

POLICY STATEMENT
Tennessee Board of Medical Examiners'
Polysomnography Professional Standards Committee

TRAINEE NOTIFICATION POLICY

Pursuant to Tenn. Code Ann. Section, 63-31-107 (a) (2) of the Polysomnography Professional Standards Committee's Practice Act a student actively enrolled in an A-STEP educational program accredited by the American Academy of Sleep Medicine, is permitted to practice as a trainee while completing the coursework necessary to become fully licensed in the state of Tennessee. The status of trainee may be granted under the following conditions:

- The polysomnographic trainee shall give written notice to the Committee's administrative office of intent to provide sleep-related services under the direct supervision of a licensed polysomnographic technologist pursuant to Tenn. Code Ann. Section, 63-31-107 (a) (2) **at least thirty (30) days prior** to the provision of said services at:

Polysomnography Professional Standards Committee
665 Mainstream Drive
Nashville, Tennessee 37243

- Trainees must include the following information in the written notice:
 - a. Their Full Name;
 - b. Their Date of Birth;
 - c. Any other Professional Licenses, Certificates or Permits They Hold in Tennessee and/or Another Jurisdiction;
 - d. The Facility or Facilities where sleep-related services will be provided;
 - e. Name of the educational program or institution in which the trainee is enrolled and in which;
 - f. Name of trainee's direct supervisor (a licensed polysomnographic technologist);
 - g. Social Security Number;
 - h. Mailing and Physical Address;
 - i. Emergency Contact Number (person other than trainee);and
 - j. Home and Mobile Telephone Numbers;
- The trainee **must be actively enrolled** in the A-STEP educational program at all times in order to provide services as a polysomnographic trainee.

Adopted by the Board of Medical Examiners' Polysomnography Professional Standards Committee on this 1st day of November, 2011.

**Roxanne M. Valentino, MD, Chair
Tennessee Board of Medical Examiners'
Polysomnography Professional Standards Committee**

Adopted by the Board of Medical Examiners this 15th day of November 2011.

**Mitchell Mutter, M.D., Chair
Tennessee Board of Medical Examiners**

**Amended by the Board of Medical Examiners' Polysomnography Professional Standards
Committee on this 26th day of August, 2025.**

Amended policy adopted by the Board of Medical Examiners on this 23rd day of September, 2025.