PATIENT INFORMATION

YOU can make a difference

in the fight to reduce opioid pain medication abuse, addiction and overdose.

Take this card to your doctor and dentist and tell them you want the best treatment for acute pain (200mg ibuprofen + 500mg acetaminophen taken together).

Ask them to review the other side of this card and change how they prescribe for acute pain. Opioids like Percocet or Vicodin should RARELY be used regardless of the severity of pain.

Call them back in a week to see if they have changed how they treat pain.

Percent of people getting 50% pain relief (1/NNT) From Cochrane Reviews

62.5%

37 37 40

21 24
Your patient has brought you this card because of concern about the number of opioids prescribed by medical and dental professionals. The CDC’s research shows that the number of people becoming addicted to and dying from opioids is directly related to the number prescribed.

Your patients’ pain relief will be better if you recommend OTC ibuprofen and acetaminophen taken together instead of oral opioids; and, the side-effect profile for this dose is similar to placebo. The graph on the other side of this card shows a summary of the Cochrane reviews looking at the efficacy of medications in acute pain.

The information is clinically proven. The results are accurate.

Please “prescribe” OTC ibuprofen + acetaminophen for acute pain of all levels.

More info available at nsc.org/prescribers.

References: