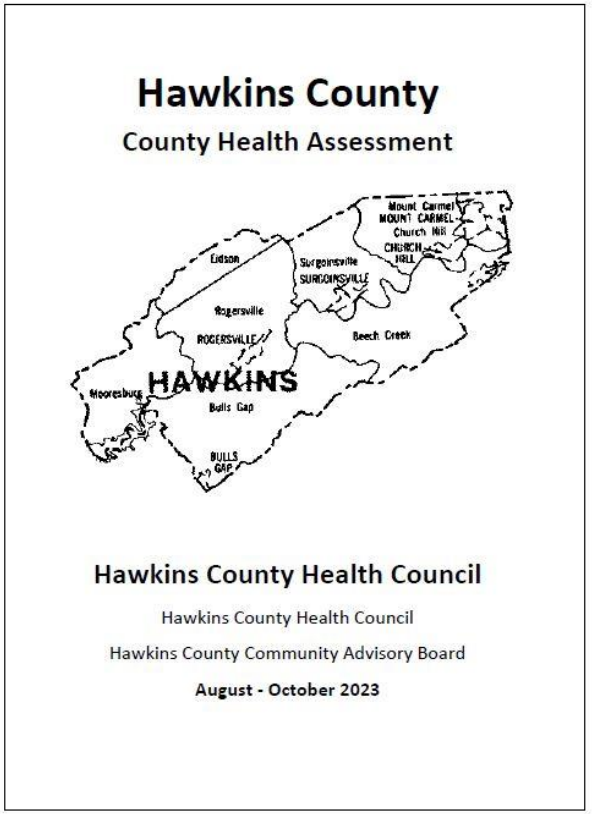
- Demographics of Aging Population in America
- Public Health and Healthy Aging
- Social Determinants of Health: Social Isolation and Caregiving Are Public Health Issues
- Perspectives on Social, Economic, and Health Inequalities in Later Life



The Why By Numbers?

	Hancock County	Hawkins County
Persons 65 years and over, percent	**22.7%**	**17.7%**
Population		
Population estimates, July 1, 2023	6,956	58,600
Population estimates base, April 1, 2020	6,661	56,724
Population, percent change April 1, 2020 (estimate base) to July 1, 2023	4.4%	3.3%
Population, Census, April 1, 2020	6,662	56,721
Population, Census, April 1, 2010	6,819	56,833

- The Hawkins County Health Council started its CHA on August 1st, 2023 and completed it on October 20th, 2023.
- The council collected 204 surveys from county residents and held two listening sessions.
- Over 50% of participants were aged 50 and up.
- Nearly 50% of participants had a household income of $50,000 or less.
- 80% of participants stated that abuse and neglect among older adults was an issue in Hawkins County.
- Adult Mental Health, Cancer, Diabetes, Access to Health Insurance, and Heart Disease were all considered major issues to Hawkins County residents who participated in the survey.



Community Health Improvement Plan (CHIP)

- Needs of Older Adults Subcommittee
  - Objective: Create a transportation survey to collect data and determine need.
  - Objective: Conduct meetings with senior center directors to determine the transportation needs of older adults.
- General Health Subcommittee
  - Objective: Expand access to healthcare that is already in existence & covering multiple areas of need.
    - Focus is set on aging adults.

