For a complete listing of Caremark participating retail pharmacies and other Caremark Services, visit our website at info.caremark.com/stateoftn or call 1-877-522-8679.
Your health and well-being is important to CVS/caremark and your employer. Keeping healthy includes having prescription care that is convenient and affordable. The information found here will show you how.

Your most complete resource for health and prescription information is available any time of day or night at www.caremark.com
What you’ll find inside:

- The CVS/caremark Commitment to Plan Participants
- Making the Most of Your Prescription Benefit Program
- Your Prescription Benefit Plan
- Getting Your Prescription Filled
- Helpful Tips
- The CVS/caremark Difference
- Advantages of Generics
- Common Brand with Generics Available
- CVS Caremark Specialty Network for Chronic or Genetic Conditions
- State of Tennessee Drug List
- Mail Service Order Form

Find more information online
You can always access the most up-to-date information on your prescription benefits at info.caremark.com/stateoftn. Once you’ve registered, you can:

- View your plan’s preferred drug list
- Check drug costs
- Print extra Prescription Cards
- Request new prescriptions using FastStart®
- Refill prescriptions
- Sign up for ReadyFill at Mail™ (automatic prescription refill program)
- Find prescription savings tips
- Print a claim form
- File a paper claim (must be filed within 13 months of the service date or it will be denied)

Be sure to have your Prescription Card with ID number with you when you register.

For information about Plan Member Rights and Responsibilities, visit the Customer Care page at info.caremark.com/stateoftn.

Your privacy is important to us. Our employees are trained regarding the appropriate way to handle your private health information.
The CVS/caremark Commitment to Plan Participants

CVS/caremark is the company selected by your employer or health plan to administer your prescription drug benefits.

CVS/caremark is committed to providing you with convenience and value:
- through our relationship with over 67,000 retail pharmacies
- by delivering prescription drugs directly to you through CVS Caremark Mail Service Pharmacy

CVS/caremark is committed to improving your safety by:
- supporting and educating your doctors and other prescribers so they can make appropriate drug treatment decisions for you
- making sure the prescription drugs you receive are what your doctor or other prescriber agreed to after talking with a CVS/caremark pharmacist
- seeking to identify and prevent any unintended drug interactions

CVS/caremark is committed to helping you and your benefit plan sponsor achieve significant savings by:
- encouraging the use of medically appropriate generic and lower-cost brand-name drugs
- filling your long-term and maintenance medications through our CVS Caremark Mail Service Pharmacy or participating retail 90-day pharmacies.

CVS/caremark is committed to giving you enhanced customer service while staying focused on your privacy by ensuring that:
- our employees follow detailed ethical standards as well as a comprehensive Code of Conduct
- our pharmacists follow a professional Code of Ethics

All of our communications about your benefit plan, our online tools, and our health management and clinical programs are designed to help you improve your health, become a better informed health care consumer, and save you money on your prescription drugs. We look forward to supporting your health care needs.

You can find out more about CVS/caremark and our services at info.caremark.com/stateoftn.

Your privacy is important to us. Our employees are trained regarding the appropriate way to handle your private health information.
Making the Most of Your Prescription Benefit Program

Many people use their prescription benefit more often than any other part of their health coverage. It’s such an important part of your health care that it pays to take a few minutes to review the material included in this booklet.

Here you’ll find all the information you need to fill your prescriptions at a reasonable cost. For more detailed information on your personal prescription history and benefit as well as general health information, visit info.caremark.com/stateoftn.

The CVS/caremark commitment to you includes:

• Helping you get the appropriate prescription for any medical condition covered under your plan

• Supporting your overall health and well-being goals

• Making your health care experience comfortable and convenient

Go Generic to Make the Most of Your Benefit

Many medications are available in both brand-name and generic versions. The U.S. Food and Drug Administration (FDA) reviews all generic medications to ensure that they have the same active ingredient, strength, dosage form, effectiveness and quality as the brand-name equivalent. To save money on your medications, always ask your doctor or other prescriber to approve a generic substitution when you get a prescription.
Getting Your Prescription Filled

Under your prescription benefit program, you can get your prescriptions filled at a participating retail pharmacy or through the CVS Caremark Mail Service Pharmacy.

For New Prescriptions

Retail pharmacy
To find a participating pharmacy near you, go to info.caremark.com/stateoftn or call your Customer Care number.

1. If given the choice, always ask for generics.
2. At the pharmacy, present your prescription along with your Prescription Card.
3. Make sure that the pharmacist has accurate information about you and your covered dependents, including dates of birth and gender.
4. The pharmacist will look up your benefit information on the computer to verify coverage and dispense the prescription.
5. Certain retail pharmacies participate in the special Retail 90 network where you can receive up to a 90 day supply of your medication if your doctor prescribes such a quantity. Go to info.caremark.com/stateoftn, log in, and click on the red flag that is located near “Important Message”. Once there, click “Visit Your Forms for Print” and scroll down for the links under the “Additional Information” section.

CVS Caremark Mail Service Pharmacy
The CVS Caremark Mail Service Pharmacy provides a convenient and cost-effective way for you to order long-term medications. Follow these steps to make sure you have a continuous supply:

1. Let your doctor or other prescriber know you would prefer a generic prescription medication, when appropriate.
2. Ask for two prescriptions: one for a long-term supply as defined by your coverage and the other for immediate use. Have the short-term prescription filled at a participating retail pharmacy.
3. Complete a mail service order form and send it to CVS/caremark along with your original long-term prescription.

4. Please allow 7-10 days for delivery from the time your order is placed. You will receive a new mail service order form and pre-addressed envelope with each shipment.

5. If your plan requires payment, please provide payment information when you place your order. Acceptable forms of payment include personal check, money order, Visa, Mastercard, American Express, or Discover.

For Refills

Participating Retail Pharmacy
If your doctor or other prescriber has ordered refills, let your pharmacist know when you are ready to reorder.

CVS Caremark Mail Service Pharmacy
You can order refills by Internet, phone or mail. The information included with your last order will show the date you can request a refill and the number of refills you have left.

• **Online at info.caremark.com/stateoftn.** This is the most convenient way to order refills and inquire about the status of your order any time of the day or night. You will need to register and log in to access service.

• **By phone.** Call your Customer Care toll-free number for fully automated refill service. Have your ID number ready.

• **By mail.** Simply fill in the ovals for the prescriptions you want to refill. If you need to refill a medication that is not listed, write the prescription number(s) in the space provided. Enclose payment with your order, if your plan requires a payment. Acceptable forms of payment include personal check, money order, Visa, Mastercard, American Express, or Discover.
Helpful Tips

When you visit your doctor or other prescriber:

- Let your doctor or other prescriber know that you are interested in using prescription medications that are appropriate for you and cost-effective.

- If you need a prescription, ask for a generic and ask your doctor or other prescriber to authorize generic substitution when medically appropriate (find out more about generic prescription medication at the end of this booklet).

- In case no generic is available, take this booklet along and share the current State of Tennessee Drug List of preferred brand products (always available online) with your doctor or other prescriber. This can save you money.

- Make sure your doctor or other prescriber indicates the number of refills on the prescription, if appropriate.

- If your doctor or other prescriber tells you that you will be taking a certain medication for a long time, ask for both a short-term and a long-term prescription. This will allow you to fill a 30 day script at your local pharmacy immediately and a 90 day script later via either mail order or certain Retail 90 pharmacies.

If you have questions about your prescription medication:

For information about your prescribed medication, log on to info.caremark.com/stateoftn at any time, day or night. You can also talk to a pharmacist or nurse by calling your Customer Care number. Important information on common medication uses, specific instructions and possible side effects is typically included with your prescription.

If you have prescriptions at a non-participating pharmacy:

You may be able to save by having your prescription transferred to a participating retail pharmacy. To do this, contact a participating retail pharmacy and tell the pharmacist where your prescription is currently on file. If possible, have your prescription bottle with you when you make the call so you can answer any questions. The pharmacist will contact the non-participating pharmacy and make the transfer for you. When you pick up the prescription, bring along your prescription card so that the pharmacist can verify coverage.
The CVS/caremark Difference

As your prescription benefit manager, CVS/caremark is dedicated to helping you get the medication you have been prescribed. In addition to this service, we are committed to supporting your overall health goals and making your health care experience as convenient and comfortable as possible. Here are some of the extra services we provide.

Keeping you informed:
If you have questions about medication you’ve been prescribed or about your health condition, you can contact a pharmacist by calling your Customer Care number. You can also learn more by logging on to info.caremark.com/stateoftn.

Making cost-effective prescription choices:
If there is a less expensive alternative to a medication you have been prescribed, CVS/caremark may contact your doctor or other prescriber and ask whether it might be appropriate to substitute another product. In most cases, these alternatives are generic equivalents or brand-name medications included on our drug list. It is our policy never to make such a substitution without your doctor or other prescriber’s approval.

Compound medications:
Certain retail pharmacies in the CVS/caremark network may be able to provide you with a compound medication if your doctor prescribes such a medication. Please call Customer Care at 1-877-522-8679 to locate a pharmacy.

Providing Specialty Pharmacy Services:
Certain chronic and/or genetic conditions require special pharmacy products, often in the form of injected or infused medications. CVS/caremark provides these products directly to plan participants along with special support, including regular phone calls to answer questions about using the medication. Every plan participant is also provided with a pharmacist-led CareTeam for ongoing support and counseling.
CVS Caremark Specialty Pharmacy for Chronic or Genetic Conditions

Certain chronic or genetic conditions require special pharmacy products, typically in the form of an injected or infused medication. If you or a covered dependent require(s) these types of medications, CVS Caremark Specialty Pharmacy will provide convenient delivery of these products along with supplies, equipment and personal support and counseling, or you may be able to utilize the services of other specialty pharmacies in the CVS/caremark Specialty network. Call 1-877-522-8679 for assistance in locating one.

Professional Pharmacy Care and Counseling
- Assistance in securing coverage for new drugs and therapies, processing insurance paperwork, coordinating benefits and obtaining all necessary authorizations
- Pharmacist- or nurse-led Customer CareTeam available to address your questions and concerns
- Counseling services to provide personal support and tips on managing your condition

Personal Support
- Educational materials and support, including telephone training, written materials, videos, websites and patient support groups
- Assessments of the progress of your therapy, benefit coverage issues, and other health or medication concerns
- Pharmacists available 24 hours a day for emergency consultations

Convenient Service
- Enjoy fast and confidential delivery to the location of your choice (home, office, doctor’s office, vacation destination)
- Timely refill reminders with personal calls from the pharmacy staff of the CVS Caremark Specialty Pharmacy

Easy Enrollment
To enroll in the benefits and services of CVS Caremark Specialty Pharmacy, please call Specialty Customer Care toll-free at 1-800-237-2767 or visit info.caremark.com/stateoftn.
CVS Caremark Specialty Pharmacy services are available for*:

- Allergic asthma
- Crohn’s disease
- Growth hormone and related disorders
- Hematopoietics
- Hemophilia, von Willebrand disease and related bleeding disorders
- Hepatitis C
- Hormonal therapies
- Immune deficiencies and related disorders
- Infertility
- Lysosomal storage disorders
- Macular degeneration
- Multiple sclerosis
- Oncology
- Osteoarthritis
- Osteoporosis
- Psoriasis
- Pulmonary arterial hypertension
- Pulmonary disease
- Renal disease
- Respiratory syncytial
- Rheumatoid arthritis
- Virus prevention

*Products distributed by CVS Caremark Specialty Pharmacy and therapies covered by CVS/caremark may change or expand from time to time. Call the CVS Caremark Specialty Pharmacy toll-free at 1-800-237-2767 to check on desired medications or therapy areas not listed here.
Advantages of Generics

“I’ve never considered generics. Should I?”
Choosing generics is one of the best ways to save money on prescription medications. In fact, consumers overall save an estimated $8 billion to $10 billion a year when choosing a generic instead of a brand-name medication.* Here are some other things to know:

- A generic medication is one that has been approved by the U.S. Food and Drug Administration (FDA) and found to be as safe and effective as the equivalent brand-name medication
- Companies that make generics must meet FDA manufacturing and quality standards
- Even though a generic medication may be a different shape or color than the brand-name medication, it is the same in strength (number of milligrams), dosage form (pill, liquid, cream), quality, active ingredient, and effectiveness
- Generics are available for some of the most commonly prescribed medications such as Ambien®, Prilosec, Imitrex®, Glucophage®, Norvasc®, Prozac®, Ritalin®, and Zocor®. To find out if one of your prescriptions has a generic available, visit info.caremark.com/stateoftn or call Customer Care toll-free at 1-877-522-8679.

Savings tip: The first chance you have to save money is when your doctor or other prescriber writes your prescription. Ask if there is a generic available first. If not, ask for your doctor or other prescriber to write a prescription for one of the medications on your plan’s State of Tennessee Drug List. You will usually end up paying more for a brand-name medication not on the preferred list.

