

CHALLENGES

Capacity- three or four members doing the bulk of the work- no time for grant writing outside of our own organization's work

Grant writing to fund various projects. The council does not know how to write grants or find grants to fund the various projects

Membership and the process being shared in the meetings as how to become a member/How to get connected to all of the health councils in your region

Encouraging/balancing responsibilities with health council members since most are volunteers and I don't want to make everyone feel like they have a second unpaid job with the workload from the health council

HC membership growth, increased collaboration among members. Getting the community "bought in" or to understand the true meaning of what the health council does.

MUSHROOMS

Delegate work, team work/group work, committees working on specific projects, focus on fewer tasks or projects, not reinventing the wheel, member assessment (addressing interest from members), identify member strengths.

Utilize CICs, can be overwhelming and a big ask from members, utilizing teachers or health educators, offer free trainings to councils, word of mouth about opportunities, help in identifying grants, develop a "grants" resource list.

Resource for how to join and attend, emailing lists/ email blasts.

Not going too far outside of what they already do, breaking things into smaller tasks, keeping the end goals in mind.

Create flyers, involve local media partners, learn your health council and their strengths, have members reach out to their partners and invite them to health council,

TOMATO SAUCE

Partnering with other organizations, action teams doing the work in the community based on their expertise, council convenes and holds a portfolio of grant opportunities that partner orgs can apply to

grant writing workshops, what issue is the council trying to solve, will help narrow down who to contact for grants, using the new staff dedicated as community impact consultants, TDOH website

need a list of contact information, easy way to identify in the COP meetings region, location; shared document with updated meeting times and location specific to each council; streamlined process, commitment from local organizations to authorize staff to contribute to the work

commitment from local organizations to authorize staff to contribute to the work, volunteer list for events based on strengths and interest, make a list of what the needs are, going in with specific asks, connecting people with their skillset

Looking at retired persons to contribute to the health council, RSVP for seniors; need for bylaws a structure to lay out purpose and mission, clarity about what can be available

OLIVES

- Need to know where to look for funding sources.
- Sub-committees can help with delegation
- Community impact consultants can be used for help with grant funding

- Look for workshops to help build grant writing skills and identifying funding sources
- Office of primary prevention newsletter has funding opportunities
- Newsletters
- Community toolbox
- "The only grant writing book you'll ever need" by Ellen Karsh and Arlen Sue Fox

- Membership presentation is shared, can check off counties where they are involved.
- Monthly report is shared.
- Form is filled out to become a member
- Challenge - people may check a box but not attend that council
- Some councils require nomination

- Members are coming with a common purpose. How can we use their skills while being mindful of their time?

- Good communications team! Common message.
- Have to get the information out to the community. Resource fairs, attending community events, shared projects
- Health assessments, action plans help clarify meaning and purpose.
- Key stakeholders, people with influence
- Sharing ideas between counties, encourage collaboration
- Remind health councils of their ownership, encourage them to take leadership (from a TDH team member)

PEPPERONI

Encouraging collaboration with CHA between health council and individual orgs to then use for grant writing.

United way may have classes for grant writing, some places charge fees to teach, grant writing services- instrumental

Online/hybrid memberships, noticing what new visitors expertise is and build rapport. Making connections with others, email contacts and encourage participation

Link and leverage - work smarter, not harder. See what orgs are doing things that align with the health council goals. Also be specific on the goals you want to achieve

Start with your champions and build momentum from there. ID core groups in the community, employers, schools, etc and approach them

CHEESE

- assigning responsibilities to specific members so the workload is spread out/make it easier to visualize if the workload is unbalanced currently
- leverage retired volunteers who would like to take on some tasks (ex. grant writing)
- Have a clear conversation about balancing task/workload with those that are able to take on more than others
- Leverage resources throughout TDH with certain tasks (grant writing, updating bylaws, etc.)

- Leverage resources throughout TDH that can assist with grant writing (for example, the Healthy Development Coordinators)
- Attend grant writing courses/grant writing camp that may be available either in the community or at certain universities/colleges

- create a document (ex. a calendar or pamphlet) that can be shared with the time, location, dates, and point of contact for the Region so those that are interested can reach out to the correct point of contact.
- Leverage the Regional Health Council meeting to network with the other counties in your region
- Update membership criteria as needed in the bylaws and be clear with attendees about the membership process for their specific council

"seconding what we write in the first study year"
-utilizing the members that can support some of their work done (such as ID Examiners or Coordinated School Health)

- have meeting times be convenient for most members (for example, during lunch and not after hours)
- Ask expectations for official members of the council or the dates that they will be expected to do while they are serving on the council (for example in the bylaws)
- Ask volunteers to apply for different roles, rather than assigning them

- promote the Health Council during other meetings in the community (ex. city council meetings, other coalition meetings, etc.)
- add other officials to correspondence related to the health council or make a short message to help promote the council.
- health council social media page
- if council members make a consensus effort to speak about the health council during other coalition meetings that they can also members of
- directing/promoting the efforts of strategic initiatives page with all of resources for the health council
- promote the COP meetings