

**BOARD OF OCCUPATIONAL THERAPY  
MINUTES**

DATE: January 13, 2022

TIME: 9:00 AM CST

LOCATION: Poplar Conference Room  
665 Mainstream Dr, 1<sup>st</sup> Floor  
Nashville TN 37243

MEMBERS PRESENT: Amanda Newbern, Board Chair  
Anita Tisdale, Board Member  
Allan Adriaanse, Board Secretary  
Hollie Simpson, Board Member

MEMBERS ABSENT: Dr. Larry Goings

STAFF PRESENT: Noranda French, Unit Director  
Mary V. Bennett, Board Manager  
Sabrina Craig-Boyd, Board Administrator 2  
Hannah Hampton, Board Administrator 1  
Lara Gill, Senior Associate General Counsel, OGC  
Dorsey Luther, Disciplinary Coordinator, OIV

GUESTS: Dr. Alan Meade, President – APTA-TN  
Dr. Sarah Suddarth, Vice Preseident – APTA-TN  
Dr. Peggy Haase, OT  
Mary Barnes, OT  
Teresa Phillips, Executive Director, TnPAP

**Call to Order**

A roll call of Board Members was initiated, by Sabrina Craig-Boyd, Board Administrator. With a quorum present, the meeting started at 9:02 a.m.

## **Election of Officers**

Ms. Tisdale, nominated Ms. Newbern to continue in her role as Board Chair. Ms. Simpson, seconded the motion. The motion carried.

Ms. Tisdale, nominated Mr. Adriaanse to continue in his role as Board Secretary. Ms. Simpson, seconded the motion. The motion carried.

## **Minutes**

After a review of the October 7, 2021, minutes, Mr. Adriaanse, made a motion, to approve the minutes with correction of attendance, Ms. Tisdale, seconded the motion. The motion carried.

## **Office of General Counsel Report**

Ms. Lara Gill, Senior Associate General Counsel, presented the OGC report as follow:

### **CONFLICT OF INTEREST**

If you have a personal or financial interest in the outcome of any issue or matter before this committee which may suggest a bias on your part, you are asked to state that interest on the record so that a determination can be made as to whether there exists a need for recusal. This is true whether the matter relates to a contested case, a rulemaking decision, an application or any other matter before the Committee. You are reminded that it is the duty of this board to protect the health, safety and welfare of the citizens of Tennessee and that the administration of this solemn responsibility is dependent upon avoiding even the appearance of impropriety.

### **LITIGATION**

**APPEALS** There are no pending appeals from Board disciplinary action. There is an interlocutory appeal on the case that was previously set for hearing before the Board on July 29-30.

**CIVIL SUITS** None.

### **2 PENDING COMPLAINTS IN OGC**

As of January 7, 2022, there are ten (10) outstanding disciplinary cases in OGC. One of these cases is on appeal and involves fraudulent billing. Out of the ten (10) disciplinary cases in OGC, six (6) of the cases are against occupational therapists and generally involve discipline for fraudulent billing, substance abuse, violation of Board Orders or practice beyond scope. One of the cases against an occupational therapist will be presented to the Board for resolution via consent order today. Another one of the cases involving an occupational therapist for fraudulent billing and failing to supervise is set for trial before the Board on April 14, 2022. The remaining four (4) cases in OGC are against occupational therapy assistants for fraudulent billing, violations of Board Orders, and practice on a lapsed license. I will also be presenting an order of compliance for ratification.

## **RULES**

The rule changes involving removal of iontophoresis, the addition of suicide prevention training and the renewal cycle were brought for hearing before the Tennessee Legislature's government operations committee on December 15, 2021 and were approved. The rule changes have been filed with the Secretary of State's office. Once they become permanent, the new rules will need to be published on the OT Board website. The Rules Task force for dry needling to the upper limb met on September 15, 2021, October 6, 2021, November 10, 2021, and December 8, 2021. The Task Force consisted of Mr. Adriaanse, Ms. Peggy Haas, Dr. Alan Meade (physical therapist) and Dr. Sarah Suddarth, (physical therapist) with the TNAPTA, Ms. French, OT Board administrative staff, and Lara Gill, Board Attorney. The Task Force has drafted language for the proposed rules that is set for discussion today.