*Congressional Budget Office
Common Brand-Names with Generics Available

The drugs listed here include some of the most commonly prescribed brand-name medications that have FDA-approved generic equivalents. If you are taking one of these medications, you may be able to save money by taking the generic equivalent. There are many more brand-name medications that have generics available.

To find out if a medication you’ve been prescribed has a generic available, please visit info.caremark.com/stateoftn, call your Customer Care number or ask your doctor or pharmacist.

<table>
<thead>
<tr>
<th>BRAND-NAME</th>
<th>GENERIC DRUG NAME</th>
<th>COMMONLY USED FOR*</th>
</tr>
</thead>
<tbody>
<tr>
<td>AMBIEN®</td>
<td>zolpidem</td>
<td>Sleep Disorder</td>
</tr>
<tr>
<td>CARDURA®</td>
<td>doxazosin mesylate</td>
<td>High Blood Pressure, Enlarged Prostate</td>
</tr>
<tr>
<td>DARVOCET-N®</td>
<td>propoxyphene napsylate/acetaminophen</td>
<td>Pain</td>
</tr>
<tr>
<td>DITROPAN XL®</td>
<td>oxybutynin ext-rel</td>
<td>Overactive Bladder</td>
</tr>
<tr>
<td>ESTRACE®</td>
<td>estradiol</td>
<td>Hormone Replacement</td>
</tr>
<tr>
<td>GLUCOPHAGE®</td>
<td>metformin HCl</td>
<td>Diabetes</td>
</tr>
<tr>
<td>IMDUR®</td>
<td>isosorbide mononitrate</td>
<td>Angina (Chest Pain)</td>
</tr>
<tr>
<td>NORVASC®</td>
<td>amlodipine</td>
<td>High Blood Pressure</td>
</tr>
<tr>
<td>PRILOSEC®</td>
<td>omeprazole</td>
<td>Ulcer, Heartburn</td>
</tr>
<tr>
<td>PEPCID®</td>
<td>famotidine</td>
<td>Ulcer, Heartburn</td>
</tr>
<tr>
<td>PRINIVIL®/PRINZIDE®</td>
<td>lisinopril/lisinopril/hydrochlorothiazide</td>
<td>High Blood Pressure, Heart Failure</td>
</tr>
<tr>
<td>PROZAC®</td>
<td>fluoxetine HCl</td>
<td>Depression</td>
</tr>
<tr>
<td>RITALIN®</td>
<td>methylphenidate HCl</td>
<td>Attention Deficit Hyperactivity Disorder (ADHD)</td>
</tr>
<tr>
<td>ULTRAM®</td>
<td>tramadol HCl</td>
<td>Pain</td>
</tr>
<tr>
<td>VASOTEC®</td>
<td>enalapril maleate</td>
<td>High Blood Pressure, Heart Failure</td>
</tr>
<tr>
<td>ZITHROMAX®</td>
<td>azithromycin</td>
<td>Infection</td>
</tr>
<tr>
<td>ZOCOR®</td>
<td>simvastatin</td>
<td>Heart Disease - Cholesterol Lowering</td>
</tr>
<tr>
<td>ZOLOFT®</td>
<td>sertraline</td>
<td>Depression</td>
</tr>
</tbody>
</table>

* This list indicates common uses for which the medication is prescribed. Some medications are prescribed for more than one condition. Please discuss all treatments with your doctor or other prescriber.
We may package all of these prescriptions together unless you tell us not to.

CVS/Caremark wishes to provide you with high quality medications at the best possible price in order to do so.

TO RECEIVE YOUR ORDER SOONER request refills or new prescriptions online at

{Begin_Tag}{EPSIIA_Tag}W_00001

SCOTTSDALE, AZ 85260
9501 E. Shea Blvd

JOHN Q SAMPLE
123456789
PM 7529 GROUP

PALATINE, IL  60094-4467
PO BOX 94467
CVS/caremark

info.caremark.com/stateoftn  or call toll-free 1-877-522-8679.
C Tell us about the people getting prescriptions. If there are more than two people, please complete another form.

