# **Dementia Navigation**



Supporting & guiding families through their dementia journey.

A medical and community support model is necessary to address needs of persons living with dementia (PLWD) and caregivers. Dementia Navigators help families make clinical-community linkages, guiding them on the next steps after a diagnosis.

Dementia Navigators utilize community resources and clinical connections to support caregivers and create safe environments for PLWD to remain in the home as long as possible with supports, services, and care.

## ABOUT DEMENTIA NAVIGATORS

Dementia Navigators are professionals who assist families in navigating the complexities of dementia care through all stages of the disease. They provide education to care providers and the community about dementia risks and the importance of early detection and diagnosis. They offer guidance, resources, and support to PLWD and caregivers.

#### WHAT SERVICES DO DEMENTIA NAVIGATORS OFFER?



## **Education**

Provide education for families and communities about dementia risks, early detection, progression of disease, safety, and care planning.



## Support

Provide caregiver support groups, caregiver training, and ongoing follow-ups with families.



## **Early Detection**

Conduct basic memory screenings and connect providers with tools for early detection and resources.



#### Resources

Connect families to local resources based on individual needs and assist with direct referrals.

#### **HOW DO NAVIGATION SERVICES WORK?**



Individual with memory loss receives a diagnosis of dementia.



Provider or community group refers individual & family to Dementia Navigator.



Dementia Navigator assesses needs, provides direct referrals, resource identification, & long-term care planning.

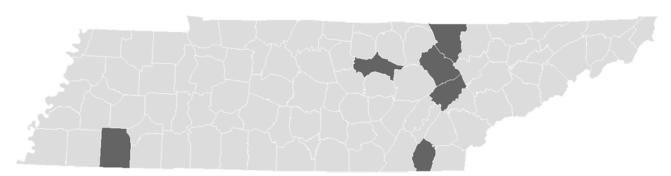


Dementia Navigator completes home visits, follow-ups, trainings, & ongoing supports.



Ongoing communication with provider, family, & Dementia Navigator.

#### SERVICE LOCATIONS



#### **Bradley County**

Amy French

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## **Hardeman County**

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## **Putnam County**

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#### MAKE A REFERRAL



https://redcap.link/dementian <u>avigation</u>

## PARTNER WITH US

- Community education & memory screenings.
- In-home consultations & care planning services.
- Clinical-community linkage for PLWD & caregiver (provider outreach, referrals, public health services, etc.).
- Caregivers supports.
- Resource and referral source & navigation services for PLWD & caregivers.
- Public Health education & service alignment.

Questions? Contact Chelsea Ridley (Chelsea.Ridley@tn.gov)

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