## **LEGISLATION**

SB01072/HB1275 was signed into law on April 13, 2021. It changes to the practice of occupational therapy, including diagnosis ability and dry needling of the upper limb. It specifically authorizes telehealth practice for occupational therapists and physical therapists. This law now permits an occupational therapist to make an occupational therapy treatment diagnosis, mirroring what already exists for physical therapists (i.e., physical therapy treatment diagnosis). This change provides occupational therapists with some diagnosis authority, possibly providing an avenue for direct access. This also law adds dry needling "to the upper limb" to the scope of occupational therapy practice, defining "upper limb" as the "hand, wrist, elbow, and shoulder girdle." Occupational therapists wishing to dry needle to the upper limb must have the necessary training to safely engage in this practice. Thus, the Board of Occupational Therapy is working to establish minimum competency requirements through the Task Force identified above. Finally, this law authorizes occupational therapists and physical therapists to practice telehealth.

## **Consent Order**

**O'Hara, Jodi OT3939**

### **Stipulation of Facts-**

1. Respondent has been at all times pertinent hereto licensed by the Board as an occupational therapist (O.T.) in the State of Tennessee, having been granted a Tennessee occupational therapist license number 2801, on August 31, 2001. Respondent's O.T. license expires on March 31, 2023.
2. Respondent's O.T. license is currently encumbered by a Consent Order. See Composite Exhibit "A." On January 23, 2018, Respondent signed a consent order agreeing to discipline of her license. See Composite Exhibit A hereto. The Respondent agreed to a reprimand as well as additional continuing education course work. Respondent was also ordered to pay civil penalties and costs. This consent order was entered by the Board on March 22, 2018 ("March 22 Consent Order") and mailed to Respondent via certified mail on April 13, 2018. See Composite Exhibit A hereto.
3. Pursuant to paragraph ten (10) of the March 22 Consent Order, Respondent was required to successfully complete ten (10) hours of continuing education coursework in occupational therapy ethics within six (6) months of entry of the March 22 Consent Order. Respondent was also required to deliver proof of compliance with the continuing education coursework to the disciplinary coordinator. See Composite Exhibit A hereto.

4. Pursuant to paragraph thirteen (13) of the March 22 Consent Order, Respondent was required to pay penalties and costs which were to be paid within ninety (90) days from the issuance of the Final Assessment of Costs. See Composite Exhibit "A."

5. A Final Assessment of Costs was mailed to Respondent via certified mail on April 19, 2018, showing a total amount owed of \$387.15. See Composite Exhibit A hereto. This is in addition to the civil penalties of approximately \$1,800.00 that Respondent owed. See Composite Exhibit A hereto.

6. Respondent paid all penalties and costs outside the time frame provided in the March 22 Consent Order, on or about December 12, 2021.

7. Respondent provided proof of successful completion of the required continuing education coursework outside the time frame provided in the March 22 Consent Order, on or about December 14, 2021.

#### **OEDER**

**NOW THEREFORE**, Respondent, for the purpose of avoiding further administrative action with respect to this cause, agrees to the following:

13. The Tennessee occupational therapist license of Jodi O'Hara, number 2801, is hereby placed on **PROBATION** for a period of not less than three (3) years, effective the date of entry of this Consent Order by the Board. Respondent understands that she must maintain good and lawful conduct during the probationary period.

14. Respondent is assessed five (5) Type A Civil Penalties in the amount of five hundred dollars (\$500.00) representing one penalty for each ground for discipline for a total assessment of two thousand dollars (\$2,500.00).

15. After the three-year period identified in Paragraph 14 and Respondent's good and lawful conduct, Respondent becomes eligible to petition the Board for an Order of Compliance lifting the restrictions imposed by this Consent Order. Respondent must file a petition for an Order of Compliance. As part of her petition for an Order of Compliance, Respondent shall appear personally before the Board.

