

CHILD HEALTH MONTH

LIVE ENGAGEMENT SERIES

OCTOBER 2023



JOIN US IN EMPOWERING AND INSPIRING CHILDREN TO LIVE HEALTHIER AND RESILIENT LIVES DURING OUR CHILD HEALTH SERIES, EVERY TUESDAY AND THURSDAY.

3.

Something Extra - Down Syndrome Association of Middle TN

Join us from **12-1PM CDT** for a conversation on supporting individuals with Down Syndrome and their families. [Click here](#) to join.

5.

Child Fatality, Infant Mortality, and Sudden Unexpected Infant Death - Tennessee Department of Health

Join us from **12-1PM CDT** for a conversation on Child Fatality Review and Prevention across Tennessee. [Click here](#) to join.

10.

Adverse Childhood Experiences (ACEs) and Substance Abuse - Tennessee Department of Health

Join us from **1-2PM CDT** for a conversation on how adverse childhood experiences can increase the risk for substance misuse. [Click here](#) to join.

12.

The Use of Palliative Care Principles in a Pediatric Oncology Clinic - Ballad Health

Join us from **12-1PM CDT** for a conversation on the importance of striving for a quality of life to improve physical and psychosocial health. [Click here](#) to join.

17.

Physical Activity and Mental Health - Tennessee Department of Education

Join us from **12-1PM CDT** for a conversation on physical activity and mental health in school-aged children. [Click here](#) to join.

19.

Empowering Male Resiliency to Trauma - Urban Thoughts Poetry

Join us from **12-1PM CDT** for a conversation on reducing male student's responses to generational and environmental trauma. [Click here](#) to join.

24.

Tobacco Education to promote nicotine-free teens - Tennessee Department of Health and TNSTRONG Youth Ambassadors

Join us from **12-1PM CDT** for a conversation on engaging youth to live nicotine free with youth ambassadors. [Click here](#) to join.

26.

Women, Infants and Children Supplemental Nutrition Program - Tennessee Department of Health

Join us from **12-1PM CDT** for a conversation on improving the health of children through nutritional assistance and education. [Click here](#) to join.

31.

Newborn Screening: Baby's First Tests - Tennessee Department of Health

Join us from **12-1PM CDT** for a conversation on the importance of newborn screening. [Click here](#) to join.



SUPPORTING INDIVIDUALS WITH DOWN SYNDROME AND THEIR FAMILIES

The Down Syndrome Association of Middle TN (DSAMT) will give an overview of Down syndrome to include the characteristics and challenges for individuals and their families. Diagnosis, management and interventions, best practices and experiences along with some myths and facts will be presented. DSAMT enhances the lives of those with “something extra” throughout their lifespan by providing programs that support their development and achievement, facilitate their inclusion in the community and help them lead fulfilling, meaningful lives. DSAMT staff will discuss how to access resources and tools for families and professionals, services and programs, as well as the significance of collaboration and awareness in supporting individuals with Down Syndrome.

TUESDAY



3 OCTOBER 2023



12PM - 1PM CDT



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JOIN LIVE](#)**



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Speakers

Tanya Chavez, Program
Director

&

Alecia Talbott, Executive Director
**Down Syndrome Association of
Middle Tennessee**



CHILD FATALITY REVIEW AND PREVENTION ACROSS TENNESSEE

All child deaths 17 years of age and under are reviewed in Tennessee. This presentation will give a brief overview of the Child Fatality Review (CFR) process, an overview of the 2023 Child Fatality Annual Report, information on Sudden Unexpected Infant Deaths (SUID), and actionable prevention items for members of the community.

THURSDAY



5 OCTOBER 2023



12PM - 1PM CDT



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282 971 295 547



E5TgBR

Speakers

Chase Foster, Child and Infant Fatality Program Director,
Peju Makinde, Infant Mortality Coordinator

&

Chyna Branch, Sudden Death in Youth & Sudden Unexpected Infant Death Coordinator

Division of Family Health and Wellness / Tennessee Department of Health

ADVERSE CHILDHOOD EXPERIENCES AND SUBSTANCE USE: HOW ADVERSITY DURING CHILDHOOD IMPACTS HEALTH BEHAVIORS AND HOW RELATIONSHIPS CAN HEAL.

Adverse Childhood Experiences can influence behaviors and negatively affect health outcomes, including heightening the risk for substance misuse. This presentation will review the science of adverse childhood experiences and their connection to health. Presenters will introduce the concept of Positive Childhood Experiences as a target for prevention and healing. The presentation will conclude with a description of the resources provided by the Overdose Response Coordination Office (ORCO) to prevent and respond to substance misuse in our state.

TUESDAY



10 OCTOBER 2023



1PM - 2PM CDT



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239 243 078 665



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Speakers

Jennifer Trail, Assistant Director,
&
Hannah Duiven, Community
Resilience Coordinator
**Office of Strategic Initiatives,
Tennessee Department of Health**

Shannon De Pont, High Impact
Areas Program Coordinator
&
Jessica Jones, High Impact Areas
Program Director
**Overdose Response Coordination
Office, Tennessee Department of
Health**



THE USE OF PALLIATIVE CARE PRINCIPLES IN A PEDIATRIC ONCOLOGY CLINIC

When a child is diagnosed with a life-threatening cancer, it is easy for the sole focus of care to be on the treatment regimen and associated physical symptoms.

