

# TENNESSEE STATE BOARD OF EDUCATION

## SCHOOL COUNSELING MODEL & STANDARDS POLICY

**5.103**

### Academic Standards

*Standards guiding school counseling programs to implement strategies and activities to support and maximize each student's ability to learn.*

<b>Academic Standards</b>	<b>CAW</b>	<b>FAFSA Frenzy</b>	<b>CPN</b>	<b>CSD</b>
<b>Attitudes:</b>				
AA1. <i>Improve academic self-concept</i>				✓
AA2. <i>Display positive attitude toward work and learning</i>				
AA3. <i>Develop high expectations for achievement</i>	✓	✓	✓	✓
AA4. <i>Apply self-motivation and self-direction to learning</i>	✓	✓	✓	
AA5. <i>Model a sense of belonging in the school environment</i>				✓
AA6. <i>Build aspirations for postsecondary education and training</i>	✓	✓	✓	✓
<b>Knowledge:</b>				
AK1. <i>Specify high school graduation requirements, including pathway of study</i>				
AK2. <i>Describe the benefits of education for career, life management, and personal and professional satisfaction</i>	✓		✓	
AK3. <i>Articulate belief that postsecondary education and life-long learning are necessary for long-term career success</i>	✓		✓	
<b>Skills:</b>				
AS1. <i>Use test-taking, time management, organizational, and study skills to improve academic achievement</i>				
AS2. <i>Work independently</i>	✓	✓		
AS3. <i>Develop and practice effective technology skills</i>	✓	✓		
AS4. <i>Utilize resources to overcome barriers to learning</i>	✓	✓	✓	
AS5. <i>Exhibit creativity</i>				
AS6. <i>Set, evaluate progress toward, and achieve long and short term goals</i>	✓	✓	✓	✓
AS7. <i>Demonstrate critical thinking and decision making skills to make informed decisions</i>	✓	✓	✓	
<b>Experiences:</b>				
AE1. <i>Experience academic growth and success</i>				✓
AE2. <i>Engage and persevere in challenging coursework</i>				
AE3. <i>Create a secondary educational plan that includes transition to postsecondary education and the workforce</i>	✓		✓	
AE4. <i>Participate in enrichment or extracurricular activities</i>				

*For an explanation of how hosting a Path to College event helps meet the indicated standards, please see notes in the last page of this document*

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### Social and Emotional Development Standards

*Standards guiding school counseling programs to help students manage emotions and learn and apply interpersonal skills.*

<b>Social and Emotional Standards</b>	CAW	FAFSA Frenzy	CPN	CSD
<b>Attitudes:</b>				
SA1. Develop positive attitudes toward self as a unique and worthy person				✓
SA2. Develop positive attitudes toward others as unique and worthy people				✓
SA3. Respect diversity in culture, perspectives, values, and experiences				
SA4. Recognize each person is a part of a diverse local and global community				
<b>Knowledge:</b>				
SK1. Develop and articulate personal values, attitudes, and beliefs				
SK2. Compare and contrast healthy and unhealthy behaviors				
SK3. Distinguish appropriate behaviors for a variety of settings and situations				
<b>Skills:</b>				
SS1. Make ethical decisions and practice social responsibility				
SS2. Advocate for self in multiple settings using assertiveness skills	✓	✓		
SS3. Demonstrate empathy toward others				
SS4. Effectively collaborate with others, cooperate with diverse perspectives, and communicate effectively in a variety of situations	✓	✓		
SS5. Exercise personal safety skills, including refusal skills				
SS6. Assume responsibility for choices and consequences				
SS7. Positively manage behavior and choices by applying self-discipline and self-control				
SS8. Persevere through challenges to achieve goals	✓	✓		✓
SS9. Select and utilize appropriate coping skills in the face of a specific challenge	✓	✓		
SS10. Appropriately utilize social media to enhance learning, develop positive relationships, communicate, and engage in age appropriate entertainment	✓			✓
<b>Experiences:</b>				
SE1. Participate in service projects, service learning, and/or philanthropic activities				
SE2. Work effectively in diverse groups by developing and employing leadership and teamwork skills				
SE3. Explore cultural, ethnic, philosophical, or demographical differences in a safe, positive, and nurturing environment				
SE4. Create and sustain positive, supportive, and appropriate relationships with peers and adults that support success	✓	✓	✓	✓

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Adopted: 10/26/2005

Revised: 10/14/2016

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## SCHOOL COUNSELING MODEL & STANDARDS POLICY

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### College and Career Readiness Standards

Standards guiding school counseling programs to help students understand the connection between school and work as well as plan for and make a successful transition to postsecondary education, training, or the workforce.

