## Attachment 6.40

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	Sack Lunch Menu - Mother & C	
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	2 oz pc	Sunbutter
	2 pkt	Jelly
Day 4	4 sl	Enriched Bread
Day 1	1 @ or 1/2 c	Fresh or Canned Fruit or Juice
	1 each (1 1/2 ozw)	Cookies
	8 oz.	Beverage
		Ç
	2 oz / 1 oz	Turkey / Cheese
	4 sl	Enriched Bread
	2 @	Mustard, pc
Day 2	1 @ or 1/2 c	Fresh or Canned Fruit or Juice
	1/60 cut	Brownie
	8 oz.	Beverage
	<b>5 5</b> <u>-</u> .	2010.090
	2 oz / 1 oz	T. Ham / Cheese
Day 3	4 sl	Enriched Bread
	2 @	Mustard, pc
	1 @ or 1/2 c	Fresh or Canned Fruit or Juice
	1/60 cut	Unfrosted Cake
	8 oz.	Beverage
	5 5 <u>-</u> .	2010.0.90
		T.D. (0)
	2 oz / 1 oz	T. Bologna / Cheese
Day 4	4 sl	Enriched Bread
	2 @	Mustard, pc
	1 @ or 1/2 c	Fresh or Canned Fruit or Juice
	2 ozw	Cookies
	8 oz.	Beverage
	2 oz pc	Sunbutter
	2 pkt	Jelly
Dov 5	4 sl	Enriched Bread
Day 5	1 @ or 1/2 c	Fresh or Canned Fruit or Juice
	1 each (1 1/2 ozw)	Cookies
	8 oz.	Beverage
Day 6	2 oz / 1 oz	T. Salami / Cheese
	2 02 / 1 02	
	2 @ 4 sl	Mustard, pc Enriched Bread
	4 Si 1 @ or 1/2 c	Fresh or Canned Fruit or Juice
	1/60 cut	Brownie
	8 oz.	Beverage
Menu is free of Pork/Pork additive	es	
NOTE: Sack meals must be stored	d and transported at temperatures of 41F	or below in an ice chest provided by the State.
Aramark Dietitian Approval:	Ald VIII	TDOC Food Services Director/ Dietitian
Alamaik Dieman Approval:	S.R., MA, RON, LON, #86090046	Approval:

October 2023

## **Tennessee DOC**



## Sack Lunch Menu - Enhanced / Work Crew

	2 oz pc	Peanut Butter
	4 pkt	Jelly
	4 sl	Enriched Bread
Day 1	1 @	Fresh Fruit
	1 each (1 1/2 ozw)	Cookies
	8 oz	Beverage*
	0 02	Develage
	4 oz / 2 oz	Turkey / Cheese
	4 sl	Enriched Bread
	2 @	Mustard, pc
Day 2	1 @	Fresh Fruit
	1/60 cut	Brownie
	8 oz	Beverage*
	4 oz / 2 oz	T. Ham / Cheese
	4 sl	Enriched Bread
	2 @	Mustard, pc
Day 3	1 @	Fresh Fruit
	1/60 cut	Unfrosted Cake
	1/60 cut 8 oz	
	8 02	Beverage*
	4 oz / 2 oz	T. Bologna / Cheese
	4 sl	Enriched Bread
	2 @	Mustard, pc
Day 4	1 @	Fresh Fruit
	1 each (1 1/2 ozw)	Cookies
	8 OZ	Beverage*
	0 02	Develage
	2 oz pc	Peanut Butter
	4 pkt	Jelly
	4 sl	Enriched Bread
Day 5	1 @	Fresh Fruit
	1/60 cut	Unfrosted Cake
	8 oz	Beverage*
	0 02	Develage
	4 oz / 2 oz	T. Salami / Cheese
	4 sl	Enriched Bread
		::::::::::::::::::::::::::::::::::::::
		Mustard pc
Day 6	2 @	Mustard, pc Fresh Fruit
Day 6	2 @ 1 @	Fresh Fruit
Day 6	2 @	

Menu is free of Pork/Pork additives

NOTE: Sack meals must be stored and transported at temperatures of 41F or below in an ice chest provided by the State.

\*Inside Work Crew & Chain Bus: 8 oz carton beverage

\* Outside Work Crew Beverage: March - October: Bulk Fruit Drink (prepared)

November - February: Instant Coffee (& Hot Water)

Aramark Dietitian Approval:

S.R. MA, RON, LON, #85090046

TDOC Food Services Director/ Dietitian Approval:

October 2023

## Tennessee DOC Sack Breakfast Menu - Enhanced / Work Crew Peanut Butter 1 oz pc 2 pkt Jelly 2 sl **Enriched Bread** 1 ea Hard Cooked Egg Day 1 1 @ Fresh Fruit 1 1/2 cup Cereal 8 oz Milk 2 oz pc **Peanut Butter** 2 pkt Jelly 2 sl **Enriched Bread** 1/60 cut Day 2 Coffeecake or Muffin 1 @ Fresh Fruit 3/4 cup Cereal 8 oz Milk 1 oz pc **Peanut Butter** 2 pkt Jelly 2 sl **Enriched Bread** Day 3 Hard Cooked Egg 1 ea 1 @ Fresh Fruit 1 1/2 cup Cereal Milk 8 oz **Peanut Butter** 2 oz pc 2 pkt Jelly **Enriched Bread** 2 sl Day 4 1/60 cut Coffeecake or Muffin 1 @ Fresh Fruit 3/4 cup Cereal 8 oz Milk 1 oz pc **Peanut Butter** Jelly 2 pkt 2 sl **Enriched Bread** Day 5 1 ea Hard Cooked Egg 1 @ Fresh Fruit 1 1/2 cup Cereal 8 oz Milk 2 oz pc **Peanut Butter** 2 pkt Jelly 2 sl **Enriched Bread** Day 6 1/60 cut Coffeecake or Muffin 1 @ Fresh Fruit 3/4 cup Cereal Milk 8 oz Menu is free of Pork/Pork additives

NOTE: Sack meals must be stored and transported at temperatures of 41F or below in an ice chest provided by the State.

\*\*\*A bowl and spoon/spork will be provided with each meal

Aramark Dietitian Approval:

TDOC Food Services Director/ Dietitian Approval:

October 2023