



## *When You Need a Reliable Resource*

Balancing the demands of work and life can be difficult. Get personalized guidance and targeted information to help you make the right decisions for yourself and your family.

Your ParTNers Employee Assistance Program can help. Specialists can help you understand your options and will match you with **high quality providers nationwide to meet your unique needs—budget, location, hours and more—all with confirmed availability.** You can get help with the following areas:

- ✓ **Child care and parenting issues**—infants to teens
- ✓ **Care for aging loved ones**—senior care options, caregiver support and aging well
- ✓ **Academic and school issues**—pre-kindergarten through graduate school

*Through the LifeMart program you can also find valuable discounts on many of the things that a family needs.*

- ✓ **Special Needs**—programs, resources and services
- ✓ **Daily Needs**—relocation, home and yard services, pet care, travel
- ✓ **Pregnancy**—prenatal information, birthing options, parenting resources, breastfeeding
- ✓ **Adoption issues**—options, agencies, support groups

Use this confidential program offered to you at no cost and as often as you want. We're ready to help 24 hours a day, seven days a week.

### **Get Expert Help**

Our Bachelor's and Master's level specialists are accessible any time during the day or night, seven days a week to provide personal assistance every step of the way.

**PARTNERS  
FOR HEALTH**

**EMPLOYEE  
ASSISTANCE  
PROGRAM**

**1.855.Here4TN**  
(1.855.437.3486)  
1.800.456.4006 TTY users  
[www.Here4TN.com](http://www.Here4TN.com)



**Visit the  
website now!**

You have the right and responsibility to evaluate and choose the most appropriate services to meet your demands. The referrals given are not endorsements or recommendations of services. Although we make every effort to ensure that the information is accurate at the time of referral, information is subject to change.

# NOTICE TO TENNCARE ENROLLEES

## Are You or Your Dependents Insured by TennCare?

Employees and their dependents are eligible for health insurance through a state-sponsored medical plan. These employees include:

- Regular full-time employees of participating agencies of state government
- Local education agencies
- Local government agencies

If you and/or your dependents are currently enrolled in TennCare, you are required to contact the Tennessee Health Connection (TNHC). This must be done within 10 days of your date of employment. You will need to report:

- your new job,
- salary, **and**
- that you now have access to medical insurance with your employer.

If you have chosen to sign up for state-sponsored medical insurance you will need to provide TNHC with the date your coverage will begin and the name of the insurance provider.

TennCare could decide that you may still be eligible to keep TennCare. If TennCare cancels your coverage or the coverage of your dependents at a future date, you will have 60 days from the termination date to apply to your employer for coverage on the state-sponsored plan.

For questions or instructions on how to apply after TennCare has cancelled your coverage please contact Finance and Administration, Benefits Administration at 800.253.9981.

## Tennessee Code Annotated 71-5-118

It is now a felony offense to obtain TennCare coverage under fraudulent means. Violators, if convicted, can be sent to prison.

It is now a felony offense for a person to knowingly obtain, attempt to obtain or aid and abet any other person to obtain, by fraudulent, means any coverage provided to TennCare enrollees.

In addition to any penalties for a felony offense, any person committing the offense and violating the law may be disqualified from participating in the TennCare Program as an enrollee.



# WORKING FOR A HEALTHIER TN



The goal of *Working for a Healthier Tennessee* is to encourage and enable state employees and our plan members to lead healthier lives. This initiative is being implemented under the leadership of Governor Bill Haslam and is supported by the ParTNers for Health Wellness Program and the ParTNers Employee Assistance Program.

This program will give employees the tools and support they need to lead healthier lives for years to come.

*Working for a Healthier Tennessee* focuses on three key areas:



**Physical Activity**



**Healthy Eating**



**Tobacco Cessation**

The *Working for a Healthier Tennessee* initiative aims to create a healthy, positive workplace. This program will show how taking small steps can help achieve a larger goal. Our mission, vision and values drive this program.

- **Mission:** Support healthy lifestyles and personal responsibility.
- **Vision:** Create a culture of wellness that reduces health risks and lowers health care costs.
- **Values:** Learning, stewardship, accountability, innovation and dedication.

### Wellness Council Contacts for F&A:

**Wellness Chair:** Buddy Lea, Assistant Commissioner

**Email Address:** [Buddy.Lea@tn.gov](mailto:Buddy.Lea@tn.gov)

**Phone Number:** (615) 741-6049



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