1st person with a refill or new prescription.
- Last Name
- First Name
- Date of Birth: MM-DD-YYYY
- Gender: ☐ M ☐ F
- E-Mail Address:
- Date new prescription written:

Doctor’s Last Name
Doctor’s First Name
Doctor’s Phone #

Tell us about new health information for 1st person if never provided or if changed.
- Allergies: ☐ None ☐ Aspirin ☐ Cephalosporin ☐ Codeine ☐ Erythromycin ☐ Peanuts ☐ Penicillin
- ☐ Sulfas ☐ Other:
- Medical Conditions: ☐ Arthritis ☐ Asthma ☐ Diabetes ☐ Acid Reflux ☐ Glaucoma ☐ Heart Problem
☐ High Blood Pressure ☐ High Cholesterol ☐ Osteoporosis ☐ Prostate Issues ☐ Thyroid
- ☐ Other:

2nd person with a refill or new prescription.
- Last Name
- First Name
- Date of Birth: MM-DD-YYYY
- Gender: ☐ M ☐ F
- E-Mail Address:
- Date new prescription written:

Doctor’s Last Name
Doctor’s First Name
Doctor’s Phone #

Tell us about new health information for 2nd person if never provided or if changed.
- Allergies: ☐ None ☐ Aspirin ☐ Cephalosporin ☐ Codeine ☐ Erythromycin ☐ Peanuts ☐ Penicillin
- ☐ Sulfas ☐ Other:
- Medical Conditions: ☐ Arthritis ☐ Asthma ☐ Diabetes ☐ Acid Reflux ☐ Glaucoma ☐ Heart Problem
☐ High Blood Pressure ☐ High Cholesterol ☐ Osteoporosis ☐ Prostate Issues ☐ Thyroid
- ☐ Other:

D Special Instructions:
- How would you like to pay for this order? (If your copay is $0, you do not need to provide payment information.)
- ☐ Electronic Check. Pay from your bank account. (You must first register online or call Customer Care.)
- ☐ Use my PayPal Credit account. Works like a credit card. (You must first register online or call Customer Care.)
- ☐ Credit or Debit Card. (VISA®, MasterCard®, Discover®, or American Express®)
- ☐ Fill in this oval to use your card on file.
- ☐ Fill in this oval to use a new card or to update your card expiration date.
- ☐ Check or Money Order. Amount: $ _____
- ☐ Make check or money order out to CVS/caremark.
- ☐ Write your prescription benefit ID number on your check or money order.
- ☐ If your check is returned, we will charge you up to $40.

Payment for Balance Due and Future Orders: If you chose Electronic Check, PayPal Credit, or a Credit or Debit Card, we will also use it to pay for any balance that you owe and for future orders.
- ☐ Fill in this oval if you DO NOT want us to use this payment method for future orders.

Regular delivery is free and will take up to 10 days from the day you send this form.
If you want faster delivery, choose:
- ☐ 2nd Business Day ($17) Business days are only Monday-Friday
- ☐ Next Business Day ($23)

- Faster delivery charges may change.
- Faster delivery is for shipping time only, not processing.
- Faster delivery can only be sent to a street address, not a PO Box.
Your privacy is important to us. Our employees are trained regarding the appropriate way to handle your private health information.

This personalized card is your starting point for accessing your convenient and affordable prescription benefits. Your ID number is necessary when filling a prescription for the first time. Use it to register at www.caremark.com to order refills, check drug costs, view health tips and more.

Did You Know?
Generics are becoming the prescription of choice for most people. More than 65 percent of prescriptions filled today are for generic drugs because they are effective and can cost up to 80 percent less** than brand-name drugs.


**Savings are based on plan participant copayments. The amount of your savings will be based on your benefit plan.

Present this Prescription Card to fill your prescription at any participating retail pharmacy.

For more information, visit info.caremark.com/stateoftn or call a Customer Care representative toll-free at 1-877-522-TNRX (8679).

Pharmacy Help Desk for Pharmacists: 1-800-364-6331

Submit paper claims to:
CVS/caremark Claims Department
P.O. Box 52136, Phoenix, AZ 85072-2136
Your privacy is important to us. Our employees are trained regarding the appropriate way to handle your private health information.

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Global-FCC_Standard-0514
Register
at Caremark.com/mycaremark to take advantage of time and money saving tools.

Please remove sticker before use.  6527-34755c
Your privacy is important to us. Our employees are trained regarding the appropriate way to handle your private health information.

* Important Message on Back

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This Card
Intentionally Left Blank.
Please Discard.
Register at Caremark.com/mycaremark to take advantage of time and money saving tools.

Please remove sticker before use. 6827-34759e