However, when palliative care principles are implored, the healthcare team, patient, and caregivers are reminded of the importance of striving for a quality of life that helps the child experience joy and reach their full potential despite their diagnoses and prognosis. A multidisciplinary team at the St. Jude Tri-Cities Affiliate Clinic completed extensive training on pediatric palliative care and implemented palliative care practices within the clinic setting. These practices have included better assessment and treatment of physical and psychosocial symptoms negatively impacting the patient's quality of life, introducing music therapy, being more intentional in addressing caregiver stress, manipulating the clinic environment to be more calming during treatments, and providing opportunities for socialization with other cancer patients. The introduction of palliative care practices in the clinic has led to a smoother transition to hospice care when needed.

THURSDAY



12 OCTOBER 2023



12PM - 1PM CDT



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259 372 535 212



73FUNs

Speaker

Angela Eastridge, Clinic Social Worker

St. Jude Tri-Cities Affiliate Clinic, Ballad Health in Johnson City, Tennessee



PHYSICAL ACTIVITY FOR MENTAL HEALTH IN SCHOOL AGE CHILDREN

The benefits of physical activity go beyond physical health! Research shows there are strong mental and social health benefits of regular movement as well. In this session we explore how physical activity can benefit school aged children in their academic performance, social skills, and self-regulation skills for overall mental health.

TUESDAY

 **17 OCTOBER 2023**

 **12PM - 1PM CDT**



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 **263 992 722 913**

 **sVNMbg**

Speaker

Heather Pierges, Physical Education and Physical Activity Coordinator

School Coordinated Health , Tennessee Department of Education

EMPOWERING MALE STUDENTS' PAST NEGATIVE RESPONSES TO GENERATIONAL AND ENVIRONMENTAL TRAUMA USING ART AND POETRY

Empowering male students' past negative responses to generational and environmental trauma using art and poetry," is a hands-on learning workshop curated and designed by Timothy "Urban Thoughts" Moore. Urban Thoughts will lead an open conversation around addressing mental health therapy access, equity and stigma reduction in an effort to reduce our male students negative responses to generational and environmental trauma through project based learning hands on application of restorative based processes to generate: identification, acknowledgement and the creation of loving safe spaces for healing by blending sound, movement, and intentional thought to create entry points to reaching our young males. We invite you to engage in a thought-provoking hour-long workshop. Come with questions and leave with solutions.

THURSDAY

 **19 OCTOBER 2023**

 **12PM - 1PM CDT**



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 **299 683 769 085**

 **5rPPny**

Speaker

**Timothy "Urban Poetry"
Moore**, Educational Consultant
and Founder

Speak Life Society



TNSTRONG: ENGAGING YOUTH TO LIVE NICOTINE-FREE

TNSTRONG (Tennessee Stop Tobacco and Revolutionize Our New Generation) is a statewide movement committed to raising awareness of the dangers of tobacco and fighting against the tobacco industry's influence on Tennessee youth. This session will highlight first hand experience from the TNSTRONG Youth Ambassadors by exploring how they plan, implement, and participate in tobacco education and advocacy events across the state. Furthermore, it will explain how the Ambassadors play an active role within their communities, counties, and statewide and highlight TNSTRONG programs such as Nicotine Free Teams, the TNSTRONG Youth Summit and more. The goal of this session is to share how the TNSTRONG program engages youth to be nicotine free.

TUESDAY

 **24 OCTOBER 2023**

 **12PM - 1PM CDT**



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Speakers

Megan Sills, Youth and Community Engagement Director
&
Robyn Halter, Public Health Educator

Tobacco Use Prevention and Control - Division of Family Health and Wellness, Tennessee Department of Health

Samantha Kendall (*Green County*), Annabelle Lovell (*Weakley County*), Ciara Oldham (*Putnam County*), Alli Roberts (*Putnam County*), Serenity Ponder (*Macon County*), Aaliyah Copp (*Macon County*) and Mia Copp (*Macon County*)

TNSTRONG Ambassadors



THE TENNESSEE WIC PROGRAM HELPS CHILDREN

This presentation provides an overview of the Special Supplemental Nutrition Program for Women, Infants and Children (WIC Program). WIC helps safeguard the health of low-income women (pregnant, breastfeeding or postpartum), infants and children up to the age of 5 who are at nutritional risk. The program provides nutritious foods, nutrition education, breastfeeding support, and referrals to health and other social services. Some recent Tennessee WIC updates include hybrid visits, online nutrition education, the TNWIC Electronic Benefit Transfer (EBT) card, and the WIC Shopper App. Please join us to learn how the Tennessee WIC Program helps children across the state.

THURSDAY

 **26 OCTOBER 2023**

 **12PM - 1PM CDT**



[CLICK HERE TO JOIN LIVE](#)

 **251 106 970 621**

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Speaker

Cindy Dossett, Nutritionist for Tennessee Women, Infants, and Children Supplemental Nutrition Program

Division of Family Health and Wellness, Tennessee Department of Health

BABY'S FIRST TESTS: NEWBORN SCREENING OVERVIEW OF DRIED BLOOD SPOT, HEARING AND CRITICAL CONGENITAL HEART DISEASE (CCHD) SCREENING

Newborn screening is a public health program designed to screen infants shortly after birth for conditions that are treatable, but not clinically evident in the newborn period. The Tennessee Newborn screening program started in 1968 screening for Phenylketonuria, PKU, and now screens for over 70 conditions using a dried blood spot, for critical congenital heart disease (CCHD) using pulse oximetry, and for congenital hearing loss via hearing screening. During this presentation, participants will receive an overview of the importance of the newborn screening, review follow-up processes and procedures, and what to expect if an abnormal screening result is detected.

TUESDAY

 31 OCTOBER 2023

 12PM - 1PM CDT



[CLICK HERE TO JOIN LIVE](#)

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Speaker

Hilary Fryman, Nurse Educator

**Newborn Screening Program -
Division of Family Health and
Wellness, Tennessee
Department Health**