16. Respondent must enroll in and successfully complete, within six (6) months of entry of this Consent Order, eight (8) hours of Ethics and Jurisprudence course(s) pre-approved by the Board's Consultant. Within thirty (30) days after completion of such course, Respondent shall mail or deliver proof of compliance, including CEs or any other submitted documents via electronic means (e-mail) to [disciplinary.coordinator@tn.gov](mailto:disciplinary.coordinator@tn.gov). All disciplinary terms submitted, including CEs, Civil penalties and/or Cost payments, must include Jodi O'Hara Case No. 2020017561 on the instrument. Any continuing education course hours earned from attendance and completion of the course(s) required by this paragraph shall be in addition to the hours required to maintain or reinstate licensure.

17. Respondent must pay, pursuant to Tenn. Code Ann. § 63-1-144, the actual and reasonable costs of prosecuting this case to the extent allowed by law, including all costs assessed against the Board by the Division's Bureau of Investigations in connection with the prosecution of this matter. These costs will be established by an Assessment of Costs prepared and filed by counsel for the Division. The maximum amount for the assessment of costs for this case shall be five thousand dollars (\$5,000.00).

18. Respondent acknowledges this consent order does not preclude the State from initiating additional investigations or disciplinary actions.

19. Each condition of discipline herein is a separate and distinct condition. If any condition of this Order, or any application thereof, is declared unenforceable in whole, in part, or to any extent, the remainder of this Order, and all other applications thereof, shall not be affected. Each condition of this Order shall separately be valid and enforceable to the fullest extent permitted by law. 20. Respondent understands this is a formal disciplinary action and will be reported to the NPDB and/or a similar agency as

**PROBATION.**

Mr. Adriaanse, made a motion, to accept the Consent Order as presented. Ms. Simpson, seconded the motion. The motion carried.

**Corry, Sarah OT6180**

**Stipulation of Facts-**

1. Respondent has been at all times pertinent hereto licensed by the Board as an occupational therapist (O.T.) in the State of Tennessee, having been granted a Tennessee occupational therapist license number 6180. Respondent's Tennessee O.T. license is expired as is Respondents Missouri and Florida O.T. licenses. Respondent currently resides in St. Louis Missouri area and does not practice as an occupational therapist.

2. The State received a complaint regarding the Respondent and conducted an investigation. Documentation was gathered concerning the facts giving rise to the complaint as was video footage and photographs. Witnesses were interviewed, including the Respondent with her attorney present.

3. The investigation revealed that Respondent worked PRN as an occupational therapist at Vanderbilt Home Care Services ("VHCS") in Nashville, Tennessee, in October of 2020. One patient to whom Respondent provided in home care was patient K.F. Patient K.F. was prescribed opioids for pain, including oxycodone.

4. On or about October 5, 2020, Patient K.F.'s daughter suspected theft of K.F.'s oxycodone pills.

5. Because of the suspected theft, K.F.'s daughter purchased a lock box for K.F.'s pain medication. At the end of October 2020, K.F.'s daughter also installed a Ring camera inside K.F.'s home. K.F.'s daughter put 10 oxycodone pills in her mother's empty oxycodone bottle and left it on the counter with the rest of K.F.'s medication. After each home health visit, K.F.'s daughter would check the bottle to see if any pills were missing.

6. On November 18, 2020, Respondent brought a rollator walker to K.F.'s home for K.F. to use. Respondent was not scheduled to work that day and did not provide any professional services. Video footage taken that day from K.F.'s Ring camera showed Respondent going directly to the medicine box in the kitchen, picking up the medicine bottle, removing pills, and replacing the

bottle while patient K.F. took a telephone call. A reconciliation done later that day showed 5 oxycodone pills missing. Respondent neither documented nor billed K.F. for this visit.

7. Similar incident occurred on December 5, 2020, where Respondent again showed up at K.F.'s home when she was not scheduled. On this date, K.F.'s daughter had put 10 oxycodone pills in her mother's empty oxycodone bottles and left it on the counter with the rest of K.F.'s medication. Once in the home, video footage shows Respondent going directly to the medicine box in the kitchen, picking up the medicine bottle, removing pills, and replacing the bottle. A reconciliation done later that day showed 4 oxycodone pills missing. Respondent neither documented nor billed K.F. for this visit.

