

PROGESTIN-ONLY IMPLANT



How do I use the implant?

- The implant is placed by a provider under the skin of your upper arm for up to 3 years.
- The implant can be taken out anytime you want, or when it is due to be removed or replaced.
- You will need to return to the clinic for the provider to remove or replace the implant.

Implant Timing

- If the implant is placed within the first 5 days of your period bleeding, no backup method is needed.
- If the implant is placed after the first 5 days of your period bleeding, use a backup method for 7 days.
- Make an appointment to have your implant removed or replaced before it expires.

What if I am late getting my implant changed?

Your chance of getting pregnant goes up if your implant expires.

If your implant expires:

- Make an appointment with the clinic as soon as you can.
- Use a backup method if you have unprotected sex.

Common benefits & side effects

Most people do not experience side effects, while others may. All possible side effects are not listed.

- Lighter or irregular bleeding
- Breast tenderness
- Mood changes
- Decreased sex drive

Warning Signs: ACHES

If you have any of these symptoms, call your clinic as soon as possible.



**Abdominal
Pain**



**Chest
Pain**



**Headache-
Severe**



**Eye
Problems**



**Swelling
in legs**

PROGESTIN-ONLY IMPLANT

prevents pregnancy by:



Stopping the egg from being released



Changing the uterine lining



Thickening the cervical mucous to stop sperm



The implant is made up of a hormone that is similar to one made by your body.



The chance of getting pregnant is low when using the implant. 1 out of 100 people will get pregnant each year with typical use.



When the implant is removed, your chance of getting pregnant will be the same as it was before using the implant.



Some medications can decrease how well your birth control works. Talk to your provider about medications you take.



The implant does not protect against STIs or HIV. Always use a condom for protection.

RETURN TO CLINIC:

- For yearly check-ups
- If you want to change your method
- If you are concerned about side effects

NOTES: