



## Online Training Course



# ACT (Ask, Counsel, Treat) to Address Youth Cessation Training

The American Lung Association’s **ACT to Address Youth Cessation Training** is a one-hour online course that provides an overview for healthcare professionals, school personnel and community members in youth/ adolescent supportive roles to conduct a brief intervention for teens who use tobacco. Based on the American Academy of Pediatrics’ Clinical Considerations, the session outlines the steps of Ask, Counsel, Treat, and provides guidance, support and best practices for effectively delivering ACT as a brief intervention for adolescents who identify as tobacco users, including e-cigarettes.

Register today at [Lung.training](https://Lung.training)



**More than 3 million** U.S. middle and high school youth reported currently using any tobacco product. Current use of any tobacco product was higher among certain population groups. To further health equity among the adolescent population, especially for those at highest risk, the American Lung Association offers this course for adults who work with youth to provide tools to help them intervene with effective strategies to help support youth tobacco users quit.

**Questions?** Contact [NOT@Lung.org](mailto:NOT@Lung.org)



Scan with your phone to learn more and register.