



NAMI TN'S DAY ON THE HILL

Grab
and Go

Join us for our **BREAKFAST** *For Legislators and Staffers*



Wednesday, February 20

7:30 to 9:30 AM

Cordell Hull Building,

8th Floor, Conference Room B

This day is designed for individuals living with a mental health condition as well as family members, caregivers, and mental health advocates to learn about advocacy and schedule visits with their legislators. The morning grab and go is designed for all legislators and staffers to stop by for a quick bite and the opportunity to gather literature about mental illness and NAMI's legislative priorities. *We hope that you stop by!*

SHARE THE FACTS

- An average of 3 individuals die by suicide each day in Tennessee
- Suicide is the 2nd leading cause of death for young people in Tennessee, with 1 young person lost to suicide every week
- 1 in 5 Tennesseans are affected by mental illness in a given year
- 411,000 Tennesseans experience a serious mental illness
- Only 40% of Tennesseans in need of mental health treatment receive it
- According to the TN Department of Correction, approximately 33% of state prisoners flagged as having mental health issues
- Tennessee ranks 35th in the nation in per capita, yearly mental health spending

SUPPORT OUR PRIORITIES

- Strengthen the state's behavioral health care and public health infrastructure
- Reduce criminalization and expand Crisis Intervention Team (CIT) programs
- Support mental health caregivers
- Helping people living with mental illnesses obtain homes and jobs
- Enforce federal and state mental health insurance parity laws

NAMI TN is the state's largest grassroots mental health organization, dedicated to building better lives for all Tennesseans affected by mental illness through support, education and advocacy. We are membership-based organization with an alliance of 22 local affiliates and hundreds of member volunteers who work in your communities to advocate, raise awareness, and provide free support and education to those in need. We envision a state where all affected by mental illness experience resiliency, recovery, and wellness.