

Data Brief: Drug Overdose in Rutherford County, TN

2012-15

Office of Informatics & Analytics



Numbers count. Every number is a story. Every story is a person.

Rutherford County All Drug Overdose Quick Stats

56

Overdose Deaths,
2015

621

Nonfatal Drug
Overdose Outpatient
Visits, 2015

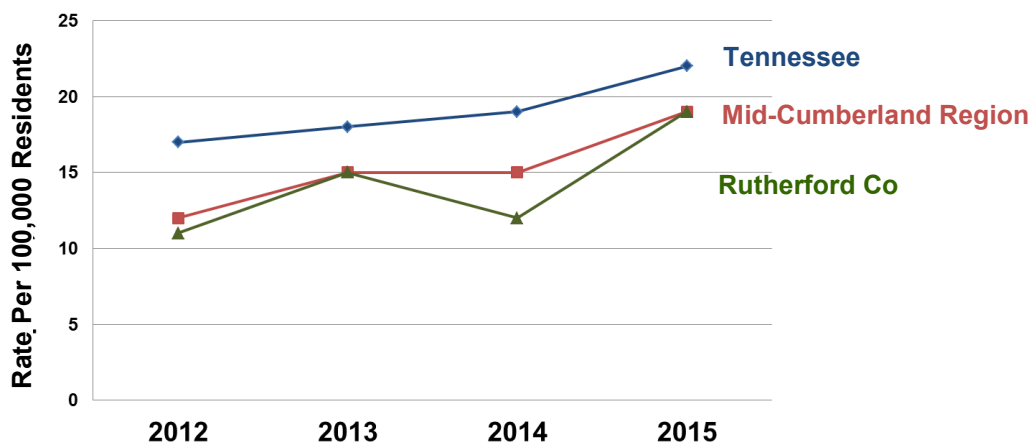
322

Nonfatal Drug
Overdose Inpatient
Stays, 2015

Deaths from Drug Overdose in Rutherford County, TN

In 2015, there were 1,451 drug overdose deaths in TN. The rate for TN increased by 29%. Rutherford County, TN is located in the Mid-Cumberland Region (MCR). Since 2012, the rate for MCR increased by 58%.

Number of Drug Overdose Deaths per 100,000 TN Residents, by Year 2012-15



Mid-Cumberland Region: Cheatham, Dickson, Houston, Humphreys, Montgomery, Robertson, Rutherford, Stewart, Sumner, Trousdale, Williamson, Wilson

Deaths from Opioids in Rutherford County, TN

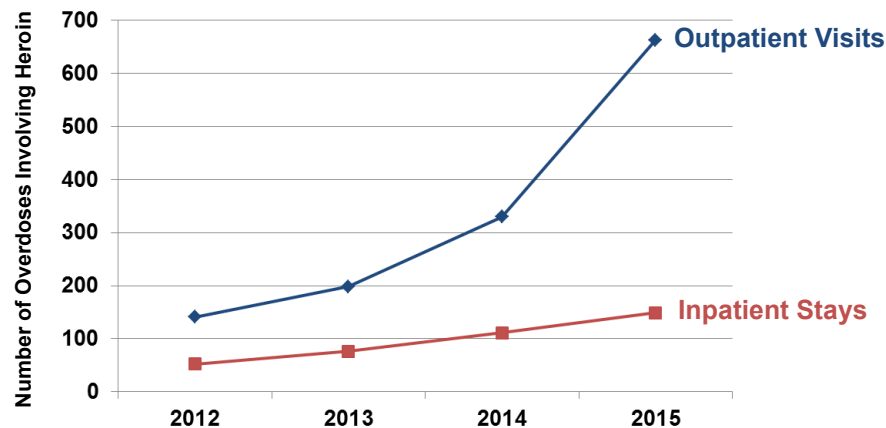
In Rutherford County, TN, 44 of the 56 recorded drug overdose deaths in 2015 involved an opioid. In all of TN, 72% of drug overdose deaths involved an opioid in 2015.

Rutherford County, TN Deaths, 2012-15				
	2012	2013	2014	2015
Number of all drug overdose deaths	30	42	35	56
Number of drug overdose deaths involving an opioid	28	36	24	44
Number of drug overdose deaths involving heroin	0	2	5	10

Nonfatal Drug Overdoses in Tennessee

The numbers of TN nonfatal drug overdoses resulting in outpatient visits and inpatient stays have remained stable from 2012 to 2015. However, nonfatal drug overdoses involving heroin resulting in outpatient visits and inpatient stays have increased. For nonfatal drug overdoses involving heroin, there were nearly five times more outpatient visits and nearly three times more inpatient stays in 2015 than in 2012.

Number of Outpatient Visits and Inpatient Hospital Stays Involving Heroin, TN, by Year 2012-15



Nonfatal Drug Overdoses in Rutherford County, TN

In Rutherford County, TN, there were 621 nonfatal drug overdoses that resulted in an outpatient visit in 2015. Of those, 66 involved an opioid (excluding heroin). In Rutherford County, TN, there were 322 nonfatal drug overdoses that resulted in an inpatient stay in 2015. Of those, 72 involved an opioid (excluding heroin).

Rutherford County, TN, Nonfatal Drug Overdoses 2012-15

	2012	2013	2014	2015
Number of all drug overdose outpatient visits	553	506	541	621
Number of outpatient visits involving all opioids (excludes heroin)	38	31	60	66
Number of outpatient visits involving heroin	1	5	10	20
Number of all drug overdose inpatient stays	245	23	318	322
Number of inpatient visits involving opioids (excludes heroin)	42	37	61	72
Number of inpatient visits involving heroin	1	0	4	9

Understanding the Indicators

- An *indicator* is something that points to an issue or a condition. Indicators are best used when comparable over time.
- *Opioids* are a class of drugs that include the illegal drug heroin as well as powerful pain relievers available legally by prescription.
- A *Nonfatal Drug Overdose* is a drug overdose that does not cause death.
- An *Inpatient Stay* is a hospitalization. An *Outpatient Visit* is typically to an emergency department. Patients represented in this data brief are only counted once. If a patient started in the emergency department and then was hospitalized, the patient is counted as an *Inpatient Stay*.
- **Data Source:** Tennessee Department of Health, Office of Policy, Planning, and Assessment. Hospital Discharge and Death Data file (2012-15). Analysis by Tennessee Office of Informatics and Analytics Prescription Drug Overdose Program.