



Any healthcare provider (HCP) who undergoes testing for COVID-19 should self-isolate at home and not work while awaiting testing results.

Communicate with your Employer

- Immediately notify all of your employers if you are having symptoms and/or if you are being tested for COVID-19.
- Identify any times that you were at work during the 2 days before you began feeling ill and any days you worked while ill.

Isolate Yourself

- You should strictly isolate yourself at home until
 - At least *24 hours* have passed since *recovery* defined as resolution of fever without the use of fever-reducing medications **and** improvement in symptoms **and**,
 - **At least 10 days** have passed *since symptoms first appeared*
- If you are asymptomatic, you should self-isolate and not work until for **at least 10 days** after testing was conducted (assuming that you do not develop symptoms during this time).

When You Return to Work

- Wear a face mask until your symptoms have completely resolved or until 14 days after symptoms onset (whichever is longer).
- Avoid caring for severely immunocompromised patients (transplant, hematology-oncology) symptoms have completely resolved or until 14 days after symptoms onset (whichever is longer).

Guidance for Healthcare Facilities with a HCP Diagnosed with COVID-19

- Determine all the days the employee worked on or after symptom onset.
- If the employee did not report any symptoms, determine all the days they worked on/after date of testing.
- Identify any patients/employees who had close contact with the employee. Close contact is defined as spending 15 or more minutes within 6 feet of the employee with confirmed COVID-19.
- Patients who have been discharged should be notified and instructed to quarantine according to [TDH guidelines](#).
- Patients who remain hospitalized should be isolated and placed on Standard, Contact, and Droplet Precautions with Eye Protection for 14 days after their last exposure.
- Consider work exclusion of asymptomatic employees who have not tested positive but who are determined to be close contacts of a known COVID-19 case. If this is not possible, the employees who continue to work should wear surgical masks for their entire shift for 14 days after the exposure and should undergo daily symptom and temperature monitoring while continuing to work.

Learn More: Online: www.tn.gov/health/cedep/ncov or <https://www.cdc.gov/coronavirus/2019-ncov/hcp/return-to-work.html>