To Whom it May Concern:

When an individual is diagnosed with Monkeypox (MPX), TDH recommends that they isolate at home until all lesions have resolved and a fresh layer of skin has formed.

TDH does not provide isolation “clearance” letters to individuals. Those who test positive for MPX may provide documentation of their positive test result (such as a photo, print out of lab results, or note from a provider that administered the test) or a doctor’s note to indicate their need for exclusion from in-person activities during their period of isolation. Employers and schools are encouraged to provide access to sick leave, telework, and other accommodations without individual documentation from a doctor or nurse regarding an individual’s need to stay home.

Additional isolation information is available here: https://www.cdc.gov/poxvirus/monkeypox/clinicians/infection-control-home.html#isolation

More information from TDH on MPX can be accessed on our website (https://www.tn.gov/monkeypox) or through the TDH Call Bank at 615-741-7247.

Sincerely,

John R. Dunn, DVM, PhD
State Epidemiologist
Tennessee Department of Health