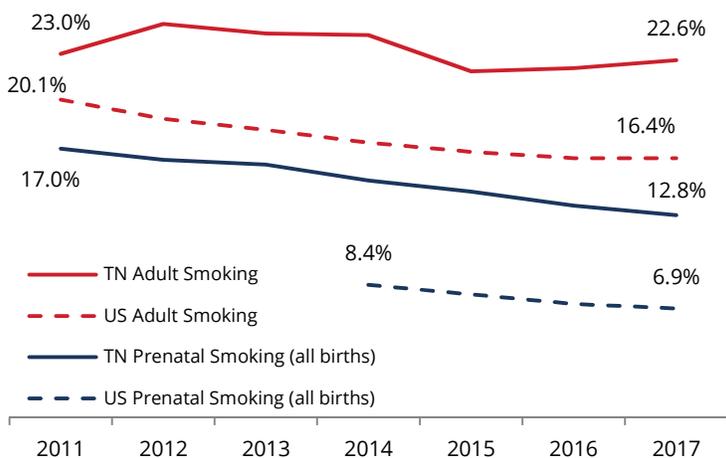


Tobacco & E-cigarette Use in Tennessee Adults

Tennessee Behavioral Risk Factor Surveillance System (BRFSS)

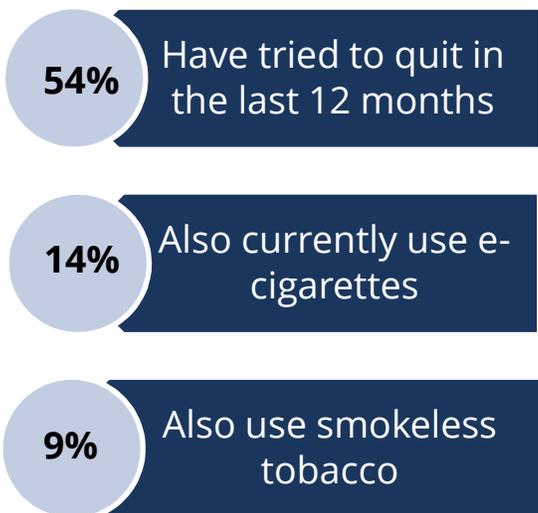


Cigarette smoking rates for adult Tennesseans are consistently higher compared to the US. Prenatal smoking rates have steadily decreased in Tennessee since 2011.

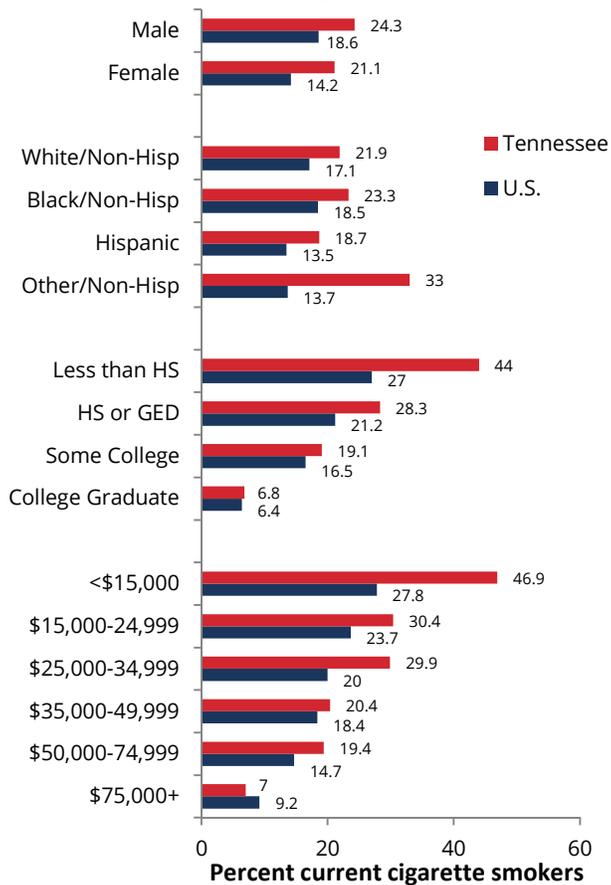


Note: Prenatal cigarette smoking rates from Tennessee Birth File. US Birth Rates from National Center for Health Statistics (not available before 2014).

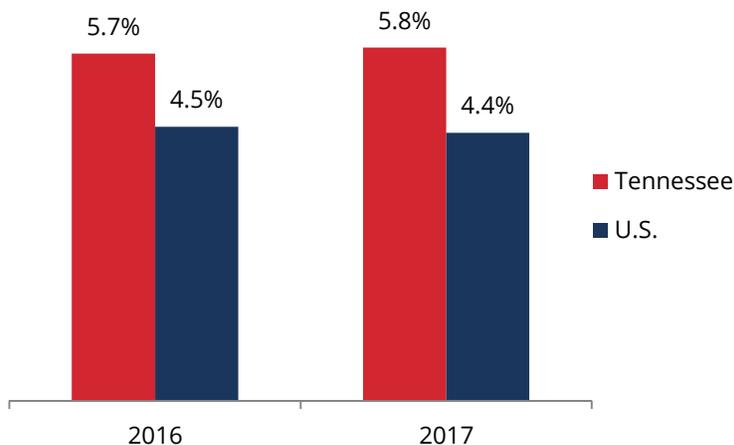
Among Current Tennessee Cigarette Smokers in 2017...



Current cigarette smoking by socio-demographics



E-cigarette use is also higher in Tennessee adults than in US adults



Tobacco Cessation Resources



The Tennessee Tobacco QuitLine is a free telephone service that provides personalized support for Tennesseans who want to quit smoking or chewing tobacco. Visit tnquitline.org or call 1-800-QUIT-NOW for more information.



The BABY & ME – Tobacco Free Program™ is an evidence based, smoking cessation program created to reduce the burden of tobacco on the pregnant and postpartum population. Eligible participants can earn up to \$350 in diaper vouchers. Visit www.tn.gov/health/health-program-areas/fhw/baby-me-tobacco-free.html for more information.



Smokefree.gov has the information and resources to fit your needs—no matter your reason or the type of help you're looking for. Smokefree.gov offers tools and resources to people looking to quit tobacco. Visit smokefree.gov for more information.



Become an EX Smoker is a program to assist adults in quitting tobacco. Visit www.becomeanex.org/ for more information.

About BRFSS

The Behavioral Risk Factor Surveillance System, or BRFSS, is a national telephone-based random digit dialed survey focused on health behavior and chronic disease prevalence in adults (18+ years). All 50 states and three U.S. territories participate in the BRFSS with CDC support. Tennessee has been participating in the BRFSS since its inception in 1984. <https://www.cdc.gov/brfss/about/index.htm>

Contact Information

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