8. In December 2020, Respondent was terminated from VHCS after a complaint from K.F.'s daughter.

#### **ORDER-**

**NOW THEREFORE**, Respondent, for the purpose of avoiding further administrative action with respect to this cause, agrees to the following:

13. The Tennessee occupational therapist license of Sarah Corry, O.T., license number 6180, is hereby **VOLUNTARILY SURRENDERED** such having the same effect as **REVOCATION**, effective the date of entry of this Consent Order by the Board. Respondent agrees that she will not apply for a new O.T. license in Tennessee within one (1) year of the entry of this Consent Order.

14. Should Respondent elect to apply for a new O.T. license in Tennessee Respondent shall undergo an evaluation approved by Tennessee Professional Assistance Program (TnPAP). If the result of the TnPAP approved evaluation recommend monitoring, Respondent must sign a TnPAP monitoring agreement and maintain one hundred percent (100%) compliance with its terms for the duration of the agreement. Respondent shall maintain the advocacy of TnPAP until completion of the monitoring agreement and any amendments thereto. Respondent shall mail or deliver proof of completion of a TnPAP approved evaluation and signing, if recommended, of a TnPAP monitoring agreement to: **Disciplinary Coordinator, The Division of Health Related Board, Tennessee Department of Health, 665 Mainstream Dr, Nashville TN 37243.**

15. Respondent agrees she is required to comply with her TnPAP monitoring agreement and must maintain the advocacy of TnPAP until such time as TnPAP submits a report that Respondent is safe to practice occupational therapy in Tennessee without continued monitoring by TnPAP.

A. During the time period Respondent is required to maintain the advocacy of TnPAP, she shall:

- i. Cause TnPAP to issue quarterly reports to the Board detailing her compliance with the terms of the TnPAP monitoring agreement.
- ii. Comply with all recommendations of TnPAP; and

- iii. Cause TnPAP to submit a report when and if she is able to safely practices occupational therapy in Tennessee without continued monitoring by TnPAP.

16. Respondent must pay, pursuant to Tenn. Code Ann. §63-1-144, the actual and reasonable costs of prosecuting this case to the extent allowed by law, including all costs assessed against the Board by the Division's Bureau of Investigations in connection with the prosecution of this matter. These costs will be established by an Assessment of Costs prepared and filed by counsel for the Division. The maximum amount for the assessment of costs for this case shall be one thousand dollars (\$1,000.00)

17. Respondent understands this is a formal disciplinary action and will be reported to the NPDB and/or similar agency as REVOCATION.

18. Any and all civil penalties and costs (including any and all outstanding civil penalties) shall be paid in full within twelve (12) months from the issuance of the Assessment of Costs. Payment shall be made by certified check, cashiers check, or money order, payable to the State of Tennessee, Department of Health. Any and all payments shall be forwarded to the Disciplinary Coordinator, The Division of Health Related Boards, Tennessee Department of Health, 665 Mainstream Dr, Nashville, TN 37243. A notation shall be placed on said money order or check that it is payable for the Civil Penalty and Costs of Sarah Corry, Case No 202034691.

Ms. Simpson, made a motion, to accept the consent order as presented. Mr. Adriaanse, seconded the motion. The motion carried.

### **Order of Compliance**

#### **Carmen Monique Hampton, OT 4418**

Pursuant to Consent Order issued by the Board on April 29, 2021, which reprimanded Petitioner's license and required Petitioner to undergo an evaluation by the Tennessee Professional Assistance Program (TnPAP) within for a period of not more than forty-five (45) days following entry of the consent order, and until such time as Petitioner complied with the terms of the restrictions outline in the Order. Based on the petition and the statements of counsel, the Board find that Petitioner has satisfactorily undergone the TnPAP evaluation and that no monitoring is needed. Petitioner has therefore complied with the requirements of the previous consent order.

Therefore, it is ORDERED that the requirements of TnPAP monitoring have been met and Petitioner's occupational therapist license is reprimanded only, and no further action is required by Petitioner.

