Pregnancy and COVID-19

Pregnant people are at a higher risk for severe illness from COVID-19. As there is no way to ensure you have zero risk of infection, make sure you understand the risks and protect yourself.

COVID-19 Vaccine Considerations for Breastfeeding or Pregnant People

What we know

- Studies focusing on pregnant people are planned
- Potential side effects are not expected to be any different for pregnant people than for non-pregnant people
- COVID-19 vaccines are not thought to be a risk to the breastfeeding infant
- Women who are trying to become pregnant do not need to avoid pregnancy after receiving an mRNA COVID-19 vaccine
- Monitoring of more than 30,000 pregnant women who have received the Moderna and Pfizer vaccines since December 2020 have not indicated any safety concerns

The risk of COVID-19 infection

- Pregnant people with COVID-19 have an increased risk of severe illness, including illness that results in:
  - ICU admission
  - mechanical ventilation
  - death
- Pregnant people with COVID-19 are at increased risk of adverse pregnancy outcomes, such as preterm birth

Getting vaccinated is a personal choice for people who are pregnant

- Pregnant people and their household contacts are part of Phase 1c and are eligible to receive their COVID-19 vaccine, may choose to be vaccinated
- A conversation between pregnant patients and their clinicians may help them decide whether to get vaccinated
  - While a conversation with a healthcare provider may be helpful, it is not required prior to vaccination

For more information please visit www.tn.gov/health