



What is it?

The *Everlywell COVID-19 Collection Kit* provides an easy way to collect a nasal swab yourself and package it to be mailed to a laboratory that tests for the presence or absence of the virus that causes COVID-19.

Who can use it?

- You must be 16 years of age or older to use *Everlywell Self Collection Kits*;
- You need to have your own email address and internet access;
- You will insert a small swab into your nose (about one inch).
- You must self-collect Monday-Friday only
- You **MUST** drop off your sample at a UPS collection site on the same day you collect it. Be certain it is prior to the last pick up that day.

What do I need?

- A smart phone to register your test kit online
 - Enter your name, date of birth, and email address;
 - You will also enter a Unique Kit ID code provided in the kit;
 - Clear instructions are provided in the kit, as well as a number to call if you have problems;
- A pen to label your sample kit with your name and date of birth;
- Disinfectant hand gel and a tissue are recommended but not required.

What is in the box?

- Instructions on how to collect the sample;
- Instructions on how to mail the sample;
- A small nasal swab and tube to put it in;
- Stickers for your name and date of birth;
- A bag to place the swab and tube in;
- A box to put the bag in;
- An envelope to put the box in;
- A pre-paid return label to put on the envelope.

What do I do once I have collected my sample?

- Once you have packaged the sample in the return box, drop the box off at a UPS collection site the same day prior to the last pick up time.



What happens to the sample?

- UPS delivers the sample to the lab for COVID-19 testing
- The lab will run a PCR test on the sample that determines if COVID-19 has been detected.

How do I get the results?

- Everlywell will use the Unique Kit ID code to match your sample with your email address;
- Everlywell will email you when your sample arrives at the lab;
- Everlywell will email you your results once the test is completed;
- A web address is provided for you to check the status of your test and print a copy of your results;
- If you have provided your phone number, you will also get text notifications about the status of your results.
- Your health department does not collect information from you, and they do not have access to the results of your test.
- The average time from collection date to results has been 3 to 4 days.

Are Everlywell tests reliable? Yes

- The Tennessee Department of Health has verified the laboratory used has received emergency authorization from the FDA to perform tests for COVID-19;
- The test is the same type of test performed on samples collected at the Health Department testing sites. It is a molecular PCR test for COVID19;
- Everlywell COVID-19 tests have been used by long term care facilities and other organizations since summer of 2020.