

Health Disparities Advisory Meeting | MINUTES

October 3, 2024, | 1:00 P.M. – 2:00 P.M. | Location: Microsoft Teams

Meeting called by:	Division of Health Disparities Elimination	Approximately: 59 ppl.
Type of meeting:	Weekly Health Disparities Task Force –	
Facilitator:	LaShan Dixon, Director Office of Faith-Based and Community Engagement	

Motivational Quote: (LaShan Dixon) This week’s inspirational quote recognizes World Day of Bullying Prevention. “Together, we can break the cycle of bullying and create a future of acceptance and compassion.” - Anonymous

(LaShan Dixon)

- **World Mental Health Day** folks are calling for action to address the impact of being burnout. It’s up to all of us to help create psychologically safe workplaces. Together, we can build a future where mental health is a priority and the cornerstone of a thriving, resilient workforce. Join in the [World Federation for Mental Health \(wfmh.global\)](https://www.wfmh.global/) raising awareness and taking action, because a mentally healthy workplace isn’t just important—it’s essential for everyone.
- **National Depression Screening Day** take an online depression screening. Mental Health America screening tools are free, anonymous, and confidential. <https://www.mhanational.org/node/694>
- **World Cerebral Palsy Day** is observed annually on October 6, a day to raise awareness about (CP) and bring attention to the specific needs of those living with this complex physical condition. It’s also a social movement a day to celebrate and affirm the lives of millions of people living with cerebral palsy. Cerebral Palsy is thought to be one of the most common causes of childhood disability, usually caused by brain injury during pregnancy or childbirth. While there is no treatment for the condition, therapy and medication can help those with (CP) live a fulfilling life.

Cerebral Palsy Day help foster an environment of inclusion and acceptance around the world and instill confidence and a feeling of belonging to those living with (CP). Schools, communities, businesses, and organizations around the world help recognize the achievements and honoring the lives of those who struggle with (CP) every day. It also helps build a stronger support system. If you like to know more about CP, please click the link in the chat. [World Cerebral Palsy Day – October 6th \(worldcpday.org\)](https://worldcpday.org/).

TOPICS OF DISCUSSION

Focus: Tennessee Child and Adolescent Psychiatry Education and Support (TCAPES)

Presenter: Dr. Angela Okonji, Program Director

Summary: The National Healthcare report nearly 20% of children and adolescents in the US have a mental, emotional, and/or behavioral disorder. The report also showed that suicide behaviors among high school students increased more than 40% in a decade. The US Surgeon General report in 2021, the pandemic has increased the rate of mental health disorders. Tennessee, youth mental health data reports from vital records that suicide rates were 16% higher than the national average and the Behavioral Youth Survey shows an increased in percentage of high school students who considered attempting suicide, those who planned suicide and those who attempt suicide between 2017 and 2019.

In 2019, a statewide Suicide Prevention Survey was conducted to gain insight on the gaps of mental health and suicide prevention. This survey was distributed to mental health providers, health professionals and school personnel and, one of the following recommendations that were addressed was our very own program Tennessee Child and Adolescent Psychiatry Education and Support known as (TCAPES). TCAPES, helps provide pediatric psychiatric consultation services, care coordination, continued education for primary care providers in Tennessee. The pediatric psychiatric providers are in the western, central, and southern hubs of the state. TCAPES was started as a pilot in Shelby County, and we partnered with MLCO-ULPS for consultation services and TNAAP for provider training services. TCAPES hours of operation are Monday – Friday from 8:30AM – 5PM and if you would like more information do not hesitate to contact Dr. Angela Okonji by via email at angela.okonji@tn.gov.

Member Comments: Announcements and Upcoming Events

- Ensure Our Kids Coalition is hosting a conversation with an immigration attorney about the ACA Marketplace expansion for DACA recipients. You are invited to join a meeting: Insure Our Kids (IOK) TN Coalition Monthly Call. After registering, you will receive a confirmation email about joining the meeting.
<https://us02web.zoom.us/join/zoom/register/tZUpC-qorZ4qE9W9osrQsVBBHiDxWV4YmbAi>
- **SACRED SPACES, HEALTHY PLACES VIRTUAL BRIEFING:** The Tennessee Department of Health is hosting two virtual briefings called "Sacred Spaces, Healthy Places" for faith leaders and faith-based organizations. The briefings are on **Tuesday, October 22**, from **6:00 PM to 7:00 PM CST**, and **Thursday, October 24**, from **1:00 PM to 2:00 PM CST**. Attendees will learn about seasonal respiratory viruses, free public health resources, and the sponsorship process to fund health events at their organizations. To register, email your name and the name and county of your place of worship or faith-based organization to TDH.OFBCE@tn.gov.

Resources mentioned during call:

- Metro Parks, "4th Annual Stop the Bullying Walk Event" Hadley Park
Saturday, October 10, 2024, 10:00AM – 1:00PM at 1037 28th Ave N, Nashville, TN 37208
For more information please contact: Elona – 862.8902; Anita – 862.8451 and/or via email address:
anita.gregorysmith@nashville.gov
- Information regarding Hurricane Helene from Tennessee Department of Health
<https://www.tn.gov/tema/updates/hurricane-helene.html>
- If you need more information, please visit our website at www.healthdisparitiestn.com.

Chat Box – links / website / events: s

- Information regarding Hurricane Helene from Tennessee Department of Health

<https://www.tn.gov/tema/updates/hurricane-helene.html>

- [TN Together Student Survey](#)
- [2023 TN YRBS Summary Graphs Approved.pdf](#)
- [BeHiP: TCAPES | TNAAP](#)

BeHiP: TCAPES | TNAAP

The Tennessee Chapter of the American Academy of Pediatrics is a 501-c-3 not for profit incorporated educational organization/professional society for pediatric providers.

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- If you need more information, please visit our website at www.healthdisparitiestn.com.

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Next Meeting: October 17, 2024, from 1pm-2pm via Microsoft Teams.

Microsoft Teams Meeting details are as follows:

Join on your computer or mobile app.

[Click here to join the meeting](#)

Or call in (audio only)

[+1 629-209-4396, 641975577#](tel:+16292094396) United States, Nashville
Phone Conference ID: 641 975 577#



Annual Community
HEALTH FAIR
 Saturday, October 26, 2024
 804 Youngs Lane
 Nashville, TN 37207
 10:00AM – 2:00PM



**FREE HEALTH SCREENING & INFORMATION | VENDORS
 FOOD | DOOR PRIZES**

Participating Vendors:

- Congregational Health and Education Network (Nashville General Hospital)
- Nashville Diaper Connection
- Meharry School of Dentistry Mobile Unit
- Take5TravelUSA
- Ascension Mobile Mammography
- *Please bring insurance card
- Stop the Bleeding
- & Many More!

Free Wellness for All: Discover, Learn, and Thrive at Our Health Fair!









FOR MORE INFORMATION
 Call (615) 297-7639
www.greaterchristtemplechurch.org

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