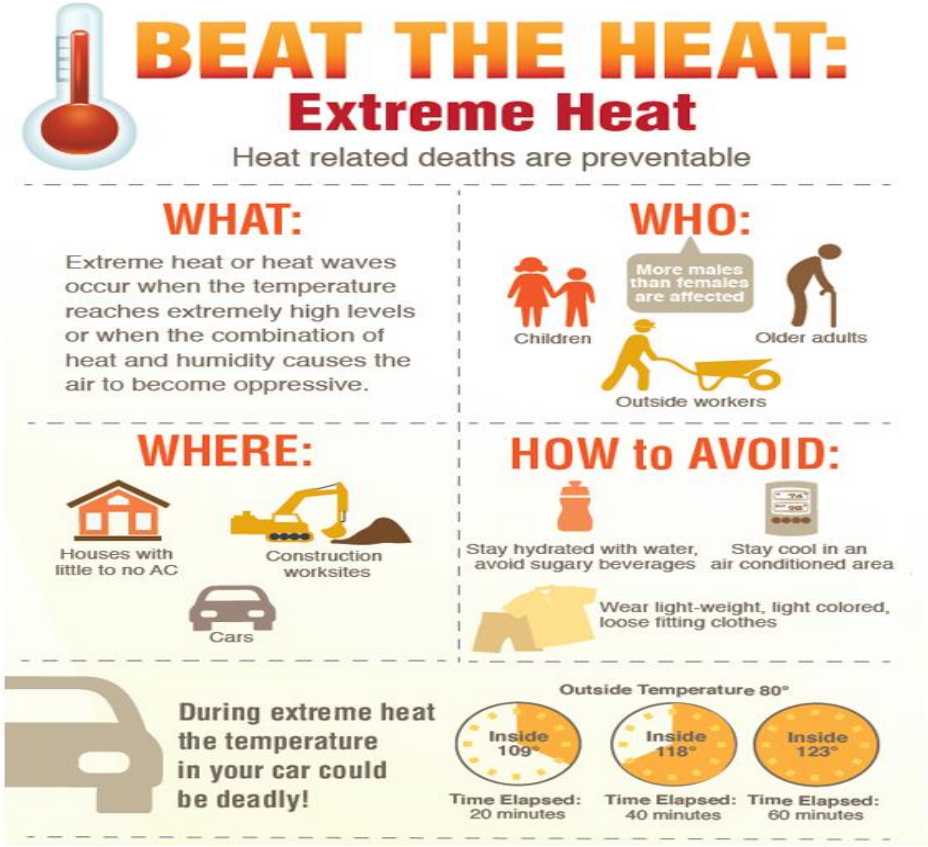
- Hawkins County Health Council is one of two Health Councils in the state that currently has a priority that focuses on the needs of the aging population.

Extreme Heat Tabletop Exercise

- Hawkins County Health Council partnered with the Tennessee Public Health Association and Surgoinsville First United Methodist Church to hold the Extreme Heat Tabletop Exercise on June 3, 2024.
- There were 37 local and regional partners who participated.
- The exercise focused on the needs of the aging population in the county.
- Sharing, educating, planning, and awareness.
- Future plans and accomplishing goals.

Extreme Heat Tabletop Exercise – Next Steps

- TPHA has submitted application for grant to create Train-the-Trainer Program on Climate Education for Resiliency Workshops in Hawkins County
- Hawkins County Health Council will reconvene in Spring 2025 to continue discussion and formalize local response building on success of June 2024 event
- Future plans and accomplishing goals.
  - Invite additional community partners to the table
  - Formalize Plans for county-wide action
  - Replicate Plan for Extreme Cold Weather Events



- READYs Program
  - National public service campaign designed to educate and empower the American people to prepare for, respond to and mitigate emergencies and disasters.
  - The goal of the campaign is to promote preparedness through public involvement.
  - Hawkins County Health Department secured READYs Training for Public Health Week 2024
    - Church Hill Senior Center – 21 participants
    - Rogersville Senior Center – 13 participants
    - Mt. Carmel Senior Center – 25 participants

Ready

Prepare. Plan. Stay Informed.®

- READYs Program

  Continue partnering with Senior Center in Hawkins and Hancock Counties in offering READYs Training
- Naloxone Training

  Continue partnering with Sullivan County Anti-Drug Coalition in conducting Naloxone and Harm Reduction Training in Hawkins and Hancock Counties
- Preventative Services and Education
  - Oral Health Education with older adults
  - Continue partnering to provide vaccine clinics specific for older adults
  - Collaborate with UT Extension to provide social media and online scam education to aging adult population.
  - Collaborate with UT Extension to provide fall prevention classes at local senior centers and older adult apartment complexes (2 completed).
  - Provide tobacco cessation information including QuitLine to senior centers and older adult apartment complexes.

Thank you

Questions?

Thank you!