Appendix 7.3

Population Health Program Utilization

|  |  |  |  |
| --- | --- | --- | --- |
| **Programs** | **2019** | **2020** | **2021** |
| **Lifestyle Coaching** | 7,169 | 14,484 | 14,523 |
| **Onsite Coaching** | 305 | 56 | 83 |
| **Disease Management** | Asthma -1135 | Asthma – 1296 | Asthma – 1431 |
| COPD – 228 | COPD – 235 | COPD – 248 |
| CAD – 563 | CAD – 695 | CAD – 630 |
| Diabetes – 4823 | Diabetes- 5866 | Diabetes – 5198 |
| CHF - 169 | CHF – 336 | CHF – 310 |
| **HRA Completions** | 3,709 | 13,438 | 12,198 |
| **Biometric Screenings** | 3,346 provider forms | 0 home test kits | 2,852 members at onsite screening | 2,828 provider forms | 0 home test kits | 156 members at onsite screening | 1,056 provider forms | 0 home test kits | 350 members at onsite screening |
| **Incentive Payments** | $2,695,172.32 | $2,339,225.00 | $2,199,050.00 |
| **Weight Management** | 2,966 enrolled | 1,036 completed 50% of classes | 61 achieved 5% weight loss | 858 enrolled | 404 completed 50% of classes | 62 achieved 5% weight loss | 1170 enrolled | 497 completed 50% of classes | 98 achieved 5% weight loss  |