Mr. Adriaanse, made a motion, to accept the order of compliance as presented. Ms. Tisdale, second the motion. The motion carried.

## **Investigative and Disciplinary Reports**

Ms. Dorsey Luther, Disciplinary Coordinator, presented the discipline and monitoring reports as follow:

### **Board Statistical Complaint Report:**

#### **OT-**

New Complaints Opened	6
Total Closed Complaints	4
Closed BIV, EMS, HCF, AW	3
Complaint Closed	1

Falsification of Records	1
Unprofessional Conduct	4
Outside Scope	1

#### **OTA-**

New Complaints Opened	4
Total Closed Complaints	5
Closed BIV, EMS, HCF, AW	4
Complaint Closed	1

Falsification of Records	1
Fraud False Billing	2
Lapsed License	1

## **Applicant Interview**

Jeff Tatlonghari, appeared before the board for licensure approval. Mr. Adriaanse, made a motion, to approved Mr. Tatlonghari's application by reciprocity. Ms. Simpson, seconded the motion. The motion carried.

## **TNPAP**

Teresa Phillips, Executive Director of TNPAP, presented the report from TNPAP from July 1, 2021 through December 31, 2021. There are no occupational therapists monitored during this time frame. TNPAP is currently monitoring one (1) OTA. There have been no referrals, no agreements activated, and no discharges.

## **Ratification List**

Mr. Adriaanse, made a motion, to ratify the names of newly licensed Occupational Therapist. Ms. Tisdale, seconded the motion. The motion carried.

Mr. Adriaanse, made a motion, to ratify the names of reinstated Occupational Therapist. Ms. Simpson, seconded the motion. The motion carried.



Mr. Adriaanse, made a motion, to ratify the names of Occupational Therapist and Occupational Therapy Assistants applying for modality credentials. Ms. Simpson, seconded the motion. The motion carried.

Ms. Tisdale, made a motion, to ratify the names of newly licensed Occupational Therapy Assistants. Ms. Simpson, seconded the motion. The motion carried.

Ms. Tisdale, made a motion, to ratify the names of reinstated Occupational Therapy Assistants. Mr. Adriaanse, seconded the motion. The motion carried.

Ms. Tisdale, made a motion, to ratify the closed applications. Ms. Simpson, seconded the motion. The motion carried.

**Board of Occupational Therapy**  
**Ratification List**  
**September 25, 2021 – December 31, 2021**

**Newly Licensed Occupational Therapist**

Augustine, Marissa	Mulvaney, Madison
Barnhart, Samuel	Palmer, Devontae
Bell, Breanne	Pernal, Lori
Bernard, Terrence	Petty, Tanner
Blair, Karen	Phillips, Megan
Brown, Allison	Powell, Chelsea
Browning, Dodie	Rice, Jessica
Bullock, Karla	Royal, Jessica
Burgess, Rachel	Sanders, Angela
Chance, Jenna	Settles, Virginia
Chisholm, Brittany	Sisko, Mackenzie
Choi, Annie	Stone, James
Clement, Lydia	Sweeney, Brittany
Cooper, Christina	Taylor, Shannon
Curtis, Tierney	Tedford, Carli
Davenport, Kaylee	Tetuan, Kevin
DeFoor, Ransley	Thompson, Keri
Eason, Allison	Urwin, Alicia
Ellery, Emma	Williams, Cara
Esquirell, Marybeth	Zeitlin, Deborah
Forro, Amanda	
Forro, Daniel	
Giesing, Conner	
Hale, Victoria	
Hall, Amanda	
Hewitt, Whitney	
Holzhei, Tonya	
Hunt, Tracey	

**Reinstated OT**

Hackler, Kimberly  
Robinson, Gary  
Taylor, Andrea  
Trelfa, Steven  
Weidner, Alexandra  
Wood, Jonathan

