Who Do We Connect?

- Moms
- Dads
- Siblings
- Youth
- Step Parents
- Foster Parents
- Grandparents
- Family Members

It is our hope that through this program parents & families can encourage one another with strength, support, and knowledge. If you're interested in learning more about Tennessee Parent to Parent visit our website at:

www.tndisability.org/parent-parent

Or use your smartphone to scan the QR code below

Contact us at: Phone: 615-383-9442 ext. 8634 In-state toll-free number: 1-888-643-7811 kara_a@tndisability.org











There is no cost for this service. Tennessee Parent to Parent is funded by HRSA Grant #

ent to Parent is funded by HRSA Grant # D70MC24125 - Integrated Community Systems of Service for Children and Youth with Special





Tennessee Parent to Parent is a statewide program established to support and connect families of individuals with special health care needs, chronic illness, or disabilities.

Our Parent Matching Program is dedicated to familycentered care by providing support, information, resources, training, and leadership to families.



When families of children with special health care needs are asked who can best support them emotionally...their first choice is other families with similar experiences.

Parent to Parent USA describes parent matching as "an intentional connection between a trained volunteer and a parent seeking information, resources, guidance, and support from an experienced parent."

We Make Connections

Tennessee Parent to Parent matching program (TNP2P) believes parents and families can be encouraged by connecting with other families who have similar life situations.

TNP2P provides this needed connection through a network of statewide trained parent mentors.

Connections between trained volunteers and families can be made in person, over the phone, and via e-mail.





TNP2P Mentoring Program

- Provides one-to-one support from a parent who has a child with special health care needs, chronic illnesses, or disabilities.
- Provides support in navigating the maze of health care and supports within your community.
- Provides various training opportunities for families to become volunteer mentors.
- Encourages families to be advocates through Parent to Parent support, resource referral, and education.