

PARTNERS FOR HEALTH.

ParTNers for Health Wellness Program

Program Overview

A variety of health management and wellness services are available to all members of the Public Sector Plans. This program compliments the health plan to ensure that members have access to wellness resources, health coaching, lifestyle management and disease management, providing a comprehensive wellness approach and using best practices and evidence-based approaches to achieve positive member outcomes.

Eligibility

The wellness program is available to all State Group Insurance Program members (Standard PPO, Partnership Promise PPO and No Partnership Promise PPO, Limited PPO, Promise HealthSavings CDHP and No Promise HealthSavings CDHP plan members) - approximately 275,000 covered lives. This includes active, pre-65 retirees and COBRA enrollees. The program is available at no cost and voluntary to members in the Standard, Limited and No Promise Partnership PPOs and the No Promise HealthSavings CDHP, but certain elements are required for those enrolled in the Partnership Promise PPO and Promise HealthSavings CDHP.

Wellness Program Objectives & Incentives

Objective: We want to improve the health status of our members, mostly by arresting the growth in the prevalence of chronic disease among members of the Public Sector Plans and to stop or slow the progression of disease among those currently living with a chronic illness.

The Partnership Promise PPO and Promise HealthSavings CDHP framework rewards members who value personal responsibility for health and wellness. If a member chooses the Partnership Promise PPO or the Promise HealthSavings CDHP, they are agreeing to take responsibility to engage in their health and healthcare decisions by completing the Partnership Promise. In turn, they pay lower premiums or receive \$500/\$1,000 seed money in their HSA.

Available resources:

Disease Management (telephonic and onsite)

- Diabetes
- Asthma
- COPD (Chronic Obstructive Pulmonary Disease)
- CAD (Coronary Artery Disease)
- CHF (Heart Failure)

Wellness Program

- Well-Being Connect (member web portal) – tools, resources, recipes, etc.
- Mobile App (Well-Being Go) which has all features of Well-Being Connect
- Well-Being Assessment (WBA) – online health questionnaire
- Onsite Biometric Screening/Physician Screening Form
- Health Coaching – lifestyle management programs (telephonic and onsite)
- Quarterly Wellness Challenges
- Weight Watchers and Fitness Center Discounts
- 24/7 Nurse Advice Line

For more information: Call Healthways at 888-741-3390 or go to partnersforhealthtn.gov