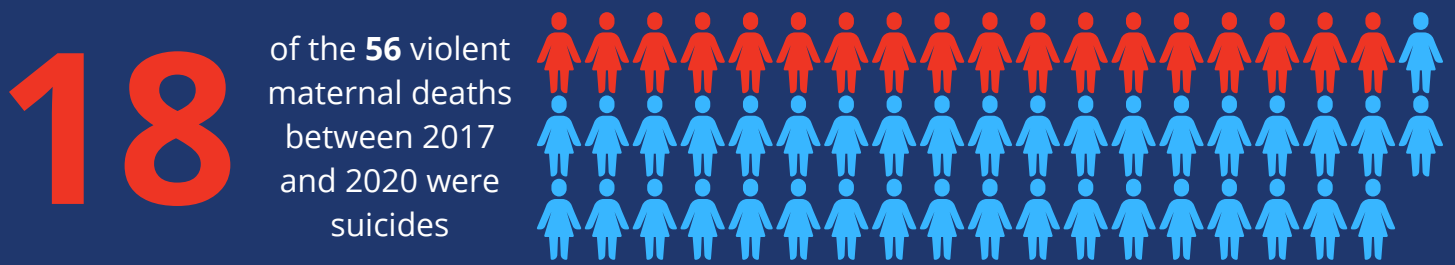


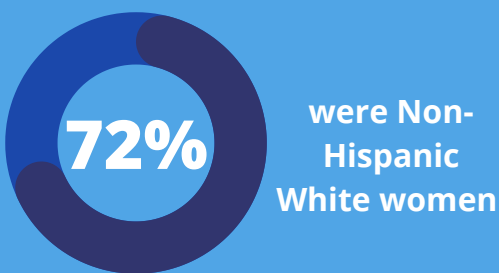
PREGNANCY-ASSOCIATED DEATHS DUE TO SUICIDE 2017-2020

Pregnancy-associated deaths are deaths that occur during pregnancy or within a year of pregnancy. Each year, many of these are violent deaths (homicide and suicide).

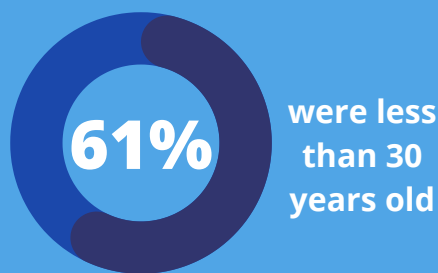


DISPARITIES BY

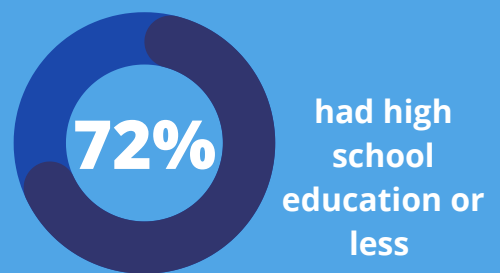
Race-Ethnicity



Age



Education



CONTRIBUTING FACTORS

Mental health disorders



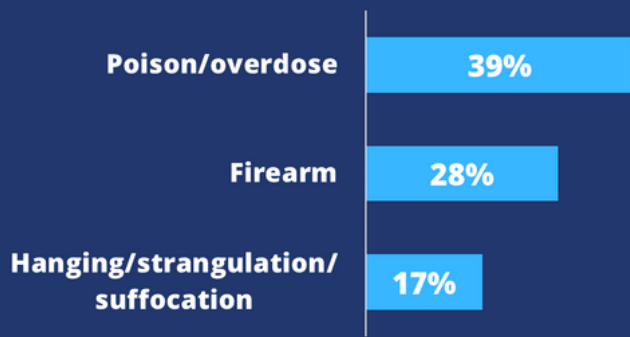
16 of the 18 women had mental health disorder

Substance use disorder



8 of the 18 women had substance use disorder

TOP 3 MEANS OF FATAL INJURY



TIMING

43-365

days post-partum. Most of the maternal suicides (89%) occurred after delivery

RESIDENCE FACTORS



More than **half (56%)** of the suicides were from rural areas of Tennessee



Half of the women lived in Middle Tennessee

PREVENTABILITY



89% of the suicides were determined by the Maternal Mortality Review Committee to be preventable

OPPORTUNITIES

- Reduce access to lethal means among persons at risk of suicide; take the free Counselling on Access to Lethal Means (CALM) course
- Participate in Gatekeeper training such as Question, Persuade, Refer (QPR) or the Applied Suicide Intervention Skills Training (ASIST)
- Increase skills in utilizing tele-mental health by participating in training
- Utilize screenings such as the Edinburgh post-partum depression scale

Source: Maternal mortality review data, 2017-2020

For more information, visit: [Domestic Violence Prevention \(tn.gov\)](https://www.tn.gov)