Symptoms

**Rash**
Rashes, bumps, or blisters that may appear on or around the genitals or in other areas such as your hands, feet, chest, or face.

**Flu-like Symptoms**
(fever, headache, chills, muscle ache)
These symptoms may occur before or after the rash appears, or not at all.

Spread

- Direct contact with MPX sore or rash
- Contact with respiratory secretions or prolonged face-to-face contact
- Contact with objects (e.g. clothes, bedding, towels)

Prevention

- Avoid skin-to-skin contact with someone who has a rash or other MPX related symptoms.
- Ask your sexual partners whether they have a rash or other symptoms consistent with MPX.
- Follow reputable sources of health information, including the Tennessee Department of Health, Centers for Disease Control and Prevention (CDC), and your local county health department.

If you are exposed...

- Monitor your health
- Practice good hygiene

If you develop symptoms:
- Isolate at home
- Contact your healthcare provider to discuss how you’re feeling and need for testing

For more information and resources about MPX, visit [https://tn.gov/monkeypox](https://tn.gov/monkeypox). Updated: 8/17/22