



### What is it?

The *Everlywell COVID-19 Collection Kit* provides an easy way to collect a nasal swab yourself and package it to be mailed to a laboratory that tests for the presence or absence of the virus that causes COVID-19.

### Who can use it?

- You must be 18 years of age or older to use *Everlywell Self Collection Kits*;
- You need to have your own email address and internet access;
- You will complete in your car at the health department, these kits cannot be taken home;
- You will insert a small swab into your nose (about one inch).

### What do I need?

- A smart phone to register your test kit online
  - Enter your name, date of birth, and email address;
  - You will also enter a Unique Kit ID code provided in the kit;
  - Clear instructions are provided in the kit, as well as a number to call if you have problems;
  - Health Department Personnel will be available should you have questions.
- A pen to label your sample kit with your name and date of birth;
- Disinfectant hand gel and a tissue are recommended but not required.

### What is in the box?

- Instructions on how to collect the sample;
- Instructions on how to mail the sample;
- A small nasal swab and tube to put it in;
- Stickers for your name and date of birth;
- A bag to place the swab and tube in;
- A box to put the bag in;
- An envelope to put the box in;
- A return label to put on the envelope.

### What do I do once I have collected my sample?

- Complete the test in the car;
- Once you have packaged the sample in the return box, drop the box off at the health department testing site as instructed.



### **What happens to the sample?**

- Your boxed sample is delivered to UPS by the Health Department
- UPS delivers the sample to the lab for COVID-19 testing
- The lab will run a PCR test on the sample that determines if COVID-19 has been detected.

### **How do I get the results?**

- Everlywell will use the Unique Kit ID code to match your sample with your Email address;
- Everlywell will email you when your sample arrives at the lab;
- Everlywell will email you your results once the test is completed;
- A web address is provided for you to check the status of your test and print a copy of your results;
- If you have provided your phone number, you will also get text notifications about the status of your results.
- Your health department does not collect information from you, and they do not have access to the results of your test.
- The average time from collection date to results has been 3 to 4 days.

### **Are Everlywell tests reliable? Yes**

- The Tennessee Department of Health has verified the laboratory used has received emergency authorization from the FDA to perform tests for COVID-19;
- The test is the same type of test performed on samples collected at the Health Department testing sites. It is a molecular PCR test for COVID-19;
- Everlywell COVID-19 tests have been used by long term care facilities and other organizations since summer of 2020.