



# Health Council Community of Practice (CoP)

Atlee Tyree, Community Engagement Strategist, Office of Strategic Initiatives

# Introductions

- Welcome!
- Please type in the chat:
  - Name
  - Your title
  - Organization
  - County



**Hello**  
my name is

*Frannie  
Tick Collector  
Bell's Bend Park  
"Support"*

# What brings you here today?

- **Educate** by collecting and sharing information – from experts as well as from peers
- **Support** by organizing peer-to-peer interactions and collaboration
- **Cultivate** by assisting groups to start and sustain their learning
- **Encourage** by promoting the work of members through discussion and sharing
- **Integrate** by encouraging members to use their new knowledge for real change in their own work

# Agenda

- Opening
- Spotlight: LIFT LC and Lincoln County Health Council
- Breakout Groups
- Announcements
- Closing



# Opening

- Close your eyes and remember when you were in high school....

*What did it feel like?*



# Spotlight: Lincoln County Health Council



Lincoln County Health Council

# **LIFT** Lincoln County Schools & **LIFT** Fayetteville City Schools



# About Us

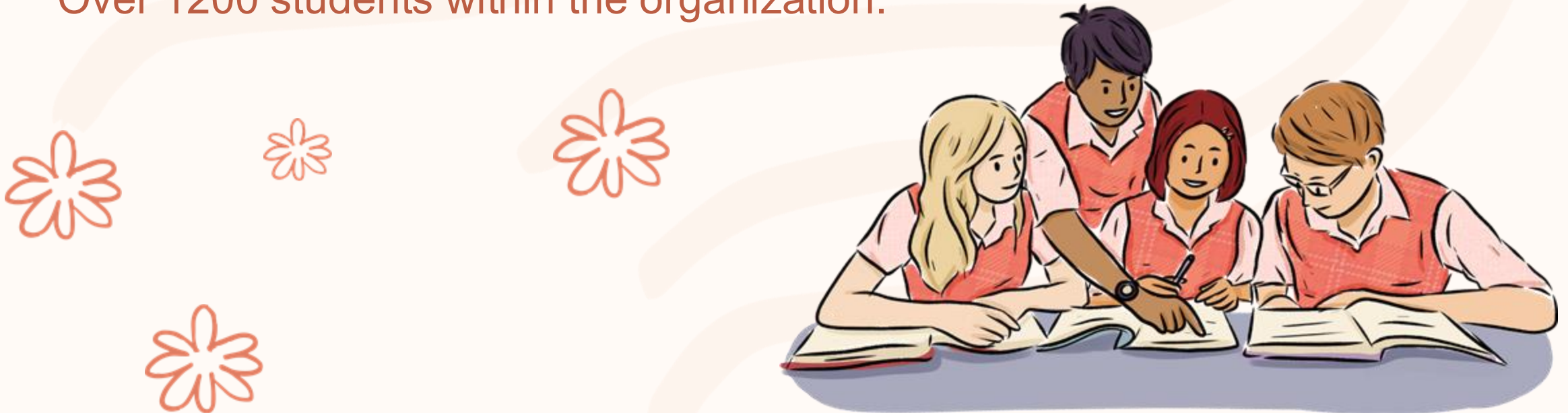


Student-led club that empowers our peers by creating a supportive environment where everyone feels loved, heard, and seen. We aim to break the stigma surrounding Mental Health and ensure that no student feels alone in their struggles.