**Modality**

OT Carmichael, Allison  
OT Davis, Martin  
OT Finnegan, Casey  
OT Graham, Alice  
OT Hartney, Josephine  
OT Helton, Julie  
OT Hooper, Brianne  
OT Howard, Eme  
OT Lalonde, Kevin  
OT Massmann, Erin  
OT St. Dennis, Cathleen  
OT Stein, Samantha  
  
OTA Cross, Karen  
OTA Jenkins, Teresa  
OTA Lee, Bobbie  
OTA Taylor, Breanna  
OTA Tuttle, Samantha

Idalski, Leanne  
Jaskiewicz, John  
Jean, Blondine  
Johnson, Kennedy  
Kennedy, Makayla  
Keylon, Haley  
Kinney, Suzanne  
Lane, Kiera  
Lezhnyak, Rosa  
Lindgren, Kimberly  
Luchauer, Bryna  
Lundsquist, Krysta  
Luther, Jenna  
Madewell, Nekia  
Maxwell, Payton

**Newly Licensed Occupational Therapy Assistants**

Bauman, Brittany  
Bishop, Andrea  
Blowers, Laura  
Brabson, Donte  
Burton, Marcie  
Butler, Megan  
Christensen, Ami  
Costly, Jennifer  
Crutcher, Julia  
Dalusio, Lauren  
Dill, Tambralane  
Dippold, Rebecca  
Forlines, Kelsey  
Gilbert, Patricia  
Gill, Mary  
Griffin, Taylor  
Grubb, Ally  
Harris, Rhett  
Hayes, Aliyah  
Heil, Becca  
Hernandez, Eryan  
Hopkins, Micha  
Howington, Amanda  
Hughes, Madison  
Keel, Laci  
Kegerreis, Cara  
Malone, Whitney  
Nash, Susan  
Newhall, Abigail  
Phipps, Hollly

**Reinstated OTA**

Davis, Valerie  
Dewey, Jennifer  
Holcomb, Amber  
Nichols, Lorraine  
Woods, Kaitlyn

**Closed Application**

Denman, McKenna  
Griffin, Katelynn  
Grogan, Lee  
Helms, Amanda  
Roberts, Courtney  
Twisdale, Kristopher  
Johnson, Lindsey  
Llanes, Laura  
Payne, Andrew  
Rhodes, Andrea

**Limited Permit**

None issued during this period.

Prosser, Emma  
 Roberts, Courtney  
 Sivels, Maegan  
 Slesk, Madison  
 Wharton, Brittany  
 Williams, Kelsey

**Administrative Report**

**BOARD OF OCCUPATIONAL THERAPY  
 ADMINISTRATOR REPORT  
 January 13, 2022**

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This is an administrative report from Sabrina Craig-Boyd, Board Administrator. The information contained in this report will keep the Board aware of all essential activities pertaining to licensure for Occupational Therapists and Occupational Therapy Assistants.

**Statistical Data**

As of December 31, 2021, the Board of Occupational Therapy has **3416** active Occupational Therapists and **1811** Occupational Therapy Assistants.

LICENSURE STATUS TOTALS FROM THE MONTHS OF  
 September 25, 2021 through December 31, 2021

<b>OCCUPATIONAL THERAPISTS</b>	
Total applications received – 521	
New licenses issued – 63	Renewal Total – 381
Reinstatements – 6	Online Renewals- 344
Limited Permits – 0	Paper Renewals- 37
Licenses Retired – 6	
Failed to Renew/Expired Licensees – 34	
<b>OCCUPATIONAL THERAPY ASSISTANTS</b>	
Total applications received 243	
New licenses issued – 36	Renewal Total – 165
Reinstatements –5	Online Renewals- 144
Limited Permit- 0	Paper Renewals- 21
License Retired- 9	
Failed to Renew/Expired License- 38	

**For this reporting period, the usage rate for utilizing the online renewal portal for Occupational Therapists is 90% and Occupational Therapy Assistants is 87%**

### **Upcoming Board Meeting Dates**

April 14, 2022

July 7, 2022

October 6, 2022

January 26, 2023

April 27, 2023

July 7, 2023

October 26, 2023

### **INTERNET**

The Board's internet website is an excellent location to find valuable board information for licensees and applicants. Please visit the site at <https://www.tn.gov/health/health-program-areas/health-professional-boards/ot-board.html> . Should you have any suggestions or comments, please feel free to contact the Board at 615.741.3807.

