

WELLNESS BEHAVIORAL HEALTH AND EAP

State and Higher Education Agencies

PARTNERS For health



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State of Tennessee ActiveHealth Program Engagement by County 2019-2021



Program Satisfaction: 91.9 %

Member Engagement

ActiveHealth MANAGEMENT

For more information: tn.gov/PartnersForHealth under **Wellness**

• 25.3% of members identified participated in digital, onsite, group or one on one coaching

 Since 2019 ActiveHealth has reached at least one member in every single county in the state

PAK

Wellness Program

Diabetes Prevention Program





For more information: tn.gov/PartnersForHealth under **Wellness**



Weight Management

- Weight Management program satisfaction- 91%
- 916 engaged members
- 813 pounds lost
- 68 members with 5% weight loss target



Diabetes 204

> Asthma 156

Engaged members with a chronic condition

COPDCAD

46

23

CHF

19

Engaged in IWMP 916

PARTNERS For health

Incentive Payments

• Incentive amount will remain the same **\$250** per employee and spouse (\$500 annual maximum)

unchanged

2021 Incentive 01payments

\$ 2,199,050.00

02 Members

11,310 members earned an incentive

03

amount

• All other incentives currently in place will remain



FOR HEALTH

BHO Program Highlights

Member ID Cards

Here				
BEHAVIORAL HEALTH BENEFITS				
	NAME XXXXXXXXXXXX	xxxxxxxx		
	MEMBER ID XXXXXXXXX	GROUP ID 15296	Ded IND/FAM INN: \$500/\$1250 OON: \$1000/\$2500	OOPM IND/FAM \$3600/\$9000 \$7200/\$18000



855.Here4TN (855.437.3486) or HERE4TN.com

MEMBER SUPPORT:

Call for additional support and resources for any behavioral health need, including benefits, treatment and provider options. A specialist is available to assist you 24/7.

855-Here4TN (855-437-3486)

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Back

P.O. Box 30760

CLAIM SUBMISSIONS:

SUBSTANCE USE HELPLINE:

For help with alcohol and drug addiction, please call this confidential number. Our specialized licensed clinicians are available 24/7 to talk with you immediately to guide and support you on your road to recovery.

855-Here4TN (855-437-3486)

HERE4TN.COM

Go online for more resources, including helpful articles and a provider search.

Salt Lake City, UT 84130-0760

Prior authorization is required for some services. Call Here4TN for more info.

Do not call these numbers in an emergency or urgent care situation. Call 911 or go to the

FOR HEALTH



• Talk to an in-network provider without leaving your home • Find support for depression, substance use

Talkspace Online Therapy

Virtual therapy via the Talkspace app
All visits are HIPAA compliant and delivered through a secure connection

Substance Use Preferred Network

• High quality, facility-based care for substance use • No cost for PPO members and CDHP members have no coinsurance after the deductible is met when a preferred facility is

EAP Program Highlights

Take Charge at Work

• Confidential program designed to help working adults recognize and manage symptoms of stress and depression at work

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• Available at no cost

- visits
- home

Eligibility: All State and Higher Education benefit eligible employees, over age 18. Dependents over age 18, eligible for EAP, who are working part/full time.



Support For Your Life



Talkspace

- Talkspace is available to use for your five no-cost EAP counseling visits

855.Here4TN (855.437.3486) or HERE4TN.com

Virtual Visits



• Talk to a licensed therapist online for your five no-cost EAP counseling

• Get confidential care without leaving





• App for on-demand help for stress, depression and anxiety symptoms

• Available at no cost as part of your EAP benefits



Questions?



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PARTERS

For more information: tn.gov/PartnersForHealth under Wellness