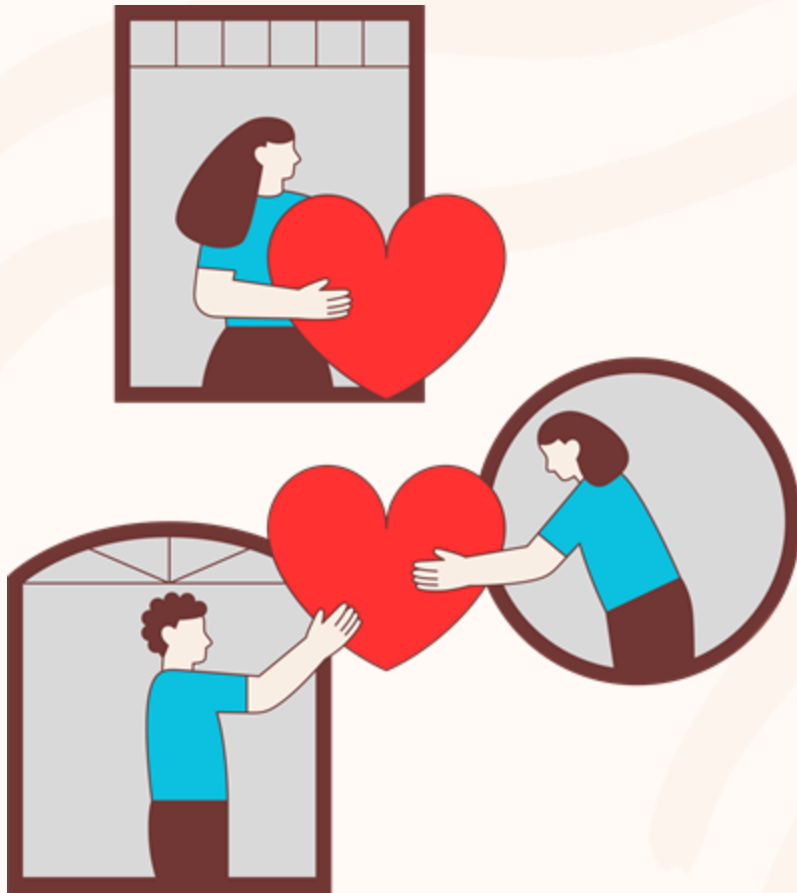


# Living In Friendship and Togetherness

- Created after the loss of several students to suicide within a short time. But also, to assist students with coping with the losses, and to spread positivity to other students.
- Over 1200 students within the organization.



# Living In Friendship and Togetherness



## Vision

LIFT's vision is to establish a student-led club that fosters a safe and inclusive environment for all students.

## Mission

Ensure that every student feels seen, heard, and loved regardless of their background or identity.

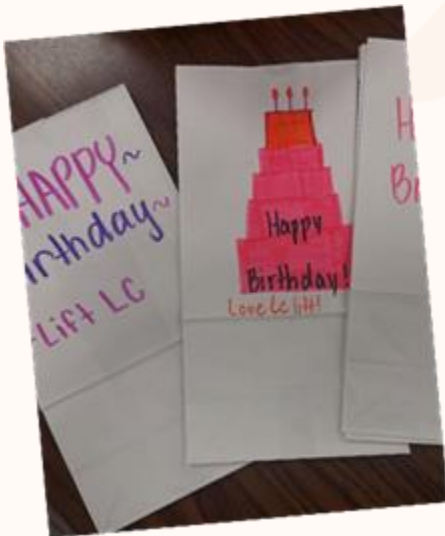
# Goals

- Create a closer student body.
- Educate youth on Mental Health and bullying.
- Use various activities, discussion to promote understanding, and respect among our peers.
- Ultimately creating a community where everyone can THRIVE.
- END the stigma.



# Living In Friendship and Togetherness

- Assist in several activities including Color Run, Turkey Trot, Teacher Appreciation month, and Hayden's Hope Craft fair.
- Provides cupcakes and/or cards with gift cards to fellow students during their birthday month to ensure they know they are appreciated on their special day.
- Students participate in fundraisers to help raise funds for the organization.







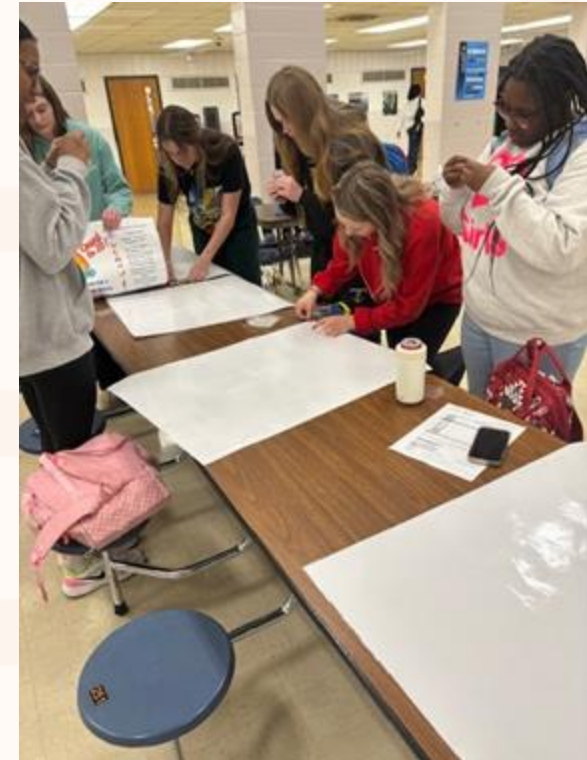


Bank of Lincoln County has generously donated towards LIFT FC initiatives.





LIFT FC students have placed Breathing and Calming activity posters throughout the school for students to utilize.







# Community Partnership and Collaboration

Lincoln Health donated a \$1,000 check to both LIFT Lincoln County and LIFT Fayetteville City Schools.



# Collaboration with Lincoln County Health Council



Lincoln County Health Council Priorities: Mental Health & Substance Misuse

## 3 Year Goals:

- ❖ To raise the availability of mental health services for everyone, especially lower socioeconomic status, and children.
- ❖ To increase knowledge and awareness in schools, cessation and education, more Community Narcan Classes, and have an overall decrease in the stigma of substance abuse/misuse.
- 2 students and their sponsor were guest speakers at August 2024 Health Council meeting to share their organization and their goals to Health Council.
- Community partners began to collaborate and discuss different ideas and ways to assist.
- Community partners donating supplies, and financial aid.



*“Alone we can do so little;  
together we can do so much.”*

**- Helen Keller**



# Breakout Groups *(10 minutes)*

- Introduce yourself (in alphabetical order).
- What struck you about the presentation?
- What has gone well for your HC in partnering with youth?
- What have been some challenges in partnering with youth?
- How can you find out about youth organizations for your HC to support? (Who can you reach out to?)

**SCAN  
HERE!**



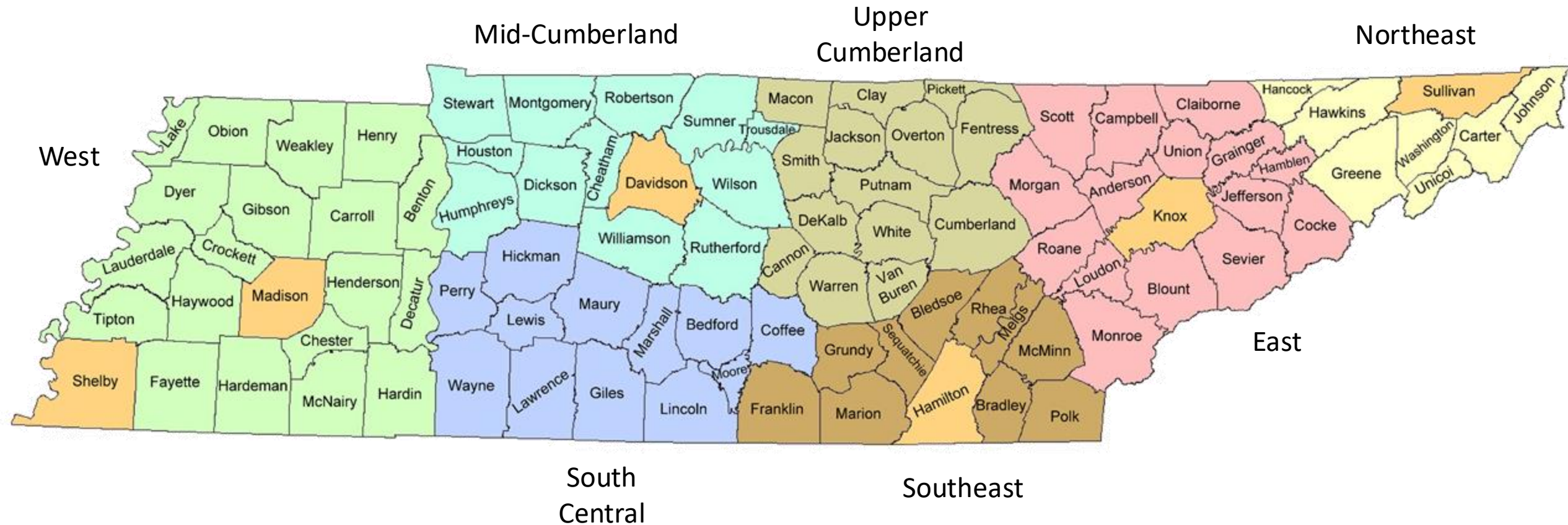


# Regional Calls (quarterly)

- ~~*Southeast: Monday, April 28, 2:00-2:30pm ET*~~
- ~~*East: Wednesday, April 30, 2:30-3:00pm ET*~~
- ~~*Northeast: Friday, May 2, 10:00-10:30pm ET*~~
- ~~*West: Monday, May 5, 1:00-1:30pm CT*~~
- *Mid-Cumberland: Friday, May 16, 10:30-11:00am CT*
- *Upper Cumberland: Monday, May 19, 1:00-1:30pm CT*
- *South Central: Friday, May 23, 10:30-11:00am CT*



# Health Department Regions



# Monthly Call

- Thursday, **June 18**, 9:00am CT/ 10:00am ET
  - Spring Summit recap + Disability Inclusion in CHIP



# County Health Council Communication

*Newsletter*



*Website*



*CoP*



# Share-out

- Share any **events** or **resources** you have for the group.



# Closing

- I used to think \_\_\_\_\_, and then I learned \_\_\_\_\_,  
so now I will\_\_\_\_\_.







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**Thank you / Questions**