HEPATITIS A VIRUS INFECTION

Why You Should Care About Hepatitis A

If a person is infected with the hepatitis A virus, it can easily spread from person-to-person and cause liver disease lasting a few weeks to a serious illness lasting months. **Nationwide, almost 60 percent of infected people have been hospitalized. Deaths have occurred, even in Tennessee.**

How Does Hepatitis A Spread?

- Touching objects or eating food handled by someone with hepatitis A
- Having sex with someone with hepatitis A infection

What Are the Symptoms of Hepatitis A?

- Fever
- Fatigue
- Nausea
- Loss of appetite
- Jaundice (yellowing of the skin or eyes)
- Stomach Pain
- Vomiting
- Dark urine, pale poop and diarrhea

If you think you have hepatitis A because of these symptoms, see your doctor or visit the closest emergency room. Always wash your hands with soap and water after using the bathroom and before preparing food.

How Can You Prevent Hepatitis A?

- Get vaccinated with the hepatitis A vaccine
- Don’t have sex with someone who has hepatitis A infection
- Use your own towels, toothbrushes and eating utensils
- Don’t share food, drinks, tobacco products or recreational drugs with others

For More Information

- Visit [www.tn.gov/hepA](http://www.tn.gov/hepA)

Poster adapted with permission from the County of San Diego Health and Human Services Agency.