<b>College and Career Readiness Standards</b>	CAW	FAFSA Frenzy	CPN	CSD
<b>Attitudes:</b>				
CA1. Develop and articulate postsecondary education and career aspirations	✓	✓	✓	✓
CA2. Articulate that career development occurs across the lifespan				
CA3. Reflect on progress toward goals, display a growth mindset, and accept feedback to improve knowledge, skills, and abilities in order to meet goals				✓
<b>Knowledge:</b>				
CK1. Research and appraise characteristics of a variety of traditional and nontraditional occupations	✓		✓	
CK2. Articulate how personal abilities, skills, interests, and motivations influence values, choices, and plans				
CK3. Articulate the importance of responsibility, dependability, punctuality, integrity, and effort in the workplace				
CK4. Research and summarize the education and training needed to achieve specified career goals	✓		✓	
CK5. Examine and utilize resources for college affordability planning		✓	✓	
CK6. Research, select, and participate in postsecondary admissions and scholarship applications processes	✓	✓	✓	
<b>Skills:</b>				
CS1. Develop skills to locate, evaluate and interpret career information	✓		✓	
CS2. Balance school, home, and community activities effectively				
CS3. Utilize internal and external resources to manage transitions and adapt to changing situations/responsibilities				
CS4. Communicate effectively using oral, written, and listening communications skills	✓	✓	✓	
CS5. Set clear, ambitious, and obtainable postsecondary goals	✓	✓	✓	✓
<b>Experiences:</b>				
CE1. Participate in career and postsecondary institution exploration activities	✓			
CE2. Assess and modify educational plan to support changes in educational and career goals				
CE3. Pursue and develop competency in areas of career interest				
CE4. Participate in college and career assessments	✓			
CE5. Complete the FAFSA		✓		
CE6. Submit at least one postsecondary education, training, or workplace application; participate in TNPromise program, if applicable	✓			

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Standard	Notes
AA1	College Signing Day provides the school community with an opportunity to celebrate students' academic achievement and postsecondary plans.
AA3 & AA6	Research from Oreopoulos and Ford (2016) suggests that assisting students with applications and the financial aid process could help build postsecondary interest and awareness. Oreopoulos, P., & Ford, R. (2016). <i>Keeping college options open: A field experiment to help all high school seniors throughout the college application process</i> . Cambridge, MA: National Bureau of Economic Research.
AA4	By attending Path to College Events, students demonstrate initiative and self-motivation.
AA5	Celebrating students and their various postsecondary plans can help develop a culture of success and college-going.
AK2 & AK3	During College Application Week and College Planning Night, students can participate in activities that help them consider their personal and career goals and explore educational paths to achieving those goals.
AS2	Completing the FAFSA and college applications will require working independently in addition to receiving support from staff and volunteers.
AS3	Most students complete the FAFSA and college applications electronically. Doing so requires that students demonstrate basic technology skills.
AS4	Notoriously challenging to complete, the FAFSA can be a barrier to accessing postsecondary education. Likewise, completing college applications and supplying the necessary supplemental documents can pose a challenge. By participating in events and planning for college, students will be connected with resources to successfully overcome these barriers.
AS6	All events mark students' completion of milestones on the path to achieving postsecondary goals.
AS7	Planning for college and completing the FAFSA and college applications will require critical thinking skills.
AE1	College Signing Day is a celebration of academic success.
AE3	During College Application Week and College Planning Night, students can plan for completing secondary school and their postsecondary goals.
SA1 & SA2	College Signing Day allows students to celebrate the success and their success of their peers.
SS2	Choosing to participate in the FAFSA Frenzy and/or College Application Week demonstrates students' ability to advocate for themselves and seek out resources when they need assistance.
SS4	Filing the FAFSA and completing college applications will require students to collaborate with their parents or guardians. Students will also need to effectively communicate relevant information to staff and volunteers to receive assistance applying and filing.
SS8 & SS9	Many students fear that the college application process is going to be challenging and complicated. By attending a Path to College event students take steps towards overcoming that challenge and can practice coping skills in the face of frustrations. College Signing Day is a celebration of their success and perseverance.
SS10	College Application Week and College Signing Day both have social media campaigns and hashtags that students can participate in to practice using social media positively.
SE4	At Path to College events, students will be able to seek support and develop relationships with volunteers and staff and will also be able to collaborate with other students and their family.
CA1	Participating in Path to College Events helps students plan for and see postsecondary education as a realistic option.
CA3	College Signing Day gives students an opportunity to reflect on their postsecondary goals and celebrate their success.
CK1 & CK4	Activities during College Application Week and College Planning Night can be designed to allow students across all grade levels to do research on career options and required education.
CK5	The FAFSA is a resource for college affordability planning. During College Planning Night, students and parents should work on planning to pay for postsecondary education.
CK6	The main purpose of these events is to help students research and apply for postsecondary education.
CS1	During College Application Week and College Planning Night, students and families have the opportunity to research career options.
CS4	During Path to College Events, students will be required to communicate effectively with parents/guardians and volunteers/staff.
CS5	Participating in Path to College Events demonstrates that students have set goals for postsecondary education and are taking necessary steps towards achieving those goals.
CE1&CE4	During College Application Week, students of all grade-levels can participate in activities to explore career and postsecondary options, including college and career assessments.
CE5	By the end of the TN FAFSA Frenzy event, students should have filed a FAFSA or be very close to completion.
CE6	By the end of College Application Week, seniors should have submitted at least one postsecondary application.