Mr. Adriaanse, made a motion, to take a break at 9:54 a.m. Ms. Simpson, seconded the motion. The motion carried.

The meeting resumed at 10:06 a.m.

### **Rulemaking hearing, rule amendments, and policies**

Ms. Gill, presented the board with the proposed verbiage for the rule pertaining to Dry Needling to the Upper Limb for Occupational Therapists. Ms. Gill stressed the importance of the rule making process and that **NO** Occupational Therapist (or Occupational Therapist Assistant) is permitted to practice Dry Needling at this time.

#### **RULE 1150-02-.21 DRY NEEDLING TO THE UPPER LIMB**

1. In order to perform dry needling to the upper limb, an occupational therapist must obtain all of the educational instruction described in paragraphs (2)(a) and (2)(b) herein. All such educational instruction must be obtained in person and may not be obtained online or through video conferencing.
2. Mandatory Training - Before performing dry needling to the upper limb, a practitioner must complete educational requirements in each of the following areas:

(a) Fifty (50) hours of instruction, to include instruction in each of the four (4) areas listed herein, which are generally satisfied during the normal course of study in occupational therapy school or continuing education from a Board approved continuing education provider

1. Musculoskeletal and Neuromuscular systems;
2. Anatomical basis of pain mechanisms, chronic pain, and referred pain;
3. Trigger Points, and
4. Universal Precautions

(b) Twenty-four (24) hours of dry needling that includes specific instruction to the upper limb defined as hand, wrist, elbow, and shoulder girdle.

1. The twenty-four (24) hours must include instruction in each of the following six (6) areas:

- (i) Dry needling technique;
- (ii) Dry needling indications and contraindications
- (iii) Documentation of dry needling;
- (iv) Management of adverse effects;
- (v) Practical psychomotor competency; and
- (vi) Occupational Safety and Health Administration's Bloodborne Pathogens Protocol.

2. Each instructional course shall specify what anatomical regions are included in the instruction and describe whether the course offers introductory or advanced instruction in dry needling.

3. Each course must be pre-approved or approved by the Board or its consultant, or the Board may delegate the approval process to recognized health-related organizations or accredited occupational therapy educational institutions.

(c) A newly licensed occupational therapist shall not practice dry needling to the upper limb for at least one (1) year from the date of initial licensure unless the practitioner can demonstrate compliance with paragraph (2) through his or her pre-licensure educational coursework.

3. Any occupational therapist who obtained the requisite twenty-four (24) hours of instruction as described in paragraph (2)(b) in another state or country must provide the same documentation to the Board, as described in paragraph (2)(b), that is required of a course provider. The Board or its consultant must approve the practitioner's dry needling coursework before the therapist can practice dry needling in this state.

4. Dry needling to the upper limb may only be performed by a licensed occupational therapist and may not be delegated to an occupational therapy assistant or support personnel.

5. An occupational therapist practicing dry needling to the upper limb must supply written documentation, upon request by the Board, that substantiates appropriate training as required by this rule.

6. All occupational therapy patients receiving dry needling to the upper limb shall be provided with information from the patient's occupational therapist that includes a definition and description of the practice of dry needling and a description of the risks, benefits, and potential side effects of dry needling.

Mr. Adriaanse, made a motion, to accept the proposed rule for Dry Needling to the Upper Limb. Ms. Tisdale, seconded the motion. The motion carried.

### **Old and New Business**

Mr. Adriaanse, made a motion, to approve travel for Ms. Lara Gill, Senior Associate General Counsel, for either the CLEAR Annual Conference or the FARB RLS Conference. Ms. Simpson, seconded the motion. The motion carried.

### **Adjourn**

With no further business to discuss, Mr. Adriaanse, made a motion, to adjourn at 11:35 a.m. Ms. Simpson, seconded. The motion carried.

**THESE MINUTES WERE RATIFIED AT THE APRIL 14, 2022 BOARD MEETING.**