

America Saves Week-February 27, 2023



DAY ONE-SAVING AUTOMATICALLY

A simple and effective way to save is to set up automatic savings.

Whether you're splitting your direct deposit and directing a portion of your paycheck into savings or setting up an automatic transfer through your financial institution, by utilizing automated savings you are building a healthy habit of saving.

"Saving is a habit, not a destination." Automatic savings is a step toward building that habit. On this day, the Department suggests these savings tips:

- Incorporate automatic savings into your money habits.
- Overcome mindset blocks and negative self-talk to help you confidently save.
- Remember that no amount is too small when it comes to saving.

Even small amounts, saved automatically each pay period, make a big difference:



www.americasaves.org

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