

Pregnant now or in the last year?

Call your doctor if you have any of these urgent maternal warning signs!



Chest pain or rapid heartbeat



Severe swelling, redness, or pain in leg or arm



Severe nausea or vomiting



Dizziness or fainting



Overwhelming tiredness



100.4°F + fever



Vision changes



Severe belly pain that won't stop



Baby's movement slowing or stopping



Extreme swelling of hands or face



Headache that won't go away



Trouble breathing



Thoughts of harming yourself or your baby



Vaginal bleeding/fluid leaking *during* pregnancy



Heavy vaginal bleeding or discharge *after* pregnancy



These could be signs of very serious complications. If you can't reach a healthcare provider, go to the emergency room or call 911. Be sure to tell them you are pregnant or were pregnant within the last year.

